

Cosmos Tree, Inc. • A non-profit, tax-exempt educational foundation • "Where Potential Becomes Actuality"  
 The Center For Religion And Advanced Spiritual Studies • Know yourSelf as Spirit through Initiation into the Sound Current  
 177 E. 87th St. (Lexington - Third Aves) - Suite #204 N.Y. N.Y. 10128

## Open Talk

Wednesday, July 5, 2023 at 6:50pm (Doors close at 6:45pm)  
**"I Don't Want To Be Here': Flee? Be? Missing Words? - A Participatory Satsang" (MP3 A311)**

Wednesday, August 2, 2023 at 6:50pm

TBA (MP3 A312)

Wednesday, September 6, 2023 at 6:50pm

TBA (MP3 A313)

Available by teleconference from all Centers. Presented by Founder/Director Roger B. Lane, Ph.D. Arrive between 20 and 5 minutes before as doors close promptly. Learn how to live in the Fulfillment of the True Self! Have fun! Learn about the SPIRIT YOU ARE! Email [info@cosmostree.org](mailto:info@cosmostree.org) for details.

SPECIAL NOTE: If you miss this TALK you may purchase the MP3 by going to our Web site.

## Meditation Dates & Time

### *Meditation Of The Soul*

Every Wednesday & Thursday at 6:10pm (except first Wednesday of the month).

Every Monday at 7:30pm & Second Sunday of Every Month at 10:30am.

One-hour Meditation with Instruction for Beginners. Give yourSelf this great Opportunity to get quiet; to be with the Spirit within; to de-stress; to release negativity; and to send Blessings to others! Come join us and leave the cares and the concerns of the world behind!!

### *Special Two-Hour Meditation of the Soul*

Last Sunday of every month 10:30am-12:30pm (Doors close at 10:25am) Give yourSelf this great extended Opportunity, a great big Gift to yourSelf!

## MEDITATION FOR HEALTH AND WELL-BEING

**Tuesdays July 18; August 15; September 19 8:45pm**

As part of a program of Special Meditations, this is a wonderful Opportunity for the Spirit that we really *are* to receive the Priceless Gift of the Healing Light of the Most High. Call for details. Available by Teleconference!

## 2023 SUMMER SEMESTER

### LIVING THE TEACHINGS Given by Dr. Roger B. Lane

5 weeks | Wednesdays, August 23 - September 20, 2023

7:45-9:15pm (except 1st Wednesday of the month when Class begins 8:15pm)

- Participants Study The Teachings and Apply Them
- Participants use the many Tools available to Learn and Apply
- All Participants must commit to keeping a daily log

*Initiate Only. Payment: \$62 and additional payments of \$31 for Classes 2 - 4 or \$150 for series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$155 for all others.*

## Our Sunday Programs

### The Second Sunday of Every Month 10:30am-1pm

(Doors close five minutes before start of Meditation & Reading/Discussion)

10:30am-11:30am: **Meditation**. 12-1pm: **Tools For Living Free Reading and Discussion** (available via teleconference).

Please READ the *TFLF* prior to attending. All *TFLF* Titles can be found on our Web site at [cosmostree.org>Resources>Tools For Living Free](http://cosmostree.org/Resources>Tools For Living Free). Come to Meditation, *Tools For Living Free* Reading/Discussion or both!

TFLF Titles: July 9: **#62 The Remedy To Fear**

Aug. 13: **#63 The Democratization Of Spirit**

Sept. 10: **#65 Exercise Your Right To Vote**

### The Second Sunday of Every Month 3pm-4pm July 9; August 13; September 10

Discussion and Study of a Recent Teaching Of The Path Of Soul Transcendence using articles featured in *SpiritCentral* of Satsangs given by Dr. Lane. Please READ the Article prior to attending. All *SpiritCentral* Newsletter articles can be found on our Web site at [cosmostree.org>Newsletter](http://cosmostree.org>Newsletter) (available via teleconference). If you are not a Student at the Center and have not attended previously please contact Rev. Amy Blank at [info@cosmostree.org](mailto:info@cosmostree.org) or at 708-846-1031 for instructions on how to participate.

### The Last Sunday of Every Month 10:30am-2pm

(Doors close five minutes before start of Meditation & Video)

10:30am-12:30pm: **Meditation**. 1-2pm: **Video/DVD Showing and Discussion**. "Understanding The Spirit You Are" (available via teleconference). Come to Meditation, Video/DVD Showing and Discussion or both!

Video Titles: July 30: **V7 Living The Truth**

Aug. 27: **V8 "The False Self vs. True Self" Game**

Sept. 24: **V9 How To Sacrifice "The Sacrifice"**

## TV and Online Video Series

"Understanding The Spirit You Are": Watch every Thursday 6:30pm on cable TV (see channels below) or online at [MNN.org](http://MNN.org) by scrolling down to "Spirit Channel" and clicking on "Watch Now". A 22-Part TV Series of Spiritual Learning by Dr. Roger B. Lane. Topics include "Forgiveness"; "Abundance Consciousness"; "The Power Of Choice"; "Living The Truth". Time Warner Channel 1997 / RCN Channel 84 / Verizon (FiOS) Channel 35.

Call us for information: 212-828-0464 Email us at [info@cosmostree.org](mailto:info@cosmostree.org) Visit our Web sites: [cosmostree.org](http://cosmostree.org) & [spiritcentral.org](http://spiritcentral.org)

TWITTER: [@CosmosTreeInc](https://twitter.com/CosmosTreeInc) FACEBOOK: [Cosmos Tree, Inc.](https://www.facebook.com/CosmosTreeInc) INSTAGRAM: [@cosmostreecentral](https://www.instagram.com/cosmostreecentral)

*Please refrain from wearing any perfumes, hair sprays, fresh nail polish or remover, colognes, aftershaves or other chemicals to the Event.  
 Please refrain from alcohol and drugs -other than your prescription medication- 24 hours before the Event.*