

Cosmos Tree, Inc. • A non-profit, tax-exempt educational foundation • "Where Potential Becomes Actuality"  
 The Center For Religion And Advanced Spiritual Studies • Know yourSelf as Spirit through Initiation into the Sound Current  
 177 E. 87th St. (Lexington - Third Aves) - Suite #204 N.Y. N.Y. 10128

Wednesday, April 5, 2023 at 6:50pm (Doors close at 6:45pm)  
**"What Is Simultaneous Awareness? - A Participatory Satsang"** (MP3 A308)

Wednesday, May 3, 2023 at 6:50pm  
**"Do You REALLY Want To Learn? - A Participatory Satsang"** (MP3 A309)

Wednesday, June 7, 2023 at 6:50pm  
**TBA** (MP3 A310)

## Open Talk

Available by teleconference from all Centers. Presented by Founder/Director Roger B. Lane, Ph.D. Arrive between 20 and 5 minutes before as doors close promptly. Learn how to live in the Fulfillment of the True Self! Have fun! Learn about the SPIRIT YOU ARE! Email [info@cosmostree.org](mailto:info@cosmostree.org) for details.  
 SPECIAL NOTE: If you miss this TALK you may purchase the MP3 by going to our Web site.

### **Meditation Of The Soul**

Every Wednesday & Thursday at 6:10pm (except first Wednesday of the month).

Every Monday at 7:30pm & Second Sunday of Every Month at 10:30am.

One-hour Meditation with Instruction for Beginners. Give yourSelf this great Opportunity to get quiet; to be with the Spirit within; to de-stress; to release negativity; and to send Blessings to others! Come join us and leave the cares and the concerns of the world behind!!

### **Special Two-Hour Meditation of the Soul**

Last Sunday of every month 10:30am-12:30pm (Doors close at 10:25am) Give yourSelf this great extended Opportunity, a great big Gift to yourSelf!

## Meditation Dates & Time

### MEDITATION FOR HEALTH AND WELL-BEING

**Tuesdays April 18; May 16; June 20 8:45pm**

As part of a program of Special Meditations, this is a wonderful Opportunity for the Spirit that we really are to receive the Priceless Gift of the Healing Light of the Most High. Call for details. Available by Teleconference!

## SUMMER SEMESTER - TBD. STAY TUNED!

### **The Second Sunday of Every Month 10:30am-1pm**

(Doors close five minutes before start of Meditation & Reading/Discussion)

10:30am-11:30am: **Meditation**. 12-1pm: **Tools For Living Free Reading and Discussion** (available via teleconference).

Please READ the *TFLF* prior to attending. All *TFLF* Titles can be found on our Web site at [cosmostree.org](http://cosmostree.org)>Resources>*Tools For Living Free*. Come to Meditation, *Tools For Living Free* Reading/Discussion or both!

TFLF Titles: April 9: **#57 Why Is God Hidden?** | May 14: **#58 What Is Love?** | June 11: **#59 The Recipe For Success**

### **The Second Sunday of Every Month 3pm-4pm** April 9; May 14; June 11

Discussion and Study of a Recent Teaching Of The Path Of Soul Transcendence using articles featured in *SpiritCentral* of Satsangs given by Dr. Lane. Please READ the Article prior to attending. All *SpiritCentral* Newsletter articles can be found on our Web site at [cosmostree.org](http://cosmostree.org)>Newsletter (available via teleconference). If you are not a Student at the Center and have not attended previously please contact Rev. Amy Blank at [info@cosmostree.org](mailto:info@cosmostree.org) or at 708-846-1031 for instructions on how to participate.

### **The Last Sunday of Every Month 10:30am-2pm**

(Doors close five minutes before start of Meditation & Video)

10:30am-12:30pm: **Meditation**. 1-2pm: **Video/DVD Showing and Discussion**. "Understanding The Spirit You Are" (available via teleconference). Come to Meditation, Video/DVD Showing and Discussion or both!

Video Titles: April 30: **V4 The Twin Towers Of Acceptance And Gratitude**

May 28: **V5 The Power Of Choice**

June 25: **V6 Commitment: The Gift Of Giving Your Self To Yourself**

Sunday Programs

Call us for information: 212-828-0464 Email us at [info@cosmostree.org](mailto:info@cosmostree.org) Visit our Web sites: [cosmostree.org](http://cosmostree.org) & [spiritcentral.org](http://spiritcentral.org)

FACEBOOK: Cosmos Tree, Inc. INSTAGRAM: @cosmostreecentral

*Please refrain from wearing any perfumes, hair sprays, fresh nail polish or remover, colognes, aftershaves or other chemicals to the Event.  
 Please refrain from alcohol and drugs -other than your prescription medication- 24 hours before the Event.*