

Tools For Living Free

NUMBER 172 IN THIS EDUCATIONAL SERIES

The Real Economic Crisis

Excerpts from the Satsang "The Real Economic Crisis: A Participatory Satsang" Given by Dr. Roger B. Lane, Ph.D. (MP3 A139)

"I want to talk a little bit tonight about The Real Economic Crisis and I want to get at It a couple of ways. But, mainly, I want to get at It in a very Loving Way.

"What's the economic crisis? Nothing we haven't seen before, nothing that we won't see again, ..."

"And if you follow the news and you follow the approach, it's portrayed as this economic crisis. And people are in crisis. And the thing that they've done with it is to equate it with, 'Oh, my God! Crisis equals a terrible situation'.

"And, what's the situation? Well, the situation is basically their identity. We, as human beings, tend to identify ourSelves with status and power, etc. And money is a major component of that.

"And we've identified ourSelves with this economic crisis we've had and the lessening of money. And what we've done is we've tied our value into money. So, as money lessens or seems to lessen, our value lessens. Now, that's a crisis!

"It's a real crisis when you have a mis-identity going on. When you've identified yourSelf with how quote 'successful' you are. And how successful you are in this society is, invariably, basically a cash transaction. How much money you've got. And so we're in a crisis.

"But there's an Opportunity here. What's the Opportunity? The Opportunity is on an individual level to change your priorities, to change your identification. What are you identifying with? The things of the world or with the Spirit? Or are you involved with attachment? Are you involved with Spirit?

"And, the interesting thing is - if you have your priorities right - which is, 'hey! I'm Spirit. I'm here to Know mySelf as Spirit, as Soul' then guess what? The things of the world are added unto you. And we're told that. The Christ, Jesus told us, 'First seek ye the Kingdom of Heaven and all things shall be added unto you.'

"We Know What the Kingdom of Heaven is. It's not an airy-fairy, pie-in-the-sky thing. It's not the doctrine of churches. It's not the doctrine of synagogues or any other kind of organized religion.

"But we know That Spirit is *inside* of us. And the Kingdom of Heaven is *within*. 'In My Father's House are many mansions.' Those are the levels that the Soul lives on. And the Spiritual Heavens are *within*. So, we know That. And, if you make That a Priority then the things of the world take care of themselves.

"But what we do is we try to attach and grab onto money. And if we grab onto stuff, guess what happens? It can't come to us. There's no freedom; there's no mobility; there's no flow. Because we are always operating out of greed and lack. Which we have to be because if we've identified ourSelves as this body or as our thoughts or as our feelings or as our ego or as being culturally defined, well, then we're involved with the ego definition and then we are going to believe in this thing called 'death'.

"And if we're going to believe in 'death' then guess what's going to happen? We're going to be greedy. We're going to want to acquire, whether we're going to acquire experiences, thoughts and feelings or money. It's all greed from that misidentification with ego.

"So the Christ is here. Are we ego-based people or are we Spiritual people? Are we Souls in this physical form having an experience as God? Or are we here adrift? And if you take a look at the world-view that people tend to have they tend to have a view of being isolated beings in this world, little egos walking around, and they have to grab and they have to grab.

"And the fascinating thing to me is that I don't get what the big surprise is with the economic crisis. If you knew what was happening, you knew the individual components. You knew there were serious problems and, even if you didn't know that, you knew that it was all based on hot air. And sooner or later hot air has to implode. It's all going to collapse. There wasn't anything structurally sound there.

"And That's our Opportunity. It's the same thing for people. What's your foundation? What are you building on? What are you making important? What is your priority? You know, I don't live in an ivory tower. My Consciousness is very hooked into the

planetary needs, the Souls on this planet, etc. and what's needed. I'm not immune personally; I haven't been immune from seeing the 40-50% wipeout that everybody's had. I'm not immune to that.

"But on an individual level, guess what that means? People get laid off from jobs and they get all distressed and they get all upset: 'Where are they (jobs)? Where are they?'

"Where's their creativity? Where's their ability to just go within, be resourceful with themSelves and start building what they want in their life and start giving it to themSelves and start creating, whether it's a business, whether it's relationships, etc., etc., and start creating the life that they want.

"Just because it's not supplied anymore by the great corporate tit, there's an Opportunity there. If I'm a big company and I'm a big corporation I can't respond quickly to consumer needs. Car companies are known for that. It takes ten years for them to begin to get anywhere near what the customer demands. By the time it goes through the bureaucracy and the designs and all that kinds of stuff happens, it's a good ten years. By that time customers don't want that anymore.

"So I'm going to be a behemoth. I'm going to be this big enormous corporation that can't respond. But, as individuals, don't we do that? Don't we fill ourSelves with our own self-importance? And don't we take other people for granted and other people's needs and being there for them and being present for them? Don't we take that for granted? Don't we take a long time, if we ever do get around to taking care of others? Don't we take a long time ministering to others?

"See - and it's real interesting - I was having a discussion with someone today about how lousy service is in so many companies, with so many companies. And those are the companies that lo and behold when business falls off will go 'must be the bad economic times why we're in trouble'. Well, no. It's because you don't care about your customer and you treat them like dirt. And, this person said, 'isn't it funny, you know; isn't it interesting how service companies are doing kind of well? You know, that give you good service'. Well, yeah. And so what are you doing inside yourSelf? Are you responsive to others? Or are you in your own headset, in your own mind, out of your old-world view and relating from that?

"Economics is the analysis and the study and the description of goods and the production and the distribution of goods and services. Now all that I can describe and analyze the production and the distribution of goods and services is in one word. And that word is God.

"Everything comes from God and we *are* Supplied. We *are* totally Supplied. But it's our fear that we have allowed to prevent us from This Knowing.

"And you could see and you can literally feel the fear. It's palpable with the so-called economic crisis. It's palpable. People just ride that bandwagon of fear. And what are they afraid of? They're not starving. Everything's an Opportunity and, if they are starving, then they get to have compassion; they get to have kindness; they get to have a lot of things bestowed on them.

"And they get to fulfill some karma in the process. But they're getting an Opportunity. What's the Opportunity? To Learn to Co-Create with God, Co-Create with the Spirit. Co-Create with God.

"Now I understand that this might be difficult for some people because some people are involved with a religion where there's either no God or there's a God That is totally removed from His Creation. After He Created It, He's removed from It. So if Spirit works instead of God then Co-Create with Spirit. ..."

"So the economic crisis is about Proper Identification. 'I'm going to identify mySelf as Spirit. I understand that That's my priority. I understand that "sufficient unto the day are the worries there of," as the Christ, Jesus Taught us. I understand that. I understand that we're Supplied. And I understand that this is a planet of fear, this is entirely based upon fear.'

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“And everything that happens here has that magnetic attraction upon it of fear. And what better way to have our fear thrown in our face than something that the basic selves or the lower consciousness grabs onto, which is money. So, ‘hey! that’ll rattle my lower consciousness that hooks me up into the world.’ You see, we tend to feel safe in this world if we have more money. We’re secure, etc. The more money we’ve grabbed onto the securer we are. ‘We’re building our future, you know? We’re building our future, see? I’m here and I’m building my future and I’m responsible.’ That’s not how it’s done. In Spirit there is none of that: future, past, etc. There’s just entirely Present.

“So if we’re entirely Present *each* moment, then guess what? We have everything we need at that moment. So what is there to be in lack of and what is there to be in fear of? ...”

“So, also, this crisis is about defining internally what’s success for you. What does it mean? And what’s it about. And setting priorities based upon that. So there’s a real Opportunity. We can go along with the planetary fear and scare and doldrums and worry and upset. Or we can go with the Uplifting, the Grace.”

Dear Cosmos Tree

Q: Dr. Lane speaks about Practicing Proper ID and “It is all within”. My understanding of Proper ID is to Know I *am* Spirit, and God lives in me as me. I have a question about “It is all within”, what does that mean? And how do I apply Proper Focus as I go about my day? – J.T.

Dear J.T.: 1) Proper ID – Knowing and Living as God in Manifestation – is possible only through the Process of Initiation Into The Sound Current. Stay Present! Place your Focus at God; do This *constantly* by Returning and Returning and Returning to the Upper Part Of The Third Eye, as The Teachings Teach; 2) Use everything to Lift and to Grow; so if fear of being Present comes up, use the Tools: the Two-Part Release Technique by Calling in the Light Of The Most High: “Lord, God, send me Your Light!” and ask the Lord, God, for the Highest Good, to “take anything that stands between me and the Spirit I *am*” and tell yourSelf “it’s OK to let it go!” and really let go; the Picture of our Teacher; *Tools For Living Free*; attend The Teachings Study Group (the second Sunday of every month at 3 pm Eastern); 3) Do Your Meditation Practice *exactly* as Taught at the Time Of Initiation; 4) Do Self-Talk to educate your basic selves - the part of you that brings forward your karmic patterns - by using the Four Rules as Taught by Dr. Lane: keep it present; positive; give direction and encouragement. As an example, say “basics, come present! I need your cooperation and energy to be Present and to be in Peace and Joy always! Thank you and keep up the good work with this!” You can reassure your basics: “basics, come present! We’re fine and safe and OK now! I need your cooperation and energy to support me in Living from That Spot!”; tell your basics that you *are* Spirit and ask for their cooperation and energy to support you in Living *each moment* from That Knowing; 5) Choose to stay/be in God’s System always! That is, stay Present and always Work with the Light Of The Most High; Call in the Light Of The Most High (see 2 above) and place every situation and/or person into this Light for the Highest Good; ask for Clarity and Guidance by Calling in the Light Of The Most High and asking the Lord, God for the Highest Good for it re: the situation/relationship/person; Co-Create your preferences with the Lord, God by Calling in the Light and asking for what you prefer for the Highest Good; *always* Let Go, Let God!; 6) For additional help with this, give yourSelf the Tools of Open Hour and, if you prefer, private session(s) with Our Teacher. They help this writer “stay on track.”; 7) For this writer, specific personal instruction on Proper ID has come from Dr. Lane: I’ve Learned that in Meditation, when I Allow mySelf to be Moved to the right or to the Center That’s When I experience Proper Identification. I Know I’m Spirit; I feel really good; I Know I’m Powerful; 8) For this writer, too, “It is *within*” is experiential; ask the Lord, God for the Highest Good to give you the *direct experience* of This. God is the Only Reality and It’s inside of you/us. As My Teacher pointed out, according to the Teachings Of The Path Of Soul Transcendence, Knowing is based upon having experienced It. There’s nothing “out there”, as Dr. Lane Teaches. As Dr. Lane also writes in *The Path Of Soul Transcendence: A Handbook For Initiates* “Everything exists inside of you. I repeat, EVERYTHING. There are no problems ‘out there’ nor are there any solutions ‘out there’. All is within.” It’s All God; 9) Change the focus from “my day” to “God’s Day”; the only Focus is God; you’re God/Spirit; It’s an Inner Knowing so keep reFocusing! 10) Follow *exactly* Dr. Lane’s Instructions below in Our Teacher’s response!

To Reinforce Your Learning: 1. Beginner: *Tools For Living Free*: #16 “Being Present In The Moment”; #82 “Living As An Initiate

Of The Light Of The Most High”; #55 “Meditation On The Path Of Soul Transcendence”; #152 “Everything Is An Opportunity To Grow In Love For The Lord, God”; MP3s of Satsangs Given by Dr. Lane: #A155 “How Do You Achieve ‘Spiritual Success’? : A Participatory Satsang”; #A129 “The Only Question For Every Inner or Outer Situation: A Participatory Satsang”; Intermediate: Everyday Evolution 1; Relationships; Advanced: apply to one of the Master’s Programs offered through the Center For Religion And Advanced Spiritual Studies. The Seminary gives you the Opportunity to really Study The Teachings and deepen your Understanding of Proper ID!

Dr. Lane adds: Dear J.T.: In addition to the excellent recommendations above, I wish to define “It” and explain why “It is all *within*” and then respond to the second part of the question that deals with the Application, Which I am glad has been asked as well as Spirit is practical as It is in this world as well.

The “It” refers to the Kingdom of Heaven. As referenced in the Bible, we are told that the “Kingdom of Heaven is *within*”. What does That mean? Simply put, It means that God’s Kingdom is *within*.

We Know that we are Created in God’s Image – as God, Which is the Spirit or the Sound Current - and that This Soul That we *are* Created by God is *within*.

We also Know that the Soul lives on many levels that comprise the Kingdom of God. Some of these levels – the astral, causal, mental and etheric – are in the worlds of duality and many others – the Soul Realm and the 27 levels beyond This Realm, up to and including HU, Which is the First Manifestation of God – are in the Pure Worlds of Spirit Where there is no density and Which I call “the Clear, Cold North Country”.

Because “It is all *within*” – God and His Kingdom – it is necessary to Participate in the esoteric Way of the Sound Current by Initiation and Following the Teacher’s Instructions *Exactly* as Imparted as an exoteric – an outer – approach to God That is *within*, obviously, misses the mark.

Because “It is all *within*” all the seeming “problems” we have on this planet exist because of our forgetting that we *are* Spirit and that the “job” of the mind is to create problems that it can then “solve” and, thus, the seeming solutions are outer ones.

Both individually and collectively, we need to go *within* as all solutions are there. If you are an Initiate of the Sound Current you have *Direct Access* to Spirit; if not, simply Choose to Allow Spirit to bring forth the solution, which may be that there is no “problem” at all. You may do this by saying, “Lord, God (or Spirit) please send me Your Light. Please bring me the solution to (problem).” Then state, “it’s okay (your name) to let it go.” Please note that this is not a ritual and that it is important that you let go of the “problem” and allow the solution to be brought forth.

Knowing that you *are* Soul and That the Kingdom of God –God Himself – is *within* constitutes Proper Identification. Applying this consciously simply requires Choice. You may go *within* straightaway or, if you need help to do so, you have many Tools available – some of Which are Self-Talk and the Two-Part Release Technique, Which are explained above; *Tools For Living Free*; Satsangs; the Red and Blue Books, amongst other Tools.

Please Know that you, like All Souls, *are* Worthy of Your True Identity and Your Divine Inheritance.

Thank you for the Opportunity to be of Service. Please, J.T., let me know how you are doing in terms of Your Understanding and Application of Proper Identity, an essential ingredient in Our True Purpose on this planet.

Step-by-Step

Here’s A Quick Reference For Daily Practice:

1. Call in the Light Of The Most High by saying, “For the Highest Good, Lord, God, send me Your Light!”
2. Now ask the Lord, God to take from you anything that separates you from the Spirit you *are* – to take “the crisis” from you!”
3. Now tell yourSelf, “(your name) it’s OK to let it go!”
4. Now Allow yourSelf to me moved into Knowing you *are* Worthy of the Spirit you *are*.
5. Fulfill Your Purpose here now by requesting Initiation Into The Sound Current On The Path Of Soul Transcendence by either contacting the New York City Home Center at 212-828-0464; emailing info@spiritcentral.org or contacting any Regional Center.
6. Gain Spiritual Strength by placing yourSelf in the Presence of The Teacher by attending Classes; Clinics; Meditation Of The Light Of The Most High; Meditation For Health And Well-Being and Satsang.

For other *Tools For Living Free* Titles go to cosmostree.org at “Resources”. For further information contact:

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Try This ...

“So, another thing you want to ask yourSelf is ‘What’s God’s Will here for me versus what is societal will? Or ‘what is God’s definition of me versus what is society’s?’ Whether you’re a husband, a wife, a father, a son, etc. – I’ll give you a little hint – that plays absolutely no role in What you are. What plays a role is the simple fact that you’re Souls in human form Coming to Know yourSelf as Spirit, as Soul.” – From The Satsang “The Real Economic Crisis; A Participatory Satsang” (MP3 A139)