



Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies **January/February/March 2022**

COVID-19 UPDATE

**The Home Center is now
OPEN to Initiates!
Open to General Public
January 17th!**

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“Equality And Equity In The Sound Current”

Our Teacher, Dr. Roger B. Lane, began Our October Satsang, “I’m going to talk tonight about Equality And Equity since they seem to be all the rage in this world. ... I want to talk about Them in terms of a Sound Current Path. ...”

Continued on page 3

“Location! Location! Location! A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane, began Our November Satsang, “I want to start ... by having you do some work. ... I’m going to ask a question. I’m going to ask it several times and whatever comes, comes. You don’t have to censor it, try to get the right answer or anything else. ... ‘Where is God?’ ‘Where is God?’ ‘Where is God?’ ‘Where is God?’ and once more, ‘Where is God?’ I’m going to ask another question a few times. ‘What does that mean for you?’ ‘What does that mean for you?’ ‘What does that mean for you?’ ‘What does that mean for you?’ and lastly, ‘What does that mean for you?’ I’m going to ask you a third question repeatedly, which is ‘How does living accordingly change your life?’ ‘How does living accordingly change your life?’ ‘How does living accordingly change your life?’ ‘How does living accordingly change your life?’ and lastly, ‘How does living accordingly change your life?’ And when you can, just bring your consciousness back here and anyone is welcome to share.”

A first Participant shared, “I got for the first, God is here, right here. And ‘what does that mean?’ ... what I got was available and access, that I have easy access. ... ‘How does it change how I’m living?’ ... Ease and then light. ... Living in the Light [Of The Most High] but also the lightness, feeling light and easy and sort of breezing through life.” A second Participant

Continued on page 4

A Great Gift For YourSelves, Graduates And Family And Friends!

A Baker’s Dozen: Tools For Daily Living

**Learn To Live Your Life
From A Spiritual Perspective!
In English and Spanish!
Both On Amazon in Paperback!
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English E-Book On Amazon
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“A Rare Q&A”

Our Teacher, Dr. Roger B. Lane, began Our December Satsang, “This is A really Rare Q & A. I think the last time I had a Q & A might have been twenty-five, thirty years ago. ...”

“We have a couple of ground rules. One is that the question needs to be about your experience Walking This Path, something you’ve encountered or else about This Path based on your experience. ... Really concerned with your genuine wishing to know the answer or to reach greater understanding inside yourSelf. Once again to Know - It’s not about intellectual understanding. It’s about Knowing it *inwardly*. ... The key thing is for you to get your own Inner Reference Points based on your own experience and your own understanding. ... So anybody is free to ask a question as long as you’re within those parameters. ...”

A first Participant began, “... I can start. I have a question. ... It is said in the Guidelines [for Participating in Meditation or Satsang] no drugs or alcohol. Now, I feel clear about what that means in the very literal sense ... but I feel like there are some gray areas that I’m not quite clear about. So I want an understanding of what My Teacher means when it is said, ‘drug.’ When I say gray area I’m talking about caffeine ... kava, sugar. Where do these things fall and why or why are they not drugs?”

Our Teacher then responded, “They’re [referring to what these Guidelines consider as drugs] effectively labeled as drugs by the FDA. ... Caffeine is not considered a drug for our sake nor would kava or anything else like that. Drugs have to do with, really, illegal substances. The reason is not that we’re a bunch of moralists because we’re certainly not but what happens is that if you do take those into your system, you drop into karmic patterns.”

Continued on page 5

Holiday Satsang & Celebration 2021

On December 11th Initiates Of The Sound Current from around the country and Mexico gathered in-person at the Home Center and via teleconference for the annual Holiday Satsang given by Our Beloved Teacher, Dr. Roger B. Lane. The Event began with a celebration at the Home Center, after which all attendees - both in-person and via teleconference - Participated in a Meditation Of The Light Of The Most High.

This Sacred Meditation was followed by Our Teacher’s thanking all Those Who were of Service throughout the year by donating their time, expertise or money.

Continued on page 6

Events Calendar

Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's The Sound Current: The Path of God-realization (what we affectionately call "The Blue Book")!

In this Booklet Dr. Lane explains the Priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

SpiritCentral

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NEW YORK

Meditation Of The Light Of The Most High

M 7:30pm; **W** (except 1st Wed. of the month) & **Th** 6:10pm;
Sun 10:30am Jan. 9; Feb. 13; Mar. 13
Sun 10:30am Jan. 30; Feb. 27; Mar. 27
Special 2-hour Meditation

Meditation For Health And Well-Being

East Side (Home Center):
Tues 8:45pm Jan. 18; Feb. 15; Mar. 15
**Meditations via teleconference*

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Manhattan Beach area: Every Wednesday 7pm. Also available via teleconference! Please call 310-913-7212 for details.

PENNSYLVANIA

Philadelphia area: Every Thursday 6:30pm. Please call 917-841-8817 for details.

TENNESSEE

Johnson City area: Every 2nd and 4th Mon. 7pm. Please call 423-975-6868 for details.

OUTSIDE THE U.S.

MEXICO

Queretaro area: Please call 52-442-237-5745 for details.

OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. A reservation is needed to call in. Visit cosmostree.org, click on Offerings then on Open Hour. Reservations can be made up to one week in advance.

**Every Tuesday
7:30-8:30pm EST**

**Every Wednesday
4:30-5:30pm EST**

Unless otherwise noted

VIDEO/DVD SHOWINGS

The 22-part VIDEO Series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:

NEW YORK

New York City:
Every Thurs. 6:30pm.
Spectrum - Channel 1997
RCN - Channel 84
Verizon (FIOS) - Channel 35

Brooklyn

Every Sat. - 4:30pm
Cablevision - Channel 68
Spectrum - Channel 35
RCN - Channel 83
Verizon - 43
For those outside New York City, please go to mnn.org at 6:30pm Eastern, Thursdays, Scroll down to "Spirit Channel" Click on "Watch Now"

SHOWINGS & DISCUSSIONS

Last Sun. of every month
1-2pm at NYC Center

Join Us For An Hour Of Spiritual Instruction!

**"Behind The Screen Of
Anger: A Participatory
Satsang"**
**January 5, 2022
6:50pm EST**

**TBA
February 2, 2022
6:50pm EST**

**TBA
March 2, 2022
6:50pm EST**

**Satsangs
by Dr. Roger B. Lane**

Available at All Centers

Listen to Our Monthly Podcasts!!!

cosmostree.org
spiritcentral.org

**Jan. 5: "Where Do You Go To Be
Fully Satisfied?: A Participatory
Satsang"
(MP3 A232)**

**Feb. 5: "Are You Picking And
Choosing Or Have You Chosen?: A
Participatory Satsang"
(MP3 A121)**

**Mar. 5: "Eternal Vigilance: Are
You Practicing What You Know
Or Are You 'Knowing' That It's
Practice?"
(MP3 A109)**

Winter Semester

TOOLS FOR LIVING FREE CLASS

**10 weeks, Wednesdays, January 19 - March 23, 2022
7:45-9:15pm**

(except 1st Wednesday of the month when Class begins 8:15pm)

Given by Dr. Roger B. Lane

The Student explores, in depth, the popular Educational Series *Tools For Living Free* with topics such as "Spiritual Economics"; "Living A Blame-less Existence"; "For-Giving Yourself"; and many more. This Class aids Participants in investigating and Applying these many Tools to their own lives and helps Participants Learn to live free.

A minimum of 10 Participants is required. Open to all!

Payment: \$62 and additional payments of \$31 for Classes 2 - 9 or \$300 for Series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63/\$31.50 /\$310 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

JOIN US FOR OUR SUNDAY EVENTS!

SUNDAY PROGRAM

Jan. 9; Feb. 13; Mar. 13

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST

Tools For Living Free Reading and Discussion: 12pm EST

Jan. 9: **#27 Using Your Reactions To Lift**

Feb. 13: **#28 Using The Tool Of Lila**

Mar. 13: **#29 Living A Blame-less Existence**

Jan. 30; Feb. 27; Mar. 27

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST

Video/DVD Showing and Discussion: 1pm EST

Jan. 30: **#V11 The Only Real Question**

Feb. 27: **#V12 Giraffe Consciousness**

Mar. 27: **#V13 What Is Self-Worth?**

THE TEACHINGS STUDY GROUP

Jan. 9; Feb. 13; Mar. 13 | 3pm EST

Using articles featured in SpiritCentral of Satsangs Given by Dr. Lane

Jan. 9: **"Equality And Equity In The Sound Current"**

Feb. 13: **"Location! Location! Location!: A Participatory Satsang"**

Mar. 13: **"A Rare Q&A"**

Please read articles or watch Video/DVD prior to attending!

For details or to attend via teleconference

email info@cosmostree.org. More details also on the Events page included with this Issue of *SpiritCentral*.

"Let me first define the terms! Equality is everyone is equal, etc. Everyone is regarded equally, created equally, etc. Equity is equality of results. ... If I'm watching a round of baseball, the teams tie. Obviously, it's not very realistic in this world. ... Somehow there's this whole competitiveness. ... It's one against the other and that's just how it is in the ego field. The ego sees itself as alone and isolated in this world and everything and everybody is against it, as it were. The ego - we know - is the identification in time and space. So that tells us something. Soon as we're identified with time and space or with our thoughts or with our emotions we're in trouble.

"And if you take a look at the life of a Soul, what's happened? Well, you've gotten confused. And what does 'confused' mean other than you mistook your thoughts and your feelings for Reality? And then along comes the Christ, Jesus 2000 years ago or so. ... Because you're in the dual worlds, you're confused, you're trying to quote 'figure it out'. ... He said, 'don't worship me! Worship the One who sent me!' And, of course, we all know it all so we know better so we discard it and what do we do in our ignorance, we confine Jesus the Christ to a religious figure. Well, He founded this religion called Christianity. Well, of course, He didn't and, of course, restricting the Christ to just a particular religion excludes so many people; does a real disservice to the Reality of the Christ because What is the Christ but a Spiritual Office assigned to assist and Lift all Souls regardless of what they're professing in the body ...

"The Christ is a Spiritual Office and It has to do with all Souls making the Progression into What's called the Christed Consciousness, Which is their will and God's Will are One and the Same.

"And there is a Way to do That and that Way, of course, is the Sound Current Path. ... Coming to Know yourSelf as Soul, as Spirit. That's your will and God's Will, One and the Same, because That's God's Will That you come to Know Him and Love Him and you come to Know yourSelf as Soul because 'in the beginning was the Word and the Word was with God'. And what is the Word? The Holy Spirit, the Sound Current, Whatever you want to call It ..."

"Jesus, Christ ... told us, 'Don't worship Me! Worship the One who sent Me!' And 'That Which is in Me is in you, too.' So, tag! you're Responsible. That's one of the ways of Equality That is being expressed. Everyone is Responsible for the Christed Consciousness. Everyone is. And we know that we're Created Equal. What does this mean? ... We're all created Equal, as Souls. 'In the beginning was the Word and the Word was with God'. ... Equal, Spiritually.

"But what's happened? What's happened is we've forgotten Who we *are*. We've forgotten Who we *are* and we've also become very materialistic. And by that I mean, it's the world of the five senses. That's it, folks! What you see is all there is. And we can only see this lifetime, right, so this must be all there is.

"I love the argument of the atheists who say 'well, you can't see God so you project all sorts of things onto Him ... Now, they are not going to say 'in my ignorance, I only believe that you can see God physically. I have no knowledge that you can see and be with God in the Spirit' because That's Where we worship God.

"We chanted HU. H-U as in HU-man. That's the First Manifestation of God. But That's What we *are*. So we're all Equal. We're all this Manifestation. We're all this Manifestation. But in the world of form it's going to look very different. You're going to look male. You're going to look female. You're going to look, well, I'm not too sure what you are. Or you're going to be from this country or you're going to be from that country. You're going to be from this religion. You're going to be that religion. You have this color skin. You have that color skin. What are we doing but practicing false identification?"

"In the Sound Current there's only our True Identification and That is as Spirit. And, as Spirit, we're all Equal. 'Well, Dr. Lane, if we're all equal how come somebody makes more money than I do?' 'How come somebody has this?' and 'how come they have that?' ... Well, we know from the Teachings that as soon as you compare yourSelf to somebody else you've automatically lost the game because we're all One. When you compare yourSelf you're cutting That Reality and that's painful. And also, it's because you're seeing things materially. How do you know why this person is rich and the other person is poor? How do you know why the circumstances for someone are not the circumstances for someone else? When we look at it Spiritually then we bypass the materialism and we know that it's all Spiritually Correct. That they are at the effect of what they have put in motion. ... They're going through their karma. That's where the Learning is, etc., etc. ..."

"We're created Equally as we're Created out of the Sound Current, out of the Holy Spirit. That's What we *are*. We're Soul. Each Soul is having Its appropriate experience here. But if we get caught up in the world of form and look at the form and see what it looks like then you do yourSelf a great disservice. ..."

"... in the Sound Current a Soul that Walks It comes to Know itSelf as Soul, as Spirit. And that's crucial and that's Where the Equality is. We all get the same Opportunity. We all get the same chance to come to Know ourSelves as Soul, as Spirit. Every Soul has the same Opportunity. ... You Walk a Sound Current Path and you Walk It exactly as instructed then guess what? You're going to get the result. The outcome is yours. And the outcome is exactly the same for every single Soul because That's how it's been set up. Every Soul goes to Completion here. ... True Equity! True Equity. ..."

"Eventually, every Soul goes Home to God. The term 'equity' is used now and it's always at the expense of another group of people. One or the other one or the other. In the Sound Current nobody gets an advantage. And nobody gets a disadvantage. It's all Equal. ... The Sound Current doesn't operate either/or. It operates both/and. And It's very inclusive.

"So you have 'in the beginning was the Word and the Word was with God'. Everyone was Created Equal as Soul, as Spirit. ..."

"You might want to take a look at what are you identifying with? How do you see yourSelf? ... The point is that you start to have an idea of Who and What you *are*. And That you're Soul and that you're Spirit. And each Soul - each Soul - because we're all Equal has an Opportunity in the course of Its Life as a Soul to Walk a Sound Current Path. And not only has that Equal Opportunity but That's the Spiritual Master Plan. Every Soul does and will do That. The results for each Soul are the same, eventually. Eventually. ..."

"So in your own life ... take a look at are you coming from that framework of Equity and Equality? Or Equality and Equity within yourSelf and how you regard yourSelf also in terms of others? ... Or are you coming from the divisive perspective based on just the material outlook?"

"And in the Sound Current all there is is Love because That's the Nature of God. And this Love - part of It manifests as Equality. All Souls were Created Equal, Created out of the Sound Current. And all - sooner or later - have the Opportunity to take Initiation Into The Sound Current, into the Holy Spirit, Know Itself as Soul and go to Their karmic Completion here. True for *each and every* Soul. A true democracy, a really true democracy in a very practical, livable, tangible way!

"The only thing you need to do is adjust your eyesight accordingly.

"And we'll stop with that."

Dr. Lane Lovingly addressed the question asked after the Satsang.

shared, "The first question, 'Where is God?'; what came up is God is in me. God is in others. God is in Spirit. ... 'What does that mean?' It means letting go of people, places and things. Letting go of my attachments. Also, what came up was it means living according to The Path [Of Soul Transcendence]. 'How does living accordingly change how you're living?' It means that I let go of things and I can be Present. It means that I'm Happy because I'm Present. I'm not involved in a whole bunch of stuff." A third Participant said, "I got 'here' for the first question. And, also, for the second question is that I am here, too. And then for the third I got the ability to be here all the time together with Spirit." Our Teacher responded, "So what's the connection between God is here and you're here?" after which the Participant replied, "I was feeling a Oneness." Our Teacher elaborated, "And we do live in the Oneness of the Holy Spirit. We do live in the Oneness of the Sound Current. So good for you. And that's not 'churchianity.' That's not Christianity or anything else like that. That's Reality is living in the Oneness."

Our Teacher asked, "Who else would like to share?" Another Attendee said, "I'd like to share! First one, 'inside me.' Second one, 'I'm Eternal.' Third, 'I'm Free.'" Another shared, "The first time I got Where is God? 'all around'. Then the second time was 'God is all there is'. ... 'What does that mean for me?' 'I am God.' 'How does living accordingly change my life?' 'By surrendering my karma, I live as God because I am God.' ..." Our Teacher further Instructed us, "The mind is great as a servant. It's a terrible thing if you let it be your master and pass judgements."

A final Participant chimed in, "I got 'everywhere and in me'. And then I got 'Blessed and a life of being in bliss'."

Our Teacher then shared, "You guys are honing in. ... I want to spend the rest of the Satsang tuning It up for you. I'm going to start by just giving you a very concise history of Consciousness, as it were, like history in a couple of sentences. I was shown this by Spirit in really sort of like picture frameworks. The first was titled "the debris, the debris of religions." And we know that religions are exoteric. That means they're outside. They're placed outside of us and, to that end, because of that we have clergy and we have symbols. So you have the symbol, for example, of the cup of wine, the blood of Jesus, the body Jesus. You have the Torah. You worship the Torah, etc., etc. And the location of God is outside. And I'm talking about theistic religions where there is a god. We know that in Judaism God created the world and then removed Himself from His creation. Christianity - It's in the creation. And even in the esoteric Paths like the Sound Current Paths, there's debris there as well because They're set up to come to Know ourSelves as Soul, as Spirit. That's What we *are*."

"And we know that the Sound Current or the Holy Spirit is of the Same Material as God. We're created in God's Image. That means we're created out of the Sound Current, out of the Holy Spirit. God's the Great Oversoul and our Soul mirrors That and is made of the same thing. ..."

"And There's something key. In the restaurant business what are the three most important factors? Location, location, location. Except there are lots of exceptions to that. ... But with This - the Location of God - there are no exceptions. God is *within*. And God lives in us as us. God is living in us as us. We can be Present with God and that's why we're here. But there's something even beyond that. ... Present with God implies a separate entity going on but there's not. ..."

"The Christed Consciousness, Which is the Alignment of our will with God's Will Where we become One and the Same: well, That's What we *are*! We are HU-man. We chant HU, H-U, and that's the First Manifestation of God, of the Lord, God. So we're Manifesting God. We're outcroppings, as it were, of the Inner World, of God. So God lives in us as us. ... If you're really honest about it and take a look at it, God lives in me as me. I'm Spirit. I'm God. Then all I can do is be That."

"But then, also, all the seeking for love, for attention, for fame, for prestige, etc., automatically goes by the wayside, doesn't it? You're already Known to God. You're already famous. God Knows you and if you're an Initiate on This Path you're Known *directly*. ... We talk about having direct access to Spirit but, in Reality, Spirit has direct access to us if we allow It. And there's really no distance. So even after a while it's very similar to 'there's the Love; there's the Lover, Which is the Initiate; and then there's the object of the Love - God - and the Love "between".' And all three of those things merge and become One and the Same."

"And it's the same thing with what we were just talking about ... because access still means separation. And it's not a question of access. It's just a question of Being and you just Oscillate. Divine Oscillation goes on in you. ..."

"If It's located in us then there's nothing to strive for, is there? And there's nothing to resist. If God lives in you as you He's you so what are you resisting? You! Good, keep fighting yourSelf. Good luck, God Bless you! ... Beat yourSelf up really, really good and enjoy it! But it's a losing game and eventually we learn to give that up. We give that up. We give that up. We don't need to fight ourSelves. It's a Surrender Path, a Surrender Path. ..."

"... God is hidden for a reason. He's hidden inside of us because we are given Free Will and Choice. And we have to *willingly* seek That. We have to *willingly* awaken to That. ..."

"... little kids - they love to play 'hide and go seek' and when they're discovered oh! they just giggle and laugh; they figure it's the greatest thing ... That's nothing compared to God's Delight when we find Him; we're finding the Spirit That we *are*. We're finding Soul. It's not like there is this abstract concept called the Soul. ... You Attune to It in the At-One-ment, in the Atonement Process by Being It, by Allowing yourSelf to be It."

"If you really live from inside out, you get to see there's no striving. You don't have to build personal monuments, leave any great works behind or anything. You don't have to be known by anything or anyone. You don't have to build memorials to yourSelf or anything else like that. You're Soul having an experience here in this body but you're also here to realize That. ... When It's fully Known, you wake up from this dream called life. That's what it is. It's just a dream. And we're dreaming because we're asleep. But the antidote and the cure is *within* us because God's in there. ..."

"God in His Kindness and His Mercy - He's given us a Way. The Initiatory Path is the Way. That's just how it's been set up. But where does the Initiatory Path lead you? The Way out ... is the Way in. So It leads you more and more into yourSelf, into Spirit that You *are*, into God. ..."

"And what we do until we no longer do it is, we confuse our thoughts and our feelings with Reality. Let me tell you what I once did! I've told this story but I want to put it in this perspective. I used to have this - I loved this car - great car, sports car, Datsun 300 ZX 2 + 2, alright. Loved it. And my son was getting a little bit too big to sit in the back so I thought, OK, I'll have to get a bigger car, etc., etc. And Spirit said, 'Wait a year!' But because I wanted to be a quote 'good father' and also because I was worried he wouldn't be comfortable and I was afraid that he wouldn't, etc., I went out and I bought a new car. Well, guess what happened? My car was one of those cars that had 'sudden deceleration syndrome'. In other words, you'd be driving on the highway - well, I would never do more than 55 anyway so I'm doing 55 - and all of a sudden lose the power. Do you know what it's like to lose the power when you're on the highway and these big trucks are coming up behind you and you can't steer because it's power steering, can't get off to the side or anything? Pretty scary."

"And I had real trouble with this. I brought it - in I don't know how many times - three, four, five times. And once I even had it as soon as I picked up the car. And they wouldn't do anything about it."

"So if you're Walking This Path and you're in an Upliftment Process, it's very self-defeating. Also, as you're Walking This Path you tend to self-purify so that you get more sensitive to what you're choosing to put into your body. So, for example, while sugar is not a drug you may very well start having experiences where sugar is not in your best interest. It will wack you around; you'll be on an emotional roller coaster, etc. etc. That's up to you to put into your system or not. ..."

"We come at this from the place of supporting you and your supporting yourSelf by not putting into your body anything that causes you to downvibrate and drop into karmic fields. ..."

"I've been told by some scientists that there's something very unusual about alcohol. That it's the only thing with a half-life that never ends. In other words, you will always have, there's is no way to destroy that. ... That's basically the hard and fast of it. ..."

"If you give over your sovereignty then you've given permission for others to take over and you get possessions that way, entities, etc., etc. and by Spiritual Law they have a perfect right to come into and dominate your consciousness because you are the one that's given over dominion over it.

"So that's really the whole thing in a nutshell. ... I'm not saying this to scare you but to say how important it is that you're in charge and to respect yourSelf. That's where we're really coming from with this. ..."

Another Participant shared, "I've been having this experience kind of frequently ... there's a ringing in my ears ... What is that about?" Dr. Lane replied, "... I noticed that you pointed to your right ear. ... We know that Spirit is from the right to the center, the Upper Part Of The Third Eye ... Crown Chakra. So what it's about is, there's Spiritual Bodies that sit there and They Vibrate. ... A Soul Lifts through the Initiatory Process of Upvibration. It's not a nice word. ... It's an actual description of what happens. So that the Divine Oscillation, that Frequency in you that *is* God, That *is* Spirit, kind of shakes free a little bit. And That's What's happening. ..."

"Negativity can't exist in the Presence of Spirit but as it's clearing you get all stuffy, as it were. So that's how it works. That kind of thing is very, very common. ... It's almost like you're this Divine Instrument and Trust that you're being played beautifully by the Master Musician! It's all orchestrated. That's what your experience is."

Another Participant explained, "As time goes by and I learn to live more and more with Spirit, I've Learned to live more in 'I don't know.' ... I feel the more I'm on This Path, the more I get to handle all my experiences; get to see what part I played; get to see I am not a victim; get to see with every situation there is so many different ways I could have done it. ..." Our Teacher then shared, "No there weren't. What's happening is you're kind of getting a review, as it were, of your life. You're getting a review for several reasons. More of an ingraining that you *are* Responsible. Number two - and the reason when you said, 'I could have done it so many other ways,' and I said, 'No, you couldn't have' - is because the way you did it was karmically correct. Now you're getting a review and you're seeing beyond the limit of karma and that it served its purpose; you've gotten the Learning and to lay off of the blame. But I have a feeling too, it's also showing you more or deeper reasons why those things occurred. You handled it according to your karma. ..."

Another Participant asked, "... Why now for this Rare Question and Answer Satsang? ... That's question number one. Question number two is can You speak more about the significant Spiritual Upliftment of the purpose of the virus on this planet at this time in the way that it's unfolded?" Our Teacher responded, "that's really not within the framework of the Question and

Answer ..." The Participant then responded, "I could personalize it. ... So my personal experience as an Initiate is that this has afforded me an amazing Opportunity, which I've taken to Lift and Grow into the Spirit I *am* through being Focused on Living within the Guidelines, Letting Go of any attachments and moving more and more into what's really important. And that has resulted in significant, radical change, not only inside but on the outside of my life. Which is a reflection of what's happening Spiritually. ... The question is ... I just really feel like there's a correlation ... it was given as an incredible Opportunity to go inside ... and clean out and Let Go of all attachments."

Our Beloved Teacher explained, "To answer your first question first 'why now?' Why not now? Spirit Brought It Forth because there's a need for the Initiate Body just to have these questions answered and to move on. And just to give the Opportunity to share on that level, Spirit deemed it very important ... to help move the Group past the cogitation process and working it more and more as The Teachings Teach us to work it, Which is experientially. So that really is the gist of it. ..."

"So the second thing is ... obviously the virus on a very superficial level restricts us from and restricts people from engaging in their usual propensity to go outside, outside, outside, outside and they have to face a little bit more of themSelves ..."

"But for the more astute amongst you, you got to see how what's played out there in terms of fear and 'forty blind men' trying to describe what an elephant is like. ... You get to see what the karmic field is like; the uncertainty, the unknown, the fear, the lack, the limitation and how we treat one another in fear. ..."

"So that's just an exaggeration of what most people live with all the time. So this *is* an Opportunity on a collective level to bring us into a more cooperative way but also, if you are Walking This Path and you're smart enough to take this time to be more nearly quiet, to be introspective, ... it's time to just be quiet with yourSelf and just Focus and do the Inner Work. ... It's like you got to go to your Inner Monastery with much less distraction in the world. ... All those Frequencies between the Soul Realm and you have become unwrapped and completely available, and becoming available, to the human race. ... There's been a future that's been placed here by the Divine Architect.

"Well, I don't really have a term for this kind of Being. I'll call It - in the best sense of the word - the Righteous Being Who Devoted Him - no one has to know Who He or She is, doesn't matter - Devoted Him- or Herself to Bringing this Transformation about on this planet for all of mankind's future. Well, there's been a Fulfillment of the Divine Blueprint that has been Placed here now; this Frequency obviously, has never been here before. It's kind of like when the Christ, Jesus was going to come we find in the Old Testament, we find Melchizedek. Melchizedek comes around and says 'Watch out, mamacita! There's one here who baptizes by water but the One Who 's coming is going to baptize by fire'. So He was talking about the whole new Frequency That the Christ, Jesus was going to Bring In. Once again, this is not a religious thing; nothing to do with religion or any of man's outer exoteric exercises or anything else like that. Talking about the Christed Consciousness: That's *within* us Where our will and God's Will are One and the Same. ... There's a lot of karma being Completed and you see a lot of speeding up of the karma. ... So you get that incredible speeding up.

"And there's one other thing that, hopefully, the virus will be doing. Well, it does do It. I'm not sure people will take advantage of the Opportunity but the Opportunity is to see that the Cause lies beyond the physical. That it's not about this physical virus that's causing all this stuff but it's rather the Spiritual Reason

Our Teacher then began the Satsang - a Spiritual Teaching - given with the Grace and Love of Our Beloved Teacher by saying, "I thought I would start by just summarizing everything I have said about Christmas, at least the outer part, and then I'm going to ask you a question. And then I'd also like, in conclusion, to just kind of Bring Forth a few salient meanings and prescriptions of how to live according to how we're Charged to live by the Christed Consciousness. ..."

"Jesus is born and word gets out. ... They're going to be after Him and killing Him so He has to flee with his parents. Remember, He is born in a manger. He's born where the animals live. His folks take Him to Egypt. He flees, etc., etc. Comes back and, for lack of a better word, is a rabbi in the sense of Master ... He beats the rabbis at their own game and that really, really upsets them.

"We know the rest of the story. How He's tried, convicted; the thieves who are crucified with him; the resurrection story ... That's the exoteric, the outer story.

"I want to talk about the esoteric. ... It's the Inner Story. And, that is, the Inner Story is we're here in this world, of an instinctual world, the animal world where there is no individual consciousness, no responsibility, etc., etc. And we can die here, in the sense of being not just physically dead but dead Spiritually. But we have the Opportunity, as it were, to go to Egypt-land, which is fate; go through our fate karma and go through a Process of Resurrection. What is the Resurrection Process but rising above time and space? Or, as the Teachings Teach us, we get into trouble when we take our thoughts and feelings for real. We're in the world of form and we identify with form. And The Christ provides the Demonstration of the Resurrection Process: we rise above time and space. How do we do That? Through the Initiatory Process. That you're more than yourself in time and space. You're more than the physicality. You *are* Spirit.

"And the Initiatory Process Into The Sound Current: when He says 'I'm the Word made Manifest' the Word is another name for the Sound Current so He says 'I'm the Sound Current made Manifest'. He also says 'if you see Me you see the Father'. So He's the embodiment of the Sound Current. He holds That Energy, That Frequency.

"... we have the Resurrection Process, the Initiatory Process. You get crucified when you identify in time and space. Crucified on the cross of the ego, as it were. The whole point of being here is ... so we can come to Know ourSelves as Soul, as Spirit.

"Once again, people have physicalized all of this, 'He's the One!' Even though we're Instructed, 'Do not worship Me, worship the One who sent Me!' we're going to worship Him. But He said, 'That Which is in Me is in you, too.' And, 'That which I do you, too, shall do.'

"So guess what? That Resurrection Process I described was given as a Demonstration. He Demonstrated. So now it's 'Tag you're it!' It's the reason why we've come into being born into the body. ... So we can be reborn, as it were, into the Spirit we *are*. ... We're Charged with the Responsibility of doing the Resurrection Process. And actually, really, it's repeating It because It's been done *for* us and now that Consciousness does It *with* us. ... So the Christed Consciousness is *within* us, It's *within* us. ..."

"The Christ is a Spiritual Office, as it were. There is always a Christ on this planet ... And the job of that Office is to be in charge of all Souls below That of the Soul Realm. Below That of What's called Eternal Life. And That's what the Office of the Christ Administrators. So it's not a religious thing; it's a Spiritual Thing. ... Once again, the Christ is a Spiritual Office and there's always Someone here to Fill It. ... So that's kind of the historical context and the Spiritual Context for why He came here.

"A two-second history of Consciousness: Here it comes! God is external. He's a 'mean mother'. Nastiest guy in all of creation.' And there's proof - if he's my god he'll defeat your god. Jonas comes around and represents a little change in consciousness ... the change in human consciousness that changes our perception and our reality of the Lord, God. Jonas comes around, wrestles with Him and God then becomes a little bit more fair and just. Then along comes this Guy - Jesus the Christ - and What happens? It's a God of Love. ... God of Great Love. And we're still trying to get into the True Sense and live accordingly with That God. And then - post-Christian age right now - current, there is also a whole new Frequency but also the simple fact of location. That God is *within*, God is *within*. ..."

That's why Acceptance is the First Law of Spirit. We need to Accept that we *are* Spirit, that we *are* God. Then if we take It *within* us we've got the location problem all solved. That's basically the history of Consciousness in a nutshell.

"What I want to do now is I want to turn it over to you. ... I am going to ask you a question ... So, 'Lord, God, send us Your Light! And we put this time together into Your Light for the Highest Good.' 'What does Christmas mean to you?' [Pause] 'What does Christmas mean to you?' [Pause] 'What does Christmas mean to you?' [Pause] 'What does Christmas mean to you?' [Pause] 'How can you Celebrate Its Meaning?' [Pause] 'How can you Celebrate Its Meaning?' [Pause] 'How can you Celebrate Its Meaning?' [Pause] 'How can you Celebrate Its Meaning?' [Pause] And lastly, 'How can you Celebrate Its Meaning?' [Pause] When you can bring your consciousness back here and anybody is free to share."

A first Participant shared, "To Love God, to Love mySelf, to Love Others. To always go to Loving no matter what's going on. ... To constantly go from My Integrity and to not worry about controlling anybody else." Another Participant shared, "What Christmas means to me is the Joy of this lifetime and committing to The Path ... Living the Two Laws of Spirit Brought Forward by The Christ. ..." A third shared, "Giving and re-Giving mySelf the Gift of going to Chanting My Tones rather than indulging in some other things that I think I should be thinking about." A fourth said, "Living in the Love and Gifting mySelf the Spirit that I *am*." Another stated, "Accepting God's Love and Sharing God's Love." A sixth Participant shared, "Christmas means to me opening the Gift of the Christed Consciousness. ..." A seventh shared, "Focus on Compassion. Let go of my thoughts and feelings, follow The Teachings."

Our Teacher clarified, "We know from The Teachings that an overriding and an overarching practice of Compassion is to be yourSelf in the presence of others. To be the Spirit That you *are* in the presence of others." Another Participant shared, "Celebrating the Glory of Meeting My Teacher and being on This Path. ... And Following SST." Our Teacher clarified, "And SST is Simran, Service and Tithing. It's the Foundation of Walking This Path. ..." The last Participant sharing said, "Love, Gratitude and Letting go of negativity."

Our Teacher then shared, "I'm just going to briefly summarize. ... I don't have much to add. But I just want to make some key, salient points about the Inner Meaning of The Christ. And one is about Giving. But it's not giving presents ... But it has to do with the Nature of the Spirit you *are*. Versus remember the Christ Jesus was born in a manger where the animals are.

"So talking about the lower consciousness, the basic self. Basic self loves to take - 'what's in it for me?' - ... The Nature of Spirit is to Give. Is to Give. Is to Give. So that's one Way we can Celebrate The Christ and Who and What we *are* is to keep Giving of our overflow, of the Spirit we *are* from our Integrity. From a Joy-full Place of Integrity without any thought of, consideration of, 'what's in it for me?' and 'what am I going to get back?' ..."

"The Real Truth is we're Supplied. ... We're taken care of. ... So we're Supplied. ... Our True Nature is we Give, we Give, we Give, we Give. We're Supplied materially, non-materially, etc. ..."

"We know that Peace is 'as the above, so below' and That means that we need to, on the levels below, as it were, we need to be lined up Spiritually. We need to do our Progression. ... Peace in the world doesn't come from not having war ... Peace is when you focus into Spirit and the Oneness of Creation. ... We're Instructed to live in Peace. That's another Demonstration of the Meaning and how to Celebrate The Christ.

"The other thing that I want to share with you is this thing called Human life and the point and the Purpose of It is the Fulfillment of the Soul to go to Completion here in the Resurrection Process regardless of what the body professes. And what a Wonder-full Opportunity It is and what a Gift It is! ..."

"If you could practice and Celebrate the points that you've come up with that are meaningful to you and incorporate some of What's been said by Me, that'd be a real, real Blessing and a real Honoring of why you're here wearing this thing called the body.

"So we'll stop with that."

The Holiday Satsang was followed by the Joy-full presentation of the Group Gift from Our Teacher's Initiates to the Center For Religion And Advanced Spiritual Studies.

The time together was en-Joyed by all.

Continued from page 4 - "Location! Location! Location!: A Participatory Satsang"

Just told me just have it repaired, repaired, repaired. Until, finally, I just said what I had to say and for some reason they disappeared my lease. Never find it. Never existed.

"But the point is what did I do? I caused Myself a lot of trouble because I took My thoughts and My feelings for real and I was, in a sense, prideful. Oh, I wanted to be a 'good father' but Spirit told me very directly 'wait a year!'"

"And sure enough guess what? In the next model year they had already solved that problem; they had already solved that problem. And, of course, I had a little bit of pride. You know, Spirit's really smart. We had a babysitter at the time whose father's car suffered from the same problem and he couldn't get out of it. You know, so I was like going, what does this guy do to get out of it, man? Another opportunity to be prideful. Can't be prideful. Identified with a thought, identified with my feeling. Whoa! Doesn't work. I needed to have Surrendered it, Surrendered it, Surrendered it. And know that hey! this wasn't outside advice; this wasn't somebody trying to sell me a car or make money on the repairs or anything. This was God *within*. This was Spirit *within* direct. And I didn't listen and I chose to go with a thought or a feeling.

"This is what we all do until we realize that God is *within*. Because of the way the consciousness sits and because of the way we're set up you can listen to my words and understand them but the Living Reality of It is not feasible other than as experientially.

"And You haven't agreed as a Soul, You haven't agreed to have that experience unless you've agreed to being God's Initiate. And God's patient. Take your time! However many embodiments you want, Hey! don't worry about it; take them but you ain't going to get away from it ultimately and your ignorance of it in each of those lifetimes is

not going to prevent you from being Responsible for That. We're set up we have a lot of blinders. ..."

"But that famous saying, 'When the eye is single, the body is alight.' The eye being single, of course, is the Third Eye [ed.'s note: Dr. Lane is referring to the Upper Part Of The Third Eye]. And Being single is of a singular or one focus: Focus on God; Focus on the Lord, God. And then the Light *within* comes forth because That's Where God is.

"And we need to get to that point. ... This is the point we're at right now. This is the Opportunity. This is the New Frequency that has come in. It's not just to Know yourSelf as Soul, as Spirit. It's not just to have *direct access* to Spirit but It's to Know - with a capital K - not only that you *are* Spirit, not only that you *are* God but God lives in you as you. Can you imagine walking around and just Allowing God to Be and interacting with others from That Place and Allowing yourSelf to be That? Be all Love, Joy, Peace, tranquility.

"And That's the real meaning of the esoteric motto, 'As above, so below.' That's where Peace is. The above is the below; the below is the above. ... There's no separation. We live in the Oneness. ..."

"But you got to watch that intellect. That intellect ... wants hegemony over the Consciousness. It doesn't want Spirit to have that.

"And that's the battle that goes on all the time ... We have lot of Tools to Allow ourSelves to bypass that and Live the Reality because That is the Frequency that has come in *now*.

"God is *within*. So ... He is Living in you as you. Talk about the Living God!

"We'll stop with That."

Continued from page 5 - "A Rare Q&A"

behind it that's using the physical - because we're in the physical - to help bring about what is needed. So that's what's crucial!

"So really, on one hand, it's to help mankind cooperate with each other and to get to see how precious and sacred life is. And, also, at the same time, because we've reached such a materialistic state where we reduce everything to 'the molecular structure'; 'it's all calcium'; 'all synapses in the brain firing off' and all that kind of reductionist thinking.

"Hey! behind it all is Spirit, is God. And That's really the importance of this moment. And as an Initiate [Of the Sound Current On The Path Of Soul Transcendence] you're Attuned to That. That's why you're having those experiences, why you're able to use it productively for yourSelf. OK. It's a wonderful, wonderful, joyous time. And I know that may sound crazy if you look outwardly but it's tremendously interesting and joyous time. A very important time! ..."

A follow-up question came from another Participant, "I wanted to ask about there are times as an Initiate - specially like taking a Class with You - ... I noticed little things like oh, getting along with people better, people being nicer or all of a sudden a parking spot is available and then I notice that as I goof up and I make mistakes or something there's a dizziness that happens. I was wondering if You could help explain that."

Our Teacher replied, "I'm not sure what you mean when you say 'mistakes' because The Teachings Teach us the only mistake is not Learning from it. So I'm not sure what you're saying. ... If you're talking about dizziness, well, what comes immediately is, you're lying. The moment you lie to yourSelf by pretending you're not an Initiate and you're not Spirit and you've forgotten Who and What you *are*, you're downvibrating yourSelf. And that is experienced physically as dizziness and sometimes - a lot of the times - by nausea. To me it sounds like if you're dizzy, that's a really good sign you're not being honest with yourSelf. That you're not coming from the Spirit that you *are*. ... If you're Blessed with that kind of great feedback system, take it and use it! And self-correct immediately when you

get that feedback! ... Wake up to the Magic Show! ... You can control where you're going to focus and where you're going to focus determines what you're going to see. If you want to focus into karma and negativity, that's what you get. If you want to Focus on Proper ID, you get the Magic Show. Real simple! ..."

Another Participant shared, "How do You put together ... The Checklist For Daily Living? ... You authored Those. I'd like to understand how You did It and what period of time, etc. I'm just curious." Our Teacher explained, "... In the Process of my Life as a Soul I have come to Know and Understand, Work with and then Be all these Frequencies. So, basically, all I'm doing is describing Myself. ... I'm describing Spirit. I'm describing how we work and come into the Knowing. I'm describing Myself. How long did it take? I don't know; however long it took me to physically write down those things. ..."

"We're Spirit, we're Soul and we have many lives and we're Progressing, Progressing, Progressing. ... I'm just sharing the Wisdom of the Lord and That's Who we *are*. ..."

"I'm just like you, only more so. And, eventually, it'll be even.

"It's kind of very similar to Jesus the Christ. He is the Savior, the Messiah but then if you Fulfill Your Responsibility then guess What? He's your Elder Brother. In other words, He's just like you only more so but when you move into It and move into your Christhood then He's 'just' your Elder Brother. ..."

"And how do I get to be like Dr. Lane?" Our Teacher asked, after which the same final Participant said, "Read Them everyday!" [Participant is referring to the Tool of The Checklist For Daily Living] Our Teacher further explained, "You are *already* like Me - same Spirit. Just talking about the Manifestation. How you Manifest. How do you move into It, how do you Know, etc. That's all! That's what this planet is for. It's the classroom where we learn That and God, in His Mercy and His Kindness, He's given us a Way called Initiation Into The Sound Current. That's The Way! Real simple! Or Into The Holy Spirit. God's the Spirit - the Great Oversoul - and we're the Soul.

"And we'll stop with that."