

# Tools For Living Free

NUMBER 133 IN THIS EDUCATIONAL SERIES

## Thinking Outside The Box - Part II: The Secret Of Creativity

*Excerpts from the Satsang, "Thinking Outside The Box" (CD/MP3 A168)*

"In the beginning we do a short Meditation and we Chant HU, Which is an ancient Name of the Lord, God. It is His First Manifestation and we go into the Upper Part of the Third Eye. Why? Because That is the 'place' where the Spirit or the Soul sits in the body. And the Spiritual Frequencies are from the Upper Part of the Third Eye - the top of the Sixth and Seventh Chakras - the Crown Chakra - everything else is of the psycho-material worlds. So, we don't pay any attention to what is below that. Thinking inside the box is the same thing as living in the psycho-material worlds, which is full of pain, fear, doubt, hurt - karma. The good stuff of our creation away from the Spirit that we *are*. And it is full of lack and limitation.

"Why do we need to think outside the box? I will give you the obvious answer which is because nothing new has happened thinking inside the box and you haven't come to any solution thinking inside the box. If you were to go and look in the Inner Worlds on the mental plane you would see all these thoughts lodged there. And, according to the individual Soul's karma, you would pick up these thoughts and have these thoughts. But there is nothing new, there's nothing original going on.

"When a great artist really creates powerfully - basically what they do is organize these thoughts in kind of a new way. That's the creative part that is being played but the thoughts are not new. Everything that was ever thought lodges in the Inner World in the Inner planes in the mind [ed.'s note: Dr. Lane is referring to the mental plane.] So you're not going to come up with anything new, anything creative. Or to put it in a certain other way - was it Crick who discovered DNA? When he was working on that he couldn't get past his own mind. He couldn't get to a solution and he was stymied. He was smart enough to realize, 'Hey, wait a second! I may be a scientist but I'm creative and I need another avenue.' He realized that it could be through another way and it could be through the dream state that he could get the solution. What happened in the dream state was that obviously the conscious mind gets put on the shelf for a while and it's not putting out its standard repertory of thoughts.

"Now unless an individual is really disturbed, a thought is always matched by a feeling. So we have a feeling that goes with a thought. If you notice most people's thoughts, and by most people I mean one hundred percent of people, their thoughts are karma based because they are allowing it to run from the mind."

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"We know that the mind works by not so much the right brain-left brain, as it is associational, that we associate. And let's just say that you're wearing that dress or that shirt; it has that color. I have certain associations with that color, or with that dress or shirt or style. Before you know it I'm engaged in a whole story and I'm not Present with you or the situation or anything else. I'm involved in my story or my associations. Or another way of saying it is that I'm just involved with my karma. We know that if you're involved in that you're separate from the Spirit you *are* and that's where the pain is - that's where the hurt is.

"So, when you think outside the box, (A) is the mind is not in charge - the Spirit is in charge. (B) is you enter into Trust - into the Knowingness of the Spirit - and into the appropriateness of that, of every action. If we're truly Present inside ourSelves with Spirit, each moment is *new*.

"That many times is the epitome of a lot of Spiritual training to be Present, just to be Present and let go of anything. In those great books by Castaneda, that was the whole training. He was totally debriefed of who and what he thought he was. It took a long, long time until he could go without those artifacts. ... He was being trained in being present."

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"What are some advantages of thinking outside the box? Well, you'll get the Solution. It won't be the same old, same old, same old. It opens Opportunities for different ways of being, different ways of running things, different ways of relating. And that's key. But also what it does inside of us is the most crucial because what it does for us is it gives us permission to know ourSelves as Spirit, to allow that to be and to have That enter into the world through our thoughts, through the mind. And a real good example of That is that I'm giving this Talk. But I didn't sit down before and outline what I'm going to say, etc. and how I'm going to say it. I'm just working (A) with the Spiritual Energies that are present and (B) with the Frequencies of Souls coming here and putting it all together, the information, the material in a way that is palatable and, hopefully, understandable. That you can all comprehend it and there will be Lifting and Growing. My mind is the interface for this, but my mind can't do it."

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"... So thinking outside the box also means that the mind is the servant of Spirit. It doesn't originate anything. It doesn't dominate. It doesn't control. It

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doesn't have a kingdom to rule. It doesn't have an agenda. ..."

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"Thinking outside the box means letting go of limitation of time and space. In the beginning we chant HU, H, U, the First Manifestation of God. That tells us Who we *are*. We're HU-mans. We're HU-mans. We're the First Manifestation of God. We're Manifestations of God.

"Most of the time we don't act like It. Most of the time we don't think like It. Most of the time we don't do anything like It because we're Souls that have forgotten. That's why we're here. It is to get the Opportunity to remember Who we *are*.

"So, practicing thinking outside the box is an Opportunity to remember What you *are*. That you *are* Soul. That you *are* Spirit. There is no thought

attached with It. There's no religious affiliation or anything. There's no reflection. There're no thoughts about God or anything else like that. But if you are a Soul that has been Initiated into the Sound Current, into the Path of Soul Transcendence, you know God *directly*. Otherwise, you know God by reflection down through the levels in the distortions created by the karma, where the karma lies with each Soul. ..."

"When we think inside the box we are subject to limitations. Thinking outside the box is unconditional, it is unlimited and it is God directing the show. But ask yourSelf a real simple question, isn't that the Truth of HU-man existence? Good luck and God Bless any of your individual efforts but will any of them come to fruition – do any of them come to fruition if you have left out God or the Spiritual Frequency or Spirit?"

## Case Study

Thinking Outside the Box is being Present with Spirit; it's letting go of my agenda/conventional wisdom or "thinking"; it's Letting Go, Letting God; it's Co-Creating with Spirit and getting out of the way. Thinking inside the box is how I've lived most of the time up until now – habitually and in love with my habits, patterns and dramas.

What came to me on re-reading the Talk "Thinking Outside the Box" was an experience I had recently that I'm calling "Miracles in L.A." I traveled to Los Angeles to be of Loving Service. Months before I went to L.A., I had Co-Created what I wanted with Spirit like this: "Lord, God, send me Your Light! Lord, God please send me one client who brings forward all the money I need to live on, including expenses and anything else I need. Please bring that forward now for the Highest Good!" I let go of conventional ideas about what I had to do to "make money" – read: struggle; spend years at it; must do something like start a company, etc. The amount needed was many times per month what I had "earned", up until then – I let go of "more money means more work" as well.

When I fell back on inside-thinking – read: limitation, my way – I asked the Lord, God to take the negativity/fear and I told mySelf "It's OK to let it go!" I did have times when I just sat and obsessed and worried – until I "came back" – 100% of the time because I went to the Home Center; took a Class; called in for Open Hour or had a Session with My Teacher. I saw, too, that the habitual pattern – the "worry" – had nothing to do with the person or situation; it is not real.

In the Talk, Our Teacher says that Thinking Outside the Box takes practice. I have had numerous Opportunities – experiences – with the above. I traveled to Los Angeles; I was of Service – and I stayed with my Knowing that "Seek Ye First the Kingdom of Heaven and all else will be added unto you"; in other words, focus on Spirit and everything else is handled. I stayed with my Knowing that I am Supplied by Spirit (not by my client(s), etc.)

For this L.A. Project, I had spent six weeks full-time doing Service. Which, by the way, is what I had asked Spirit to bring forward for me all the time. I had asked the Lord, God, in another key Co-Creation, to Co-Create with me doing Service full-time. I gave It to mySelf in this instance: six weeks of full-time Service. Then, within an hour and a half of asking, the money I needed came in. I didn't do anything to "earn" it; rather I Trusted and Allowed the Miracle that is Spirit.

Or so I "thought". I actually realized in retrospect based on My Teacher's Loving Comments that what I did next was indeed to do it "my way". And how tricky this can be – up until now! I wrote here that I next chose to do "my part" by exercising "financial creativity", which is a lot like the examples of the artist and the writer in the Talk; I let go of attachments to results; I had fun coming up with highly creative offerings for client(s) and, ultimately, chose to just ask one client for all that was needed. I put the situation – that hour and a half time period when I was doing the "financial creativity" and also contacting this one client with one particular fun offering – into the Light Of The Most High for the Highest Good. I chose to stay in Enthusiasm. I put it out (what was needed financially); the client agreed; and the money I needed came in. I only realized afterwards that this one client had been brought forward by the Lord, God and that all of my financial needs for many, many months before this Miraculous Trip to L.A. had been indeed "handled" via this one client. A Gift from the Lord, God/My Teacher. A Real Miracle.

The Miracle is the Miracle of Thinking Outside the Box, which is staying Present with Spirit and Allowing Spirit to bring forth the Solutions! In retrospect, I had run fear – fear that the funds needed wouldn't come in when I wanted them to (versus in perfect timing which is always God's timing) – so I stepped up and "earned it" – "albeit using Co-Creation" as My Teacher noted.

I learned something else from My Teacher's Loving Comments: I learned that staying Present requires effort. So does the "work" I do in the world. I discovered from these Comments that I was "confused" (defined, according to the Teachings Of The Path Of Soul Transcendence, "the fusion of Spirit and matter" (versus being Present)). I had allowed mySelf to "confuse" the effort required to have the above money come in with karma; rather, allowing fear was karma or creating karma but when I do work – be it Service or the "work" I do in the world – my job, according to The Teachings, is to Practice Nintendo. Nintendo is defined as "working my buns off and leaving the results to God". That means I am Neutral, which I wasn't in this example. It doesn't mean not doing the hard work. There is effort that I need to apply starting now to stay Present; from There everything comes. That is the Place of "No Thing" (see Tools For Living Free #131) – not of "no effort" to Be There Consistently.

I had also gone Outside the Box with another Co-Creation – many months before L.A., I had asked the Lord, God to Co-Create with me working one-on-one with Souls. And, yes, as I write this, "work" that is one-on-one has been brought forward month after month, too, this one included. And all via one client.

I also in retrospect see the Miracle – one of many – that was part of this Full-time Service Opportunity brought forward by My Teacher. It was that in the maybe hour and a half or so of working on "business in the world" over that six-week period all was just fine with my clients. Everyone was happy; everyone was satisfied. I remember getting in touch with that Knowing at that time and just going "WOW!" I could never ever, ever work things the way The Lord, God does!

Later on, My Teacher asked me "How would you like to work an hour-and-a-half every month?" I said "yes!"

Boy! Is it Freeing to live Outside the Box! And to take the Learning!

## Step-by-Step

### Here's A Quick Reference List To Use For Daily Practice:

1. Call in the Light Of The Most High by saying, "Lord, God send me Your Light!"
2. Inside yourSelf allow a situation to arise in which you have been "thinking inside the box".
3. Now, allow yourSelf to "think outside the box" – meaning that you are Present with the Spirit you *are*!
4. As often as you need to, ask the Lord, God to take anything that stands between you and the Spirit you *are*!
5. Tell yourSelf "(your name) It's okay to let it go!"
6. Attend Meditations; Classes; Workshops; and Sunday Programs at your nearest Center and/or by teleconference.
7. Call any Center and request Initiation into the Sound Current on the Path Of Soul Transcendence. Fulfill the Purpose of HU-man Life!

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