

Tools For Living Free

NUMBER 165 IN THIS EDUCATIONAL SERIES

Ignorance Of The Law Is No Excuse

Excerpts from the Satsang "Would You Like Another Drop Of Honey?" Given by Dr. Roger B. Lane (MP3 A81)

"And let me preface my remarks by saying - and I'll just speak in the language of the world - that there isn't anything you can do to separate you from God. There's nothing you can do to separate yourself from the Spirit you are because of the Spiritual Reality and the Spiritual Reality is that you and God are One and the Same. Or the Spirit inside of you is One and the Same with you or as you.

"So wherever you are Spirit *is* because the Soul that's in you is Spirit and is One and the Same as God. So there's nothing you can do to separate you from God.

"But I didn't say, 'Hey! you can't live under the illusion of that separation' because that's what Human Beings do, we live under that grand illusion of separation.

"And we're separate from God. We're separate from the Spirit we *are* and we have no Responsibility. We have no Responsibility.

"But we do have the Responsibility, OK. And proof is, go to the nearest cemetery! Look at all the gravestone markers! See if They [ed.'s note: Dr. Lane is referring to the Souls Present with these bodies] got off scot-free not exercising That Responsibility or not Knowing That Responsibility! They didn't. They just came back again and again and again and again and are coming back again and again and again and again and again until They exercise that Responsibility of Knowing themselves as Spirit. OK.

"But, hey! you know, Spirit is real generous and It's very patient and God's Patience consists of letting us reincarnate as long as we want to. Take all the time you want! You want to be Responsible - that's fine in your life as a Soul. You want to play a game?

"Woody Allen is great at (looking at) this; he made a whole bunch of movies similar to 'hey! if I rob a bank am I Responsible? Is there some Spiritual Responsibility I have because I went and I committed this crime or do I get away with it? Where's the morality here? What's up?' You know. And he did a whole bunch of movies.

"And Souls come around and They elevate to that point where they go [ed.'s note: Dr. Lane is referring to the mind in the bodies those Souls are wearing], 'Oh! maybe I do, maybe I don't'. But the proof is the gravestone, see, because what's resting in the grave but the body. Well, wait a second! If only the body is in the grave then Who are we? Well, we ain't the body and we ain't going to the grave.

"You know, I think you have to give God or Spirit some more credit than we give Him. You know that He devised This System that makes sense and that has a lot of sense. And it's not like, 'Oh! we live this life, whoopsie-doodle! We grow old and we die.' OK. And 'there's no rhyme, there's no reason'; and 'there's no

rhyme or reason to the fact that you have these parents'. 'Oh! that's luck!' 'You know, you're born rich - that's luck.' 'You're born poor - that's luck.' 'You're Asian - that's luck.' Pure chance, you know. 'Pacific Islander - that's luck.' You're white; you're black; you're green; it's luck of the draw. And there's no rhyme or reason. And someone is born blind: 'hey! it's unfortunate, it's terrible'. Someone's born with a withered arm or one arm shorter than the other: 'It's just awful'. Some get epilepsy; some don't. Some have 'misfortune'; some don't. And it's all the luck of the draw, you know. And we continue in this myth, 'Oh! it's just blind chance.' You know. Well, what are you doing taking a chance if chance is blind? Doesn't make any sense to me. At least take a chance on chance if chance can see, you know.

"But the Spirit in us can see. And It can see Our Responsibility and what we have to Learn and what we've created. And we can live under the illusion of the separation from Spirit and from our own Responsibility, you know. And it's real interesting: we, as HU-man beings, we love to exercise our humanness with a small 'h'. 'Oh well! there's nothing I can do. It was chance'. Or 'Oh! there's an opportunity to make money in a crooked way; alright I can do that. Yeah, good, I got some money! Good! Nobody's going to know; who's going to know?' You know. 'Hey! I got away with it. Who's going to know?'

"Except when it comes time to leave the body your Soul goes to the place in the Inner Worlds and It's shown what It has created. And It won't be fooled and It's Responsible for all Its creations, you know. And when it says in the Bible that ignorance of the law is no excuse that's entirely correct. Just because you don't know what the law is when you create karma you're Responsible for it. Just because you don't know that Responsibility doesn't mean you're exempt. 'Oh, if we're not exempt and we're One with the Spirit that means we're pretty Powerful'. Yeah.

"Where do we get this Power from? From the Spirit we *are*."

"I often sit here and say 'the world is inside out and backwards' and that means one thing. It means That Which is the Most Valuable, Which is the Spirit we *are* and the Soul that we *are* and our Responsibility to Know That, is the least valued here. And the thing that is the least valuable we value the most. We value fame and money and power, etc."

"I mean we happen to live in a country that doesn't value old people. I guess they're not utilitarian. I guess they can't do many things. I've sure seen people 80 or 90 years old run rings around other people in terms of

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— From the Satsang "Would You Like Another Drop Of Honey?"
Given by Dr. Roger B. Lane
(MP3 A3)

what they can do. But we don't value that and we don't value wisdom. And we don't value perseverance."

"And we all strive, you know. It's like we have this ideal like we should feel happy. Why? Why should you feel happy? Why should you feel fulfilled? Why are you 'shoulding' on yourself? I mean it's kind of cute and kind of nice and nothing 'bad' in quotes is supposed to happen.

"I love that one. 'Something terrible happened. Where's God? I can't believe God did this to me!' It's like we have this puerile image that everything is our version of good and if I fall down and break my nose 'wow! that's a terrible thing!'"

"And we never think 'hey! maybe that's the fulfillment of something that was set into motion a long time ago'. And we never think that 'hey! thank God I broke my nose because I was supposed to break my skull, have my head cracked open and be seriously damaged for the rest of my life; that was my karma and it got mitigated through Grace'. We don't think of That. 'Oh! This terrible thing that happened. Isn't this awful!'"

"And we never want to identify with ourselves as Soul and that we're Responsible and that it's for Learning and for our Growth and for our Upliftment. And we never want to see our part in it but we just want to see that it's been done to us."

"And the trick is to Identify yourself Properly as Spirit and that's why I have a lot of giraffes around here: God Consciousness. Put your Consciousness with God or with Spirit and walk through all that stuff and don't judge it; don't judge it! ..."

"And we're miserable to each other and we're miserable to ourselves because we don't respect the Spirit that we are. And living in ignorance is no excuse.

"And we need to build a foundation of strength inside ourselves.

That's where the foundation is. The foundation is inside ourselves.

"Nothing the world can ever take away, you know."

Case Study

As Dr. Lane says in the Satsang "Would You Like Another Drop Of Honey?", our Responsibility is to Know ourselves as Spirit.

I read the full Transcript of this Satsang. Then I put this Case Study into the Light Of The Most High for the Highest Good by saying, "Lord, God, send me Your Light!" and asking the Lord, God for the Highest Good to write It for me. I heard inwardly, "do the Homework!"

I had chosen away from giving myself the Gift of the Homework for the many Classes/Clinics that My Teacher Teaches and that I had taken through the Center For Religion And Advanced Spiritual Studies.

While I still need to ask to have the karma cleared that I had created and to ask to be Placed on the Forcefield from Which I had removed myself I chose to listen to myself by being Present/Focusing into Spirit by using the Technique Taught to me by My Teacher, Dr. Lane, at the Time Of Initiation.

I then chose to do Self-Talk in order to be in Alignment with the Homework – and to do this Self-talk for each Class/Clinic and the Homework given for Each: the TAR and Eternal Vigilance Clinics; The Money Workbook and Communication Classes.

Through Self-Talk, as My Teacher Teaches in the Everyday Evolution 1 Class, I educate my basic selves - the part of me that brings forward my karmic patterns - to go down a new track. I did this by calling in the Light Of The Most High (see above) and saying inside myself, "basics, come present! I need your cooperation and energy to do the Homework for [fill in name of Class/Clinic] starting now." I did it individually for Each Homework. Shorter is better with Self-Talk, as I've been Taught.

I used the Two-Part Release Technique because fear came up. I called in the Light Of The Most High; then, "For the Highest Good Lord, God, please take [the fear/negativity] from me!"; I told myself "it's OK to let it go!"

I Receive the Gift of Growth and Upliftment only if I choose to line up with the Homework inside myself by doing Self-talk. This Allows the Flow of Spirit.

The Inner Experience was One of fun! I Received

the Homework as Gift! What a Gift! And I was in Joy!

I moved a beautiful wooden giraffe right near me that had been on my desk so I can see it as a reminder to Focus into Spirit.

I moved a quotation - "There is nothing to do but Listen to myself" - that My Teacher had told me to write down and keep where I can see it – from five feet away to right by me.

As an Initiate Of The Sound Current, I Know inwardly that Listening to myself is Listening to the Sound, to the Sound Current. It's being with God *while I'm in the body*. Wow!

I chose to Actively Work the Homework inside myself/to be Present. Whatever "outer stuff" I had allowed to "run me" before I chose to do the Homework I had forgotten about it.

The Joy I felt is the Nectar – the Nectar that Dr. Lane talks about in the Satsang "Would You Like Another Drop Of Honey?" – the Inner Sweetness of God that is All.

I see more clearly now that I'm always at Choice. The Choice I have is to Lift and Grow and come to Know myself, my Purpose here – or to choose into karma. I Know that I am Responsible for my creations and, therefore, the karma I have created/create by choosing away from The Teachings/the Instruction(s), Which are Protection for the Spirit I am.

As I did the Homework, I found a Picture of My Teacher – I consider It the Most Valuable Tool of All – that I had lost; "no accident" as My Teacher told me. I used the Tool.

When I shared my experience of Joy with My Teacher later that day in Open Hour – and that I had given this Gift to myself "during the work day" - My Teacher asked me, "What is your Work?"

"This is," I answered. "Loving God. Living The Teachings."

It came to me, too, that it is no accident that Homework is Home-Work. I Love, God – that's the Focus – and by choosing *each moment* to be Present/in the Soul Body with God I am Home with Him.

Step-by-Step

Here's A Quick Reference For Daily Practice:

1. Call in the Light Of The Most High by saying, "For the Highest Good Lord, God, send me Your Light!"

2. Now, allow a situation or a relationship to come up that, up until now, you have judged.

3. Now, inside yourself, say "For the Highest Good Lord, God, please take these judgments from me!"

4. Tell yourself, "(your name), it's OK to let it go!"

5. Fulfill your Purpose here by requesting Initiation Into the Sound Current On The Path Of Soul Transcendence now by either contacting the New York City Home Center at 212-828-0464; emailing info@spiritcentral.org; or contacting any Regional Center!

6. Gain Spiritual Strength by attending Classes; Meditations; Meditations For Health And Well-Being; and by placing yourself in the Presence of The Teacher/Dr. Lane often!

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Try This ...

"...The Spirit in you does not make a mistake. See, that's crucial! Yeah, it happened. Deal with it Neutrally and as best as you can and get on with your life without the judgement about what happened! You don't know why it's happened. ..."

– From the Satsang "Would You Like Another Drop Of Honey?" Given by Dr. Roger. B. Lane