



# Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies April/May/June 2021

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## **"How Are You Feeling About Your Feelings: Foe? Weapon? Opportunity? Reality? - A Participatory Satsang"**

Our Teacher, Dr. Roger B. Lane, shared in the January Satsang, "I want to talk a little bit about how we feel towards our feelings; what is our inner attitude; how we hold these feelings and why is that important.

"Well, it's very, very important for several reasons. One is that we know that feelings are on the emotional level, on the causal, and that originally what was on the emotional level was just that ... it was the Energy of the Lord, God as It moved through that particular plane. Then, as Souls Who were given the Opportunities to come into bodies, what we did is we started to identify with those feelings and have an inner insistence upon them and that is what caused the karma or separation on that level. ..."

"I see many Spiritual people ... try to do away with their feelings and/or repress them. And we know that those attempts - they're just another form of attachment. That we wind up being stuck with them. ... Good luck trying to not feel anything! Feelings come with the body.

"Another reason why this is really important that I want to give a Satsang about it is we know that, in this History as a Soul, what have we done? But we've identified with our thoughts and with our feelings. We've taken them for real. We've taken them for real and we have proceeded accordingly. ..."

"We need to do the exact opposite of what we have done as a Soul to regain our Freedom which is, we need to go 'in,' as it were, in to the Soul Body and be with God, be with Spirit.

"Our identifying with our thoughts and feelings has caused us to go 'down' and 'out.' So we need to do the opposite, we need to go 'in' and 'up,' as it were. Not directionally, but inside ourSelves and to the Spirit we *are* in our Soul Body. So That's really the Remedy.

"And many of us - we treat our feelings like 'oh! they're terrible'. We have a judgment on

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## **The Teacher's Birthday Satsang And Celebration 2021**

On March 6th many Initiates Of The Sound Current from around the country and Mexico gathered with their Beloved Teacher via video conference for The Teacher's Birthday Satsang and Celebration.

After a Special Meditation Of The Light Of The Most High, Our Teacher, Dr. Roger B. Lane, began The Teacher's Birthday Satsang by saying, "I want to talk a little bit about The Birthday Celebration;

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## **"Are You Current?: A Participatory Satsang"**

Our Teacher, Dr. Roger B. Lane, began Our February Satsang with a question: "I'm going to ask you all a question over and over again. There's no right answer and there's no wrong answer. Whatever comes, comes. The question is real simple: 'Are you Current?' 'Are you Current?' 'Are you Current?' 'Are you Current?' 'Are you Current?' 'Are you Current?' ... 'Are you Current?' Now when you can just bring your Consciousness back here. And you're free to share. ..."

A first Participant said, "... When the first question was asked I immediately heard 'the Sound Current'! And then I sat with That for a few more times; then all of a sudden it felt like I had hopped on a train ... I was pulled onto the Current and I just sat Chanting My Tones." Our Teacher then said, "I think I can now say that you gave the Satsang for me so thank you. ..."

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## **"More On God's Will: A Participatory Satsang"**

Our Teacher, Dr. Roger B. Lane, began the March Satsang by saying, "I want to talk a little bit more on God's Will. It's such a common expression. ... Most of us really don't exactly know What That means. ..."

"But before we do I'm going to ask you a question. I'm going to repeat the question several times. There is no right answer. There is no wrong answer. There's just the answer that comes for you. So, here we go! Let whatever comes, come: 'What is God's Will?' [Pause] 'What is God's Will?' [Pause] 'What is God's Will?' [Pause] 'What is God's Will?' [Pause] 'What is God's Will?' [Pause] 'What is God's Will?' [Pause] Now whoever would like to share, please do."

A first Participant shared: "For us to Love Him." A second said, "... I Accept Him, that I Love Him ... It was about my really Accepting God." A third shared, "What came up for me again and again was Surrender." Our Teacher asked,

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# EVENTS CALENDAR

## Fulfill Your Destiny:

### Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the Priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

### SpiritCentral

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## JOIN US FOR OUR SUNDAY EVENTS!

### SUNDAY PROGRAM

April 11; May 9; June 13

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST

*Tools For Living Free* Reading and Discussion: 12pm EST

April 11: **#165 Ignorance Of The Law Is No Excuse**

May 9: **#12 Taking Responsibility: Tag You're It**

June 13: **#13 Taking Responsibility: Tag You're It (Part II)**

April 25; May 30; June 27

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST

Video/DVD Showing and Discussion: 1pm EST

Apr. 25: **#V2 Forgiveness**

May 30: **#V3 Abundance Consciousness**

June 27: **#V4 The Twin Towers Of Abundance And Gratitude**

### THE TEACHINGS STUDY GROUP

April 11; May 9; June 13 | 3pm EST

Using articles featured in SpiritCentral of Satsangs Given by Dr. Lane

Apr. 11: **"How Are You Feeling About Your Feelings: Foe? Weapon?**

**Opportunity? Reality? - A Participatory Satsang"**

May 9: **"Are You Current?: A Participatory Satsang"**

June 13: **"More On God's Will: A Participatory Satsang"**

Please read articles or watch Video/DVD prior to attending!

For details or to attend via teleconference email info@cosmostree.org. More details also on the Events page included with this Issue of SpiritCentral.

Home Center is currently closed until further notice.

Events are available to non-Initiates at Regional Centers.

Please call your Regional Center for availability.

### NEW YORK

#### Meditation Of The Light Of The Most High

M 7:30pm; W (except 1st Wed. of the month) & Th 6:10pm;

Sun 10:30am Apr. 11; May 9; June 13

Sun 10:30am Apr. 25; May 30; June 27

Special 2-hour Meditation

#### Meditation For Health And Well-Being

East Side (Home Center):

Tues 8:15pm Apr. 20; May 18; June 15

\*Meditations via teleconference

### MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

### CALIFORNIA

**Manhattan Beach area:** Every Wednesday 7pm. Also available via teleconference! Please call 310-913-7212 for details.

### PENNSYLVANIA

**Philadelphia area:** Every Thursday 6:30pm. Please call 917-841-8817 for details.

### TENNESSEE

**Johnson City area:** Every 2<sup>nd</sup> and 4<sup>th</sup> Mon. 7pm. Please call 423-975-6868 for details.

### OUTSIDE THE U.S.

### MEXICO

**Queretaro area:** Please call 347-448-2310 for details.

### OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. A reservation is needed to call in. Visit [cosmostree.org](http://cosmostree.org), click on Offerings then on Open Hour. Reservations can be made up to one week in advance.

**Every Tuesday  
7:30-8pm EST**

**Every Wednesday  
4:30-5pm EST**

*Unless otherwise noted*

### VIDEO/DVD SHOWINGS

The 22-part VIDEO Series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:

### NEW YORK

**New York City:**

Every Thurs. 6:30pm.

Spectrum - Channel 1997

RCN - Channel 84

Verizon (FIOS) - Channel 35

### Brooklyn

Every Sat.- 4:30pm

Cablevision - Channel 68

Spectrum - Channel 35

RCN - Channel 83

Verizon - 43

For those outside New York City, please go to [mnn.org](http://mnn.org) at 6:30pm Eastern, Thursdays, Scroll down to "Spirit Channel" Click on "Watch Now"

### SHOWINGS & DISCUSSIONS

Last Sun. of every month

1-2pm at NYC Center

### Join Us For An Hour Of Spiritual Instruction!

**"Effort' On The Path Of Soul Transcendence: What Can You Afford? -**

**A Participatory Satsang"**

April 7, 2021

6:50pm EST

"Trust:

**What Are You Trusting? -**

**A Participatory Satsang"**

May 5, 2021

6:50pm EST

TBA

June 2, 2021

6:50pm EST

Satsangs

by Dr. Roger B. Lane

### Listen to Our Monthly Podcasts!!!

April 5:

**"What Is 'Twaji'?"  
(MP3 A037)**

May 5:

**"The Inner Truth And Its Implications"  
(MP3 A011)**

June 5:

**"Confusion: How, Why And The 'Solution'"(MP3 A073)**

### SPRING SEMESTER

#### FOCUSING GROUP

Given by Dr. Roger B. Lane

5 weeks Wednesdays, April 21 - May 19 7:45-9:15pm (except 1st Wednesday of the month when Class begins 8:15pm) An unusual Opportunity to bring in area(s)/Project(s) upon which to focus and work them as an Initiate Of The Light Of The Most High. Group Sharing & Learning and a Wonderful way to Learn how to be in the world but not of it.

Payment: \$62 and additional payments of \$31 for Classes 2 - 4 or \$150 for Series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$155 for all others.

### "CONTRACT LAW" CLINIC

Given by Dr. Roger B. Lane

A two-week Clinic depicting the Soul's Learning about Its Responsibility to Honor Agreements. A rare treat!

Payment: \$60 for those enrolled in a Degree Program of the Seminary and \$62 for all others.

Initiates Only. A minimum enrollment of 10 is required. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS. For more information call Registrar, Amy Blank at 708-846-1031 or email [info@spiritcentral.org](mailto:info@spiritcentral.org).

## Continued from page 1 - "How Are You Feeling About Your Feelings: Foe? Weapon? Opportunity? Reality? - A Participatory Satsang"

them, which, in the negative self's brilliance, is a lovely way of keeping it there. As soon as you judge it and judge your feelings, well, guess what? You're locking them in. And not only are you locking them in but then you also have the judgment to deal with. ... If you see it as a foe, as your enemy, then you're going to have to do battle with it and then you're engaged. You're engaged in warfare and that's where you'll be. You'll be in war. Never in Peace.

"So you need to let go of that approach: seeing feelings as your enemy.

"Many of us use feelings as kind of like a weapon. It can go anywhere from 'hey, I'm angry at you' and so I go out with that anger and not only am I angry at you but, because I feel that way toward you, you have to do something about it. But nobody is responsible for another person's feelings. We need to be Responsible for ourSelves, for these feelings.

"Many times with this there is a location problem: you mis-locate the Source of Power. You locate it as outside yourSelf. So, for example, 'Joe Schmoie made me feel this way.' ... Then we have to do something in terms of that person or it can be a situation in order to feel better with ourSelves.

"So we're always outside ourSelves trying to manipulate the person or situation. That ain't gonna work. As soon as we're outside ourSelves we're outside of our Power and we're automatically in karma. So, we need to locate the source of the feeling as within ourSelf. ... And, of course, the power we're giving it is the power within ourSelves. ..."

"Everything we're presented with is for our Growth and Upliftment and for us to be moved beyond it, be moved beyond it. That's the Great Opportunity! That's the Great Opportunity! ... The reason is real simple. It happened because of God's or Spirit's or The Teacher's Love for you. That this whole situation was given to you so you can Lift and Grow and be able to be Free of it. ..."

"So you don't get rid of the karma by letting go of the person or situation, etc., etc. ... It's a Real Opportunity and we get these very often to go in there and deal with it, deal with it, deal with it. It's like laying down a track; it's just easier. Once we choose to ignore it, that track, as it were, gets dug deeper and deeper and deeper and gets more entrenched, more entrenched, more entrenched.

"If we get in there and take advantage of the Opportunity, then guess what? We're starting to lay down a new track, a new way of being and the more we do that we start building up Power and momentum. And the more we do that it becomes easier and easier and easier for us to go down that track and that's really important. Because that's really the game that's being played. 'Okay, you're the traffic cop. What road are you going to go down?' ..."

"If you're taking what comes up for you as oh! just something you have to get past then you're going to go through it because how do you get past anything? You have to go through it. That's a decision to do things karmically. You're going to do things karmically and you completely forestall the action of Grace.

"The Teacher's Job is that you have the Spiritual Strength that you need to be able to, literally, See the Face of God. And you don't get it by giving into fear, giving into worry, doubt; whatever the emotion is, doesn't matter. ... and the other nice thing about doing the work is, you're reaffirming to yourSelf that you're Spirit, that you're Spirit. ..."

"If you're Working with The Teacher this lifetime, why not take advantage of it? What's the point otherwise? What's the point of going to school?"

"And this is a classroom, as it were. We Learn about the Soul, Spirit, God, etc. and how to be in this world as Soul while wearing a body and Learning that we are with God and *are* God even though we seem to be locked into the physical. But we're not locked into the physical and when we identify with our thoughts and our feelings we are locked into that. We're locked into karma and we preclude the Way of Grace and Knowing ourSelves as Spirit, as Soul. ..."

"So we also need to put things in perspective. We need to see, as it were, a bigger picture. A lot of times we're going through a situation and we have a feeling and we think, 'Oh, my God! This will last forever.'

But it doesn't. Feelings come and go. ... But when we insist on them, when we weaponize them we lock into them and we hold them around. When we have a judgment on them what do we do? We've locked them in and then we also have to deal with the judgment besides what we've locked in.

"So we've really created a lot of work for ourSelves. And we know that what can we do? We go in to the Soul Body. These thoughts and feelings they don't go with us to God; they can't even come before us with God. But what we can do is just Allow them to be dumped, to be cleared. ..."

"What we do many times with feelings is, we latch onto feelings that really aren't ours. They tend to be of a collective nature or, if we're Initiated Into The Sound Current, then we're open to the Levels and we also may be working on the causal plane so we get all those feelings that are there. Because that's where they are stored. ..."

"So we can be the inheritor of all that unless we're careful. We really need to sort out what's ours and what isn't. It's very similar to when we're with someone and many times we kind of feel like we picked up a whole bunch of stuff that isn't ours, picked up a whole bunch of feelings that aren't ours and thoughts, etc., etc. It's very similar to that except we're not with someone when that happens but we're picking it up from that particular realm. So it's a whole bunch of collective things within us that we've opened ourSelves to that may not really be ours. So we need to really check that out and see and verify, is it really yours? ..."

"Many times we're have a thought or a feeling that doesn't even come from this time in the body. So you may want to be super careful as far as what are you latching onto? What are you latching onto? ... I'm talking about in your everydayness, as Soul, as Spirit, picking up what's collective but not yours or what comes from a previous incarnation.

"So you have to be really discerning and you have to evaluate. And then you always want to see - what I call an evaluation that was suggested by my much better half - ... 'Do you really want to put your energy into this?' You may want to ask yourSelf that. These feelings - they have no power other than what you give to them. They have no energy other than what you give them. ..."

"When we acknowledge that we *are* Spirit and we go to That and work our feelings from That Point, the Point that we *are* Spirit then we're subtracting from that mass, from that weight, from that momentum and we're taking away power and we're asserting control over it. And we know that 'mankind shall have Dominion over all things' so surely we have Dominion over our feelings. ... We can decide where we're going to focus. ..."

"So what I'd like to do now is call in the Light, have you take a moment and just see how are you holding your feelings? What are your feelings towards your feelings? Do you regard them as an enemy? Do you regard them as something to be tolerated? Do you regard them as an Opportunity? Do you regard them as something that just doesn't feel good? Whatever it is. There's no correct answer here, etc. What's correct is just what's true for you. ..."

"So, 'Lord, God send us Your Light! And we put this time together into Your Light for the Highest Good! How are you holding your feelings inside yourSelf? How do you regard your feelings? [Pause] How are you regarding your feelings? [Pause] How are you regarding your feelings? [Pause] How are you regarding your feelings? [Pause] How are you regarding your feelings? [Pause] And, lastly, how are you regarding your feelings? When you can bring your Consciousness back here!

"I'd like to just suggest something. In God's Economy there's nothing wasted. There's always a Purpose. God has you have those feelings for a Purpose, for a reason. Use them as they were intended, which is to Lift and Grow and help you in the movement toward Knowing yourSelf as Soul, as Spirit!

"We'll stop ..."

Our Teacher Lovingly and Generously answered questions that were asked following the Satsang.

## Continued from page 1 - "Are You Current?: A Participatory Satsang"

A second Participant shared, "... As I kept answering the question it was as if my mind were trying to say, 'No, you're not Present' but the answer kept coming, 'Yes! Yes!' And I thought, this is because I *am* the Sound Current. ... It was very different from what I thought it would be. Very strong. Very certain."

A third Participant shared, "... Initially I was trying to figure out what You meant by the Current and once I gave up trying to figure it out or trying to work it out mentally I was immediately Riding That Sound Current. It was an interesting example of what I do, up until now." Our Beloved Teacher then detailed, "Also, there's something else you might want to look at, others might want to look at: the habit of trying to figure out what is meant so you can give the quote 'right' answer instead of whatever comes up for you is fine. Particularly, that that was the instruction at the beginning. You all get to see that the mental doesn't get you very far. And then the answers are *always* in the Spirit. ..."

A fourth Participant then shared, "The first time You asked the question I had a self-doubt fear, ... 'Am I current? What would I be current with? What would I be behind on? What am I not on point with?' And then immediately I just Surrendered and I knew, I'm just with the Sound Current. And the rest of the questions, I was just with the Sound Current. ... That is a micro of .... Like a knee jerk reaction of fear ... then ... a millisecond later Returning to Proper ID, Returning to the Truth, Returning to Allowing." Our Teacher responded, "Good! Excellent! ..."

A final Participant said, "The first three or four times You asked the question I said, 'Yes! Yes! Yes!' Then I had a thought about a Homework for a Class. Then I went back to, 'Yes! Yes! Yes!' That was it." Our Teacher said, "You understand that your answers were not quite accurate. At least one of them wasn't. ... If you had a thought about something in your past then by definition, you're not Current. ..."

Our Teacher continued, "The reason I titled the Satsang as I did - and those of you who know Me know that I like to play around with words and enjoy them, etc., etc. - but you guys really outsmarted me and picked it right up. I did mean Current, not so much as current events but are you Present right now? Many of us hang out with past hurt, past pains, regrets, etc. ..."

"Some of this, as you age ... you've had a sense of the impending mortality of your body, as it were. And because you're Initiates [Of The Sound Current] you have the smarts to know that's not who we are. That's the housing. So the immortal part is the Soul, the Spirit, What and Who we really *are*. ..."

Referring to a [Student] who had chosen to be "anchored in the past", in the "would have's" and 'could have's', not only that but in false identification", Our Teacher Instructed, "The person wasn't being honest and was completely denying a Reality, Which was 'I did use my life perfectly. I am using it for what it's for. I am an Initiate Of The Sound Current and I am Blessed to be That. And I do do That. That's Where my energy goes. That's Where my focus goes My life couldn't have been any better. I couldn't have used it any better.' But instead this person chose to be anchored in the past ... also in false ID. ..."

"So this person really needs to learn to Love herSelf and let all that stuff go. If she could have, she would have. Period. If it were for the Highest Good that she express that way that's exactly what would have happened so it's really of no import.

"But you can see how this person made herSelf and her life miserable and sour and bitter. That's what we do when we're not Present when we nurture past resentments.

"A lot of us also nurture past hurts. We have an inventory. ... 'what she did to me' and 'this happened 25 years ago' ... but yet you're still hanging on to this. You're out of the Present; you're not Current.

"Also, many of us - we've had strategies in our lives to 'help' us cope. We've had coping strategies and they've worked. But the one thing is that we've carried them forward now and they're not working and not only are they not working but guess what? The situation has changed. So it's not applicable; we don't need to use that. But basics are outside of time and space so they don't know that this situation has changed so we need to update them. ... We have to take Responsibility. So Current also means being updated. We have to keep ourSelves completely updated. ..."

Dr. Lane then shared a story of "just coming out of the ocean, water just up to my knees, this little wave came from behind and knocked me down and almost knocked me out, which it had done to another person. ... I was completely determined not to be the victim of that experience and not to allow fear to enter into the picture ..." Our Teacher chose to go back into the water within a short time.

"The point of this is you can very consciously, very deliberately make a decision to not be governed by fear. To allow no drama to govern. Or, to put it Positively, to acknowledge the Truth of Who you *are*.

"And That is that you have sovereignty over all that. There's sovereignty. We have sovereignty. We have sovereignty. And that's really important.

"And when we're acknowledging ourSelves as the Spirit we *are*, practicing Proper ID, then guess what? We can only be Present because the Spirit That we *are* is in the here and now. The Soul is immediate. The Presence of The Teacher is immediate. ..."

"That's another thing about being Current. You're going to be open to what comes to you. The Learning, the Upliftment, whatever form or the shape it takes. And whatever comes from The Teacher. Many of you just get so defensive as if you're being made wrong.

"And if you're doing that then you're coming from a karmic pattern. Obviously, we all have karma here but it's the choice to come from there or not. Come from there or not. That's what's really, really important. ..."

"Tag, you're It! You *are* the Sound Current. You *are* the Holy Spirit. You *are* Spirit. That's Who you *are*. 'In the beginning was the Word, the Word was with God'. The Word is the Sound Current or the Holy Spirit. And you're created out of His Image. The same Material. You're created out of the Sound Current or out of the Holy Spirit. That's What you *are*. You *are* the Current. You *are* the Current.

"And our bodies are set up like a radio station. We both give and receive and we beam that, as it were. We're electrical. ... the only part of the body that doctors will recognize as electrical is the heart ... but they don't even regard that as the whole picture of the heart but the fascinating thing to me is what carries - in this world - what carries the Sound Current best? But water. You're by water, you'll have a much, much easier time. And by that I mean, basically, flowing water not really stagnant, muddy water. If you're by water it will carry the Sound Current within you. It'll help to really, really move It along. ... and also, isn't it amazing that most of our physical body is composed of water. The best carrier of the Sound Current ..."

"We know that things like hurt and pain and shame and guilt enter into this picture quite often but all that does is divert you from the Sound if you allow that. You can't stop It; you can't pretend It doesn't exist. But as an Initiate Of The Sound Current, you're whole being is that Unification with The Spirit that you *are*, with God. With the Living God. And That is all within you. It's within every Soul. The Sound Current sits within every Soul. The difference for an Initiated Soul is that It is stirred awake ..."

"So we are electrical in nature. We are made of the Sound Current. What is God but isn't God the Great Oscillation? Oscillates within us, Oscillates within us, Oscillates within us, and the universe and beyond - the Unipolar Reality - pulsates, pulsates, pulsates, pulsates - this Grand Oscillation. And That's What's going on inside of us.

"We just need to Allow our Awareness to be There and to go There. Everything we Choose into in this life needs to in Attunement with That. With That. With the Divine Oscillation within us. And we are That Which Flows through us. We *are* the Sound Current. We *are* the Corriente de Sonido. We *are* the Sound Current. The body is completely set up to be That Which It *is*: The Sound Current. ..."

"Let's just acknowledge the very simple fact that we *are* the Sound Current! It's our job, our Sacred task, as it were, and our Sacred Joy to acknowledge That. Just like when we want to make sure a river flows and it flows smoothly so we remove the rocks, we remove any obstacles that impede the Flow. Within our own Consciousness that's what we do.

"And we know that the Flow of Spirit is from Soul through the High Self then through the basics, through the Conscious Self. So we know that having judgments - it's going to block the Flow. Nursing hurts - it's going to block the Flow. Fear - it's going to stop It immediately. Shame and guilt - not going to allow us to utilize any of the energy that comes forth for the Conscious Self.

"So our job is just to keep the river flowing (within us). The River of Life Flowing. And what are the Waters of Life but the Sound Current. That's our job. The Waters of Life. Nurturing It. Drinking from It. And Being It.

"And taking care of everything that the Creator gives us in our lives from the Place of being a Loving, Divine Gardener. And we water with the Waters of Life.

"And it's really that simple.

"And we'll stop with that."

## Continued from page 1 - "More On God's Will: A Participatory Satsang"

"Surrender to what?" to which the Participant said, "it was Surrender my agenda." "Good idea!" Our Teacher Instructed.

A fourth Participant said, "I got 'Allow mySelf to be Lifted' ..." Another shared, "For us to come Home to Him." A sixth shared, "To Know Him and Love Him." Then a Participant shared, "To Trust. ..." A final shared, "To Co-Create with God ..."

Our Teacher continued: "So we have lots of definitions of God's Will: Accepting Him; Loving Him; Surrendering; Allowing Him to Lift us; Trusting; Coming to Know Him and Love Him, etc. ..."

"I'd like to take a look at God's Will, really, from the standpoint of how It plays into and with and as the whole framework of human history, Consciousness, etc. ..."

"Many, many years ago there was a Satsang on what's the most prevalent emotion on the planet. And it happens to be anger. Anger. And why is everyone so angry underneath their everyday sort of reality? ... Yeah ... They may be angry at their neighbor; they may be angry at their spouse; they may be angry at a whole bunch of things. But there's a deeper anger. And that anger is a misperception of our being on this planet. So that we feel like we've been kicked out. God has kicked us out of the garden. And we're here, we're exiled, we've been expelled and so we're angry.

"That's not Who and What we are. We haven't been expelled; we haven't been kicked out. What we've done is we've kicked God out and because of the way things work in Consciousness it's inside out and backwards. ... We're unconscious that we've done that. ... So we have all that anger operating and here's this Reality called God. How are you going to Love God when you're angry at Him? ..."

"So that leads us to the simple fact that that whole set up and system is an illusion. We haven't been kicked out. So what's under that? What's under the anger but that Love? So underneath it is Love. ..."

"Walking this Path ... we're really Lovers of God. ... we're here to Know and to Love God. We're Lovers of God. But also God lives within us as us. So God must be a Lover, too, then, huh? God's the Lover of Himself and His Creation and all that He's Created.

"We Know that we're created in God's Image. We're Souls, we're Spirit. 'In the beginning was the Word and the Word was with God'. So that we're Soul, we're Spirit. We're of the Same Material, Which is the Sound Current or the Holy Spirit, as God is. God's known as the Great OverSoul. We're a Soul. We're a drop in the ocean. But a drop in the ocean has all the qualities and chemistry of the rest of the ocean. So that leads us to a very Simple Truth. And another word, another phrase for God's Will is Love.

"But let's take a look at God's Will! It has certain qualities to It. It's Our Nature. Within us is the Soul. In the Soul there resides great, great Joy. And the Joy is in the Love and the Love is in the Joy. ... God's Will is Eternal. It's forever. It's Everlasting. And the Teachings Teach us that we're Worthy of It. We're Worthy of God's Love. ..."

"Another quality of God's Will is Trust. And to Trust and Know and Live in that Love. Not sometimes when things are going quote 'good' but all the time. All the time.

"Then there's something else about God's Will or Love. It's the very Essence of activity and strength and momentum. It's put everything in motion. Underneath and through and above and around and in everything is Love. God created all of Creation and by that I don't just mean this world or I don't just mean this universe but I mean all that He has created, all the Levels, all the Frequencies, all the Planes - They're all created out of Love from Love, etc. So That's the very Nature and Essence of the world, of you, of the universe, of life. Love. God is Love. ..."

"We are Initiates. We're Walking This Path [Of Soul Transcendence] as Taught, as Instructed ... But also, we need to Apply It in our everyday lives. Not just when things are going 'good' but when things are going 'bad' in quotes. When things don't seem to be working out; when fear comes upon you; when hurt comes upon you; when anger comes upon you; you need to constantly move into the Love. ..."

"You're angry at someone, etc., etc.? Move inside yourSelf into the Love That's really there for that Being and It's really the Love in you. And I'm sure in relationships you've discovered that 'hey! this person really is really, really today completely in loving me and I have no clue why this person is loving me any more than the other day. I didn't do anything', etc. Because it's the love in that person - not dependent upon anything - that feels, has permission to, as it were, to express, come out and participate in life.

"So there's Love and there's Loving. Loving: It's a very active principle. The Cosmic Glue, as it were. God's Will. It's all Love. God holds this world together. ..."

"So we know that God's Will for us is also to Love one another. For the simple fact is that there is no other; it only seems that way. But that 'other' is the same Spirit that we *are* and is, in fact, us. So we're Loving ourSelves. And if God is within you then you're Loving that Love and that's it. So you're It and you *are* that Love! And That's the Essence of God's Will.

"Yeah, He wants us to Love each other; care for each other; take care of each other and Love Him; Love His Creation, etc. But also the recognition that Love not only imbues all things ... but It is, in fact, the very Essence of It, of anything and everything. ... It solidifies the world, all of Creation. It holds all of Creation together. It moves all of Creation together. It Created all of Creation, etc. That's all there is. ..."

"Once the Soul has tasted the Sound Current, that's it! It thirsts for It. It longs for It. Nothing else satisfies It. So the Soul keeps on doing, doing and doing whatever It needs to bring greater clarity, clarity, clarity so It can have more and more of What It is, Which is the Sound Current, etc. And the etc. is, It's also God's Love. It's also God. It really does This to give Itself more of Itself. And That's the Nature of Reality.

"And if you notice, God's Will - It has a power behind It. It has a momentum behind It. It has a force with It. It's not just sitting there stagnant. ... But it has a lot, a lot of Movement. What is the Movement but for Completion? The Movement is always for Completion. ..."

"It's all Love. It's all caring. It's all sharing but It has this Quality of Power, of Movement. And we nurture and we care for It by Devotion; by following The Teacher's Instructions; by respecting ourSelves as Spirit; by respecting The Teachings; by respecting The Teacher; by respecting the Spirit that lives within us as us. There's no 'outer'; there's no 'inner'. There's just Love.

"And The Teachings Teach us that we're here to Know Love and we do This by Loving God and then in our Progression we come to realize that 'Wait a second! We exist as Soul and then there's God. But hold on! They're One and the Same. There ain't no Love "between" them because there's no "between". Ah, there's just the Love'. That's right! There's just the Love!

"In a Soul's Spiritual Progression What happens eventually is that the individual identity of the Soul vanishes and It becomes merged with that of the Great OverSoul - All Love.

"God's Will is for us to Know That; live That; share It. And remember It's Our Nature; this Love is Our Nature; It's forever; It's Everlasting; It's Eternal; we are Worthy of It regardless of what we think. God wouldn't put something in the system that we're not Worthy of having. And we need to Know That and enter into a Trust with That. ..."

"And isn't it interesting that the virus has come onto this planet really ushering in a new Frequency that hasn't been here before. And It's the Frequency of this Divine Love. Calling all of us into That. There's a real speeding up of That. Of Souls moving into That, coming into That and now This is available to all.

"In conclusion, I want to Lovingly share with you two things. One is you have a Code of Honor, as it were, to Honor yourSelf as Soul, as Spirit and to Honor God's Will, Which is Love. You have many Tools to constantly return to That inside yourSelf. And the other thing, also, is Compassion: That all Souls, whether they know It or not, are Loved.

"Souls do what they do because they don't know This. And we need to have Compassion and Understanding for that and also help and share and Love one another because (when) you Love one another, you're Loving yourSelf; you're Loving the Christ in you; you're Loving God That's in you; and you're Loving yourSelf. ..."

"And That's God's Will for us: that we Love one another. ... And we Know that Loving one another is Loving ourSelves, Loving the Spirit in everyone That's the same Spirit in each of us. When we Love someone else, we're Loving ourSelves, we're Loving God. It's all One and the Same.

"And we can let go of this tendency to Love, God but not His Creation. Or Love His Creation but not the Creator. It's all One in this wonderful, marvelous matrix of Love. Separated by nothing. Divided by nothing. But completely Itself as Love.

"We'll stop with that."

A Spirited question-and-answer session followed.

why we celebrate It and, really, What the Celebration is. It may not be much new in the way of information - the Frequency with It may be different - but I'd also like you to listen with new ears.

"And What we're celebrating is the Birth in the sense of the Awakening and the Awareness of God's Presence in this world. God's Loving us so much that He puts on a body and is with us.

"And that the whole Positive Polarity is here and runs through the worlds into the physical. And we know that the negative worlds are negative in the sense of a battery charge. Not negative equals 'bad' or anything else like that but they're negative like a battery charge in that this world is the most negatively charged of all the lower realms.

"And yet it is here that the Soul is given the Opportunity That It doesn't have on any of the other realms of the negative worlds. And That is the Opportunity to come to Know Itself as Soul, as Spirit and to be a Lover of God and go to Completion. ..."

"Here is the most negatively charged level in this whole system and it has the greatest Opportunity. And we Celebrate This Opportunity and we Celebrate the Love That is behind This Opportunity. That God has taken on a body and gives us This Opportunity. Another way of saying the same thing is that we Live in the Oneness of the Holy Spirit. So that God extends Himself through all His Creation to here. So That means that God's Love permeates everything but, in addition, if you want to take a real closer look at, you'll see that It's not permeating anything. It *is* It. God's Love is It. And That's the Forcefield. We're in this Oneness. And we need to Learn to live in That Oneness. ..."

"What It is is the Simple Truth. And guess what not living in the Oneness is called? Karma. And that's what we've done as a Soul. We've forgotten that we *are* Spirit and so we come here. We're given this Opportunity to Remember Who and What we *are*. And to Know that this earth - It's a Sacred Opportunity.

"We're going to be doing the Washing of the Feet. ... We Wash the Feet and we're Spiritualizing, as it were, Our Journey here because the feet come in contact with the earth. When we Wash the Feet we're here to remember that being here is a Spiritual Journey. We're housed in the body, having the experience of being Spirit and we're given That Opportunity.

"Through the Gift Of Initiation you Awaken and Awaken and Awaken to the Truth. And you retrace your steps, as it were, back on Home to Where it all began. 'In the beginning was the Word, the Word was with God'. In the beginning was the Word, was the Sound Current, was the Spirit. You are made out of the Sound Current, out of the Spirit, the same Holy Spirit That God is.

"And in eastern cultures you'll see devotees - they kiss the feet of the Guru. It is a gesture of obedience, submission, surrender but there's also something else. And that is that - anthropomorphizing God - God's feet, as it were, they're at the third eye. They're at the level of that. ... If we go to the Upper Part Of The Third Eye, that's the entry point, the feet, as it were, the beginning, as it were, of Your Journey as a Soul and the beginning of you, as it were, as a Soul. It sits There all the way on 'up', as it were.

"And we enter the Soul Body through Here [ed.'s note: Dr. Lane points to the Upper Part Of The Third Eye] and we live from the Spirit, live from the Spirit so that there's an Active Attunement as Spirit. But also we're on this planet in Remembrance of It and That's the Celebration.

"We Celebrate ourSelves as Spirit, as Soul. And That's Where the Joy is. It's Everlasting; we're completely Worthy of It; we need to Trust our Knowing of That. And guess what? It's yours.

And the Celebration of The Teacher's Birthday is the Recognition of That and the Recognition and the Gratitude that we are given that Opportunity to Remember and live in What and Who we really *are*. ..."

"It's no accident this is the age of computers and mass media, social media and everyone is trying to quote 'connect'. ... If we Remember then we're not 'connected'. We're in the Oneness. We're all One. And then if you look at it magnified, as it were, Those are Souls. Take that into Spirit, as it were: you're all One with Them in Spirit, as Spirit; you're One and the Same as the Lord, God. Then you're One and the Same with God. There is nothing to 'connect' to, as it were. You live and are in That Oneness.

"And at the Time Of Initiation you are given the Tones of God, the Names of God that are Spiritually Charged. They're charged Spiritually for you. And it's like, 'okay! now you're plugged into the Divine Source.' That's it! The Power runs through. You've got the Power! ..."

"But let's do what This Path Teaches us, which is, yeah, we'll follow The Teachings and we'll follow The Teacher but guess what? The Teacher is just here reminding us, 'Hey! tag, you're it! That's in you, folks! It's in you!' ..."

"But the Liberty is in What? Being Free. Doing your Spiritual Progression to move and Allow yourSelf to be moved well beyond what passes for Liberty in this world. But Liberty from karma and reincarnation, from the cycle of death and birth. But that's not the Focus ... yeah, that's a byproduct. ..."

"We're Disciples. We're Lovers of God. And, you know, in academic circles if you have an academic field, a frame of interest, etc., it's called a discipline so your Discipline is the Spirit you *are*. God. Your Discipline also is as a follower, as a Disciple of The Christ. And you're given these Tools so that you can Discipline in the sense of Lovingly Discipline yourSelf when you forget. And these Tools help you Remember.

"And so we Celebrate all This. All we've been given. The Love that's behind all what we've been given and the fact that God Loves us so much He's with us and not only with us but He gives us as many Opportunities as we need plus a Direct Pathway to Know Him and to Love Him and to go to Completion here. To Return Home.

"And That's the Joy and that's the beauty!

"And That's the Celebration and That's What we Celebrate on The Teacher's Birthday.

"And I'll stop with that."

The Birthday Satsang was followed by the Sacred Process of the Washing of the Feet and the sharing by Initiates of Their Sacred Experiences.

Afterwards, Our Teacher was presented with the annual Group Gift, a Donation from Our Teacher's Initiates to the Center For Religion And Advanced Spiritual Studies to go towards Scholarships; the General Fund and Our Teacher's Travel Mission and some personal gifts.

The Celebration continued with sugar-free treats that each of us brought to the video-conferenced Event; and a special time designated by Our BeLoved Teacher for us to visit with each another.

The Sacred Event was Lifting and Joy-filled for all!