



SpiritCentral

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies **January/February/March 2020**

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“What Time Is It?: A Participatory Satsang”

Dr. Lane began Our Teacher’s October Satsang by saying, “Let’s start by doing a Process! So, I’m going to call in the Light - the Light Of The Most High - because That’s What we work with. So, ‘Lord, God, send us Your Light! And we put this time together into Your Light for the Highest Good!’ And I’m just going to ask a question. There’s no right answer. There’s no wrong answer. But whatever comes, comes. And I’m going to ask the same question a few times. So here we go! You may want to get quiet and see what comes. ‘What Time Is It?’ [Pause] ‘What Time Is It?’ [Pause] ‘What Time Is It?’ [Pause] ‘What Time Is It?’ [Pause] And ‘What Time Is It?’ [Pause] Now, when you can, bring your consciousness back here.

Dr. Lane invited those in attendance to share “what came for them in response to the question.” Sharing included “Time to Let Go”; “Time for God”; “Time to be Present”; “Now”; “Love”; “Time to Love God”; “Time to let go of old patterns and fear.”

Our Teacher further Instructed: “I’m going to talk about something that doesn’t exist, which is time. Spiritually, time does not exist. There’s no such thing as time and space. ... But you can see from your responses that there’s a

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For The New Year A Great Gift For YourSelves, Family And Friends!

A Baker’s Dozen: Tools For Daily Living

Dr. Lane’s Latest Book!

Learn To Live Your Life From A Spiritual Perspective!

In English and Now Spanish!

Both On Amazon in Paperback!

And in the cosmostree.org store!

English E-Book On Amazon

GO THERE!

“The Blessing Of Being In The Material World: A Participatory Satsang”

Dr Lane began Our Teacher’s December Satsang by saying “I want to talk a little bit about the marvelous Opportunity and Blessing it is to be here in the material world. By ‘material world’ I mean the physical world on this planet.

“When you take a look at religions ... they put an incredible focus on endurance: let’s endure this and we’ll get to a better place! You know, it’s common when people leave the body ‘oh, you

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“What Is The Situation: Victim? Tune Out? Opportunity? - A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane, began the November Satsang by saying, “I want to talk about some situations Initiates have brought forth to me ... I really want to take it as an Opportunity for us all, as Initiates, to work it as we know. ...”

“One situation an Initiate brought to me ... there was an agreement to participate in an information fair. This information fair was going to be in August. A few months previous to that this person had moved and all the booklets and brochures and everything were bundled up ... The date for the information fair came around and this person said, ‘Well, it’s in the boxes. I haven’t unpacked yet. They’re still there. I’ll get around to it ...’ Well, what about that situation? ...”

“I want to talk about this because what really struck me is, what’s the game here that this person was playing? ... And the game is ‘oh, poor pathetic [me]! Look, you know, it’s in the boxes. There’s like nothing I can do.’ But ... what about the promise you made to someone else? ... Why are you disrespecting all the people who could benefit by seeing the information ...? Ultimately, why are you disrespecting yourSelf? ... I want to ... bring it up because this is what so many of us do until we don’t do it anymore.

“That it is part of what makes the world go around and keep having Souls come here. That is

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2019 Holiday Satsang & Celebration

Our annual Holiday Satsang and Celebration began with a festive gathering at the New York Home Center attended by many Initiates Of The Sound Current On The Path Of Soul Transcendence, followed by a Meditation Of The Light Of The Most High.

After the Meditation, we were joined via teleconference by yet more Initiates from around the country and outside of it after which Our Teacher began Our Teacher’s Sacred Holiday Satsang by saying, “So I want to talk a little bit about the meaning of the holidays and I’m going to give you a little background but I also want to encourage you to listen to the Satsangs of the last couple of Holiday Satsangs so you start to understand more about the Christ; What Hu-man life is all about and What we’re really Celebrating.

“So the Christ was born in a manger where the animals are so that has a lot do with the Progression from our animal nature - ... our basic self - and Learning to be conscious, Learning to

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Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

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JOIN US FOR OUR SUNDAY EVENTS!

SUNDAY PROGRAM

Jan. 12; Feb. 9; Mar. 8

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST

Tools For Living Free Reading and Discussion: 12pm EST

Jan. 12: **#77 Are You Giving Yourself The Best?**

Feb. 9: **#150 Individual Responsibility With And In A Group Focus**
Mar. 8: **#128 Soul Level Consciousness: Now Is The Time, Here Is The Place**

Jan. 26; Feb. 23; Mar. 29

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST

Video/DVD Showing and Discussion: 1pm EST
January 26: **#V9 How To Sacrifice "The Sacrifice"**
February 23: **#V10 The Ego's Revenge: False Pride**
March 29: **#V11 The Only Real Question**

THE TEACHINGS STUDY GROUP

Jan. 12; Feb. 9; Mar. 8 | 3pm EST

Using articles featured in SpiritCentral of Satsangs Given by Dr. Lane

Jan. 12: **"What Time Is It?: A Participatory Satsang"**

Feb. 9: **"What Is The Situation: Victim? Tune Out? Opportunity? - A Participatory Satsang"**

Mar. 8: **"The Blessing Of Being In The Material World: A Participatory Satsang"**

Please read articles or watch Video/DVD prior to attending!
For details or to attend via teleconference email info@cosmostree.org.
More details also on the Events page included with this Issue of SpiritCentral.

NEW YORK

Meditation Of The Light Of The Most High

M 7:30pm; **W** (except 1st Wed. of the month) & **Th** 6:10pm;

Sun 10:30am Jan. 12; Feb. 9; Mar. 8

Sun 10:30am Jan 26; Feb. 23; Mar. 29:

Special 2-hour Meditation

Meditation For Health And Well-Being

East Side (Home Center):

Tues 8:15pm Jan. 21; Feb. 18; Mar. 17

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area: Every Wednesday 7pm. Also available via teleconference! Please call 310-913-7212 for details.

PENNSYLVANIA

Philadelphia area: Every Thursday 6:30pm. Please call 917-841-8817 for details.

TENNESSEE

Johnson City area: Every 2nd and 4th Mon. 7pm. Please call 423-975-6868 for details.

OUTSIDE THE U.S.

MEXICO

Queretaro area: Please call 347-448-2310 for details.

OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number.

Every Tuesday -- 7:30-8pm EST

Every Wednesday -- 4:30-5pm EST

Unless otherwise noted

VIDEO/DVD SHOWINGS

The 22-part VIDEO Series

"Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:

NEW YORK

New York City:

Every Thurs. 6:30pm.

Spectrum - Channel 1997

RCN - Channel 84

Verizon (FIOS) - Channel 35

Brooklyn

Every Sat. - 4:30pm

Cablevision - Channel 68

Spectrum - Channel 35

RCN - Channel 83

Verizon - 43

For those outside New York

City, please go to mnn.org at

6:30pm Eastern, Thursdays,

Scroll down to "Spirit Channel"

Click on "Watch Now"

SHOWINGS & DISCUSSIONS

Last Sun. of every month

1-2pm at NYC Center

Join Us For An Hour Of Spiritual Instruction!

"Co-Creation For The New Year: A Participatory Satsang"
January 1, 2020
6:50pm EST

"Who's Your Walking Partner?: A Participatory Satsang"
February 5, 2020
6:50pm EST

TBA
March 4, 2019
6:50pm EST

Satsangs
by Dr. Roger B. Lane

Listen to Our Monthly Podcasts!!!

cosmostree.org
spiritcentral.org

Jan. 5:

"What Are You Worrying About?" (MP3 A060)

Feb. 5:

"Excuse Me! What Did You Say Your Excuse Was?" (MP3 A065)

Mar. 5:

"The Uniate Nature Of Reality" (MP3 A064)

WINTER SEMESTER

WEIGHT LOSS CLASS

beginning Wednesday, January 15 for 8 weeks
from 7:45 - 9:15 PM EST;

first Wed. in February & March starts at 8:15pm

Facilitated by Rev. Melissa Sones, under Direct Supervision of Roger B. Lane, Ph.D., Founder & Director

Learn to let go of negativity/your attachments; Focus into the Spirit you are; Trust, Allow, Receive; Love yourself; Stay Present!

Payment: \$62 and additional payments of \$31 for classes 2-7 or \$240 for series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$245 for all others. Open to all.

TAR (Trust, Allow, Receive) CLINIC

beginning Wednesday, March 11 for 3 weeks from 7:45 - 9:15 PM EST

Taught by Dr. Roger B. Lane

Learn to Trust that you are Supplied; to Allow Spirit to work in your life; to Receive God's Abundance and greater Joy!

Payment: \$90/\$92. Open to all.

All payments are nonrefundable and nontransferable. Please make checks payable to CRASS, 229 East 85 St. - #1347 New York, NY 10028. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

nice superimposition of Spirit onto this world, onto 'time'.

"And It's also telling you how to use the Time that God gives you. How do you use the Time that God gives you? Well, to be Clear, to keep releasing stuff, to be Present, to Practice the Presence of God because That's What you're doing here, Practicing the Presence of God. ..."

"What happens when we take this Time, as it were, and we condition It? ... if you caught the interaction with the introduction - that was a wonderful example of something being conditioned. There was a qualifier to it, 'Book is powerful for this season.' It gets conditioned. [ed.'s note: Dr. Lane is referring to the introduction that was given before the Talk where the host said that Dr. Lane's Book is 'powerful for this season'.]

"... Think of a tank of water! And think of karma, the karma sitting upon it. We know that karma exists in the inner worlds of Spirit [ed.'s note: Dr. Lane is referring to the realms or levels below the Soul Realm] in matter where there's a lot of density, where matter is dense. You see the karma sitting on this tank of water and it compresses it and puts the pressure down, the pressure, the pressure on the water, on the tank, guess what happens? The tank bursts and the water goes out, out, out, out, out like this. So we're kind of going from the vertical to the horizontal. The horizontal, of course, has to do with time and space, living in that illusion.

"And the Demonstration of the Crucifixion was What? We crucify ourSelves when we identify with ourSelves in the world of time and space. We need to Understand that we're in the Resurrection Process of identifying ourSelves properly as Soul, as Spirit.

"What happens when we condition Time? Let me give you a very concrete example! I made a commitment that on September 15th I will have an open house for all my friends. That's the objective reality. September 15th comes around and I don't do it. But you see I have a wonderful excuse. I've just moved and all the plates and everything I need - they're still packed away. The refrigerator I've ordered hasn't come. And on top of it, I won't have enough ice cubes to have this open house.

"So guess what's happened? I'm stuck with the open house that never was. Inside mySelf I've made this commitment. I didn't fulfill it. I used something in the world. I conditioned it. I can't do it because of all these reasons. Alright.

"So guess what I've done? See, I've taken this pure gift that I wanted to give - open house, have the love flow, etc., etc. - and I squashed it. I put the weight of karma on it and it spilled out into the horizontal plane, into time and space, into karma. And I'm stuck with that. I made a commitment and I haven't kept it.

"I deliberately chose a very mundane thing but this is kind of what we do all the time until we don't do it. 'Hey! I'm going to drop my pattern of being angry. Oh, but wait a second! Wait a second! Who does that to someone else? And wouldn't any person feel angry? Oh, of course, that's a normal response. Good, I'll keep it!' 'Hey! I can be with God now. Yeah, but you know what? I'm feeling kind of down and depressed. ... Nah, I'll wait 'til I feel better'. What have we done? We've conditioned it. ... We've bought into the illusion of time and space. ... Time is just a series of Now! Now! Now! Now! But as soon as you condition that 'Now!' - 'I can't be with God Now' - then you've dropped into karma.

"So, really, what's being said is, at *each and every moment* we can drop the conditioning. We can drop that and be with God. We can be Born Anew every second, every second, every second. So, if there's no time and space then guess what? There's no history. There's no history! ..."

"Otherwise, what are we doing? When we condition things we make ourSelves a victim, a victim of circumstance. But we have control over circumstance. We're not a victim of circumstance. ... I was once stuck with my better half at an airport for ... a good five-

and-a-half hours. ... And I think of those five-and-a-half hours quite often because ... what a nice Opportunity to stay Present!

"So, we're in total control of our reaction to what's happened, our response. We may not be able to control the outer. I couldn't control the five-and-a-half hour delay but I sure could control my inner response to it. So, we're in charge and the 'time' was the Time To Be With God. ... Stuck in a line waiting for something to happen, to get to the teller or get here, get there, whatever? Use it Being With God! Chant Your Tones! Pray! Send the Light [Of The Most High] to everybody involved, whatever it is! The thing is, the Time is Now so we don't need to condition anything in our lives. We don't need to condition our going to the Spirit, Trusting our Knowing ..."

"God's Time will make Itself known one way or another. ... God's Time is immediate and It's Now! The Time you have, the Purpose you have, is to Be With Him. It's Now! It's Now! It's Now! ..."

"When we condition God we go ... into time and space or out into the world, into the world. And in our life as a Soul - body after body after body after body - what have we done but we've confused ourSelves in the world of form. We've identified with our thoughts. We've identified with our feelings. We've played in the karmic fields and identified with them. But isn't that what we do when we condition our reality? So that example I gave of being angry - you've taken it for real.

"But The Teachings Teach us one important thing in terms of a wonderful test to see the Reality of something and That is, 'can we take it before God?' So can you take that emotion before God? ... Your anger ain't going to go before God. Matter of fact, it's going to prevent you from going before God because any attachment, any attachment, springs you back into the lower worlds, into the physical. And you don't get to go with God. You don't get to go with God that time. ..."

"So that makes us very, very Responsible. But if we use Time ... properly then It's just a nanosecond Now! Bingo! Be with God! Be with God! Be With God! Be With God! And That's It! And there's no conditioning that happens or anything else. ... you can choose other than the karma. ... Just like you can choose other than being angry; you can choose other than your thoughts. ..."

"So What Time is It? Time To Be With God. What Time is It? Time To Live in Abundance Consciousness. Abundance Consciousness is Your Consciousness with God. What Time is It? Time To Be The Christed Consciousness That was placed *within* you, *within* the Soul: your will and God's Will *are* One and the Same. What's God's Will? That you be with Him. 'Oh, so then you need to exercise *each moment* in 'time' to do That?' Yeah, that's right. Then your will and God's Will are One and the Same. That's the Christed Consciousness!

"God's given us Free Will so we're free to use The Time He's given us however we wish to but my Loving Suggestion is to practice your will and God's Will being One and the Same. Practice What you got *inside* yourSelf!

"Just want to conclude by saying something. ... from what I've seen a lot of the conditioning of Our Being With God ... is we're simply afraid and we're afraid to be Awestruck. For many, many years practically every day I would just cry because I would be Awestruck by the Magnificence of this Thing called God, the Beauty of It, etc., so I caution you all.

"EnJoy being Awestruck and God's Being Awesome and Your Being Awesome! ..."

"We'll stop with that."

Dr Lane Lovingly answered questions asked by some of those in attendance.

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that the person made herSelf powerless and made the situation more important. ... But what about your own Integrity? So what, you made a Commitment? Where's your Integrity with that Commitment? Where's your honor, etc.? But that's what we do. We make ourSelves helpless with all sorts of situations.

"Now if you take the same situation. 'OK, promise was made, have these booklets and pamphlets at the informational fair. Hey! yeah, I moved a couple of months ago and it's in boxes. OK, well, what a nice Opportunity to start organizing all the boxes or at least some of the boxes that we moved with, etc.' What a nice Opportunity! ... Then I can go and help people and I'm fulfilling My Responsibility. And also, why would I want to walk around knowing that I'm a liar? That's the classical and clinical definition of passive - aggressive. There's a lot of hostility there. And you're the victim of the situation.

"We, as people, play the game of being helpless and that the situation is bigger than we are. But The Teachings Teach us that we're not our situation and The Teachings also Teach us about Giraffe Consciousness and to use everything to Lift and Grow. So we can turn around the same outer circumstance - pamphlets and booklets are in the box - and use it to Uplift.

"Or let's just say a bank account isn't too swollen! Let's just say it's not doing too well. We can take one or two approaches. We can feel like the victim. ... Or turn it around and go, 'Oh, what a nice Opportunity. I can use it to learn some skills that I may need. I can use it to fulfill mySelf vocationally and I can even use to see exactly what I'd like to do and how I'd want to work it.' That gives you Power over the circumstance instead of being a victim of circumstance. It's the same situation. It's the same situation.

"If I get stuck in a line and it's going to take a half hour to get to the counter, well, I get two Opportunities ... One Opportunity is to go down the road of negativity... or I can use It to Chant My Tones [ed.'s note: Dr. Lane is referring to the Spiritually Charged Names of God Given at The Time Of Initiation] and I'll just be Centered inside mySelf and what a nice break during the day to get thirty minutes to Chant My Tones! Same outer circumstance but it's our response to it. ..."

"As long as we're playing the victim or just tune out we never get to the real situation. We never get to the real situation of what's really going on with us, which is that we were afraid of our spouse's response to going to the informational fair. ... You never get to deal with it. And you're, a) stuck with the outer commitment that you made for the informational fair. And then you're b) stuck with living in fear of your spouse's response. It's hard for me not to laugh because look at that. The person is busy playing victim, busy playing how powerless he or she is. And look at the power! They created all that karma. That's pretty powerful! We're powerful whether or not we know it. We're powerful whether or not we like it. We have to own up to that Power.

"And what does that Power consist of? We have the Power to be in Integrity. We have the Power to create our environment. We have the Power to choose. God's given us Free Will. God's given us Free Will. So we can go down one road of negativity or we can go down the other road ..."

"Take some situations where you seemingly have no power over changing the situation! An example ... stuck in an airport for five hours ... and there were about twenty-five, thirty flights that were stuck then. All of them were cancelled because they had timed out. Meaning, there's a legal requirement for a maximum time that a crew is permitted to work, etc. ... So all these flights were cancelled. ... I couldn't change the situation but I could be and am and was totally Responsible for my response to the situation. So, yeah, I did get a little annoyed, etc., etc. but basically it was a five-hour break just to be quiet, just to be inside, etc. It was my response. I couldn't change the outcome but sure enough we took off ..."

"We have complete and total Responsibility and Power over a situation. If we can't change the situation, we have Responsibility and total ability to be in control of our response to that situation. And that's very, very important.

"And take a look at the impact that one person's playing a victim did! All the people who could have benefited from receiving that person's information never got that information.

"The Spirit will not be mocked. So the Spirit in this person knows that ... she denied her Integrity. She denied her Power. She denied that she was Spirit, that she was Soul. ..."

"The world will reinforce our negativity. It will reinforce it, appreciate it, etc. But as Initiates we're on an upward spiral going Home. We need to Accept how Powerful we are. We sit at the Apex of God's Creation. We

have Dominion over all things ... We're in charge of all that occurs in our lives. And that we also effect the Spiritual Realms and Reality. We have Dominion over that. 'Knock and it shall be opened to you' ..."

"We've gone with our feelings. We've gone with our thoughts and we've taken them as Reality. And we've bought into it. And that's the confusion - to buy into our thoughts and our feelings and make believe we're our situation. ..."

"If I'm living as an Initiate and practicing Giraffe Consciousness I Know that what happens is karmically correct. And I ask and I pray and ask for Guidance and Understanding of what I am to Learn while I go through this. ..."

"I need to put it in perspective. I need to put it in perspective. Many of us don't do that. We take our ... immediate situation and we project it down the road for months, for years, etc., etc. Instead of, 'OK, this is the situation I'm in now and I need to adopt to it. I need to make it OK and not run any judgments and not project. ... I stay with Knowing that this situation - I'm passing through it. And many of us don't do that. We don't have a sense we're passing through the situation. We make it as if the situation were permanent when it is just a temporary thing. ... There's an Opportunity to Learn. To Lift. To Grow. I have to practice Acceptance of the situation.

"I'm not a victim of the situation and I'm not making mySelf a victim of the situation by making it permanent. ... So we need to contextualize things, too ... I see many Students make something temporary permanent. ... 'So for the rest of your life you're going to have to do XYZ.' Well, what a setup that is! ..."

Dr. Lane then Instructed us: "What I'd like to do now is I'd like to have you go inside and I'd like you to take a situation you're involved with now and be honest with yourSelf and see how you're approaching this situation. Is it as a Victim? Is it as Tuning it Out? Or are you taking advantage of it as an Opportunity? And if you're not taking advantage of it as an Opportunity reframe it inside yourSelf so that it is an Opportunity and you take advantage of it. [Pause] Now let another situation come. It could even be a relationship where you've made yourSelf a Victim of it or are tuning it out. And now see it as an Opportunity. And now bring your consciousness back.

"And I want to say one other thing, too. We know about basic selves ... if they're worth anything they're going to try coming up with resentment and the 'no's' ... and it always involves something that is perceived as outside of them. Or as something imposed upon them. So they say 'no' or resist it or have resentment. So what needs to happen is we need to take something from outside and make it ours. ..."

"I take it from outside mySelf to inside mySelf. That's crucial! That's really crucial when we deal with situations. ... If you take it within yourSelf then you want to participate in the flowering. You want to participate in your own Learning. You want to participate in your own Growth and the economic rewards. Same situation but you take it from an outer situation to an inner one. ..."

Dr. Lane then asked the Participants to share what helped them to move from working a situation as a victim or as tuning out to one where you worked it as you are going to take advantage of the situation. The first Participant shared, "Honestly, it doesn't take much. I think it was just a refocus ... all of a sudden I could feel whatever worry or frustration I have Lift and I got really excited about the Opportunity that was coming with it." A second shared, "I shifted something where there was a tremendous amount of rage and anger ..." A third said, "I chose to just return to the Spirit that I am and back into Aligning my will with God's Will, Which is One and the Same. ..."

Dr. Lane then finalized by saying, "Let's stop with that and I hope you really understand the importance of understanding how important you are and applying it and living accordingly! And that we're not victims of our thoughts or victims of situations or anything else like that. We have the Power to respond to them and respond to them powerfully. ... You need to understand the damage you place on yourSelf when you play Victim ... We have to live with ourSelves and live with the Spirit we are. That Spirit Knows ..."

"My Loving Suggestion is make it easy on yourSelf and honor the Commitment you've made in this world because they're Commitments you've made in and with yourSelf.

"And that's the real situation."

Our Teacher Generously and Lovingly answered the questions asked following the Satsang.

know, they're in a better place' ..."

"But it's not that this is a 'worse place'. This is only a classroom. It is, as it were, the most 'negative' in the lower worlds. But 'negative' doesn't equate to bad. It equates to charge. It is the most negatively charged realm or sphere.

"And so guess what happens in the most negatively charged arena? We have things like fear, pain, doubt, anger, lack, limitation, hurt, etc., so we have all these wonderful creations away from God. But where there's negativity ... there's the Opportunity to use it as a springboard, springboard, springboard. ..."

"And this is where the Opportunity is. There is nowhere else in the negative worlds that a Soul can come to Know Itself and Progress Spiritually and Complete Its karmic journeys. On all the other realms in the negative worlds, as it were ... the Soul is confined to travel within that realm. The Soul here when It has taken Initiation Into The Sound Current ... has this incredible Opportunity. It can Travel and Upvibrate through the astral, the causal, the mental, the etheric [ed.'s note: Dr. Lane is referring to levels below the Soul Realm] and Complete Its karmic journeys. Nowhere else in the System is That available. So it's like we come out into this manifestation ... so we can go back 'in', we can go back 'in'. ..."

"And it's interesting ... that here - in the most negatively charged place - is the Opportunity to be with the Lord, God Himself *while we're in the body*. But to do That we don't do what passes as knowledge here, what passes as what man knows collectively - our collective knowledge and wisdom - which is through the senses. And we bypass the five senses because the senses are of the negative worlds. ... And that means that we know by reflection or there's distortion there so knowing by what we see or hear or any of that stuff doesn't do it.

"The Soul needs to be Initiated Into The Sound Current and Learn the Technique of going into the Soul Body and being with God. We're with God. And we Know *directly*; not through the senses but through *direct experience*, through *direct experience*. By that singular Focus on Spirit, on Knowing ourSelves as Soul, by doing our Spiritual Progression *exactly* as Taught, the karma clears ..."

"One of the nice things I like about The Teachings I Bring Forth is, yeah, we use what the Christ, Jesus Taught - Love God with all Our Heart and all Our Soul and all Our Might - but we also add 'And to Enjoy the life that God has Given you'. This is Part of It. ... The Teachings Teach us that Joy is our True Nature so when we are in touch with Living from Our True Nature then we're Joyous. And we have this Opportunity in this life. And It goes beyond our situation ... It goes beyond anything. It's our Internal Reality. ... It's all dependent upon you and the Surrender into the Spirit you *are* and Aligning of your will with God's Will. And it's really that simple.

"So we have this Choice and we're Blessed to be on this planet and have this Choice.

"But remember The Teachings Teach us that God is hidden! The Teachings Teach us why God is hidden. Because it's a volitional process. It's a volitional process. We have to consciously Choose to Focus on That. And where do we find God but whoa! inside of us. ... What a clever little trick that is! God hides Himself in us as us and we go around looking for God and it's 'Tag, you're It', 'Tag, you're It', 'Tag, you're It' ..."

"And this is the place. This is the planet where we have that Opportunity to consciously Choose into That and come to Know ourSelves as Soul, as Spirit and be Upvibrated and Complete our karmic journeys here. Nowhere else ... is this true. And that's why there are so many Souls that fight to be here, that fight to take on a body. ..."

"... if you're coming from a materialistic framework you can't see God with your physical eyes. Obviously you can't. But guess

what? You can be with Him, Know Him in the Soul Body because It's the Soul that goes to God not the body. ..."

"But we also have materialistic knowing based on what the senses perceive. And there's a built-in inaccuracy in all that so we really can't know anything here. I can tell you the effects of it. You know, 'if you do x, y and z then this is that' or I can do a study and I will tell you what the results of the study are ... but I can never, never tell you why it's really so, why it's really so.

"Let me give you an example! If I look at 9/11 materialistically, we got attacked. And people suffered. People died, etc., etc. And what was the cause? 'Well, come on, where have you been? Planes hit the building, you know'. And it gets into that cause and effect thing, right, except we don't get at the primary cause. We don't get at the First Cause and That's the True Knowing. We need to rise above the senses because obviously the senses tell us, yeah, you know, planes hit the building, etc., etc., ... people died, etc., etc.

"But let's take the Cause of it. If you go into Spirit and you trace it, well, this was put into motion about 900 years ago. It's the effect of the Crusades come back around. What goes around, comes around. ... It's true. And to me the most powerful and if I were to obey one thing in the Bible it would be this: 'Nation should not lift up sword against nation neither shall men learn war any more. For all men both great and small shall Know the Power of the Lord.' And that Power is Love and if we sit in Love we don't do this kind of violence because what is loosed in Heaven is loosed in the world.

"So you create war, you create destruction; it's not a discreet event. What we do is not a discreet event. It is not isolated in time and space. We're Responsible. It comes back ...

"And we're going to get the learning in our own everyday life. Nothing stops the karma that we create. It has to be fulfilled. ... It must be fulfilled because it's your creation and the Soul needs to learn Responsibility. Responsibility - how we respond to the Spirit we *are*. ... And we take Blameless Responsibility. Blameless Responsibility.

"And The Teaching of Individual Responsibility In and With a Group Setting has to do - the Group Setting is, of course, is the Hu-man race - with Individual Responsibility. And What is our Individual Responsibility? But to come to Know ourSelves as Soul, as Spirit. That's our Individual Responsibility. Every Soul sooner or later will Fulfill That. That's our Responsibility. ..."

"Alright, ... so we really need to be Focused on the Spirit we *are*. We need to really be an environmentalist. We really need to pay attention to our inner environment. Make sure it's as clean and as pure as it can be. We need to let go of the negativity ... we need to keep Allowing the Purification Process because That's What it's all about. It's all about this magical alchemical process with the Lord, God. Alright.

"So ... Be Responsible. Practice Blameless Responsibility. Know yourSelf as Soul, as Spirit. Choose consciously into the Spirit you *are*. Go with your Knowing. Love the Lord, God.

"And I'll end with this because this is crucial. Many of us - historically and also now- we tend to separate God and humanity but if you Love God you Love His Creation and remember He created you out of the Same Material That He is, out of the Sound Current, out of the Sound Current.

"And you're His Creation. Think about That! You're God's Holy and Sacred Creation. And you're of the Same Essence, the Same Material as God. And That's why we're here. To come to Know That and to manifest That.

"And I'll stop with that."

Dr. Lane generously answered questions so that we Receive even more Learning and Growth and Upliftment.

be conscious. He was born as an infant ... and then He had to go through, as it were, His own Redemption Pattern to be the Christ that He was Chosen to be.

"The Christ is a Spiritual Office. Many Souls have held that Office. The Christ, Jesus had a particular Dispensation. He had a particular Mission. We get a taste of that in the Old Testament. Melchizedek comes and says, 'Whoa! Watch it, folks! There's Someone Who's going to baptize by fire', meaning the Spiritual Fire. John The Baptist ... baptized by water and he also says, 'Hey! Someone's coming! He's going to baptize by fire!' That's the Spiritual Fire. That's the Sound Current.

"Jesus was a Jew. There was a census being taken of Jews so they could basically be rounded up and killed so they (ed.'s note: Dr. Lane is referring to Jesus and His "Family") fled to Egypt. What's the meaning of this? Well, we take a look at Jewish theology. The Jews state that God created the world, created the universe and then removed Himself, removed Himself from His Creation.

"The Christ, Jesus is advancing the Consciousness of man towards God because we know that God doesn't change but the Human Consciousness changes. Our perception of Him changes. It's a historical evolution of Consciousness.

"And so the Christ comes in and He goes, 'Wait a second now! I'm going to Fulfill God's "removal", as it were, Myself. And I'm going to Demonstrate what the "removal" is'. And He shows and He shows us in the Crucifixion what the 'removal' is. The 'removal' is our identification in time and space. That's the cross - time and space. We get crucified on that.

"And What Jesus was Demonstrating was a great Spiritual Truth and that has to do with all of us as Souls. In our existence as a Soul what have we done? But we've identified with our thoughts, with our feelings. We've identified with the world of form. We practice false identity.

"And that's the crucifixion. And that's the confusion of Souls. So we have the antidote. We have the answer. We have the Resurrection, as it were. We go into the Soul Body because That's What We *are*. We Practice Proper Identification and we're with God.

"But It's a Spiritual Process. It's not like what mankind has done: 'Oh, well, you know, you die, you go to God.' Well, good luck! Yeah, you go to God but on what level? The Soul Body and how to enter into It is the Demonstration.

"And there's something else that Jesus the Christ did. And you know the song 'Peace on earth, good will towards men'? It's 'good will'. It's God's Will. What's God's Will for us? Well, that we come to Know Him, Know ourSelves as Soul, as Spirit and go Home to Him.

"So Home is our What? It's our Alpha and the Omega. The Christ, Jesus is referred to as the Alpha and the Omega. The Soul Realm or that Realm of Spirit is both our starting point and our end point. We were created as Soul. We're created in God's Image out of the Sound Current. That's What we *are*. We *are* the Sound Current.

"And Jesus the Christ is extending God's Will to man. And He's changing the whole Consciousness, bringing in a new Consciousness. 'You have God and you have man. Uh, uh, no more, Mamacita! No more. God *is* man and man *is* God'. Real simple. We have the Oneness of the Holy Spirit. The illusionary field called this planet - it looks like we're separate, looks like you're separate from God. It even looks like you're separate from each other.

"But the Christ, Jesus Demonstrated the Oneness of all. The Oneness of all. We're One with God and One with each other. 'That which you do to the least of us you do to Me. That which you do to the least of us you do unto me'. You're in God and God *is* in you. You're in the Christ and the Christ *is* in you.

"The Office of the Christ handles all Souls below the level of the Soul Realm. He's in charge of all those Souls. Those Souls in the Soul Realm and Levels above - It's Spirit in and of Itself. There's no need for the intermediary. There's no need for the Office of the Christ. The Christ is in charge of all of us Souls below the Soul Realm. He's the Logos not only of this planet but of all the realms below the Soul Realm.

"And it's through the Christ that we come to God but what does that mean? Does that mean, oh, it's through the belief in Jesus that we come to God and, if you're not a Christian or you don't believe in the Christ, you don't go to God? Uh, uh. Doesn't mean any of that but What is the Christ? The Christ is a Consciousness and It's your

will and God's Will are One and the Same.

"So when you strip away all the illusionary factors of man and when you strip away the karma - and remember in our history as a Soul what have we done? We've identified with the world of form. We've identified with our thoughts and with our feelings and we're confused. That's karma and that's the karma that we've created - you take away the karma and what is there really? The same Will as God's Will, Which is to go Home to Him, to Love Him and go Home to Him. Period.

"And That's What we do on This Path. We're Lovers of God. So God's Will has to do with the Oneness of all of creation. It announces a whole new theology; of course, theology is man's understanding, not the Reality of God but man's understanding. In this case the two are brought closer because the Reality is man and God *are* the Same. The Soul in us is of the Sound Current, is the Holy Spirit. The Soul in us is the same Essence as the Great Oversoul or God. God's the Great Oversoul. We're the Soul.

"You take a little drop of water from the ocean. Guess what? It's going to have all the properties and the entire essence of the entire ocean. There's no difference and the Christ, Jesus announces This. We *are* God. We *are* Spirit. We live in the Oneness. ..."

"His 'death' is extremely important because That Consciousness known as the Christed Consciousness was then distributed to each Soul. And It's 'tag, you're it! It's your Responsibility. Yeah, you want to put me up there and worship me and not be responsible, good luck to you! You'll go 'round and 'round ... until you don't do it anymore. But I'm telling you that you're Responsible. That Which is in Me is you, too'.

"So we get charged with this Sacred Responsibility. We get charged with Knowing ourSelves as the Spirit we *are*, as Soul. Not as belief system, not as an exoteric religious practice but as an Inner Way of being through following the Spiritual Practice. ..."

"When the Christ, Jesus said, 'When you see Me you see the Father' - That's telling us something, isn't it? That's Our Essence. We need to see the Christed Consciousness in each of us and we need to Fulfill That Sacred Responsibility.

"And God's Will, good will towards men, yeah, we're all One. If you don't come from God's Will or good will towards someone, guess what? Then you're separating from the Spirit that you *are*. You're creating war against yourSelf. You're creating the karma, the separation from the Oneness.

"So the Birth of Christ is a very, very, very important Demarcation and Evolution in our Consciousness and we're still trying to catch up to It. You know, in general, people are still trying to catch up to It. They're still trying to move into 'Loving Your Neighbor As Yourself', seeing the Christ in all things, God in all things, having the Responsibility, treating each other with Kindness, etc. ..."

"... we need to practice some of the qualities of God such as Kindness, Compassion and Caring. ..."

"So It also has a lot to do with our focus. Where are we going to focus? On the illusionary fields, on the improper identification of time and space? Or on God's Will and Fulfilling God's Will because in that Fulfillment something Wonder-ful happens. We get to realize 'hey! that That's our will and That's What we want for ourSelves.' And That's the Real Present and the Gift of this life. We go and exchange all sorts of Christmas presents during this time but the Real Present is to give yourSelf the Christed Consciousness.

"There's a Way. It's here. It's an art and a science happily made available to Souls. We can worship separation and the symbols of it. We can create separation through anger, enmity, hatred, etc. Or we can simply live in The Truth of the Oneness of Spirit and of Who and What we *are*.

"And I'll stop with That".

Holiday Satsang was followed by the annual giving of the Group Gift, donations from Our Teacher's Initiates to the Center For Religion And Advanced Spiritual Studies. This year the Gift goes towards Our Teacher's Travel Mission; Study Kits for those who can't afford Them; and a new computer for the Home Center.

Our Gathering resumed with yet more refreshments!
A fun time was had by all!