



# SpiritCentral

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies April/May/June 2019

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## “Where Is ‘The Secret Place Of The Most High’?: A Participatory Satsang”

Dr. Lane began the January 2019 Satsang by saying, “Well, everyone here and in phoneland is an Initiate so we’ll work with those appropriate Energies. Alright.”

“It’s probably no secret to you but I do want to reinforce that the Secret Place Of The Most High is Where the Soul lives in the body and That is at the Upper Part Of The Third Eye. When we do our Simran and Dhyana - when we Dhyana - we always reFocus. We go back and we go back and we go back and we go back and we go back. [ed’s note: Dr. Lane is pointing between the brows and then upward to the Upper Part Of The Third Eye in the middle of the forehead several times to show the “going back”.] And we know that we live in the Oneness of the Holy Spirit and that you work with The Teacher through the Crown Chakra and the Upper Part Of The Third Eye. Alright.”

Continued on page 3

## “The Teacher, The Mirror And You: A Participatory Satsang”

Dr. Lane began the February 2019 Satsang by saying, “Alright. I want to talk about The Teacher’s holding the mirror; what the mirror is; how to work with it and why it’s as important as it is. ...”

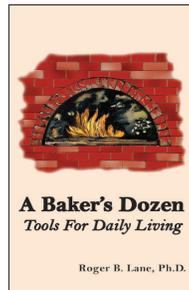
“I actually was inspired ... to do this because of some recent interactions with some Initiates and how they were getting caught - basically made a fool of - and creating a lot of separation and karma for themselves and really just being blindly taken down the negative pathway. So it’s extremely, extremely important.”

“So what is this mirror that I am talking about? We know that in the Inner Worlds Of Spirit there’s what’s called the cosmic mirror and it sits in the etheric (level). And in it are reflected all the creations that you’ve made. All of them. And we know

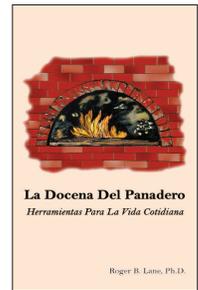
Continued on page 4

## A Great Gift For Yourself, Graduates And Family And Friends!

### A Baker’s Dozen: Tools For Daily Living



**Dr. Lane’s New Book!  
Learn To Live Your Life  
From A Spiritual Perspective!  
In English and Now Spanish!  
Both On Amazon in Paperback!  
And in the [cosmostree.org](http://cosmostree.org) store!  
English E-Book On Amazon -  
Spanish E-Book Coming Soon!**



**GO THERE!**

## “What Is Your Narrative Telling You: A Participatory Satsang”

Dr. Lane began Dr. Lane’s March Satsang by saying, “What’s a narrative? We all have a story we run all the time ... basically along the lines of how you think things should be. ... there’s a judgment; there’s not knowledge. ... Some narratives may include ‘I’m too busy to do my Spiritual Practice’. ... One of my favorite ones involves Tithing: ‘Oh, I can’t Tithe because I don’t have the money to Tithe’. ... Or, ‘I can’t come to Satsangs. I can’t take Classes ... because I don’t want to be dependent upon Dr. Lane. ...’ The truth is there’s really like a dangerous hall of mirrors inside of us that we can really, really get trapped in, confused in, etc., if we’re not careful. ... Or ‘I’ve put all this time and effort into this Path; I’m not getting the rewards that I want. These are material requests; I’m not getting them. ...’”

“Let’s take a look at how to work with the narrative! ... ‘I don’t want to keep coming to Satsangs or Classes or Workshops, etc., because I’m afraid I’m going to get too dependent on Dr. Lane’. Let’s take a look at this! First of all, Dr. Lane’s not the Teacher; the Spirit is. Second of all, take a look at that approach! It’s all about power and control. And we know that

Continued on page 5

## The Teacher’s Birthday Satsang & Celebration

The Teacher’s Birthday Celebration on Sunday, March 10th began at the Home Center with the sharing of food lovingly prepared by some of Our Teacher’s Initiates. The feast was followed by a short Meditation of The Light Of The Most High, for Which we at the Home Center were joined via teleconference by many of our Fellow Initiates from around the country and outside of it.

Then Our Teacher began Our Teacher’s Birthday Satsang by saying, “What are we doing when we Celebrate The Teacher’s Birthday? Who is The Teacher? It certainly isn’t Dr. Lane ... But It’s the Spiritual Form that is Present with Me or the Spirit that I am, or really, it’s the Extension of the Lord, God or Spirit into this world. And That’s What we Celebrate. So we Celebrate really the Oneness of Spirit.”

“And the Celebration is really to help us Remember That is the Truth and It is our Responsibility to live It. That God extends Himself into this world and enters the world of form and takes on form.”

“And why does God do this? We Know why. We Know that this thing called God ... It’s so big, OK, and

Continued on page 6

## Events Calendar

### Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

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#### NEW YORK

### *Meditation Of The Light Of The Most High*

**M** 7:30pm; **W** (except 1st Wed. of the month) & **Th** 6:10pm;

**Sun** 10:30am Apr. 14; May 12; Jun. 9

**Sun** 10:30am May 26; Jun. 30: Special 2-hour Meditation

\**The Center is closed April 28*

### *Meditation For Health And Well-Being*

East Side (Home Center):

**Tues** 8:15pm Apr. 16; May 21; Jun. 18

#### MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

#### TENNESSEE

**Johnson City area:** Every 2<sup>nd</sup> and 4<sup>th</sup> Mon. 7pm.

Call 423-975-6868 for details.

#### OUTSIDE THE U.S.

#### MEXICO

**Queretaro area:** Please call 347-448-2310 for details.

#### OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number.

Every Tuesday -- 7:30-8pm EST

Every Wednesday -- 4:30-5pm EST

Unless otherwise noted

#### VIDEO/DVD SHOWINGS

*The 22-part VIDEO Series*

*"Understanding the Spirit You Are"*

*is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:*

#### NEW YORK

**New York City:**

Every Thurs. 6:30pm.

Spectrum - Channel 1997

RCN - Channel 84

Verizon (FIOS) - Channel 35

#### **Brooklyn**

Every Sat. — 4:30pm

Cablevision - Channel 68

Spectrum - Channel 35

RCN - Channel 83

Verizon - 43

For those outside New York

City, please go to [mnn.org](http://mnn.org) at

6:30pm Eastern, Thursdays,

Scroll down to "Spirit Channel"

Click on "Watch Now"

#### SHOWINGS & DISCUSSIONS

Last Sun. of every month

1-2pm at NYC Center

### Join Us For An Hour Of Spiritual Instruction!

**"The Feast: A Restaurant, Its Employee, A Child And A Door - A Participatory Satsang"**  
April 3, 2019 6:50pm EST

**"Are You 'In Depend 'N' See'?: A Participatory Satsang"**  
May 1, 2019 6:50pm EST

TBA

June 5, 2019 6:50pm EST

**Satsangs  
by Dr. Roger B. Lane**

Available at All Centers

### Listen to Our Monthly Podcasts!!!

[cosmostree.org](http://cosmostree.org)  
[spiritcentral.org](http://spiritcentral.org)

**Apr. 5: "What Are Your Experiences Telling You" (MP3 A038)**

**May 5: "Give - Then Give Some More" (MP3 A053)**

**Jun. 5: "The Uniate Nature Of Reality" (MP3 A064)**

### SPRING SEMESTER

## Everyday Evolution 1

10 weeks, Wednesdays, April 10 - June 19, 2019

7:45-9:15pm

(except 1st Wednesday of the month when Class begins 8:15pm)

Given by Dr. Roger B. Lane

- Learn to let go of the negative and focus on the Positive
- Change habitual patterns that no longer serve you
- Recognize and eliminate beliefs, patterns and attitudes that you have allowed to limit you

Open to all but may be some prerequisites.

Payment: \$62 and additional payments of \$31 for Classes 2 - 9 or \$310 for Series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63/\$31.50 /\$315 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS. For more information call Registrar, Amy Blank at 708-846-1031 or email [info@spiritcentral.org](mailto:info@spiritcentral.org).

### JOIN US FOR OUR SUNDAY EVENTS!

#### SUNDAY PROGRAM

Apr. 14; May 12; Jun. 9

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST

*Tools For Living Free* Reading and Discussion: 12pm EST

For the next three months all *Tools* are from the Talk

"The Truth, Five Saboteurs, The Con Man And You: A Participatory Satsang"

April 14th: #155: Part I - Doubt And Its Antidote

May 12th: #156: Part II - Saboteurs Two, Three, Four and Five

June 9th: #157: Part III - The Con Man And You

May 26; Jun. 30

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST

Video/DVD Showing and Discussion: 1pm EST

May 26: #V1 The Foundation For Understanding That You Are The Spirit

June 30: #V2 Forgiveness

\*\* No April Video/DVD Showing and Discussion. The Center is closed April 28th.

#### THE TEACHINGS STUDY GROUP

Apr. 14; May 12; Jun. 9

3pm EST

Using articles featured in *SpiritCentral* of Satsangs Given by Dr. Lane

April 14: "Where Is 'The Secret Place Of The Most High'?:

A Participatory Satsang"

May 12: "The Teacher, The Mirror And You: A Participatory Satsang"

June 9: "What Is Your Narrative Telling You: A Participatory Satsang"

Please read articles or watch Video/DVD prior to attending!

For details or to attend via teleconference email [info@cosmostree.org](mailto:info@cosmostree.org).

More details also on the Events page included with this Issue of *SpiritCentral*.

**Continued from page 1 - "Where Is 'The Secret Place Of The Most High?': A Participatory Satsang"**

"And there's some kind of a Knowing of this in Hu-man Consciousness but people - like they always do - they physicalize it or they mistake a symbol of it for the real thing. OK. And this isn't to pick on the set of people with these beliefs, it's just because the example is very handy, that is, the mezuzah. That god will guide your comings and goings so it's put on the doorknob of your door.

"And what is the 'door' but the Tenth Door. And, of course, the Tenth Door is the Upper Part Of The Third Eye that the Soul lives at and leaves from and enters the body. And the only thing that keeps you alive is the attachment - the silver cord - ... when that cord is cut then the Soul leaves the body and the body undergoes what's called 'death' or 'dying' so that the Soul will leave through the Tenth Door.

"When you sit in Simran and Dhyān *exactly* as Instructed That's What you are doing; you're leaving. Obviously, the cord is still connected to your body or you wouldn't return from your Simran and Dhyān in a bodily form but the body isn't doing Simran and Dhyān; the Soul is.

"And so we enter and we leave from There. Below the Upper Part Of The Third Eye sit the psycho-material worlds, sit all the negative worlds. So it's very important that we keep Returning to the Upper Part Of The Third Eye, the Secret Place Of The Most High, the Indwelling Spirit, the Indwelling God, Where the Soul lives. ..."

"And so when we do our Simran and Dhyān it's very important that (in doing) the Concentration Part that we keep Returning to the Upper Part Of The Third Eye ... And That's Where we're with God ..."

"Now, it's no accident that you have to Return There, that you're not holding It ... because if you could hold It you'd be God's first mistake. And that means simply that if you could hold that Focus then you could hold the Frequency and be with God, be directly with God, sit in His Presence in the Inner Worlds of Spirit, in Eternal Life, and sit in Adoration of God.

"But you can't do That. God in His Kindness and His Mercy He gives you an Opportunity in the body to gather that Spiritual Strength. And how is that Spiritual Strength gathered? Keep Returning. Keep Returning. Keep Returning. You do your Simran and Dhyān *exactly* as Instructed, not your way but God's Way. Make God's Way your Way!

"And you do That and you do That ... and There you gather the Spiritual Strength. In the Process all of your creations that you've created karmically get dissolved. ... And then you move into the Oneness of Spirit. And When you do That what happens is eventually the individual Soul is dissolved and you just merge back into the Oneness, into Complete Union with the Lord, God. ..."

"And it's important to know that the Soul, God, the Spirit that you *are*, It isn't located at the Upper Part Of Your Third Eye just when you're doing Simran and Dhyān. It's There all the time. OK. ... So that you have access to Spirit 24 hours a day, 24/7. So that even during the day when you're not formally sitting in Simran and Dhyān you can Allow yourSelf to be Lifted and Moved to That Location or you can go There yourSelf. ..."

"Now why is it crucial that you know this Secret? Well, real simple. You're dead without It. OK. And by 'dead' I mean simply that, yeah, you may be walking around in a body ... but you're 'dead'. Just because you're walking around doesn't mean you're alive.

"When we talk about being alive Spiritually we talk about being Filled with Spirit. OK. And how are you Filled with the Spirit? But you have to get into the Spirit, you have to go into the Soul Body ... we know that the physical body is not going to go There ... you go in the Soul Body and you can be with God by going to the Upper Part Of The Third Eye. [ed.'s note: Dr. Lane is referring to the Knowledge imparted at the Time Of Initiation Into The Sound Current.] That's the Great Secret, that's the Great Mystery and That's the Resurrection: you're in the Soul Body and you're with God.

"But, once again, it's not just when you're doing Simran and Dhyān. It's 24 hours a day that God is with you and the issue really is are you with God? Do you love yourSelf enough to give yourSelf the Best and what's the Best? God. ... Things of the world ... they have no redeeming value. Give yourSelf the Best, Which is Spirit, Which is the Spirit you *are* and simply by Allowing yourSelf to go to the Upper Part Of The Third Eye! ... And you come and you go. You come and you go. ..."

"It's said God will 'guard your comings and goings' and, yeah, your journey is vouchsafed. It's a Spiritually Protected Action for you to do Simran and Dhyān *exactly* as Taught and be Focused at the Upper Part Of The Third Eye. It's a Protected Action, Spiritually Protected.

"Just as there's a way to do It, one way to do It, there are many ways not to do It. Those are your ways to do it and when you do that what you are saying to Spirit is 'hey! I'm the teacher. I follow my own instructions. This is what I'm going to do' and then you become Spiritually responsible for whatever occurs with the action. If you Choose to follow the ... Spiritual Instructions imparted at the Time Of Initiation, then guess what? Then That's a Protected Action, your comings and goings are safeguarded.

"So we got this beautiful System of God being Present with us. Loving us so much that He sits in us and *within* us and waits for us to Awaken and to be a part of His Love and to be That Love and to recognize the Opportunity and take advantage of the Opportunity of What we call Going Home to God: 'In the beginning was the Word and the Word was with God'.

"We were created out of the Sound Current, out of the Holy Spirit and That sits *within* us. And if we're Blessed and fortunate then It's been Awakened through the Great Process of Initiation Into The Sound Current. ... And then by doing Simran and Dhyān *exactly* as Taught ... It's stirred, It's stirred. ... And you Allow more of It to be Awakened. ... And you nurture It and you nurture It and you take care of It and you Love It and you protect It by watching your thoughts, by watching your feelings, by watching ... what you create, by watching what you lash out into the world and, by watching your negativity, etc. and you protect the Sacred Ground That's within you ..."

"Initiation - One of the things that happens is, It's (the Soul) sparked Awake because It lies dormant, lies dormant, OK, and just like you can sleep your life away ... you can sleep the Gift of Initiation away also or you can really take advantage of It. Taking advantage of It is Allowing the Love That's Present to guide you and to give yourSelf over to That.

"If you're running your negativity, stop! Go to Inner Place Of The Most High - the Secret Place - and give It to God because when you're with God, guess what? And if you Choose That and you stay Focused There, there's no negativity. God's given us choice. So God waits for us and He's patient. ... However many lifetimes it takes is however many lifetimes it takes. ... And He Allows us our struggles, as it were ... but if you've already discovered It. It's been shown to you ... all you have to do is Allow your Consciousness to be Moved. And bingo! You're There. Pretty easy. But it all starts and ends with you, with choice. OK."

Our Teacher then led us in life-altering Processes by saying, "So, let's call in the Light! So, 'Lord, God, send us Your Light! And we put this time together into Your Light for the Highest Good'. [Pause] What I'd like you to do now is just run some stuff of yours. Just pick one thing that you can rage on about. It's a Protected Action so just rage on about it. OK. [Pause] Now, simply decide inside yourSelf to let it go and ask the Lord, God or ask the Spirit or ask The Teacher to Move you to that Secret Place Of The Most High! [Pause] And just be There! [Pause] OK. Now, go back to raging and ranting! [Pause] Now, decide to let it go of that and ask God, the Spirit, The Teacher to Move you to the Place known as the Secret Place Of The Most High! [Pause] Now, pick a disappointment that you've had. [Pause] And make the choice to let it go and ask the Spirit, God, The Teacher to Move you to the Secret Place Of The Most High! [Pause] And, now, take something that you've been afraid of or fear that you've been hanging out with and ask God or the Spirit or The Teacher to Move you to the Place known as the Secret Place Of The Most High! [Pause] Now, when you can bring your Consciousness back here! ..."

Group Sharing followed. One Participant said, "I found that once I got out of that place of rage that I couldn't go back to it ... After a bit I sort of said 'no. I don't have to go there' I can Allow mySelf to be moved There and that made it even easier."

Dr. Lane Instructed, "Yeah, always take the easy way! ... Allowing yourSelf to be Moved. OK. And then also you're talking about the unreality ... of the negative feelings - whether they're fear or disappointment or anger - that they're not real ... they have no place other than the place we give them or the energy we give them. ..."

A second and third Participant similarly shared: "it was very easy to just Allow" and "I really had that experience of not having to do anything ... of being Moved."

Our Teacher further Instructed, "You know the story of me on the beach and being shown the secret of all life and that was 'do nothing!' And This is the kind of thing that was meant. Allow the Spirit to do That. Allow your Consciousness to be Moved. ..."

After Group Sharing, Our Teacher said in conclusion, "But now you can see how magnificent and how wonder-full it is and how Blessed we are to be able to know that the Secret Place exists. Know Where It is. Know how to get There.

"So I Lovingly encourage you to brighten your days and live in That Love and live in that Secret Place.

"And we'll stop with that."

Our Teacher Lovingly took questions and gave us Enlightening answers so that we received even more Growth and Upliftment.

**Continued from page 1 - "The Teacher, The Mirror And You: A Participatory Satsang"**

that because of the nature of a mirror and the illusionary field, that the consciousness takes what's in the mirror as real. It can't distinguish that it's an illusion and it also doesn't know consciously that it has created what's in the mirror so it takes it as 'objective reality'.

"Let me give you a for instance! I think 'God doesn't like me and He has expelled me or the Soul That's with me to this planet, so it registers in the cosmic mirror as 'God doesn't like me, God has expelled me' ... and we take it as an 'objective reality' ... we don't get that it's just a thought reflected back to us and that we created that thought ... So we take what's illusionary for reality, for the truth.

"We know that The Teacher is Awake on all the levels, up to and including the Lord, God Himself, so we know that on the levels the Soul lives on that the illusionary ones - the ones that sit in the psycho-material worlds - are the causal, the mental, the etheric and, of course, the astral, which is nearest the physical. ... You look in the mirror there's this mistake in identification with what's in the mirror as reality and it's illusionary.

"The Teacher's Consciousness 'reflects' those levels so when an Initiate comes before The Teacher the Initiate's creations are reflected back to the Student. That is what happens 100 percent of the time. The Teacher is holding the mirror; the consciousness of the Student looks into that mirror and sees reflected back its creations. But the nature of the illusion is that because of the unconsciousness or the state of sleep in the Student the Student doesn't realize that The Teacher is holding a mirror and mistakes what It is seeing in the mirror as coming from The Teacher.

"Let me give you an example! I'll just continue with the example that was used. You think that God doesn't love you; you've been expelled; you're unlovable. Kind of the state of the human race. In Working with The Teacher you think that that's what The Teacher thinks of you. You think that's what The Teacher thinks of you rather than that's your creation reflected back to you from the mirror that The Teacher is holding.

"Another example: Let's just say you have a family history of, I don't know, some kind of arrogance, some kind of pride, some kind of whatever, and you as a child were never listened to so you think whatever you have to say is not important; people just dismiss you or whatever it is, so in your interaction with The Teacher you'll think, 'Oh, my God! He dismisses me. ... He doesn't care what I say. ...'

"Another example: Let's just say you have a fear of being cheated or you feel like you've been cheated in your life so in your interactions with The Teacher many times ... you'll be on guard and feel that 'oh, my God! The Teacher wants to take advantage of me, ... He wants my money! ...', whatever it is ..."

"You feel unlovable in your interactions with The Teacher - it's 'The Teacher doesn't love me' - confusing once again what's in the mirror that is your creation with The Teacher. And this happens virtually all the time, until it doesn't. And this is so extremely important because if you take what's in the mirror as coming from The Teacher then you'll build the resentment, the anger, the negativity, the hurt, ... etc.

"And also the interesting thing to me ... we know that what gets our goat or what the basics latch onto - that it's blown out of proportion. It has a lot of charge ... and we know as Initiates we're Blessed with having Tools to let go of it, etc., etc., so, if that's coming up for you ... that's a sign 'oh, my God! I'm mistaking The Teacher Who's holding the mirror so that I can move beyond it for my creation in the mirror and I'm creating all this karma. I'm creating additional karma to the karma that I created that's being reflected in the mirror ..."

"And the other thing that we know is that many times - I'll be kind and say only about 98% of the time - what we really think we're angry at ... isn't really what's happening ... So what I'm annoyed at many times isn't really what's happening but it gives a lot with our personality or with what our basics would be prone to.

"And it's interesting, you know. Somebody made this comment to me recently and I was thinking about it and I thought, well, you know, this person is talking about this one instant and she's absolutely 100% correct but when I look at it and I think about it and I think about it in dozens and dozens and dozens of instances I really have to say that it's true in each and every one of them, not just in the one particular incident that this person was speaking about but all of them. And let's

just say you focus - because basics are basics - one of the things they are going to focus on is money so they'll talk in terms of money but I've never seen that really be the issue. Once again what happens when you're Working with The Teacher, when you're around The Teacher, is something comes up for you, has a lot of charge ... you need to work with it or Allow it to be moved off of you. And, in addition, it may not be what's really going on; it's just something to hold your attention, negatively. ..."

"So be smart and take whatever comes up in your interaction with The Teacher! It's for you to look at and have moved off of you. The Teacher's Purpose is only One ... to Manifest the Living Reality or hold the Positive Polarity for you; give That to you; Vibrate There for you and have you Attune to That so you can Know yourSelf as Soul, as Spirit. ..."

"And we know that this is a Bhakti Path and Love of The Teacher is Love of God. And I'm not talking about loving Dr. Lane or me or anything - that's irrelevant - but the Spiritual Form of The Teacher That's *always* with you. ..."

"And The Teacher's holding the mirror for you; That's part of the Grace, That's part of the Action of Grace that you're given. You've been living your life feeling unloved ... unworthy, OK. Here it is! Take it! And Allow yourSelf to be moved to the other side of it. ..."

"So this Satsang is really extremely important because you can be moved to the other side of things very, very, very quickly if you understand how to work with The Teacher: What The Teacher's doing; The Teacher's Love for you and the Grace, etc., That's Present. Yeah, you may feel angry ... because you may realize 'oh, my God! All my life I felt unloved, uncared about. Boy! was that ridiculous.' ..."

"Just let it go! But if you lay it on The Teacher and think it comes from The Teacher then you got a real karmic separation ... the mirror is being held by The Teacher out of Love for you, to give you the Opportunity to Know yourSelf as Soul, as Spirit, to move beyond things so you can go to Completion here, so you can come into the Fullness of Your Being and be Whole. ... You won't have hurt; you won't have pain; you'll be in the Joy of the Spirit that you *are*.

"Now why would you want that when you can just beat up The Teacher inside yourSelf; when you can be angry at Him; when you can think He has all this negativity towards you? Why would you want to admit God's Love for you? See, it all boils down to feeling that we're Worthy. We're OK. ..."

"So I Lovingly Suggest that you use the Opportunity of coming across your creations in the mirror that The Teacher's holding ... use it to have it slip away from you, taken away, etc.! If you have negative responses to it (that you persist in) - anger, hurt, whatever ... - that doesn't Allow the Action of Spirit and by Law, by Spiritual Law, you'll have to then handle all that stuff karmically. It's the Way of Grace or the way of karma; your choice. ..."

"And that's why we fight it so much. Because we're protecting ourSelf against God's Love. But don't fight it, folks! Enjoy it! Use It! Recognize it when it comes up for you and work it positively! OK.

"What I'd like to do before we stop, in conclusion, is call in the Light and have you just do a Process. So 'Lord, God, send us Your Light! And we put this time together into your Light for The Highest Good'. And ask that only That Which is for The Highest Good come forth. Now, just inside yourSelf let a time come up for you when you confused what was in the mirror that The Teacher was holding with The Teacher, that it was coming from The Teacher, that that negativity was coming from The Teacher towards you! [PAUSE] Now, just Allow your Consciousness to recognize it and see it as your creation reflected back to you by God's Grace and that you are moved to the other side of it! [PAUSE] Visit it again in as deep a way as possible inside yourSelf! [PAUSE] And now use it constructively, recognizing it as your creations, as an Opportunity to be moved beyond it so you can come to Know yourSelf as Soul, as Spirit, as Loved by God! Just Receive God's Love That is, of course, at the other end of all that! [PAUSE] (It) Was at the beginning, too, but because of your confusion you couldn't receive It. Allow yourSelf to go to the other end of it and just Receive! [PAUSE]

"OK. We'll stop with that."

power and control is what? Ego- based. So is it the ego that's the teacher and you're running up against it or is it the Spirit? So you might want to see if your argument is even applicable. Does it even make sense?

"Take a look at Tithing! 'I don't have enough money', etc. What is Tithing designed for? For you to support yourSelf and for you to Surrender and give up that identification with lack and limitation. So what you are doing is the exact opposite of what you're hoping to achieve by not Tithing. You're reinforcing that there's not enough. There's lack and limitation and you're going for false identification, false identification.

"Well, Susie Q led me to this Path and I can't stand Susie Q'. Well, maybe that was Susie Q's job because you don't wind up and make a contact with this Path unless It's Spiritually Correct for you to do so and It doesn't go against your will. OK. ..."

"Let's take a look at 'OK, hey! I did x, y, z; putting all this time and energy; and did all this Service and I'm not getting ... the financial rewards or the success in the world' or whatever it is and you take a look at it. That's a business deal! That's tit-for-tat. That's karma. And God's not entering into that. ... He enters into the Way of Grace. ... The Teaching's real simple. ... prosperity follows Abundance. ... You have it prosperity equals Abundance. ..."

"The narrative takes us out of ... being Present and takes us out of being the Spirit that we *are*. It takes us out of our Integrity. ..."

"We have a conscious self that is the policeman, that can direct our focus to the Positive Polarity. What we need to do is let our story come to light. Examine the story! Stack it up and see how it goes with The Teachings, with the Spirit you *are*! See how it matches up with Your Integrity and you'll see it's an Opportunity to direct yourSelf ...!"

"'Oh, I was doing all this to get material reward'. Is that part of The Teachings?' 'Oh! prosperity will come automatically when I place my consciousness with God.' Let's work it correctly!

"'Well, I'm too busy.' What do The Teachings say about this? 'Wait a second now! That's basic self stuff. If I'm too busy that means time and space. Oh, OK. I got so many things to do in a limited amount of time so I'm trapped in time. That's not being Present. The Teachings Teach us Be Present with Spirit and everything takes care of itself.' There's time for everything.

"'I don't have time for Simran and Dhyant'. ... work things inside out! Give It priority and schedule everything else around That rather than outside in trying to squeeze It into your schedule. That's not prioritizing It. 'First seek ye the Kingdom of Heaven and all things will be added unto you.'

That goes for all things big and small ... the rest takes care of itself. You'd be amazed at how that works. ..."

"'I don't have enough money to Tithe.' Why don't you Tithe? Maybe you will have enough money. ..."

"Narratives, narratives, narratives. If we let them, they will defeat our Spiritual Progression if we abdicate to them. If we take responsibility they are wonderful Opportunities to strengthen our resolve into our Love, into our Caring, into our Sharing ..."

"We know when we do Simran and Dhyant we rise above our thoughts and feelings and we know ... that what happens in the house of mirrors is we're identified with our thoughts and with our feelings because that narrative you've been running comes from our thoughts and our feelings ... They're magnetic; the narrative is magnetic; and because it's magnetic it can be very appealing ... we can really, really believe it ... 'So I'm going to let the narrative go! ... I'm going to choose being with God but I can't be with God if I believe my narrative. ...'"

"So when narratives come up for you expose them. Let them be exposed to the bright light of day! Look at them critically! See if they fit in with The Teachings ... with your Purpose here of Knowing yourSelf as Soul, as Spirit ... with Loving yourSelf as Soul, as Spirit because that's the only narrative I want to hear and that's the *only* story that's True and that's the *only* story that's Everlasting. ..."

"What I'd like to do now is call in the Light [Of The Most High]. Take a moment or two to have you get quiet. Let's call in the Light so 'Lord, God, send us Your Light! And we put this time together into Your Light for the Highest Good.' OK. Now don't pick one; let it come up spontaneously! Let one of your favorite narratives come up! [Pause] OK. Now, let it go by giving it over to God; let it go and strengthen yourSelf by taking a look at it in terms of The Teachings however you want to work it but use it as the Opportunity That It is. [Pause] Now, when you can just let another narrative come forth! [Pause] Now, have your conscious self work with it by letting it go; examining it in terms of The Teachings and using it to Lift and Grow and recommit to the Spirit you *are*! [Pause] Have one more narrative come up. [Pause] Now use it to let go, to strengthen yourSelf however you want to work it so that you are in your Integrity! [Pause]

"We'll stop with that."

Dr Lane generously invited us to share our discoveries doing the Process, which we did.

we can only relate to that which is in the world of form so He takes on a body ... so that we can relate to Him.

"And we know that this is a Bhakti Path, a Devotional Path. And It's through Devotion to The Teacher - it's not Dr. Lane - but It's the Spiritual Form That's with Dr. Lane that you come to Love God, OK. So we Celebrate that God Loves us so much that He enters the world of form and He gives us a Way to Know Him. That's pretty incredible! ..."

"And, of course, up until now, we've done the opposite. We've forgotten. And that's why we're here. We're the ones that kicked God out. We didn't get kicked out of the Garden of Eden. We kicked God out of our consciousness. And God in His Kindness and Mercy He gives us a Way to Remember Him, to become again a Member of the Body of God ... and that whole process is Knowing that we live in the Oneness. The Christed Consciousness is God's Will and your will are One and the Same.

"And we live in that Unipolar Reality. So we're always practicing Proper Identification, and isn't That The Teacher's Job in a way? He's always reminding you, 'hey! practice Proper Identification'. 'Hey! we live in the Oneness'. 'Hey! you're here to Know yourSelf as Soul, as Spirit' ... the Same Spirit That's in you is in the next person. ..."

"Alright. Let me give you a little bit from the other side. How can we best do this? Well, obviously by following the Spiritual Practices and by following the Spiritual Instruction *exactly* as Taught. If you do it your way you get to inherit your way. But obviously that hasn't worked for you. There's the Way that's set out for us to do It and ... The Teacher Instructs you as to how to do It. It's real simple but we can always get into a battle of ... 'I'm not going to listen to The Teacher' ..."

"And it's really interesting to me. I'll say to Initiates, 'Oh, I'd love to see you at the Sunday Program'. Or 'I'd love to see you at RETREAT'. ... And it's almost invariably - maybe 90 percent or 95 percent of the time - not taken up. ... What The Teacher's really saying is, 'come to the Sunday Program! I Know you're going to have to Surrender something in order to do that and I've laid down a Spiritual Energy Field just for you, for you to Walk on, that will clear an awful lot of karma, that will make it easier for you, etc.' ... So the Nature of Spirit, of The Teacher, is to Give you and Give you and Give you. And, of course, most of us, when we're in our negative false consciousness, we say 'no' ..."

"But it isn't about a struggle ... It's about Accepting the Love that's there for you. ... We're busy protecting ourSelves from being vulnerable, from being Loved by God, seeing how much God Loves us and cares about us, seeing how much The Teacher Loves us and cares about us, OK, because if we Allow That we're really home free. ... We can just go on this easy ride.

"But the false self, the ego's always busy protecting itself, etc., etc. OK. And when we Celebrate The Teacher's Birthday we are opening up to that Love That is here. ..."

"There are all the Gifts that Spirit, God, The Teacher, Grace, whatever you want to call It, wants to give us. ... We do the Washing Of The Feet to signal to our consciousness, 'hey! let me walk on this planet in a constant Purification Way so that I'm always Lifting, Growing, letting go'.

"The Teacher's aware you may have to stand tall inside yourSelf and say to your wife or your girlfriend or your boyfriend or your husband or whatever, 'No. I'm Spirit. This is my Commitment.' ... You may have to risk comments coming out of people's mouths who are in the karmic field, but so what?

"You're giving them a model in a way and making it easier for them as well. So, it's all about the Celebration, Celebration, Celebration, Celebration of this Opportunity of being in God's Love and how Loved we really *are* and owning up to the very real possibility that, yeah, we can Accept the Gifts. We are Worthy. ..."

"Why does The Teacher care about us? Well, gosh, don't you care about your kids? It's real simple. There's this unbounded Love for you. And, up until now, we have so much trouble Accepting That.

"So, Celebrating The Teacher's Birthday is a way, at least, of owning up to the possibility of 'hey, we can Accept His Love and I'm going to stop listening to radio alacfm in my head'. And those call letters stand for 'as long as convenient for me'. You know, 'Oh, yeah, I'll do that. ... I'll come to the Sunday Program if It's convenient for me.' ..."

"And yet we want God to be there for us all the time but God is there for us all the time. Remember we live in the Oneness of Spirit! ... So the question is, are we there for God all the time?

"So, the Celebration of The Teacher's Birthday is Allowing That Flow

... to make that decision to Accept the Love and the Loving and the Gifts. And to discontinue this whole thing of separating ourSelves from the Uniate Reality of existence, from the Oneness of existence.

"I want to finish by saying it's interesting in the history of our life as a Soul we have identified with the world of form, so we've identified with ... our thoughts and our feelings ... and here we are as Initiates where we have this wonderful Opportunity to practice Proper Identification; and, yeah, we still have Free Will so we can always choose into karma. At least now we have the Opportunity to choose into Spirit.

"And yet what we'll do is we'll continue identifying with our thoughts or our feelings. So, if I have a thought 'oh, it's going to be really difficult to do x, y, z' I believe it or 'oh, my gosh! I don't have enough money', now you feel afraid and you identify with that. ... and you forget you're an Initiate and there's God and so rather than Co-Create with God, rather than let go, rather than live in the Joy of Spirit, we enter into negativity.

"And the Celebration of The Teacher's Birthday is just that renewal. It's the renewal of 'hey! I'm not alone here'. I can Co-Create with God'. OK. ... So, It's owning up to the Omnipresence of God and the Love of God.

"Just think! He entered this world. ... and He lives in us. ... And we're coming to Know ourSelves as Soul, as Spirit. ... And we're Learning to be Present, Learning to be Present ... Which is to be with God, to live in that Oneness of Spirit all the time ... regardless of circumstance, situation or anything. 'Yeah, but I have to go do this'. ... 'But I have taxes to pay' ... dah, dah, dah, dah. So? That's just what your body's doing but not your consciousness, OK.

"So, regardless of what your body's doing you can always choose into being with Spirit. ... And This is the Celebration of this Oneness, of this Magical Existence, and that we have been given This Opportunity called Hu-man life. And we Know the Purpose of It. And we're fulfilling that Purpose.

"But let's be smart about it! ... why go against that Purpose? ... Why refuse the Gifts? Why deny the Reality of the Oneness of Spirit? ... We Know Where the Joy is. The Joy is in the Spirit with in us. ... and It's *always* there and not dependent upon anything or anyone. God's Love is always there. That's What we Celebrate. We Celebrate that Love and that Loving.

"We Know that Love stands for Letting Go Of Volition Every Time so we let go of our will ... And we Allow the Attunement of our will and God's Will, OK.

"Now, take a look at That! That Surrendering Process is very powerful and very active. You have to Surrender. It's not you're going to be violated. ... Obviously, you're living proof of your will. ... So it's not going to be ignored but why not use it to Align yourSelf with the Oneness of Spirit, see? And That's the Celebration and That's the Joy and That's the Message of The Teacher's Birthday. And that's really why The Teacher comes into this world for you and for all Souls really. Because a lot of things that The Teacher does - they're not known to the Initiates and they don't have to be because they don't concern the Initiates; They concern all of Hu-manity and beyond.

"So just do your part and live in the Oneness of Spirit. And as the younger ones say, 'Peace out'. But That's What you get, you get Peace when your will and God's Will are One and the Same. And then you go out and move out in this world with That Peace and holding That Peace. That's quite a Blessing.

"And we'll stop with that."

Our Teacher's Birthday Satsang was followed by the giving of the Group Gift to Our Teacher - donations from Our Teacher's Initiates to go towards a new website for CRASS; the technology fund; and Our Teacher's Travel Mission. Our Teacher also accepted personal gifts.

The Gift-Giving was followed by the Washing Of The Feet and Generous Sharing by Initiates both at the Home Center and in "phoneland" of their discoveries during this Sacred Process.

Our Teacher then said "good-bye" to Our Teacher's Initiates Who had teleconferenced in. Meanwhile, at the Home Center, we continued our Celebration with more food and the Joy of being with Fellow Initiates and with Our Teacher.