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“Is Your ‘Everydayness’ Humdrum? Humming? Flat? - A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane, began the March Satsang by saying, “I want to talk a little bit about our ‘everydayness’ and how important that is. ... We know that in our ‘everydayness’ that’s what’s there for us. The nahnah, nahnah, nahnah, nahnah stuff. What’s needed is for you to - you don’t have to ‘overcome’ - the nice thing with this Path is that God gives us a way around everything. So we don’t even have to overcome our ‘obstacles’ ... Work with the Spirit, work with God and you’ll get a way around it! But - and this is the key - but, but, but, but, you got to make the effort! You’ve got to put in the effort! You’ve got to Focus where you’re Focus is going

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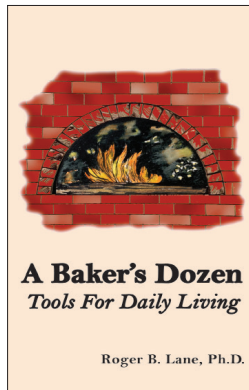
“For What Is The Lord, God Waiting? - A Participatory Satsang”

Dr. Lane began the April Satsang by saying, “I want to talk about ‘For What Is The Lord, God Waiting?’ We started this time together chanting HU, H-U, Which is an old ancient name of the Lord, God as He manifests. That’s the Name of God in His First Manifestation. That tells us Who you *are*. You’re God in Manifestation. That’s What God’s waiting for. He’s waiting for you - H-U and Y-O-U - for you to Know That.

“You’ve forgotten That and that’s why you’re here. Why you’ve been given this great Opportunity to come to Know yourSelf as Soul, as Spirit and to Re-member - to become a Member again of the Body of God, the Body

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A Baker’s Dozen: Tools For Daily Living



Dr. Lane’s New Book!

A Day-To-Day Guide To Living Your Life

From A Spiritual Perspective!

Available On Amazon In Paperback & E-Book!

And In The Cosmostree.org Store!

GO THERE!

*Treat Yourself And Others To This Powerful Gift
All Year Long!*

Remember To Shop [smile.amazon](https://smile.amazon.com) To Benefit Cosmos Tree And CRASS!

The Teacher’s Birthday Celebration And Satsang

On March 4, Initiates Of The Sound Current in New York City and via teleconference from around the country and from Mexico and Venezuela attended the annual Birthday Celebration and Satsang. The Satsang was preceded by a Meditation Of The Light Of The Most High.

Our Teacher began The Teacher’s Birthday Satsang by saying “... What we’re Celebrating is the extension of God into this world to be with us or the Presence of God. We’re Celebrating the Immediacy of God. God’s Immediate. ... there’s nowhere and no place and no space and no time that God isn’t Present. God’s entirely Present and Immediate so He’s between your

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SPRING SEMESTER

Relationships Class

5 weeks, Wednesdays, May 30 - June 27

7:45-9:15pm

Taught by Dr. Roger B. Lane

Learn how to have the ones you want - in all areas of your life. This Class teaches Students the Essence of all their relationships and how to harness their own power and inner strength. Ultimately, the only relationship you have is with yourself - the Spirit you are.

Payment: \$62 and additional payments of \$31 for Classes 2 - 5 or \$150 for Series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63/\$31.50/ \$155 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS, 1461A First Ave. - Ste. #182, New York, NY 10075. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

Events Calendar

Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

SpiritCentral

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. May 1, 8, 15, 22, 29;
Jun. 5, 12, 19, 26 -- 7:30-8pm EST
Wed. May 2, 16, 23, 30;
Jun. 6, 13, 20, 27 -- 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area: Every Wednesday 7pm. Also available via teleconference! Please call 310-913-7212 for details.

TENNESSEE

Johnson City area: Every 2nd and 4th Mon. 7pm.
Call 423-975-6868 for details.

OUTSIDE THE U.S.

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NEW YORK

Meditation Of The Light Of The Most High
M 7:30pm; **W** (except 1st Wed. of the month) & **Th** 6:10pm;
Sun 10:30am May 13 & Jun. 10
Sun 10:30am May 27 & Jun. 24:
Special 2-hour Meditation

Meditation For Health And Well-Being
East Side (Home Center):
Tues 8:15pm Jun. 19
*Please note the May Meditation For Health And Well-Being is cancelled

VIDEO/DVD SHOWINGS

The 22-part VIDEO Series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:

NEW YORK

New York City:
Every Thurs. 6:30pm.
Time Warner - Channel 1997
RCN - Channel 84
Verizon (FiOs) - Channel 35

Brooklyn

Every Sat. — 4:30pm
Cablevision - Channel 68
Time Warner - Channel 35
RCN - Channel 83
Verizon - 43

For those outside New York City, please go to mnn.org at 6:30pm Eastern, Thursdays,
Scroll down to "Spirit Channel"
Click on "Watch Now"

SHOWINGS & DISCUSSIONS

Last Sun. of every month
1-2pm at NYC Center

Join Us For An Hour Of Spiritual Instruction!

"God's Grace & Protection: The Story Of The Guru, The Store's Cashier & Its Customer - A Participatory Satsang"
May 2, 2018
6:50pm EST

TBA
June 6, 2018
6:50pm EST

Satsangs
by Dr. Roger B. Lane

Available at All Centers

Listen to Our Monthly Podcasts!!!

cosmostree.org
spiritcentral.org

May 5: "What Is Most Difficult For Human Beings To Accept?: A Participatory Satsang" (MP3 A118)

June 5: "Are You Keeping It REAL?: A Participatory Satsang" (MP3 A137)

Read The Blog On
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Cosmos Tree & CRASS in Los Angeles May 11-16, 2018!

Created And Facilitated by
Founder/Director Dr. Roger B. Lane

Friday, May 11
Open Talk "The Sound Current: Real Identity Politics"
given by Dr. Lane - 8pm

Saturday, May 12
Meditation Of The Light Of The Most High - 10:30am
Initiations Into The Sound Current On The Path Of Soul
Transcendence - 1-2:30pm
Meditation Of The Light Of The Most High - 3pm

Wednesday, May 16
Meditation Of The Light Of The Most High
with Our Teacher - 7pm

For More Details and To Sign Up, Please See Events Page
In This Issue of *SpiritCentral*

JOIN US FOR OUR SUNDAY EVENTS!

SUNDAY PROGRAM June 10

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST
Tools For Living Free Reading and Discussion: 12pm EST
June 10: #124 Where Do You Go To Find The Answers To All Your Questions?
*Please note the May Sunday Program is cancelled.

May 27 & June 24

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST
Video/DVD Showing and Discussion: 1pm EST
May 27: #V13 What Is Self-Worth?
June 24: #V14 What Is The Path Of Soul Transcendence?

THE TEACHINGS STUDY GROUP

June 10
3pm EST
Using articles featured in *SpiritCentral* of Satsangs Given by Dr. Lane
June 10: "Is Your 'Everydayness' Humdrum? Humming? Flat? - A Participatory Satsang"
*Please note the May Teachings Study Group is cancelled.

Please read articles and/or watch Video/DVD prior to attending!
For details or to attend via teleconference email info@cosmostree.org.
More details also on the Events page included with this Issue of *SpiritCentral*.

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to be. What are you going to Allow? Do you want to keep your eye on the prize or do you want to keep your eye on and you ear open to all the nahnah, nahnah, nahnah, nahnah, negative voices, etc., etc.? ..."

"Your job is also to pay attention to them [Dr. Lane is referring to the basic selves, the part of us that brings forward our karmic patterns] and direct them as a conscious self. That's super important. What concerns me in all this is how people choose to limit their lives. And we know lack and limitation is of the ego, of the negative worlds. ..."

"I am suggesting another way. I'm suggesting that you make the effort to work with that and use your 'everydayness' to Lift and to Grow. So even with those nahnah, nahnah, nahnahs running, give it to God ... What matters is that you're Free inside yourSelf. That's what's important! Free inside yourSelf because if you allow yourSelf the attachment to that stuff, what are you going to do with the karma that's here for you? What are you going to do? Are you going to buy into it? Are you going to ignore The Teachings? Are you going to ignore the Spirit you *are*? ..."

"What I'd like you to do is, we'll call in the Light [Of The Most High] and just take an inventory of two or three or four of the nahnah, nahnah, nahnah, nahnahs that come up for you. 'Lord, God send us Your Light! We put this time together into Your Light for the Highest Good!' Now just inside yourSelf, just see those negative voices inside of you, those negative pulls; what are they? [Pause] I'm going to ask you a couple questions about them. What's new about any of them? What's important about them? Why are they that important to you? And, are you willing to let them go? [Pause] Now when you can bring your consciousness back here! And take a look at them: Are they really new? Are they innovative? No, they're probably part of the karmic field. ... Nothing new, nothing original. Why are you making it that important? Why is it that important? Why is it that important? [Pause]

"And are you willing to give it up? Are you willing to give it up? What's important, too, is that the Soul lives on many Levels and each of these Levels demands Excellence. Excellence. Doesn't mean perfection. It means Excellence.

"So in the case of being on this planet and having all these humdrum things come up, nahnah, nahnah, nahnah, nahnah over and over and over again and allowing them, we're giving up on our Responsibility for Excellence. We're settling for lack and limitation. And we're not using that negativity for its True Purpose, which is for us to Lift and Grow. ..."

"The interesting thing I find about the nahnah, nahnah, nahnah, nahnahs is that that's not what's really going on. ... When we get into this nahnah, nahnah, nahnah, nahnahs and allow them, we're not even dealing with what's going on with that.

"So we're really attaching to the negativity and then we're really attaching to what's behind it, the fear. And this is our backwards way of trying to control the fear and we're really locking it in. ... Then it gets bigger and bigger and bigger and bigger and it looks so real. ... So we're not doing the work. We're allowing what's behind it to grow and grow and grow..."

"We cheat ourSelves out of all that Growth and Strength and Power and the Gift of those things. It's pretty exciting when we start working in our 'everydayness' with that negativity. We use it to springboard into Spirit, into God. We strengthen

ourSelves. ... And this is crucial! I've said it before but I'll say it again: the Way of the Soul is detachment. The Way of the Soul is detachment. Detachment doesn't not mean you don't care, etc. ... It means that's you're Neutral. It means that you're unattached. You are unattached.

"So all these things that come up for us - they're for our good. They're for helping us strengthen ourSelves, helping us become detached, etc., etc. And they're Gifts from the Spirit and yet we fall for them all the time. We fall for their nonsense. We think they're real. We lock ourSelves into them and then we become bound by them. Then these same people are calling me up or talking to me in other ways - communication in lots of ways - saying 'why am I so miserable?'"

"Why would you not be absolutely miserable? And if you're miserable, use that, too! Use that, too! See, that's really crucial! Everything can be used! There's no waste at all in Spirit. ... Remember that the Christ, Jesus Taught us something very important. He Taught us hey, those nahnah, nahnah, nahnahs, it's okay that they come up. That's not the issue. The issue is latching on to them and holding on to them. And making them real and attaching to them - that's the problem. What you hold in your consciousness, you're Responsible for. ..."

"You now have the experience of turning negativity into a Positive. You have the experience of your Power. That means you have to give up your victimhood, too. You're not a victim. ... God has a beautiful economy to His System. He's very economical. These things are not just there to be there. They're there for our Growth and Upliftment. Use it! And it's fun to turn something over to the Light [Of The Most High], to turn it over to the Light [Of The Most High], to see what's going on, to get clear, to be able to breath better, etc., etc. ... So your Focus needs to be on the Spirit you *are* and living the Teachings and using the Power that you have. The Power is in Surrender.

"The Power is in Surrender to this Truth. To the Spirit you *are*. The Power isn't in your assertion. ... We're asked to give up our willfulness. We're asked to give up our assertion. We're asked to Surrender to the Simple Magnificence of Who and What we *are*. And this 'everydayness' can be a lot of fun and is a lot of fun. It's exciting.

"Can you imagine giving up negativity, Surrendering, Choosing into Spirit and walking in Grace inside yourSelf and being with God *while you're in the body*? Wow! And feeling good and feeling free? And being worry-free, doubt-free, fear-free and all? Wow! That's some good stuff! ..."

"We're required to Excel. To go beyond the 'everydayness.' I'm going to conclude by calling in The Light, once again. ... 'Lord, God send us Your Light and we put this time together into Your Light.' Just allow that negativity! And now ask God to take it and tell yourSelf to let it go and Allow God's Mercy and Kindness, Love and Grace to be Present with you! Now when you can bring your consciousness back here.

"And we'll stop with that. ..."

Our Teacher Generously and Lovingly answered the questions asked following the Satsang and further helped us Lift and Grow from comments as well.

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of Christ. What is That? Each Soul is like a cell in God's Body and each cell contains the Whole. ..."

"And we've forgotten. It's interesting, now we're in the Passover/Easter season and isn't that the story? That we were slaves unto the Pharaoh in Egypt-land. And Egypt-land has to do with fate, karma, with we're in our karmas that we created and we are enslaved. We've enslaved ourSelves to that. And that is death.

"But there's a Way. Just like the Israelites escaped the 'angel of death.' They marked their houses, right? They marked their houses. And they escaped and they wandered in the desert. The desert, of course, is the planet earth, the reincarnational planet. ... So, wander through, wander through, wander through. What was the purpose? ... But to get to the Promised Land. To receive the Ten Commandments, receive the Word of God. And It's only by Receiving that can you enter into the Promised Land.

"But look what happened! Look what happened! The Israelites got so impatient that they ... constructed a golden calf, worshipped a golden idol. And we know that idols are the thoughts and the feelings we've created. Anything that separates us from Spirit. In our impatience, as it were, in our not Knowing we're Soul, that we're Spirit, we've latched onto this and we've worshipped all these things and then just like Moses we can't enter the Promised Land. We're not going to enter the Promised Land as a Soul as long as we've placed other gods before us, the gods of our own thoughts, of our own creation, all the negativity.

"That's the story of how the Soul Progresses on Its Journey and What the point of It is. And the Easter story is the same thing. Got to rise up into the Christed Consciousness. What's the Christed Consciousness? But It's our will and God's Will are One and the Same. And so we practice True Identification. What's the Identification? But with the Spirit we *are*.

"Jesus the Christ gets crucified. He gets crucified on the cross of time and space so if we identify ourSelves in time and space that's our crucifixion, that's where the pain comes, that's where the separation comes, etc. ... So the ability to go into the Resurrection Pattern can only happen in time and space. What's the Resurrection Pattern? I mean it's lovely to think 'oh! Jesus the Christ got Resurrected' and that's it and now we have this holiday called Easter and we can roll eggs and eat chocolate and wear great hats, whatever we do on Easter. ... But there's a Resurrection Pattern and That is through Initiation Into The Sound Current the Soul is sparked awake and It Knows and It Learns how to go into the Soul Body and Be with God.

"So we go from false identity and identifying with our identity here into the Way to Eternal Life. ... It's a Spiritual Process and That [ed.'s note: Dr. Lane is referring to the Resurrection.] was the Demonstration ... what we've done, of course, is we've physicalized the Event. ... We can put what's called a mezuzah on the door ... but that's not it. The Door Post is, of course, the Tenth Door and the comings and goings of the Soul and That's What happens. That's the Demonstration! That's how we get to Be with God. We can only Be with God in the Soul Body. We physically can't Be with Him. ..."

"Because ... you're Soul, you're Spirit, you have to come into That Knowing. You have to re-Cognize, recognize yourSelf as Soul, as Spirit. And there's a Way that's provided and God, in His Kindness and in His Mercy, what does He do? But He makes sure that That's available to us. He gives us a Way Home. He gives you a Resurrection Process. Jesus the Christ said 'That Which I do you, too, shall do only more so' ..."

"But He told us it's our Responsibility. We were told That and That's part of what God's waiting for, the re-Cognition of the Responsibility that we have. And the Teachings Teach us that Responsibility is the ability to respond to the Spirit we *are*. ..."

"God's given us Free Will and we're here to exercise That ... God Loves us so much He's patient ... There's plenty of time. It's called reincarnation. ... Take all the time you need! And that's part of God's Kindness and His Mercy. ... But He's waiting on us to Complete ourSelves because as a cell in His Body He becomes Complete. Then every cell is a Light, a Light, a Light, a Light, a Light, a Light, a Light and we're all One so that there's no difference. ..."

"As the Christ, Jesus said 'I'm in the Father and the Father is in Me' ... So that we *are* One. We *are* One. ... So if the Christed Consciousness

is in us and the Christ said, 'I'm in the Father and the Father is in me' then guess what? The Father is in us ... Because He's living as you so we're God in Manifestation.

"And This is the Opportunity. So God's giving us this Thing called HU-man life so that we can come to Know This ... And God sits and He waits and He's patient and He waits for us to come to Know This. ..."

"But the Reality is that we live in the Oneness of Spirit so that we're One. We're One. So think about it! If we're One how can there be enmity? How could you have hatred? How could you have war or anything else like that? So these are all manifestations of ignorance, of ignoring the fact that we're Spirit and that we're Soul. ..."

"So what is God doing? But He's sitting there holding the Light, waiting for us to re-Cognize that we're That Light. ..."

"God's waiting for us to Know our Essential Nature and we Know that the Nature of the Soul is Joy. Joy. ... It's a quiet Inner Joy, a Peace-fulness, as it were. God's waiting for us to discover That. So what is God asking of us? But He's asking us to give up ... that which we've used to separate us from Soul, from the Spirit we *are* ... Give up your karma! ..."

"God's also waiting for us to Know that - just like Jesus the Christ said 'My Kingdom is not of this world' - ... so our Kingdom is not of this world and yet the ego looks for so much glorification here - status, power, wealth, all that - and it seeks to build up and establish things here rather than Spiritually. ... Jesus wasn't putting down the world or the things of the world. He was talking about the attachment to it. ... How can you be attached and be Focused in Spirit? ..."

"And we also Know that the Soul as It progresses inwardly - this is *while we're in the body* - It comes to a Place in the inner worlds called the Great Void or death. And This is just before what's called the Soul Realm or before It can enter into What's called Eternal Life. And the Soul gets many Opportunities - as many Opportunities as It needs - to be able to travel through the Great Void without attachment because you can't go Home to God ... if you have an attachment.

"... when a Soul has been established in Eternal Life and no longer subject to ... life and death It sits in Adoration of the Father. ... You can't sit in Adoration if there's any attachment because that attachment will pull It back ... to Its creation. ... So God's waiting for us to engage this Process, to be Loving towards one another, to ourSelves and to live the Resurrection Process and ... to go Home to the Promised Land.

"God never reneges on a promise. ... Jesus the Christ said, 'no one comes to the Father except through Me'. He's talking about the Christed Consciousness and the Path that He Demonstrated - the Sound Current. ... 'I'm the Sound Current'- That's What He said! 'I'm the Sound Current.' 'I'm Sound Current.' Period. End of sentence. 'I'm the Sound Current made Manifest.' 'There's a Way Home!' And 'we live in Love!' Real simple! ..."

"But you have to do It correctly and you have to do It as Instructed at the Time of Initiation. ..."

"So the other thing, and in conclusion, is it takes great Courage to see the Face of God. And if we're going to do a numbers game of 'oh! yeah, but everyone else lives like this' ... that's everyone else and they're on a downward spiral. ... If you're Initiated Into The Sound Current you're on a Spiral Of Going Home To God and That's the Purpose of Hu-man life and That's What God is waiting for, for us to live that Process and take It to Completion. Its real simple! ..."

Dr. Lane ended this Sacred Satsang by leading us in a Process. "Lord, God, send us Your Light! And we put this time together into Your Light for the Highest Good.' Now let something arise in you that just gets your goat. [Pause] For whatever reason. Now ask the Lord, God or the Christ to take it and tell yourSelf to let it go! [Pause] Now some of you may have felt ... almost like an electrical current or so ... That has to do with a little karma being cleared, your being closer to the Spirit you *are*. And if you're closer to the Spirit you *are*, then you're closer to God.

"The thing is God is not close to you but He *is* you. So you *already* have done Alignment with that Truth. So in your everydayness, I *Lovingly* encourage your will and God's Will to be One and the Same. That's where the Peace is: 'as the above so the below'.

"And I'll leave you with That."

breaths also ... And He's you. So we Celebrate the Immediacy of God and His Love for us.

"We're taught basically the opposite. You know, that we've sinned and that we've been expelled from the Garden of Eden, etc., etc. and we have to work our way back. The opposite is true. We're so Loved and God cares about us so much that He makes sure that He's available, that there's access to Spirit, to God, that there's a Way to go Home - the Sound Current or the Holy Spirit ..."

"So The Teacher's Birthday Celebrates the Truth of God's Love for us and His Grace. And It's also the Commitment of our Participation in that Field of Grace. OK. It's not like you can do whatever you want and you're not Responsible. ... But that you're held accountable ... and there is Grace ..."

"The Teachings Of The Path Of Soul Transcendence Teach us that it's both. It's Grace and our effort in Participating in that Forcefield so we have to direct our consciousness into That Forcefield of Grace.

"How do we do That? ... you guys have so much in the way of Tools for That! ... We know that there's the negative polarity; that there's also basic selves that bring forth the karma. And That's all to be used as a jumping-off point into Spirit. So we direct the Focus always into God, always into God, always into God.

"Through the Gift of Initiation Into The Sound Current you have the Ability and the Knowledge to go into the Soul Body and be with God. You go 'in' and 'up', as it were ... into the Soul Body, up with God ... as opposed to "down" and "out" ... into the world and into the karmic fields so you have a whole other way of being.

"So the Celebration of God's Love for us is to be with God. ..."

"We're all His Children and God longs for us to come Home and He's established a Way for us to do That through This Path ... God makes Himself available to us and not only makes Himself available ... but He lives in us as us and the Celebration is Acknowledgement of That Simple Reality ..."

"It has to do with in your everyday life, letting go, Surrendering ... A lot of you, up until now, you use The Teachings for personal gain or ... to have this happen or not happen ... That's not the Purpose of The Teachings ..."

"So it all ... has to do with Acknowledging What you *are* as an Initiate, Which is a Lover of God ... That's what you're asked to do, give yourSelf a great party! You have all the stuff you need for the Greatest Party there is, Which is What? Your Initiatory Tones; being with God and being in the Joy of the Spirit you *are*; being in the Joy of Who and What you *are*! That's Joy! That's Joy!

"And That Celebration has to go on all the time. Doesn't matter what your body's doing. ..."

"The Teachings Teach us two things: Love God with all your Heart and Soul and Might and Love the life He's given you ... and so as you live your life it needs to be in that Celebration of yourSelf as a Lover of God.

"And It does call for discipline, Loving Discipline, being like a disciple, following The Teachings, following The Teacher, following God ... the whole Focus is to be at Spirit ... and anything that stands in the way - that's illusionary and you have all the Tools to just let all that go.

"That's what needs to be in the foreground: God's Love for us ... It's an inner Love at the core of our being ... We need to make It central to our being and to our everyday life. ..."

"So we have the Presence of God, the Immediacy of God, OK. Then guess what? We need to make God central to our Consciousness. Know that we're Loved. Big part of The Teachings is that we're Worthy so you can Accept that Love. Know that you're fine and you're OK. God lives in you as you, well, you

must be OK. I mean It's real simple.

"But we need to consciously ... in our everyday reality *moment-to-moment* be the traffic cop and direct ourSelves into this Love and have God be central to our being. That's the whole point of it all.

"Because guess ... what's going to happen when a Soul has completed Its karmic journeys and goes Home to God? What happens is real simple: It sits in the Inner Worlds in Adoration of God, OK. ..."

"So isn't it nice to know that you can sit in Adoration of God in your own consciousness *while you're in the body* because That's what you're going to be doing for Eternity anyway? For Those Souls Established Home, that's What they do. That's What they do.

"And you're Blessed ... to be Initiates Of The Light Of The Most High in this particular Dispensation, too. ... So the Way to Celebrate God's Love is simply to use what you've been given, use the Gifts that God has given you ... to be a Lover of God.

"And it's so easy to get into basic self stuff. 'Oh! it's too much'; 'You know, I have so much work' ... Part of the expression of Loving God is to give yourSelf every single Opportunity and take advantage of It to Lift ... The Ten-Day Birthday Celebration was ... all about ... Acknowledging that you're a Lover of God, giving yourSelf That and enJoying the Spirit that you *are*.

"That's really the next step ... to step up and Acknowledge Who and What you *are* and the Blessing of the whole thing and the fun and the Joy and to really Celebrate, to really Celebrate!

"We'll stop with that and I encourage you to truly do That!"

The Birthday Satsang was followed by the Sacred Process of the Washing of the Feet, after which Participants shared their experiences. These included "experiencing Peace directly"; "Sacred and gentle"; "Loving experience"; "God's playfulness and the Courage not to be scared of It"; "experience of Purity"; "the pleasure of being with God." Our Teacher then explained: "If you take a look at what's been said, 'peaceful,' 'purity,' 'the pleasure of being with God,' ... that's exactly what I was asking you to step up to in the Satsang. That's how we Celebrate being with God. It's not some ominous task but ... the Peace of Surrender, the Joy of Surrender and being with God. ..."

"Jesus the Christ washed the feet of His disciples as a sign of His Humility, Love and Respect ... but also to illustrate that they need to have the Humility to be a disciple, to follow The Teachings, to follow the Way of the Christed Consciousness. ... not the arrogance or the ego centeredness or going with what the mind directs you to ... but to Surrender that and to let go and to be with the Spirit in Loving discipleship and application. That's the Celebration and That's why we Wash our Feet on The Teacher's Birthday. ..."

"And you are all Spiritually charged with Being a Lover of God ... You guys are truly, truly Blessed. ..."

After the Satsang, Our Teacher's Initiates presented the annual Group Gift to Our Beloved Teacher, a Donation to help pay for Scholarships, Our Teacher's Travel Mission and to support the General Fund. Our Teacher also received personal gifts.

After the Gift-giving, three very talented Initiates sang original songs. The Serenade was followed by a continuation of the banquet of food and refreshments that had preceded the Satsang.

A fun and an en-Joyable time was had by all!