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### "Ignorance As Wisdom: The Master's Mastery - A Participatory Satsang"

Our Teacher, Dr. Roger B. Lane, began the January Satsang by sharing, "... Ignorance is ignoring that we *are* Spirit, that we *are* Soul. That's ignorance. And the remedy of that is education...."

"It struck me in terms of what's been going on for the last decade or so with admissions to schools or colleges, etc. that in the interest of ... affirmative action that the remedy is applied after the fact. You're going to have these kids with inferior education, inferior schools, etc., so let's make up for it by getting them into really good schools that, unfortunately ... they have a really hard time keeping up with unless you are really willing to staff and help them.

"The original intent of affirmative action was take a positive action - affirmative action reach them in the schools that they're at ... and help them where they're at, bring up the level and quality of education in the schools, etc., bring up their education ... So you make information available to these people so that they can have the resources that they need. That was attempted for a short period of time and it got to be expensive so we took the easy way out. ...

I've spoken, actually worked with, some of these people who have been the beneficiaries of affirmative action and, boy! they didn't feel it was very affirmative at all because all it did was reach them when, in a sense, it was too late for them. They didn't have the skills; they didn't have the abilities ... it just didn't work. So the education they didn't get the education. We allowed them to skip what they needed; we allowed them to skip getting the skills developed that they needed and somehow we're going to make that okay and then

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# <u>A Baker's Dozen: Tools For Daily Living</u>



A Baker's Dozen Tools For Daily Living

Roger B. Lane, Ph.D.

GO THERE! Treat YourSelf And Others To This Powerful Gift

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## "Co-operation: Disempowerment? Discordant? Alignment? -A Participatory Satsang"

Our Teacher, Dr. Roger B. Lane, began the February Satsang by saying, "I want to talk a little bit about Cooperation and What That is. ... What is the Cooperation between, as it were? Well, It is between all parties concerned. And Who's concerned? The Spirit you *are*, your conscious self, your high self and your basic selves. ..."

"Let me give you an example! I was talking with someone the other day and she told me she was very angry with someone at work. She told me all the reasons why and I stopped her and I asked her to give up the anger and it was like the craziest thing she had ever heard. Why should she give up the anger when that person who was angry at her was angry, too? So why should she give it up?

"Let's take a look at exactly what goes on! There's obviously a willfulness going on. Determination by the lower self, by the false self, to separate out from the Spirit and to enter into karma and enter into negativity. There was no attempt at Cooperation. It was like letting a three-year-old kid drive your car. Basic self: 'why should I give up my anger? And da da da da da'. But the thing is where are you as a conscious being? You're the traffic cop. You need to direct and decide where the flow goes, where your

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## Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

### SpiritCentral

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Dr. Roger B. Lane

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## **OPEN HOURS**

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number. Tues. Mar. 6, 13, 20, 27; Apr. 3, 10, 17, 24 -- 7:30-8pm EST Weds. Mar. 7, 14, 21, 28; Apr. 4, 11, 18, 25 -- 4:30-5pm EST

## **MEDITATIONS**

Doors close five minutes prior to times listed. Instruction provided.

**CALIFORNIA** Los Angeles area: Every Wednesday 7pm. Also available via teleconference! Please call 310-913-7212 for details.

<u>TENNESSEE</u> Johnson City area: Every 2<sup>nd</sup> and 4<sup>th</sup> Mon. 7pm. Call 423-975-6868 for details.

### **OUTSIDE THE U.S.**

MEXICO Queretaro area: Please call 347-448-2310 for details.

# Cosmos Tree & CRASS in Los Angeles May 11-16, 2018

Created And Facilitated by Founder/Director Dr. Roger B. Lane

> Friday, May 11 Talk given by Dr. Lane - 8pm

Saturday, May 12 Meditation Of The Light Of The Most High - 10:30am Initiations Into The Sound Current On The Path Of Soul Transcendence - 1-2:30 pm Meditation Of The Light Of The Most High - 3pm

> Wednesday, May 16 Meditation Of The Light Of The Most High with Our Teacher - 7:00 pm

For More Details and To Sign Up, Please See Events Page In This Issue of SpiritCentral

## **Events** Calendar

#### <u>NEW YORK</u>

Join Us For An Hour Of

**Spiritual Instruction!** 

"Is Your 'Everydayness'

Humdrum? Humming?

**Flat? - A Participatory** 

Satsang"

March 7, 2018

6:50pm EST

"For What Is The Lord,

God Waiting? -

A Participatory Satsang" April 4, 2018

6:50pm EST

Satsangs

by Dr. Roger B. Lane

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Podcasts!!!

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Mar. 5: "'Right' vs. 'Wrong':

The Boxina Match You've

Already Lost - A Participatory

Satsana"

(MP3 A116)

Apr. 5: "The Myth Of Reality:

A Participatory Satsana"

(MP3 A120)

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GO THERE!

Meditation Of The Light Of The Most High M 7:30pm; W (except 1st Wed. of the month) & Th 6:10pm; Sun 10:30am Mar. 11 & Apr. 8 Sun 10:30am Mar. 25 & Apr. 29: Special 2-hour Meditation

Meditation For Health And Well-Being East Side (Home Center): Tues 8:15pm Mar. 20 & Apr. 17

### VIDEO/DVD SHOWINGS

The 22-part VIDEO Series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below: NEW YORK

New York City: Every Thurs. 6:30pm. Time Warner - Channel 1997 RCN - Channel 84 Verizon (FiOs) - Channel 35

Brooklyn Every Sat. — 4:30pm Cablevision - Channel 68 Time Warner - Channel 35 RCN - Channel 83 Verizon - 43

For those outside New York City, please go to mnn.org at 6:30pm Eastern, Thursdays, Scroll down to "Spirit Channel" Click on "Watch Now"

SHOWINGS & DISCUSSIONS Last Sun. of every month 1-2pm at NYC Center

# JOIN US FOR OUR SUNDAY EVENTS!

SUNDAY PROGRAM March 11 & April 8

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST

Tools For Living Free Reading and Discussion: 12pm EST March 11: #60 Our Responsibility To Know OurSelves As Spirit April 8: #20 For-Giving YourSelf

March 25 & April 29

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST

Video/DVD Showing and Discussion: 1pm EST March 25: #V11 The Only Real Question April 29: #V12 Giraffe Consciousness

#### THE TEACHINGS STUDY GROUP March 11 & April 8 3pm EST

Using articles featured in *SpiriCentral* of Satsangs Given by Dr. Lane Mar. 11: "Ignorance As Wisdom: The Master's Mastery - A Participatory Satsang" Apr. 8 "Co-operation: Disempowerment? Discordant? Alignment? - A Participatory Satsang"

Please read articles and/or watch Video/DVD prior to attending! For details or to attend via teleconference email info@cosmostree.org. More details also on the Events page included with this Issue of *SpiritCentral*.

#### Continued from page 1 - "Ignorance As Wisdom: The Master's Mastery - A Participatory Satsang"

just hopefully they'll just sail through. But that really didn't work. Why? Because we weren't willing to make the effort at the grassroots.

"This doesn't just happen collectively; it happens because of how we see ourSelves individually and what we're willing to do. What's 'grassroot' for each individual? ... The Teachings Teach us What? That we're not our thoughts; we're not our feelings ... we can let go of the karma or, at least, not identify with it and we can move into a 'place' of Freedom. But when we choose to ignore That, ignore that we're Spirit and then we take our thoughts and our feelings as reality and that can drive us nuts. ..."

"So I have a deal that I came up with. You do your ignorance and I'll do my ignorance but my ignorance is going to be a one-eighty of your ignorance. Your ignorance is ignoring that you're Spirit and that you're Soul. My ignorance is to ignore that you're ignoring yourSelf as Soul, as Spirit and I'm going to hold you to That...."

"The Christ, Jesus tells us something interesting. We're not responsible for what passes through us but we're Responsible for what we hold onto. And so when we practice ignorance what are we doing? We're ignoring that basic tenant. We're ignoring that, hey! I can let everything go. There's no reality to that stuff. I can let it all go. ... What does the Teacher do but He ignores your ignorance and holds you to That. And That's what the Master has Mastered. He has Mastered Knowing that He's Spirit, that He's Soul and that He holds you to That because God lives in you as you. So how could you not be That? ..."

"We were told that the Christed Consciousness is *within* us and we're Responsible ... The Master is The Master because He has Mastered Something. He's Mastered the Spiritual Progression. He's Mastered the Way to God. He embodies That and holds those Frequencies and those Realities. And He can show - He's a Wayshower - He can show Souls how to Walk across the Bridge while Serving as That, OK. He can be the Bridge and tell people how to get across.

And not only that He can tell you how to get across without paying a toll. I don't know how many of you got it. And yet you'll live in ignorance and you'll keep on playing 'oh! The toll it takes!' 'The toll it takes!' 'The toll it takes!' But what is the toll but it's the toll of attachment. We attach to the thought. We attach to the feeling. We take it as reality and that's where all the hurt and all the pain of Hu-man life is. It's in the attachment, OK. And it's called Hu-man life. [ed.'s note: Dr. Lane by His tone of voice is indicating that this is a result of people's ignorance and not the Truth]

"In the beginning we chanted the Tone HU, H-U. It's the Name of God as He appears in His First Manifestation. ... That's *within* us. That tells us Who we *are*. We're God in Manifestation. But we've forgotten That and we're confused and the reason we're confused is real simple: we've identified with the world of form; we're identified with thoughts, with feelings, etc. ..."

"We are confused. We've made ourSelves less than God, less than the Spirit we *are*. But 'in the Beginning was the Word and the Word was with God'. The Word is the Sound Current or the Holy Spirit. ... So God created us out of His Own Spirit. And that Spirit is in us and lives in us as Soul, as Spirit. The Student many times ignores That. The Master ignores the Student's ignorance. And That's the saving Grace. ..."

"Because The Master is not permitted to forget. That's His Mastery. He can't forget. He's always at Remembrance. Remembrance. And isn't That What we're doing here? We're given an Opportunity to Remember, to become again a member of the Body of God. Each Soul is like a cell in God's Body. ..."

"We Know that a Soul spends Eternity in Adoration of God. But in order to do That It must be established back Home. It has to hold Its Frequency, the Frequency of God. Otherwise It can't be in that Forcefield. It cannot be with God. ... Through the Initiatory Path there's a Way to be with God *while* we're wearing this thing called the body. ... The Student's ignorance wants to forget That and wants to pretend 'I'm only "human".' The Teacher says, 'Yeah, you're HUman! You're God in Manifestation! The Soul lives in you as you! There's a Way for you to Know That and a Way for you to live That! And That's the whole Purpose of Hu-man life!' ..."

"Nothing matters other than how much you Love God and if you follow the Spiritual Instruction and are able to be Upvibrated and hold that Frequency. That's determined by your own effort. There's Grace but your own efforts. ... It's a question of God's doing It with us not for us. God doesn't do It for us. God does It with us.

"The Christ does It with us. He won't do It for you because God's given us what? We have Free Will. We have the ability to Choose. ...God gave us Free Will. We're here to exercise It. We're here to exercise our Free Will. Our Free Will. It's not going to be blocked. You choose to enter into your negativity - that's fine. You can have it as long as you want. God's patient. It's called reincarnation. His patience is called reincarnation. Take as long as you need! It's not going to be blocked. Eventually you'll realize, 'hey! I've created a lot of hurt, a lot of pain, a lot of separation in my life. Maybe there's a better way.'

"Then we have this thing in Consciousness - or to compound it all - called the cosmic mirror and in Consciousness It sits there. We have a thought, we have a feeling. It gets lodged in the mirror. Like any good mirror we think what is in there is real. ... What do we do with the stuff in the cosmic mirror? We're like little mice fighting our way out of a paper bag ... away from all these creations, all these things that we don't realize are just simply creations and could be dissolved. We think these are objective realities. ... What the Master does ... is He's Mastered that it is all an illusion, everything is an illusion other than God. God's the Only Reality. Everything else is illusionary. ..."

"That tells you something, too, about your thoughts and your feelings and all the obstacles you have to 'overcome', etc., etc. You know, when I hear people talk I listen carefully. What they say has to do with their ideation, how they mocked it up, how they see it, how they understand things. They always talk about getting through their obstacles, past their obstacles. Well, why do you have to get past them? Maybe Spirit wants to have you go around them, lift you over them or just blow them down. But it's the ego that loves to be engaged with that kind of stuff [ed.'s note: Dr. Lane is referring to obstacles to 'overcome']. Part of our ignorance has to do with ignoring the Spirit and identifying with ego, time and space. ..."

"Every moment we can choose other than our negativity. We can choose to go into the schools early and upgrade the education and *each moment* make the Choice to move into Spirit. Or we can do affirmative action at the end of the game, at the end of our life and say, 'OK, God, I didn't spend my life coming to Know mySelf as Soul, as Spirit. I can't hold the Frequency. I don't even know what the Frequency is. I will never ever be able to recognize It if It hit me over the head. But I'm going to go Home to you God just because I'm leaving my body.' There ain't no affirmative action in Heaven. Yet, the whole system is affirmative action because we all have that Opportunity called Hu-man life.

"We want to play it smart and play it cool. And my suggestion is ignore your ignorance. .... Ignore your thoughts, your feelings, that you're anchored in time and space, you're your situation, etc. There's one thing about the Master ... He wants you to be just like Him because He Knows you *are*. You've forgotten that you *are*. He hasn't. So take the Gifts and be just like the Master and have that Mastery yourSelf of ignoring your ignorance! ..."

"I thought we'd end with a Process. So I'm going to call in the Light. ... 'Lord, God, send us Your Light! We put this time together into Your Light for the Highest Good.' Inside yourSelf just let a situation - anything in your life that you're dealing with in which you are insisting that you're just 'human' in that you're ignoring that you *are* Spirit, that you *are* Soul - just allow all that pain and suffering and your identification with the world of form, let it just come to the forefront! Now into the situation give yourSelf the mastery of ignorance, of ignoring this ignorance and Knowing the Truth that you *are* Soul, that you *are* Spirit, that you have Free Will and Choice. See how it is handled. See how you Allow it to be handled and see how you're feeling. When you can bring your Consciousness back here!

"And we'll stop with that."

Following the Satsang, Our Teacher Generously and Lovingly answered questions asked by Participants in the Satsang.

### Continued from page 1 - "Co-operation: Disempowerment? Discordant? Alignment? - A Participatory Satsang"

Consciousness is going to go. It is very, very important. So, just think this person spent - I don't know how long - involved with the list of everything this person had "done" to her, involved with being angry, involved with refusing to get rid of anger. That's all this time separation from the Spirit that was within that being. There was no Cooperation between the Spirit, the Soul *within* and the basic self.

"We know that It doesn't just happen. ... You know that That's What's needed, the internal Cooperation. ... We have a wonderful, wonderful course – Everyday Evolution - that Teaches you how to work with your basics and it's really, really brought out, worked with and talked about outside the formal course. If you do that and you bring them into Alignment or use their energy, the interesting thing is, when you get the basic selves' Cooperation, you've not disempowered them ... You are using their energy, their power, as it were, for your purpose. But, if you allow them to be in charge, you're disempowering yourSelf because you're letting them use their power for what it is designed for, which is to be into negativity, into karma, into reincarnational patterns. So you've disempowered yourSelf. ..."

"But you have another choice. [ed.'s note: Dr. Lane is referring to the Initiation Into The Sound Current offered by Dr. Lane] You have an ability to Choose into the Spirit you *are*. If you've taken Initiation you have *access* into the Sound Current on The Path Of Soul Transcendence ... then guess What? You have *access* into Spirit. ..."

"The great illusion is that we're separate because we happen to be in a physical body. We're separate. That's because the lower self, the false self, is very materialistic. It operates by the world of the senses. So, if it can't see it, it doesn't exist. Yet, you can't see the air you breathe and yet you'll breathe it. ..."

"But those Souls that are Blessed with Initiation Into The Sound Current - They know how to go into the Soul Body and, through the Tenth Door, be with God. And, of course, that's the Upper Part Of The Third Eye. So you can be with God *while you're in the body* and do this consciously. Wow! That's really something! That's Where the Power *is*..."

"If you Choose into Grace then Grace It is. If you choose into karma, then karma it is. Now, through God's Kindness and Mercy there's a Path open to Him through the Initiatory Process to Know Him. And then the Teacher many times may say, 'Hey! You know, you may want to reconsider your choice. You may want to Choose into Grace rather than karma.' ... Think about it! Do you as an ego being - isolated in time and space - have more Power than the Soul *within* you? So we want to watch what we're doing. ..."

"We're created in the Image of God so we're the Same Essence as God is. So you have that Frequency, that Vibration. ... It's important to enable, to empower ourSelves. ... What about the real Power as the Spirit you *are*?

"It breaks my heart to see people choose into negativity and persist in it, persist in it and then come up with reasons why. Reasons why. And, of course, all you're doing is giving up your sovereignty as Spirit and allowing the mind to be in control.... At some point, at some point you will need to Cooperate as a Soul in the body you're in, (and) as a conscious self, and move into Alignment with the Spirit you *are*. Be lined up with It ..."

"The thing we know about the basics is that if you're not paying attention to them they have their ways of making you pay attention and you may not like their ways. And they'll cause you to go out into the world if you give over your power. Oh! they'll get your attention if you're not giving them your attention. ..." "We want to Cooperate within ourSelves between the basic selves, the false self and the Spirit we *are* through the conscious self directing because we feel better, we get to be more nearly Present, we get to move into Love, etc. ..."

"People come to me when they have their 'problems' and... the Solutions come when they get Present. Wow! That's Power. That's really Power. And the Power is being Present with God *each moment*...."

"And illness really is the Opportunity to move into Alignment. It's the Opportunity to Know yourSelf as Soul, as Spirit and to recognize the difference between your choice and where you're at. Is that blame? No, not blaming anybody. It's Blame-less Responsibility; just pointing out what our Responsibility is.

"Our Responsibility is to be in Alignment and to be harmonious. We have Peace in the world when 'the above is as the below'. That means What I'm talking about ... the Spirit we *are* and the physical body, mental body and emotional body are in Alignment with their counterparts ... in the Spirit. They're all in Alignment with God. ... Christed Consciousness is your will and God's Will are One and the Same. ... It's a constant process of Letting Go, Allowing Spirit to move things; Trusting, Allowing and Receiving. And *always* in the foreground bearing the Knowing and Knowledge that, 'Hey! I *am* Spirit.' ... You need to work things from inside out. ... If you make Meditation the priority, the time will be found for It. ..."

"Think how Powerful you really are! ... So, what do we need to do? We need to allow the Spirit we *are* and Know that we're Spirit. And we need to have That in the forefront of our being. We need to operate accordingly; everything is in Alignment with That and we go out in the world with That and live in Joy and Peace. ..."

"We're all Souls in these bodies. The game is rigged, eventually every Soul is going Home to God. So why not Cooperate and Allow That? ..."

"Cooperate! You'll feel better. It's good for your health. It's good for your physical, mental well-being; you'll be happier; you'll enjoy being on this planet more, etc. ..."

"And you'll be in Alignment with the Divine Will and with the Divine, with the Spirit that you *are*. And you'll Fulfill the Purpose of life ... so give It to yourSelf. That's crucial! We'll stop with the formal Satsang and I'd like to do a quick Process ..."

"I'll begin by calling in The Light Of The Most High, 'Lord, God, send us Your Light! And we put this time together into Your Light for the Highest Good.' Now have within you come up where you're not Cooperating at all within yourSelf regarding something going on in your life! Now Choose Cooperation! The Knowledge that you *are* Spirit and guiding the basic self to be in Alignment with That. [Pause] Just do a quick inventory and see under which condition do you feel better physically, emotionally, mentally! What just feels a lot better?

"And we'll stop with that."

Our Teacher Generously and Lovingly answered the question asked following the Satsang and responded to a comment as well, all for our continued Growth and Upliftment!