



# Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies September/October 2017

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### **“How To LEARN: A Participatory Satsang”**

Our Teacher, Dr. Roger B. Lane, began the July Satsang by explaining how we LEARN. “How do we LEARN as Human beings? And that’s the key. We started off doing a Meditation. HU. H-U. That’s an old, ancient name of the Lord, God and It’s His First Manifestation. It’s the Frequency, the Vibration of the Lord, God as He Manifests. That also tells us Who we *are*; we’re HUmans, we’re God in Manifestation and we’ve forgotten That. And all our LEARNing is connected to helping us Remember that simple fact, the simple Truth that we *are* Spirit. We *are* Soul. We *are* God. And that God lives in us *as* us. It’s all about That.

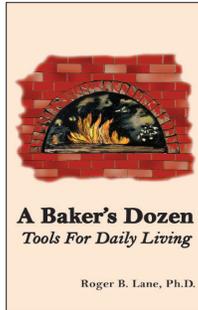
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### **“How To Handle Floods: A Participatory Satsang”**

Our Teacher, Dr. Roger B. Lane, began the August Satsang by saying, “I actually was inspired to give this Talk - at least the topic of It - by an article I read about how Holland, also known as the Netherlands, handles its flooding ‘problem’: As you know, Holland is a low country. It is at sea level and they’re the ones with the dikes and they know how to hold back the water and they have this incredible system of dikes and pulleys, etc. But what happened a couple of years ago was that the dike preventing the flooding from coming in from the North Sea just burst open and the country got inundated. Being Dutch, they all got together and figured out how to work it. . . .”

Continued on page 4

## **A Baker’s Dozen: Tools For Daily Living**



**Dr. Lane’s New Book!**  
**A Day-To-Day Guide To Living Your Life  
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**COSMOS TREE STORE:** <https://shop.cosmostree.org/products/a-bakers-dozen-tools-for-daily-living>

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### **Baby Blessing On The Soul Present With Henry Charles Blank**

On Saturday August 19, surrounded by Initiates Of The Light Of The Most High, Our Teacher performed a Baby Blessing on the Soul present with Henry Charles Blank, born on May 15, 2017. In attendance were the mother, Amy Blank, who is a Loving and Devoted Minister Of The Light And Sound Of The Lord, God, and the father, Duane Blank, who are both very much Beloved by Our Teacher as is their family.

Dr. Lane began by calling in the Light Of The Most High. Our Teacher then explained “why we do what we do. A Baby Blessing is a Light Initiation. And the reason we do That is to give the Soul Present with the baby a ‘leg up’. And when It does what It does, It has the Soul make contact with the Light Of The Most High; and, as a result, its karmic path is altered and accelerated and That’s the Blessing. Also what happens is that depending on the Soul Present . . . I’ll take as much karma off of that Soul as permitted. And I’ll give a little information. Usually the Soul will Allow the Blessing to come forth . . . it looks like This One will! . . .”

As Dr. Lane had explained at a previous Baby Blessing, a Baby Blessing gives the Soul “a jump start” so that “It will be able to hold strong” along the negative polarity and to assist It in Its Spiritual Progression. Below the Soul Level, as the Holy Spirit or the Sound Current enters manifested life or duality, It splits along the negative and Positive polarities. Along the negative polarity It is the Light; along the Positive Polarity It is the Sound. A Baby Blessing is a Light Initiation. A Sound Current Initiation or Initiation Into The Path Of Soul Transcendence requires volition, which a baby has not yet acquired.

Moreover, as Dr. Lane has also explained regarding Baby Blessings: “Grace extends through the family of an Initiate and extends through the Souls of the families for generation and generation and generation.”

Dr. Lane asked that the mother and father come forward and hold the baby by the feet and the head and neck, respectively; after which Our Teacher asked that the Godmother, Rev. Valentina Islieb, a Minister

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# Events Calendar

## Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

### SpiritCentral

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### Fall Semester

## How To Live Royally As The Spirit You Are

10 weeks, Wednesdays, October 4th - December 13th, 2017

7:45-9:15pm

(Except 1st Wednesday of the month when Class begins 8:15pm. No Class 11/22)

Taught by Dr. Roger B. Lane

Identify and define what you really want in your everyday/Spiritual life and Learn:

- How to Focus
- How to give yourself the changes you desire
- How to use your achievements and experiences to move on
- How to use everything for your advantage
- How to be the Spirit You Are

Payment: \$62 and additional payments of \$31 for Classes 2 - 9 or \$300 for Series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63/\$31.50/\$310 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS, 1461A First Ave. - Ste. #182, New York, NY 10075. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

### OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Sept. 5, 12, 19, 26;

Oct. 3, 10, 17, 24, 31 -- 7:30-8pm EST

Weds. Sept. 6, 13, 20, 27;

Oct. 4, 11, 18, 25 -- 4:30-5pm EST

### MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

### CALIFORNIA

**Los Angeles area:** Every Wednesday 7pm. Please call 310-913-7212 for details.

**San Francisco area:** Every Wednesday 7pm. Please call 847-414-6462 for details.

### TENNESSEE

**Johnson City area:** Every 2<sup>nd</sup> and 4<sup>th</sup> Mon. 7pm. Call 423-975-6868 for details.

### OUTSIDE THE U.S.

### MEXICO

**Queretaro area:** Please call 347-448-2310 for details.

### NEW YORK

*Meditation Of The Light Of The Most High*

**M** 7:30pm; **W** (except 1st Wed. of the month) & **Th** 6:10pm;

**Sun** 10:30am Sep. 10 & Oct. 8

**Sun** 10:30am Sep. 24 & Oct. 29:

Special 2-hour Meditation

*Meditation For Health And Well-Being*

East Side (Home Center):

**Tues** 8:15pm Sep. 19 & Oct. 17

### VIDEO/DVD SHOWINGS

*The 22-part VIDEO Series*

"Understanding the Spirit You Are"

is available for viewing or purchase

at all Centers and for viewing on

cable television stations listed below:

#### NEW YORK

**New York City:**

Every Thurs. 6:30pm.

Time Warner - Channel 1997

RCN - Channel 84

Verizon (FiOs) - Channel 35

**Brooklyn**

Every Sat. — 4:30pm

Cablevision - Channel 68

Time Warner - Channel 35

RCN - Channel 83

Verizon - 43

For those outside New York

City, please go to mnn.org at

6:30pm Eastern,

Thursdays,

Scroll down to "Spirit Channel"

Click on "Watch Now"

### SHOWINGS & DISCUSSIONS

Last Sun. of every month

1-2pm at NYC Center

Join Us For An Hour Of  
Spiritual Instruction!

*"Are You An  
Environmentalist?:  
A Participatory Satsang"*

**September 6, 2017**

**6:50pm EST**

**TBA**

**October 4, 2017**

**6:50pm EST**

**Satsangs  
by Dr. Roger B. Lane**

Available at All Centers

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Podcasts!!!

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spiritcentral.org

*Sept. 5: "Reference Points:  
Past, Future Or Opportunity? -  
A Participatory Satsang"  
(MP3 A224)*

*Oct. 5: "The Predominant  
Emotion On The Planet -  
Part II: The Mask Of Anger  
And The Face Underneath"  
(MP3 A100)*

**Read The Blog On  
cosmostree.org  
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## JOIN US FOR OUR SUNDAY PROGRAMS!

### SEPTEMBER 10TH & OCTOBER 8TH

**Meditation Of The Light Of The Most High: 10:30am EST**

**Tools For Living Free Reading and Discussion: 12pm EST**

September 10th: #144 What It Means To Be HU-man

October 8th: #147 What Is Discipline? - Part II

**The Teachings Study Group: 3pm EST**

Using articles featured in *SpiritCentral* of Satsangs given by Dr. Lane

Sept. 10th: "How To LEARN: A Participatory Satsang"

Oct. 8th: "How To Handle Floods: A Participatory Satsang"

### SEPTEMBER 24TH & OCTOBER 29TH

**Meditation Of The Light Of The Most High: 10:30am EST**

**Video/DVD Showing and Discussion: 1pm EST**

September 24th: #V5 The Power Of Choice

October 29th: #V6 Commitment: The Gift Of Giving Your Self To Yourself

Please read articles and/or watch Video/DVD prior to attending Program!

For details or to attend via Teleconference email info@cosmostree.org.

More details also on the Events page included with this Issue of *SpiritCentral*.

"And LEARNing is, as I describe It, built on an acronym. ... I'll run you through It. The 'L' is for Loving. ... Loving is unconditional. There are no conditions on it. It's unlimited. ... As we are Loved by Spirit, by God, by the Christ - That's the Love. The Unconditional Loving. And if you notice, it is Loving. '-ing.' So it is active. It's *very* active. ... Motivated by the Spirit in Love and as Love because that's really Who and What we *are* and What God *is*.

"The 'E' stands for Elevate. When we LEARN, the whole purpose of LEARNing is to be Elevated, is to rise up in our Consciousnesses, is to Allow ourSelves to be Awakened more and more and more to the Spirit we *are*. ... The whole purpose of LEARNing is this Elevation into a Christed Consciousness. Obviously, there is a way to do That - Initiation Into The Sound Current. Then you have to work It; that's the Gift! That's the Gift. ... Every Soul has this thing called the Christed Consciousness but It lies asleep in us. Jesus was born in a manger ... and He Fulfilled the Divine Drama that had to be Fulfilled. ... He always Knew that God was Present with Him, Which, of course, is a great Demonstration of the Christed Consciousness. It's a Wonder-full Demonstration. God was *always* with Him and Jesus the Christ Knew that consciously. And that Elevation is ... That. That we come to Remember that, yeah, God is *always* with us... So the Elevation is Allowing ourSelves to be Present with God. That's the purpose of the LEARNing. ..."

"The LEARNing is for us to Know It. Take It inside ourSelves and actually Know It. ... We don't want to know just the facts; we want to Know through experience. ... We're LEARNing about ourSelves as Soul, as Spirit, and we're LEARNing about how Consciousness works. ..."

"The 'A' stands for Application. We need to Apply what we've LEARNed. If you LEARN about Forgiveness, you want to actively Apply It and Forgive. ... So it is Application. ... God gives us all the Opportunities we need to Apply and LEARN. ..."

"With kids, and really, the way anybody LEARNs is through repetition. That's the 'R' in LEARN. We have to Apply It and through the Application, repeatedly. ... You've got to get it good. Just like if you're playing a sport or anything athletic you've got to practice, practice, practice and do it perfectly. You get the muscle memory. ... God is patient so He gives us as a Soul the Opportunity to repeat and repeat and repeat and repeat and repeat and repeat all the Opportunities that we didn't take to LEARN. And, of course, those opportunities are called reincarnation. ... Every Soul goes to Completion here. Take all the time you want but you, too, shall be Christed. To be Christed: when your will and God's Will are One and the Same. Then there's no karma - all that has been cleared, and you Know yourSelf as Soul, as Spirit. ..."

"God, in His Kindness and Mercy, gives us a Way to Remember Who and What we *are*. So we're not forgotten and we're Loved and we're cared about. That's pretty incredible. That's pretty incredible. We're Loved and we're cared about. ... The whole purpose of the LEARNing is to be in the Oneness. ... The LEARNing is all about Surrendering into This Knowing and into the Unconditional Loving that's here for us. ..."

"So what does the 'N' stand for? Loving, Elevates, Application, Repeated, Neutrally. Neutrally. ... Why Neutrally? Couple of reasons. One is we need not to judge how we LEARN, the speed of our LEARNing or anything else like that. ... The Choice is to go with the LEARNing ... So then this whole thing has become an Opportunity for me to Lift and to be Elevated into the Spirit I *am*; to give away, to give up the anger, and my insistence, and my agenda. ... I can give that up. One of the nice things about having a child, a small child, is constantly doing That. Constantly in the exercise of Surrender, Surrender, Surrender and being there for someone else. Being there for someone else. Always giving up your

agenda, always giving up your agenda. That's what a parent does.

"So when we LEARN Neutrally we need to LEARN how to LEARN Neutrally. We need to give up any judgments about how we're LEARNing, how long It's taken and the way It works. ... That's what's really important, too, about LEARNing and Neutrality - there's always an 'etc.' with It. You never want to close the book on the LEARNing. ... You want to leave yourSelf open to the continued LEARNing about it. ... So you always want to keep the LEARNing Neutral and never want to put an end to It. ... The Understanding always grows and increases and you need to Allow yourSelf to be open to It. That's what's really, really important.

"So let's review it. I'll repeat. 'L' for Loving. Notice that It's Unconditional and It's active. ... 'E' for Elevates. That we're Allowing ourSelves to be Lifted into the Remembrance of Who we *are* as Soul, as Spirit. 'A' is Application. We want to Apply our LEARNing. ... It is very practical. Spirituality and this Path that I Teach - It is very practical. ..."

"We know that we're here for this karmic LEARNing... So why sit in judgment of yourSelf for what you've agreed to LEARN? ... God doesn't judge. The Christ doesn't judge. Why would you judge? You know, it's Interesting. Souls when they're under the lords of karma - and unless you're Walking an Initiatory Sound Current Approach you are Souls under the lords of karma - when the Soul leaves the body It's brought to a place in the inner worlds. It's called the satanael. And it's been bastardized and misunderstood to mean 'satan' but it's not, not at all. And there you're judged. Guess what you're judged according to? Only one criteria: How much have you fulfilled your karmic learning? How much have you grown in Love and in Light [Of The Most High]? And then you're placed accordingly in the inner worlds. So 'the judgment' isn't even in terms of good, bad or anything else like that. The judgment is how much have you grown, how much have you LEARNed, how much have you fulfilled your fate karma? Can't lose with that! ... Why would you sit here and judge yourSelf? Of course, if you judge you've created karma. You've created separation from God. You're the one in hurt and pain. That's the attachment. We know that in this thing called life that all hurt and pain comes from attachment. So I Lovingly Suggest that when we LEARN, we LEARN Neutrally. ..."

"Just get quiet and we'll call in the Light (Of The Most High) That I work with ... 'Lord, God, send us Your Light! We put this exercise into Your Light for the Highest Good and we ask that only That Which is for the Highest Good come forth.' ... Just inside yourSelf get nice and quiet and Allow something you've been struggling with to come forth, something you're really trying to Understand, something that you honestly and sincerely are groping with. Now Apply LEARNing to it, Loving that whole experience! Be Committed to Allowing that whole experience and your LEARNing about it to Elevate you! Apply the LEARNing and, if the LEARNing isn't complete, Apply the Loving and do it repeatedly in that situation! Do it without any judgment on yourSelf! When you can, bring your Consciousness back here. You may find, have found that the very thing that puzzled you and you were groping with disappears and the charge with it. ..."

"You need, really, to be a scholar of your own inner experience, your own inner world - not in an egotistical way or a self-absorbed way - just (in an) interested, scientific way. ... Everything in this world is inside and out and backwards. ... It's all set up that we'll get our LEARNing by and by. We'll get our LEARNing; that's for sure!"

Our Teacher Generously and Lovingly answered the questions asked following the Satsang.

**Continued from page 1 - "How To Handle Floods: A Participatory Satsang"**

"Let me just talk about that approach in contradistinction to what we did here! ... Sure enough, about five years ago we had that storm, that hurricane, and we had flooding. And it was in exactly the same places that the marine biology people and specialists had predicted. ... This is really interesting: We were put on notice and we did nothing. Then this thing happened and it's been five years and we've done nothing. ... Isn't it just like people to act that way? We're put on notice ... we slough it off and not do anything. I really hope that's not so and 'lo and behold ... I read this article about what they're doing in the Netherlands.

"The interesting thing was it became a way to lift and solve some of the social 'problems' in that country. So, for example, Holland attracts a lot of people from other cultures, other religions, etc. and what usually happens is that they isolate themselves ... So they decided to start to integrate these communities. ... And they wanted to have a vibrant, diverse country with cities where everybody partook. There was no isolation; there was no segregation going on. So what they did in the areas that mainly attracted immigrants and poor people is they built parks and they built shopping centers that would attract all different kinds of people. But guess what? These weren't just shopping centers and parks. However they constructed it, there were storage tanks set up so that when there was flooding they could, in a short amount of time, have accessible these storage tanks that could hold millions, billions of gallons of water. ... They built enormous parking garages so people could come into these areas and these parking garages would convert ... into water storage facilities. ... Handling the flooding possibilities and the 'problems' became a whole way of solving social ills.

"What was the one thing that changed it all? Somebody had the insight that for all these years their expertise was all about keeping the water away. ... And then they could no longer do it; the North Sea had burst through their system ... So they decided to go from keeping it away and trying to control it to working with it. 'Let's work with it!' And that's what they did. ... And they used it to solve many social 'problems' ..."

"From that tremendous change in consciousness - not protecting anything, not protecting themselves, not controlling anything, not trying to keep it away - but rather working with it ... that little shift in their thinking resulted in much good. ..."

"What Holland did outwardly, in terms of the environment, is really what's needed and what we Teach ... And that is we don't resist when we get flooding of our emotions, our thoughts, our feelings, whether we're rageful; full of anger; wrathful; etc. If we try to control it, push it down and repress it we're stuck with it. We're stuck with it. What we need to do is use it to Lift. ... The negativity in the system is there so that the Soul can use it to Lift, to springboard, to springboard. ... Obviously, that negativity is karma. It's the karma you've created either this lifetime or in past lives ... it's brought forth for you in this lifetime. So your karma serves as your Learning. Let me amend that: it's an Opportunity for you to get your Learning. ..."

"Just like the Dutch people integrated the poor people, the immigrants, etc. we have to integrate parts of our Consciousness. We can't afford to have a split. So we have to Know that we're Soul, Know that we're Spirit. ..."

"There is a Way. God in his Kindness produced a Way, a Way to come to Know Him, a Way to be with Him *while you're in the body*, to Know yourself as the Spirit you are. ..."

"You have to keep working! You have to keep integrating what you're Learning! Learning and Learning! And integrating and integrating and integrating! This is practical Spirituality. This is not theoretical stuff. This is to be used. There is a Way and there are Tools here to make it very easy for you to Lift and Grow.

"And I appreciate the battle. I know there is a 'civil war' going on between Knowing yourself as Soul, as Spirit, and keeping your reincarnational patterns going. But I also know something else. That it is a fool's game and it was won a long time ago by The Christ. And I also Know that sooner or later every Soul goes Home to God. So it's a question of when and how you want to do it. ... There's an inner attitude also. ..."

"That's the thing that the Dutch people realized. You can't do battle; eventually you're going to lose. ... They knew it was a losing game and they needed to shift their approach. That's what we need to do. We need to shift our approach from trying to keep the negativity at bay either by living in a ivory tower or being afraid of creating negativity, etc., by pushing it down because 'we're so Spiritual'. ... Spiritual means you use everything to Lift into the Spirit that you are. And that's the Gift of the negativity. And you're at Choice. You're at Choice. ..."

"People are in our lives for a reason. Situations are in our lives for a reason. There's no 'randomness' going on. There's no 'randomness' going on. ... So we need to work with our negativity. ... We need to Allow it. We need to use it to integrate parts of ourselves, see? Because I know if I'm angry at someone and have a judgment on someone all that is a projection. It's a projection from me because I haven't accepted that part of myself. So, I'll recall the projection and accept that part of myself. If you get jealous of someone it just means that you have a thought form that you're running that you can't have it or be like them. But, in point of fact, you can. ..."

"We need to let our judgments go, our attitude towards ourselves go and we need to transmute it into Love. And it's very easy to say, 'God is Love'. But then you need to Allow yourself to be that Love and Allow that Love. We're Loved Unconditionally and we need to Apply that same Unconditional Love to ourselves. That's how we Lift all of us. Lift every part of our Consciousness. We use it for the greater good and we Lift others as well. ..."

We are One with God. We are created in His Image. We're created out of the Sound Current. ... That Vibratory Frequency, we need to Accept and work with and Allow It to be in charge. ... We're God in Manifestation. If you look at the world outwardly it's pretty obvious that we've forgotten It. God's given us Free Will ... We have the Choice to push away what God's given us ..."

"Part of Unconditional Loving of ourselves is Accepting. ... Always Accept what God wants to give you! So there's no judgment ... All you have to do is just Receive! Receive! Receive! Receive! Receive! Receive! And that's how the 'floodgates' work!

"And that's how things really are. Nothing to protect yourself from, nothing to be afraid of, nothing to repress, nothing to control, etc!

"And we'll stop with that."

Our Teacher Generously and Lovingly answered the questions asked following the Satsang.

**Continued from page 1 - Baby Blessing On The Soul Present With Henry Charles Blank**

Of The Light And Sound Of The Lord, God, and the Godfather, Howard Grossman, both devoted Initiates Of The Light Of The Most High and dearly Beloved by Our Teacher, come forward and gently place their hands underneath the child.

At this time, the Blessing began with Our Teacher calling in the Light Of The Most High: "Lord, God, send us Your Light! We put this time together into Your Light for the Highest Good! And we Bring Forth the Blessing of Light to your (Spiritual) Heart ... 'He's a very bright boy. He'll be conscientious, leans towards the arts. Don't be surprised if he writes poetry as well ... This fellow has a real intellectual bent. It needs to be encouraged; and he will also navigate to sports, at least for a while. ...'" Our Teacher then gave Henry the Opportunity to let go of karma, which he did so easily that Dr. Lane commented that we adults need to Learn to let go of negativity as easily as this 13-week-old child did!

Henry was then given a beautiful Baby Blessing Certificate, which Our Teacher read out loud: "This is to Honor and confirm that a Blessing Of The Light Of The Most High has been placed with the Soul Present with Henry Charles Blank by the Reverend Roger B. Lane on August 19, 2017. I have signed the Certificate and there is the seal of the Center For Religion And Advanced Spiritual Studies on It.

"That completes It," Our Teacher said before speaking directly to the two Godparents: "And I do want to say a word about the purpose of Godparents. Both of you are charged to act as beacons, guiding lights, to help the Soul Present with this fellow as he goes through this life to stay Centered and Focused on the Light Of The Most High. There may be times - I'm sure you may remember - as a child gets older he sometimes can't talk to his parent(s) and you need to make yourselves available so he can talk to you. That's it!"

Our Teacher, Henry, his parents and the Godparents then got together for picture-taking followed by the sharing of refreshments.

To all of this writer's Blessed Fellow Initiates: Please give these Baby Blessings to yourselves each time they are offered! They are extremely important Opportunities to Lift and Grow; and, most of all, to be in the Presence of Our Teacher!