

Tools For Living Free

NUMBER 94 IN THIS ONGOING EDUCATIONAL SERIES

THE DIVINE PLAN AND YOU

Excerpts and "Try This" from the Satsang "The Winner Is!" (TAPE/CD #A78)

"...And who or what is the Winner? But, the Winner is You in the form of the Formless One, in Spirit. Spirit has already won the game. What am I talking about?"

"And because we're wearing a human body we tend to have things inside out and backwards. We tend to have things a little bit screwy, OK. And the reason things are screwy is because of the karma that sits on us. We can't see clearly. Things get distorted. Things aren't clear. So we see through, as it were, the prism of our own karma..."

"And one of the ways we get things reversed or inside out and backward is we have a battle going. And the battle is the material world or the mind versus the Spirit, the Spiritual. And it's set up that it seems that the mind and the lower consciousness want to win the battle. And if we let go and we go into Spirit, we make this equation in our heads that somehow we're going to 'die'. Somehow, if we let go of this there's going to be a 'death' happening on some level and we're afraid to do it and we're going to lose. And what really wins is the false self or the basic selves - the part of us that's always involved with what? With the negative pole, with reincarnating, etc., etc."

"And we've made choices so we come and we've chosen away from Spirit and we've created our re-embodiments. But the Plan is that each Soul winds up in exactly the same place It 'began' and where did It 'begin'? It 'began' with God. And so It enters into the world, into the manifested world, and then It completes Its journey and goes Home through lifetime after lifetime after lifetime after lifetime, OK? There's no doubt about the conclusion. It's already been assured. That's the Divine Plan, that's God's Plan, that's the Divine Architect's Plan for the human race. We go Home to God after completing our embodiment patterns."

"Now how come I can take two kids raised in the same family with the same experiences and they'll have different responses to things? That tells us something, too. Tells us it's not the thing itself, but it's the karma behind it that's upon the Soul, that comes into the situation, that comes into the family structure with the karma and Souls' having kind of forgotten as to Their own Divinity, because that's

why we're here. God loves us so much we get a chance to come to remember ourSelves: 'You don't remember? Have a lifetime. It's a tremendous Gift - this life. Have a lifetime! You didn't use it properly? You're a dummy? Hey, that's OK! I love you anyway! Have another one!' 'I didn't know. Karma. Shwarma. Soul, fole. I don't know. I'm just going to go make a living, raise my kids and I'm going to drop dead - that's all.' 'Good! Another dummy, another lifetime; have another body!'

"And, eventually, the Soul starts to get it. It starts to get it; It starts to get it; It starts to learn; It starts to incorporate; and It starts to recognize Its power. And it's the power, really, of the Commander of the Whole Universe because man 'shall have dominion' over all things. Not being powerful against someone, 'Well, you know, I'm an Orthodox Christian and you're a Roman Christian. I don't like you. Let me kill you!' Or, 'You're a Muslim. You're a Jew. Let's kill each other! Hey, great idea! Let's keep it going!' Not that. Or, 'I don't like the politics of your country. I don't like the guy who governs your country. Let's get in there and smash it up!' Great idea, huh? Boy, aren't we something? Not talking about those politics and that power. That's not power. That's just the karma going back and forth."

"So, the truth is people really don't know what they're responding to. But the pull on each person is tremendous and it seems real and we love to keep the hurt going; we love to keep the pain going; we love to keep the sorrow going in lots of ways, many times because we're afraid of what's going to take its place. But there's nothing to take its place because the 'Thing' has always been there and what's the 'Thing'? Well, It's Spirit. It's the Spirit You Are. It's the Soul. That's the Winner.

"Every Soul is going to finish Its karmic journeys here eventually. So all your attempts to hold onto stuff here - it's not going to win; you're not going to win; this stuff is not going to win. You ever see a funeral procession? Well, what goes in there? I mean does the person's furniture go in there? Does the bank account go there? Is there like a car - let's put all the status in there; let's put all the fame in there. No. Nothing goes other than what the Soul has vibrated to. That's the only thing we take with us. That's the Winner in each lifetime.

But also, overall, that's the Divine Plan.

"...And we've made choices so we come and we've chosen away from Spirit and we've created our re-embodiments. But the Plan is that each Soul winds up in exactly the same 'place' It 'began' and where did It 'begin'? It began with God.

...There's no doubt about the conclusion. It's already been assured. That's the Divine Plan, that's God's Plan, that's the Divine Architect's Plan for the human race. We go Home to God after completing our embodiment patterns."

*Excerpts from the Satsang
"The Winner Is!" TAPE/
CD #A78*

Spirit's won. And we have a choice as people in this embodiment, in the fashion statement we're making now, in these bodies. We can choose to lovingly go with that fact, 'Hey, I am Spirit. I was given free will. I have choice. I can choose away from the negativity no matter how real it seems.' Some of this stuff seems so real. The stuff we imagine - the fears we have, the emotions we have - seems so real. The thoughts we have seem real. The reason for that is real simple: because how they sit on the Soul. They (the stuff we imagine) sit the closest to the physical. So it seems the most real; it seems the most concrete.

"But, in reality, the only thing that's real is the Spirit. And that's already won..."

"See, and how it works is every thought we have, every feeling we have, every imagination we have - those are creations and they're created somewhere. And we're responsible for them. We imagine something - it's a creation on the astral plane and we wear it in that body. Every feeling we have - it's a creation on the causal plane - and it sits there and it vibrates. We're responsible for that. Every creation we're responsible for. And each creation stands

between us and the Spirit we are. But, if, eventually, we're going to come into the knowledge that we're Spirit, why create anything other than being with God inside ourSelves? (It) doesn't make any sense."

"So, we're all responsible. But my question is, 'Hey! if you know you're Spirit and, eventually, you can't have any of these creations, why do you keep making these creations now that later on you're going to have to be responsible for?' And through the Gift of Initiation that's how the karma gets cleared, but it must get cleared, it must get cleared. So why create stuff that has to get cleared? It's pointless..."

"See, there's no game. But we do have to play the Game of Life. But, at least, let's play it smartly! Let's be smart! How are we going to play the Game of Life? Know that the Spirit in you has already won; that It's assured that you go Home, that God's Caring and His Love for you is there all the time... And go with a Winner because It's already won. And the Winner is You. It's the Spirit inside of you."

Case Study

Working on this Case Study was perfect for my recent experiences because I realized how easy it is for me and for all humans to "let" others win. It seemed much easier to allow and feed everything outside of mySelf rather than take responsibility within mySelf as the Spirit I am. Everything but the Truth seemed very real and, up until now, I continually kept attachments around because of fear or whatever else it may be.

Each experience gave me the opportunity to make a choice of how I was going to "let" the outside stuff affect me. Everything stacked upon each other, constantly giving me the opportunity to strengthen mySelf spiritually. As soon as I "thought/felt" I was getting the learning...BAM!!!!...something else happened and I was faced with a choice of how I was going to react; either, to Spirit or to the negativity. This was demonstrated while working with different people. I REALLY got the truth of how people, including mySelf, really don't know what we're responding to. For example, I made a comment to another person and this person interpreted it and took it totally out of context. Initially, I "defended" mySelf but then realized that it was irrelevant and my reaction was coming from a past reference.

No matter what the situation, I learned to recognize my power and let go of creations that stand

between me and Spirit by 1. Calling in the Light of the Most High by saying "Lord, God for the Highest Good send me Your Light and send This Light to My Teacher!"; 2. Asking God to take any reference points and/or attachments and; 3. Telling mySelf "I'm okay; let go and Allow Spirit." Totally aware of my free will and choice to work each situation positively, all I needed to do was direct my focus by choosing to be Present, doing the process above and, through Self-Talk and other Tools such as *Tools For Living Free* (TFLF), TAPES/CDs and Service, working with the part of mySelf that fears God. Make a choice even if I don't know the how, what, when, where or why's and let Spirit come in.

In this process it showed me Who and What the true Winner Is!: The Spirit I am. Everything else is just a way to keep myself (lower self) in control. There's every excuse in the book I could use to validate or support why I do what I do, but the bottom line in each situation is being humble enough to let go of my ego and accept the process of mySelf and others.

Practicing Eternal Vigilance *moment-to-moment* and following God's Way by going with the Winner/Spirit and being Present, I found it much easier to Live the Light of the Most High and let everything flow from That.

Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "For the Highest Good, Lord, God send me Your Light!"
2. Let a situation come forward in which you feel a lot of hurt, pain and attachment.
3. Say inside yourSelf, "Lord, God, for the Highest Good, take my karma; take my attachments!"
4. Tell yourSelf, "(name), it's okay to let it go!"
5. Say inside yourSelf, "Lord, God move on this situation!"
6. Tell yourSelf, "(name), it's okay to let it go!"
7. Make a choice to actively participate in the Divine Plan by contacting any Regional Center and requesting Initiation into the Path of Soul Transcendence.

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Try This

"Before we stop, what I'd like you to do is get nice and quiet. Just let spontaneously a situation occur that you have a lot of hurt and pain over. OK. Now just make a choice - even if you don't know how, what, when or where - that you've decided to let the Spirit in you prevail and to drop all that hurt and pain. Somehow allow the Spirit to come in and say, 'Lord, God move on this situation!' and tell yourSelf, 'it's okay to let it go!' And let the Spirit come in. There you go! And that hurt and that pain just drops by the wayside. There's no battle, there's

no struggle. You've just got to make the choice; 'OK. I'm going to choose into Spirit'. And you have dominion over all things, including Spirit. You call on Spirit. Spirit 'comes in' for you. Guess who's in charge? You're in charge. Makes you pretty powerful.

So, we don't have to enter this battleground. We don't have to have this internal civil war going on all the time. We can simply choose into Spirit and choose into Spirit and choose into Spirit and choose into Spirit. And it's as simple as that. And we'll stop with that."