

Tools For Living Free

NUMBER 93 IN THIS ONGOING EDUCATIONAL SERIES

SURRENDER EVERYTHING!

Excerpts and "Try This" from the Satsang "What Is Your Next Step?" (TAPE/CD #A77)

"Now, if you take a look at what your next step is... . Basically you're talking about moving beyond surrender, OK, of what you think Surrender is and moving into a true sense of, what? (pause) Of what Surrender really is, OK. In other words, many of us we kind of do bargains and we'll go, 'well gosh, I'll give this up and then "x, y and z" will happen', or 'if I do this, then that will happen', OK. And right away we're in the marketplace and trying to do an exchange with God. We're doing like a commercial exchange thing..."

"And many times in working with people I find that people make translations and it doesn't quite measure up or they're 'experts' in things of the Spirit and they know that if they put something into the Light and it doesn't happen then, well, it's obvious God is a deaf-mute and if it's not obvious that God's a deaf-mute it's because He couldn't care less about them. So, we mock all this stuff up: 'all right, I put it into the Light, but it didn't happen. Well, God's not there or I can never have what I want and all that stuff.' And what we need to do is we need to Surrender our ideas about our ideas, as it were. We need to even Surrender the concepts we have and we need to Surrender even the illusions we have. Because, as painful as it may be, being disillusioned is a wonderful thing. Because look at the word: dis-illusioned; you're being removed from illusion so you're starting to move into Truth - and that's exciting."

"So, it's also about starting to identify who you are properly. In other words, if we look in the physical we look at our mind and our emotions and then guess what? We think we're that. And the nice thing about coming and sitting in Meditation is - even for rank beginners - they get to experience their thoughts and their emotions and the power with them and that many times that energy goes 'round and 'round and 'round but despite how much power that has they're able to know that 'hey, wait a second! there's a place where that stuff doesn't exist' and they can access it.

"So, we are more than our thoughts and we are more than our feelings and that's neat. And it's the thoughts and the feelings and the stuff we keep creating that keeps separating us from being present. And everyone's next step is the same - it involves further Surrender, further letting go, proper identification and moving away from fear.

Because this world is all fear-based..."

"Yeah, and that's where the Surrender process begins and that's where our next step begins. Knowing that we are the inheritors of the Christed Consciousness. That that Consciousness has been given to us and the nice thing about the Christed Consciousness is it doesn't care if the body professes Hinduism, Buddhism, Judaism, Sanrucianism, Rosicrucianism, Catholicism, or anything else, atheism, doesn't matter it all. It doesn't care. But Christed means that Consciousness is at One with God; God's Will and your will are one and the same. And if your next step doesn't involve That then you ain't taking a step up - you're taking a step down. And your next step always needs to be ever-increasing Vibratory Frequencies, Levels of Light, Levels of Vibratory Frequencies because that's how your Soul learns and grows and prospers and that's what's so crucial.

"And it has to do with knowing yourSelf as Spirit. OK, I'll start to know mySelf. OK, well, let me start with the premise that I'm Spirit and let me find out what that means - I don't know what That means, but let me find out what That means - let me be honest, let me take this life that God's given me and let me find out, let me investigate, let me be a Student. If it means to 'Love the Lord, God with all my heart and Soul and all my might,' OK, well, let me do that but let me apply that. So does that mean that if I think 'x, y and z' should happen and I've put it into the Light for the Highest Good, if I'm still running my agenda on that, does that mean I'm Loving God? Or, does it mean I'm loving my agenda? Let me be consistent with my next step. Is my next step Surrender? And am I really Surrendering? Oh, I may know the talk, I can talk the talk. But you know, 'I still cheat people; I still lie; I still am very dishonest; I still don't honor my commitments, I'll still use what people say, what I think they say as an excuse not to honor my commitments. I'll do all that stuff. But, I think I'm surrendering.'

Well, you need to just do inventory and check out, OK, am I really in Surrender when I harbor and hold all those things? And if I'm present, what's that like? What does that mean for me? Can I be present harboring fear, or anger or anxiety? And what happens when I let go of all that stuff? And you start then having integrity within yourSelf, you start then being in devotion, being a devotee, being a follower of the Lord, God. It's not a dogma; It's not a set of beliefs, or anything. It's just an alignment with your own inner knowing."

"And what your next step needs to be is ever-increasing levels of Abundance. Abundance is the

“And what we need to do is we need to Surrender our ideas about our ideas, as it were. We need to even Surrender the concepts we have and we need to Surrender even the illusions we have.”

*Excerpts from the Satsang
"What Is Your Next Step?"
TAPE/CD #A77*

Oneness with God. Ever-increasing levels of Self-acceptance, of knowing, hey you're OK. Not to sit in judgment of yourSelf. Because you don't know your karma, and why you are as you are.

"And God lives in you as you, so what the hell is wrong with you if God can live in you? You must be pretty OK. Some of your personalities stink, I'll be honest with you. But, that's not who you are. So, it also means Self-acceptance and it means Surrender of agendas against yourSelf and it even means Surrender of agendas for yourSelf because if you're for yourSelf you're almost invariably going to do it in terms of against anyone. Why not just have the inner alignment of you and God and from that place you proceed?"

"See, because if you're aligned with God, well, who's your biggest fan? God. God loves you more than you can ever possibly know. Every now and then people tell me they catch little glimpses of It and they're moved to tears, sometimes for days or weeks; but it's still little glimpses. But that's how much we're loved; we are deeply loved and deeply cared about and if you knew the extent to which you were loved that would probably be the end of it for you. Of all your protestations and all your negativity and everything - you would just bow down and Surrender."

"Dear Cosmos Tree"

Q. I worry about money a lot. It seems like there's never enough and there's (sic) more bills than money. How do I get more money? Help me.- E.F.

Dear E.F.: 1. Stay Present by Calling in the Light of the Most High like this: "Lord, God, for the Highest Good, send me Your Light!"; ask God to take anything that separates you (i.e., worry) from the Spirit you *are* like this: "Lord, God, for the Highest Good, please take anything that stands between me and the Spirit I *am*!"; tell yourSelf, "(your name) it's okay to let it go!"; repeat as often as necessary. 2. Ask God for what you want like this: "Lord, God, for the Highest Good please send me (fill in); then tell yourSelf to let it go; 3. Ask God for clarity and guidance like this: "Lord, God, for the Highest Good please send me clarity and guidance on (having more money)!"; 4. Pay attention to your basic selves (the part of you that brings forward your karmic patterns/negativity) by practicing the Four Rules of Self-Talk; 5. Do The Money Workbook by Dr. Roger B. Lane; 6. Know - as The Money Workbook helps you discover - that your query is an Opportunity for you to Lovingly Surrender unto the Lord, God; and to learn that you are *inherently* Worthy.

To Reinforce Your Learning: 1. Beginner: Read the SpiritCentral article "Miracles in Mexico"; the *Tools for Living Free* "The Power of Positive Self-Talk"; listen to the TAPE "You Are Worthy"; 2. Come often to Meditation at your nearest Center; take Everyday Evolution 1 or 2 depending on your level; 3. If you haven't already, take Initiation into the Path of Soul Transcendence, the only way to come to know yourSelf as Spirit - *while still in the body*.

Try This

"I want to talk about what is your next step, and what I'd like to do is - usually when I give a Satsang, which is Spiritual Instruction, we do a process at the end - I'd like to reverse things and just have you get quiet and I'll call in the Light; 'Lord, God send us Your Light!' and ask inside yourSelf - and

"We know the medicine is the Holy Spirit or the Sound Current, which is God. God gives Himself as the cure, as the medicine. And we know what the prescription is; we know how to take the medicine - that's imparted at Initiation. And also at Satsang - some of that prescription is given out. And those who are smart enough can hear. And they'll take the medicine. And the medicine *is* the cure. Not that the medicine is going to cure you, because 'ain't nothing wrong with you'. But as you take the medicine that you get to *be* the medicine."

"So, just make sure that at every step of the way take your medicine; you live in the Light, you treat yourSelf loving, in a loving way, and a kind way and a nurturing way, without judgment and that you enjoy yourSelf. Enjoy yourSelf, the Self that you are, the Spirit that you are! And if That isn't your next step so what? So you've taken a mis-step. Fine. Correct yourSelf or allow yourSelf to be corrected and keep walking... keep following the Path of Discipleship of the Christed Consciousness, of being a Disciple of God, of disciplining yourSelf, of growing in Devotion, of growing in Love, because that's the name of the game and that's What you're here for."

Dr. Lane adds: Dear E.F. - You already know how "to get" money and you have discovered that that way does not work for you. If you are an Initiate of the Light of the Most High, you have an earlier recognition than others that the way of the world does not work.

Your question provides the reason why. Up until now, you have been trying "to get" something outside of you - money - that you think you can obtain if only you do the "right" thing and so you have busied yourself in trying to find out what this may be. As long as a Soul is engaged in this pursuit, It is continuing to forget that the Source of all power is within for that is where God is.

The Teachings of the Path of Soul Transcendence teach us that prosperity follows Abundance - Abundance meaning keeping your Consciousness at God - and not the other way around, as the world works it. In other words, giving money priority and then interpreting it as a sign of being worthy of God and, hence, loveable belies the Truth that you *are* inherently worthy as God lives within.

So give God and your Spiritual Progression priority and value and, as you do, you will know your real value separate from money; this provides freedom from "having" to have money to be valuable and a "good" person and using manipulation to get what you want.

Co-create with God what you need monetarily by asking Him to bring it forth - for the Highest Good - and get whatever training, education you may need to do so, *always* giving Spirit priority in your daily life.

Remember, fear and worry have no place in Spirit. I support you, E.F., in this lifting action.

don't let the mind come up with something! but just spontaneously let the answer arise - ask yourSelf, 'what is my next step?' Ask the Inner Master to be present with you; (pause) just ask; 'what is my next step?'"

Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "For the Highest Good, Lord, God send me Your Light!"
2. Say inside yourSelf, "Lord, God, for the Highest Good, take all self-judgment that I may be holding!"
3. Tell yourSelf, "(name), it's okay to let it go!"
4. Surrender everything by saying inside yourSelf, "Lord, God for the Highest Good take my agenda, my attachments; take my identification in this world!"
5. Tell yourSelf, "(name), it's okay to let it go!"
6. Move into proper Identification as the Spirit you are and accept the Love that is here for you by contacting any Regional Center and requesting Initiation into the Path of Soul Transcendence.

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