

Tools for Living Free

NUMBER 47 IN THIS ONGOING EDUCATIONAL SERIES

FATED? FORGET IT!

excerpts from the Satsang "Do You Really Know That You Are An Extraterrestrial?" (TAPE No. A74)

"I want to talk a little bit about 'Do You Really Know That You Are An Extraterrestrial?' - and it probably is one of the most self-evident talks I'll ever give. Just look at the people around you or look in the mirror and that's proof enough. Now, those of you who don't want to admit it - you have this quizzical look like what's Dr. Lane talking about? How can I be an 'extraterrestrial'? And the answer is: 'real simple'; you were born that way.

And what do I mean by an 'extraterrestrial'? Well, let's take a look at the word 'extra' meaning beyond and 'terrestrial' meaning the land. So that you are 'beyond this earth', you are 'beyond the land'. What comes with this earth? Well, we know that thoughts come; emotions come; ideation comes; a whole bunch of beliefs come; imagination comes and also what comes with it is what's brought us here in a way and that is our karma, our fate. ...See, you are at the mercy of this stuff, and that's how people see themselves. We see ourselves as 'at the affect of' or 'fated' or we're stuck here.

And the truth is just the opposite. We are not stuck here at all but rather we're in control of the stars. And what do I mean by that? But, we control our fate. In other words, we're in charge of our destiny. ...A Soul that's mastered Its destiny, It masters Its comings and Its goings. It's not bound by the karmic law and the karmic law is 'you reap what you sow.'

And that's the difference and our nature is that *we're Spirit*, and, yeah, it's easy to say - 'oh, yeah, everybody knows I'm spirit. I know I'm Spirit. I know I'm Spirit.' Yeah, but do you live that way?..."

"...We can always make a choice to be with God and to live in Grace or to live in our karma. To live in our fear, in our negativity, in our hurt, in our separation - see that's all karma and that's fate! 'Well, that's the way I am!' ...So, if you can create that you can un-create that. ...But, if you're just a *terrestrial* if you're just quote an 'earthling', you can't. Okay?

But the real truth is that we have

dominion over all things. The Christ told us that. We have dominion over all things. And so many of us go 'oh, the angels! oh, wow! the archangels! oh wow!' Well, we have dominion over the angels and the archangels. And, in fact, all of heaven from the place of the Spirit that we are."

"But the journey of a Soul is Self-mastery, mastery of Itself. Rising above Its karmic destiny ...And we also know that - and this is kind of saying the same thing - that there is no such thing as 'sin' and that the only 'sin', if you want to call it that, that exists is the 'sin' of not knowing who you are.

And yet we pretend that we are fated, that we have to have these thoughts, these feelings, these things that separated us from Spirit..."

"...I could spend my whole life in resentment of the fact that I didn't make it as a professional basketball player. And that I've created negativity then I've created karma and I've created my fate, because guess what? Sooner or later this particular karma that I've created now - that's going to become my 'fate karma' in a future lifetime. I'm responsible for all my creations. We're responsible for everything, totally and completely responsible. ...So, I'm at the affect of it and I'm fated and I'm the one that created it so I'm going to come around and be at the affect of something I put in motion. ...And so I come back and I'm at the affect of it and I'll always be dealing with whatever that karma was until I choose away from it, until I know I am Spirit and I'm more than my thoughts and I'm more than my feelings and I'm not bound by what brought me here - my karma. I'm not bound by that."

"So, so much of what we aspire to you need to be careful and you need to watch it because it all boils down to forgetting that you *are* Spirit; that you are an *extraterrestrial*; that you are beyond your thoughts; that you are beyond your feelings; you're not your body. You are Spirit. You are Soul. And isn't that what the Christ is all about? The Christos, the Christ Consciousness, the Christed Consciousness. Whatever you want to

"...And that to live as an *extraterrestrial* and to really know that you're an *extraterrestrial* is to live each moment in the Presence of God. That God is entirely present *each and every moment*, and lives in you. And when you choose away from that you're choosing fate. When you choose into the Spirit you are and knowing that you're Spirit, knowing that you're Soul you're moving into your *Destiny*."

From the Satsang
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call It. The Oneness of your Consciousness and God's."

"So, ask yourSelf as you go through each day. Did I live as an *extraterrestrial*? Or did I live as a 'powerless earthling'?...."

"And that to live as an *extraterrestrial* and to really know that you're an *extraterrestrial* is to live each moment in the Presence of God. That God is entirely present each and

every moment, and lives in you. And when you choose away from that you're choosing fate. When you choose into the Spirit you are and knowing that you're Spirit, knowing that you're Soul you're moving into your Destiny...."

"...And each moment we choose to be in the Spirit and to bring in Spirit and to focus on that is a moment that we're with God...And that's a pretty momentous occasion."

Case Study

When I first sat down to write this, I was feeling stuck—stuck vis-a-vis my money; stuck in my work; stuck in my relationships (or lack of the ones I wanted); stuck even in my vacation plans: e.g., everyone else seemed to be taking a great one except for me (because I didn't have enough money); they also seemed to have the perfect person with whom to travel. I had judgements on mySelf for having these negative thoughts; I had them on mySelf for not working with my lower self well enough to live as the Spirit I am and to rise above these habitual thoughts and feelings, which I know aren't real; I basically felt unworthy, unworthy of receiving God's Love.

Then, during an Open Hour with The Teacher, I had a direct Knowing: *I had forgotten that God is my source of supply! I had forgotten that everything happens for the Highest Good!* If someone had promised to send money and didn't—it was for my Highest Good. If a check was a month late, that, too, was for my Highest Good so I could learn to let go of my attachment(s) to money and all the drama I was running around this; letting go of attachments is the only way I can be Free, which is my True Nature; it's all that hurt and pain that keeps me bound here, embodiment after embodiment..

As an Initiate of the Light of the Most High, I realized that this was an opportunity to stay centered inside mySelf and to let go of attachments, especially to my agenda as to how things are going to happen and to results. In terms of work-related monetary concerns, I called in the Light of the Most High and I asked God to bring forward whatever was for my Highest Good and I told mySelf to let the attachment go. I knew that I was fine if the money came and I was fine if it didn't.

Try This ...

"Let's conclude. I'd like you all to do a short process. So take a moment and if you could just uncross your arms and legs and, 'Lord, God send us Your Light!' Allow a situation to come up inside of you that's really kind of hounded you; that you kind of feel bound by! And you're stuck in it. Now,

I also realized that I had set it up that the only way I could take a great trip was by having money—so I called in the Light of the Most High and I asked God to bring forward a trip. I also stayed in my Integrity which meant going with my Knowing that I do have perfect people in my life with whom to travel and I no longer need to run the habitual pattern and go with the lie that there isn't anyone there for me. I am loved; all I need to do is Love God and receive His love.

During that same Open Hour and also by way of the many Tools offered by Cosmos Tree, especially *The Money Workbook* and Prosperity Counseling with The Teacher, I realized more clearly that these habitual patterns represented my upbringing. Hadn't money been the worthiness equation in my family? Then, through The Teacher's Grace, I really let go of my attachment to my parents — because letting go of attachments is the only way I can live as the Spirit I *really* am because attachments are the creations I've made that separate me from God within. I knew that I was fine with them and I was fine without them. For the first time, I felt free to surpass my parents (and others) in everything I do; for example, in my money, in my work and how disciplined, effective and efficient I am; in my relationships and how loving they are; most importantly, in my letting go of attachments to status, fame and money so that I can live Free and can have the life I want because it is from this Place that everything manifests. I became aware of what had been an overriding need for their approval (and that of others) and I asked God to take it. I also knew it was OK simply "to be." I had come unstuck; without the attachments, I was no longer living as a "powerless earthling"; I was living as an *extraterrestrial*. This was, indeed, a momentous occasion.

remember that you're an *extraterrestrial*, something beyond all that is here, and it is here for you and that's the Spirit that's inside of you. Ask the Spirit to come into that situation and just see what happens! OK."

- From the TAPE "Do You Really Know That You Are An Extraterrestrial?" (TAPE No. A74)

Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "Lord, God send me Your Light!"
2. Allow a situation to come up for you in which you are feeling stuck.
3. Acknowledge that you are an extraterrestrial by saying inside yourSelf, "Lord, God, for the Highest Good, raise me above my mind and my emotions to the level of Spirit and give me guidance and clarity." Just allow the response.
4. Contact any Center and request the Gift of Initiation into the Path of Soul Transcendence - the ultimate way to live as all you truly are - beyond being bound by the earth.

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