

# Tools for Living Free

NUMBER 41 IN THIS ONGOING EDUCATIONAL SERIES

## Initiation Into The Sound Current: Direct Access To Spirit

*from the Satsang "What Kind Of Access To Spirit Do You Have?" (TAPE No. A62)*

"So, what kind of access do you have to Spirit?.. You have direct access to Spirit 24 hours a day, seven days a week through God's Grace, the Teacher's Grace,... if you're an Initiate of the Sound Current. If you're not you have direct access, direct opportunity twenty-four hours a day, seven days a week to ask for Initiation. What's the difference between the two? What comes is worthiness. You are worthy of having the Spirit inside of you. You are worthy of God."

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"If I said to you, 'Hey, in this ATM machine is enough money for you to live the rest of your life as a millionaire everyday of your life. Here's the card. Here's the pin number.' Well, hell, you'd have that card stapled into your skin and you'd write down its location in four thousand different places - of the ATM machine - and you'd write down that pin number all over in these little secret places you have. You'd make sure you'd always remember... You always have access and you'd use it.

And yet here we are, we have access to Spirit 24-7 and we pretend we don't. We pretend we don't have power. We have no power. We have no access. God's far away and we live in this illusion of separation. Separation is the great illusion. Death is the great illusion. It's all part of the same thing. It's all death and separation that governs these lower worlds. It's part of the illusion.

So, the access we have is direct. We can always go to God *immediately*. Through His Grace,... if you've taken Initiation into the Sound Current you have access to God's Ear twenty-four hours a day. Your prayers are heard directly into the Godhead.... So, it's God's Grace that's here all the time...and that's what I'm always doing: accessing It, accessing It, accessing It - always accessing It.

And if a Soul turns and just inside Itself seeks God, seeks Redemption, seeks the Peace of being with God, it's heard and known. Because on the planet now there's the Messianic

Forcefield; if you want to picture It as a beam - It's not a beam, It's almost like this beam - let's say from a lighthouse. There's this beam of Light and the Soul opens to It and It's an attunement process. It starts attuning and attuning and attuning and attuning. If that Soul is Initiated, It continues Its progression; if It's not, well, guess what? It's taken to meet a Soul that can Initiate It and It starts Its Spiritual Progression. But guess what? That Force didn't say 'excuse me! Do you want to know God and Love God?' No. We have to activate It, you see? Actually, It's within us because that's where we came from."

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"So, you have direct access to Spirit through God's Grace - direct, 24-7 - and Souls that aren't Initiated, they can move into that, ask for Initiation, and boom! - because there is a difference. And the only thing that separates Souls that are Initiated from those that aren't is how much that particular Soul is going to be focused into the illusion of not worthy. But, you know, to me it's such a crazy argument. It's like playing basketball and then you have an argument 'Well, should we use wooden bats or aluminum bats.' It's totally irrelevant. You're not going to be using bats.

So, the simple Truth is that God has put Himself in us and lives in us as us. Our walking around insisting we're unworthy is irrelevant because God's already in us. Sooner or later that Truth is going to come to the forefront. And God asserts Itself."

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"Some part of the Soul has a memory - however dim; however covered with karma, with Its own creation, with Its own willful creation - of Its origin. And Its origin involves Spirit because that's where It's from and that's where It is."

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"And so many of us tend to activate It when we're down, when we're troubled - but when we're happy, we've had a good meal, we've had sex, our wallet is pretty thick, then we basically don't feel we have a need for Spirit. But when we're down and out and miserable and just gotten

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*From the Satsang  
"What Kind Of Access To  
Spirit Do You Have?"  
(TAPE No. A62)*



fired from our job, we'll turn to God. But, I've never seen access to Spirit increase because that person is miserable. And I've never seen anyone being punished, although we have it wired up like that, because they're feeling good and they're fine and they're feeling content. **It's really important that we realize that the access is 24-7 regardless of how we're feeling and that we don't even have to worry about how that access is maintained, how it happens or anything. All we need to know is God's Grace is available to us at all times - that's all we need to know. God is entirely present. Grace is entirely present.**

But we can't turn on the radio unless we know we have a radio... But, you need to know you have that access. The Spirit is inside of you. Now, you don't walk around going 'Am I going to have the ability (if you have sight) - Am I going to be able to see the next second? Am I going to be able to see the second after that; the second after that; the second after that?' Or if you have the gift of hearing you don't say 'Oh, my God, am I going to hear this second; the next second; the one after that?' No, you simply hear. Yet, we don't do the same

thing with Spirit. 'Oh, my God! Am I going to have access to Spirit? It's so difficult. What do I have to do? Do I have to pay for it? Do I have to beg? Do I have to borrow? Do I have to steal? What do I have to do? Whom do I have to impress?' And that's what we do. We do that all the time. But the thing we need to know is that our access to Spirit is natural. It's part of the natural process. It's part of who we are.

So, yeah, we do have the radio. It is the Spirit. It's inside of us. We have the access 24-7. No Soul has any more access than any other Soul because unInitiated Souls can always be Initiated; and that means consciously choosing, you see? But remember what Initiated means. It not only means receiving Initiation but It means actively attuning and living in the Christed Consciousness (the alignment of your will and God's Will) and growing That and being strengthened in knowing you are Spirit. See, and the irony is...that here we are talking about what kind of access to Spirit do you have and the Truth is that God, in His Infinite Mercy and Compassion and Kindness, is just waiting to extend Himself to us, really extend Himself to Himself because He lives in us as us."

## Case Study

The other day I was watching the Video "Living Free and The Path of Soul Transcendence" and Dr. Lane had us do a process. We were asked to take something with which we're struggling; let it go; and choose to be with God. I was able to surrender what it was with which I was struggling. I was able to be with God. This struck me as profound and wonderful.

As an Initiate of the Path of Soul Transcendence I have been Blessed with Direct Access to Spirit. What this means is that I can be with God right here, right now; beyond thought, feeling, belief or anything. Being with God is a direct knowing; one best experienced for oneSelf. There is nothing anyone could have said to me, nothing I could have read that could have conveyed the beauty of being with God *inside mySelf*. Through the

methodology taught at the time of Initiation and through the Grace of the Teacher I am able to identify mySelf more and more as Soul and be in the Soul Body and be with God. Initiation is God's Gift to us to know Him and be with Him. Being an Initiate is a process of learning to Love God and be with Him. As with the process, I use my access to Spirit all the time by asking God to take any negativity I may be experiencing and then telling mySelf it's okay to let it go; by asking God for any guidance or clarity I may need; or simply by asking God to Bless a situation for the Highest Good. I have made a conscious choice to use this life to know, love and be with God.

This is what Initiation into the Path of Soul Transcendence is - the exercising of our conscious choice to be with God. I am eternally grateful for this Gift and this opportunity.

## Try This ...

"I want you to just stay present with me and we're going to do a process. We do a process, first, by always calling in the Light of the Most High. So, we say, 'Lord, God send me (us) Your Light!' Now, I want you to take whatever you're struggling with and just choose to let it go. You may encounter resistance in you. You may encounter a part of you

that thinks you don't want to let it go; that's okay, too. But just...tell yourSelf 'it's okay to let it go.' Now, choose just to be with the Lord, God - not a thought about what God is or not how you're supposed to do this exercise or anything. Just be present!"

- From the Video "Living Free And The Path Of Soul Transcendence" (V20)

## Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "Lord, God send me Your Light!"
2. Know you're worthy by choosing to drop upset, anxiety, struggle and/ or negativity by saying, "Lord, God take this negativity." Tell yourSelf (your name) it's okay to let it go."
3. Choose to go to God by stopping in your tracks, now, and asking God for help with whatever you're dealing with by saying, "Lord, God, for the Highest Good, give me guidance and clarity regarding (the situation)."
4. Contact any Regional Center and request Direct Access to Spirit through Initiation into the Sound Current.

For further information or to request other titles in this series contact:

Cosmos Tree, Inc.  
a nonprofit, educational foundation.  
1461A First Ave. - # 182  
New York, NY 10021  
212-828-0464  
email: spiritcentral@yahoo.com  
website: www.cosmostree.org

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