# Tools for Living Free

NUMBER 36 IN THIS ONGOING EDUCATIONAL SERIES

## Dealing With "Death"

exerpts from the Video TAPE, "The Final Surrender And The Path Of Soul Transcendence" No. V19

"I want to talk about 'death' and I want to put it in its proper perspective. And I want to tell it, really, like it is: which is that it isn't... we have constructed this thing called 'death' and 'death' is the grand illusion on this planet."

"Now, how do we know that? Real simple. We know it because the Soul knows Itself and when It knows Itself in Its pure and clear way It knows Itself to be Immortal, as one and the same with the Lord, God... It doesn't mean that when we die and we drop the body we're going to go to God. It doesn't mean that we're going to go to hell or we're going to go to heaven depending on the luck of the draw or even according to what religion we're following. It doesn't mean any of that stuff. But we know we're immortal because when the Soul knows Itself It knows Its True Destiny. And Its Destiny is to be back Home with the Lord, God and that It is one and the same - and the Sound Current or the Holy Spirit or the Word, of which It is made, is That. And that Part lives forever.

And, of course, the perfect proof that there is no 'death' in another way is that we reimbody and we reimbody and we take a body and another body and another body and another body and another body and enother body and we have all these opportunities, as it were. And remember I spoke about life as a great opportunity and not as a punishment for karma or anything else like that - but life as an opportunity to learn to Love the Lord, God and be present to and with Him?

And the final surrender we need to make, the final surrender is the illusion of 'death'. And we've constructed this illusion. Why? It's the lower consciousness' way or the false self's way of protecting itself... Because if we can believe in this thing called 'death' then, by gosh! Spirit can't be the guiding force in our life. We can't be present with It. Spirit has to be outside of us so we separate from It... And if the lower self can rule that way then any of its creations are sovereign or are god... And guess what we've done? We've fooled ourSelf. We've made all these creations that we think are clear or okay and guess what? They're not. We're respon-

sible for them and we have an attachment with them and we come back and reimbody and reimbody and reimbody. And, of course, the false self loves it because it loves to keep returning and being of the earth and being bound by fate.

And a part of our consciousness is afraid, as it were, of who and what we really are, which is Free. So, we've created this myth of death and dying. And the real reality - and we did get a demonstration of how there is no death with the Christ, Jesus - He demonstrated that. And what mankind has done is we've made Him into a religion. We have made that demonstration into something that was only true for Him. But that's not what He Himself said. He said 'that which I do you, too, shall do and even greater. And the mind which is in Me' - by that He meant the Christed Consciousness or the Mind that's One and the same with the Lord, God that has allowed itSelf to be overshadowed by God and become One with Him - 'that Mind or that Consciousness is in you, too.' ... And part of our Divine Inheritance is that we 'defeat death'. How do we 'defeat death?' By coming to know our Soul directly, know ourSelves as the Eternal One and live in the Teachings of the Path of Soul Transcendence which, basically, teach us to be present with the Lord, God and surrender everything that isn't His, that isn't Eternal.

\*\*\*

"And when we sit in what's called Simran or what is commonly called Meditation, when we sit in Simran on the Path of Soul-Transcendence we die, as it were; we're dead to this world, which means that we let go of our ego boundaries; ourSelves as defined in time and space. We let that go and we die, we die to this world. And the only real difference is that when it is the time chosen by the Lord, God for us to pass and drop the body, the only difference is that the silver cord is then severed, the silver cord that anchors the Soul into the physical body. But when we sit in Simran we're in the Soul Body and we're dead to this world or, in reality, we've come alive... because we've come into this world to experience this 'death' for one purpose

"...and we're here for one purpose: to Love God and learn how to create in our consciousness being with Him. And we can be with Him while we're in the body; that's the Gift of this life and that's what the Path of Soul Transcendence teaches us: to be with God."

From the Video TAPE,
"The Final Surrender And
The Path Of Soul
Transcendence"
No. VI9

- so that we can know Eternal Life and Eternal Life is the knowing of ourSelves as the Lord, God and accumulating that Spiritual Power and knowledge and know-how and being filled with the Light of the Most High until our Soul really truly remembers Its Divine Inheritance."

\*\*\*

"And when we walk the Path of Soul Transcendence what we do is we learn to love the Lord, God, let ourSelves be overshadowed by Him and we are raised, literally, raised into His Glory or into the full knowledge of the Sound and the splendor of who we really are, which is the Soul and Eternal."

\*\*\*

"And on the Path of Soul Transcendence we acknowledge our Eternality and we live from that space in our consciousness and what we do is *moment-to-moment* we choose, we choose to be with God.

#### Case Study

Over the course of a two-week period my mother-in-law and my grandfather passed away. During this time I was very glad to have had the learning from the TAPE "The Final Surrender And The Path Of Soul Transcendence" as well as from my personal experiences being an Initiate of the Path of Soul Transcendence that showed me that we are all Spirit and we are Eternal.

I was in the room with my mother-inlaw at the time of her passing. Also, I had the opportunity to be with my grandfather a few hours before his death. Both experiences for me were beautiful. With my mother-in-law I experienced all the love that was there for her from her family and I experienced, through direct knowing in the Soul Body while in the physical form, her choice to let go of her agenda, of her life and allow God. At the time of my grandfather's passing I experienced, through this direct knowing while in the physical form, an openness and an acceptance on his part that he was more than his human form.

For me, these experiences strengthened in me the importance of walking the Path of Soul Transcendence, as it is through walking the Path of Soul Transcendence that all Souls have the opportunity to know God directly - through living in the Soul Body while in the physical form,

loved ones, to fame, to celebrity, to money, to how you choose to use your time? What would be different?"

- From the Video TAPE "The Final Surrender And The Path Of Soul Transcendence" No. V19

Now, that's crucial, because if we can choose to be with God...then, guess what? How can there be 'death'? How can there be separation? How can there be anything between us and the Lord, God, in reality? In reality, there isn't any other than what we choose to put there. And if we choose to create positively then we're just with the Lord, God and there's no 'death' and earth is not a bad place to be. And we don't have to suffer through this life to get to a better place. And we don't have to hurt ourSelves, hurt others, hurt our environment or anything."

\*\*\*

"...and we're here for one purpose: to Love God and learn how to create in our consciousness being with Him. And we can be with Him while we're in the body; that's the Gift of this life and that's what the Path of Soul Transcendence teaches us: to be with God... That's Life, that's Life Eternal."

to know that we are One and the same as the Lord, God and to know that we, all Souls, are Eternal. As we all will one day drop the body, focusing on what is lasting - which is the Spirit we are - is crucial. In terms of dealing with death and dying and living, for that matter, walking the Path of Soul Transcendence has helped me to know that my loved ones are not gone, the Souls that they are are simply continuing on in the Inner Worlds of Spirit awaiting their next embodiment, as all Souls do, until we finally choose to use the gift of life to be with the Lord, God.

Also, what has struck me in all this is "What's the point?" What's the point of all the striving and complaining and wanting because when it's over it's over and none of that stuff means anything? The only thing that really matters, as I have learned as a Student of the Path of Soul Transcendence, is how much we've loved God and how much we've used this life to receive His Love for us. And the only way for us to ever be with God is to use our life to focus on God and be with God. And the only Way I've found to truly Love God and know God is by walking the Path of Soul Transcendence - because it is through the Path that I have come to know mySelf as Soul, to experience God's Love directly and the Oneness of all Humankind.

### Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

- 1. Call in the Light of the Most High by saying, "Lord, God send me Your Light!"
- 2. Surrender any hurt, attachments or upset you may be experiencing by saying, "Lord, God, for the Highest Good lift and clear any attachments I may have!"
- 3. Tell yourSelf, "It's okay to let it go."
- 4. Say inside yourSelf, "Lord, God aligh me with my purpose for being on the planet."
- 5. Choose Life Eternal by contacting any Regional Center and requesting the priceless Gift of Initiation.

For further information or to request other titles in this series contact:

Cosmos Tree, Inc.
a nonprofit, educational
foundation.
1461A First Ave. - # 182
New York, NY 10021
212-828-0464
email:spiritcentral@yahoo.com
Website:www.spiritcentral.org

Tools for Living Free's published by Soundly, Inc. Any distribution or reproduction of this publication without written permission is prohibited. Copyright 2003, Soundly, Inc., New York, NY

#### Try This ...

"...ask yourSelf a question and be honest with yourSelfhere. Ask yourSelf: how would you live your life if you knew that you were Eternal? What would you be doing differently? Would your approach to life be different, to work, to