

# Tools for Living Free

NUMBER 19 IN THIS ONGOING EDUCATIONAL SERIES

## The Secret of Success

Excerpts, quote and "Try This" from the Satsang, "Success: What It Is, How To Measure It, How To Live It" TAPR A50

"I want to talk a little bit about success - success comes about when you follow God's Will."

"We've been given the formula: it's really 'seek ye first the Kingdom of Heaven and all things will be added unto you.' So there we have the recipe, but what happens is that the human consciousness does what we all do when we've forgotten who we are. We think we're 'just humans' and so what we do is we go for fame, we go for power, we go for the things of the world and we identify with it - status."

"And the status can be anything - it can be money, it can be a fashion, it can be being 'in,' it could be being popular, doesn't much matter. Somehow we go for that kind of success, we go for the success of the world. And the fascinating thing to me about the success of the world is that you've enslaved yourself and you're never successful because you always have to hold onto it."

"When we're always, always questing after status, power, success, fame, if we achieve it we always have to maintain it. So there goes all energy, there goes all our consciousness - it's aimed at that or if we don't have it we're doing the same thing. We're always still striving. So we're either seeking to maintain it or we're seeking to obtain it. And that's what happens, that's the nature of the beast. But the interesting thing is that that quest is central in our consciousness. But we're told just the opposite. We're told that we need to know ourselves as Spirit, as God, as the Light of the Most High that we are and from that place and - if we consolidate that - have that and if our focus is on God and who we are then all that other stuff is added to us."

"So the real question is have you reached your goal? And if you've reached your goal then, yeah, you're successful. Nothing mysterious, but what's the goal? And the Teachings teach us that the goal of human life is really what all the mystics have hit upon and, really, underneath all the religions what there is, and that is to know yourself as Spirit and to know God, directly, directly, while you're in the body. How if you've done that and you've achieved that - or rather through Grace been allowed that - it's happened, it's accomplished, it's been done. You're successful. Well, that needs to be the focus of who we are, and what we are and our success."

"So, in other words, it has to do with what are we identifying with? Are we identifying with the things of the world? Are we identifying with the Spirit we are? And I always like to work smart and work easy - that serves us in whatever way we want in this world. Because the more we're centered in God, the more we're centered in Spirit, the more we're following the Light that we are and, really, the more we're using life for its purpose, which is to know God through the Initiatory process into the Sound Current, the more we do that."

"We've been told that no one comes to the Father except through the Christed Consciousness, except through the remembrance of who we are and we're charged with that responsibility. And the things of the world, well, aren't the animals fed? And what are we worrying about? We've been told that, too. But if you're centered on God then you know the source of abundance. And if you serve God, and serve that place in you, that sacred space, then you have prosperity out in the world. So I'm going to pass along a recipe before we do a process. I'm going to pass this recipe for success; it's really simple. Step one is: Love God. Step two is: Ask God for what you want for the Highest Good. Step three is: Tell God what your intent is, what you're moving upon, and ask God to bless it. That's it, and then move on. That's the recipe. And, yeah, you have to tell God and you have to ask God because we're simply not in the place where we've united our consciousness with God. So we're putting ourselves on notice that way, too, and we're lining up our intention. And we're following that."

"How I've known real smart people, who know how to play the game. I'm trying to ask you to join this group of real smart people. I've seen these real smart people, or rather I've seen the Souls and guess what? they won the game, they won the game of life. And how did they win the game of life? Real easily; they used it for its proper purpose. They used it to know themselves as Spirit, to walk the Initiatory Path, to go Home to God, to love Him, to love Him while they're in a body, to be with God while they're in a body - that miracle of miracles - to place their consciousness in God, know themselves as Soul, as Spirit and allow God to give to them. And so they had worldly success, too."

"And these Souls that won at the game of life, they

"... I've never  
ever seen  
anyone's wishes  
for themselves  
- no matter how  
much they want  
for themselves,  
no matter  
how much  
success in  
worldly terms  
they want  
to have  
for themselves  
- I've never  
ever seen  
it match up  
for God's  
wish for us.  
So God wants  
us to have those  
things but be  
centered and be  
cleared and live  
in Him and  
those things are  
added to us."

From the Satsang,  
"Success: What It Is,  
How To Measure It,  
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allowed themselves to be given to. Their focus was in God and they allowed everything to be added to them. And everything was added to them. It's like they got out of the way of the world and the things of the world just got added to them. Because that wasn't their focus. So they won. They won God. They won the Lord, God. They gave themselves God."

"That's where success is. Success is in meeting the goal of life and the goal of life is *to know God while you're in the body and to love Him and complete your journey here as a Soul.* That's the measure of success. And these are the True Teachings that have been here forever. If you're wise you'll hear them, if you're not that's what the world is for, enjoy it. But you won't. And the thing that I also find fascinating is that the more you focus in the Spirit, the more you can enjoy the world because you're clearer, you're more neutral, you're more centered in the Spirit and you don't go up and down like a yo-yo because of what's happening in the world or what's not happening in the world. You're centered in the Spirit and you get to enjoy

the world more, you get to be more present. You're more present with yourself, you're more present with God and you're more present with the world. And that's a real gift to give yourself."

"Doesn't happen walking forwards from here to China. But it happens if we as a Soul come to recognize the Gift of Life, ask for the process of what's called Initiation into God's Spirit, into the Sound Current and then focus on that. Then through Inner Attunement coming to know God directly while you're in the body. That's success, that's how you get to go Home, that's how you get to be with God while you're in the body and when the body is in the ground, that's what you're going to do, that's what the Spirit does - we worship God in the Spirit. And the initiatory process consists of going into the Soul Body and being with God and being able to hold more and more and more of that Light. Because we're Eternal and we go before the Father and we live there, but we can only do that if we've been successful. And we can only be successful if we can follow the Truth of who we are."

## Case Study

As I sit here in a NYC diner the people at the next table are busy doing something that reminds me of my childhood: ranking their children by income and occupational status. What strikes me, as I eat my oatmeal, is that up until now, I've been busy doing the same thing inside myself. Up until this very second their words would have mirrored a part of me that felt unworthy and my sense of myself would have wobbled like so much Jell-o. I would have told myself that I don't stack up success-wise.

What hits me as I listen is that this is the single greatest moment of my life. Not because my work really is going well or because I just got off the phone with a well-known person but because I know from a place deep inside, for the first time, that I am Worthy, I am Fine, I am OK. And I know this from a deep place that I now recognize as the Spirit I am. And it is from this place that I now know that I am Eternal, that there is nothing for me to earn, nothing for me to strive for.

I have come to this understanding of the Spirit I am first and foremost through Initiation into the Path of Soul Transcendence. Since Initiation, I have used a wide range of Tools (the Teacher, Tapes, Open Talks, Classes, Workshops, etc.) to reinforce the Teachings of the Path of Soul Transcendence which, in a nutshell, are all about Loving God.

For example, this week's Video Showing, "The Power of Choice", helped me understand that even in a split second in a diner, I'm at choice - I can choose to persist in feeling unworthy (i.e., buy into their definition of success) or I can let it go and focus on the Spirit I am. By doing this I have immediate access to God's definition of Success or His Will for me, which is to receive God's Gift of Initiation into the Sound Current and to focus on Loving Him/Loving myself. The more I do this, the more the things of the world - money, power, "status" - come my way easily and effortlessly. And all I have to do is reinforce the Teachings.

## Try This ...

"What I want you to do is get nice and quiet and call in the Light. So 'Lord, God send us Your Light.' And what I'd like you to do is ... just allow yourself to be moved from all the worldly, earthly worries that you have and concerns and all the seeking and all the striving and just allow yourself to be moved. You don't have to do anything even if you don't know how to get there, you don't have to know how to get there, just allow yourself to be moved into the Spirit that you are focused there. And when you have that stay in that 'spot.' Not that it's a physical location but stay in that spot and from that place you'll be able to work the world very successfully."

## Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "Lord, God send me your Light."
2. Love yourself by being kind, patient, forgiving and accepting toward yourself; surrender your fear, hurt, pain and anything else that separates you from God; and learn to accept the Presence of Spirit within and Love God by requesting Initiation into the Sound Current (Holy Spirit).
3. Ask God for what you want by saying, "Lord, God send me \_\_\_\_\_ now for the Highest Good."
4. Tell God what you are moving on by saying, "Lord, God my intent is to \_\_\_\_\_. Please Bless it."
5. Now, from this place operate in the world.
6. Success is knowing God, loving God and following His direction and using this life to fulfill this purpose.
7. Know and love God through Initiation into the Sound Current (Holy Spirit) to fulfill the definition of success (see step #6).

For further information or to request other titles in this series contact:

Cosmos Tree, Inc.,  
a nonprofit,  
educational foundation.  
Cosmos Tree, Inc.  
1461A First Ave. # 182  
New York, NY 10021  
212-713-5398  
email: spiritcentral@yahoo.com  
web site: www.spiritcentral.org

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