

Tools For Living Free

NUMBER 119 IN THIS EDUCATIONAL SERIES

Being In Agreement with the Agreement

Excerpts from the Satsang "Various And Sundry Topics" (CD/MP3 #A88)

"... And one of the things I want to talk about is that we all make Agreements. And Agreements are meant to be just That. Where you are in Agreement? In other words, that Spiritually you're lined up with it, OK.

"And some of you play funny games with Agreements. For example, if there's a Contract - if you study with me there's a Contract and some of you really think that there's a Contract with me or with the organization - you're kidding yourSelf. The Contract is with you and the Spirit you are.

"And you kid yourSelf also if you think you're not going to fulfill the Contract. 'Well, I don't have to do this and I don't have to do that. ... You know, I can do this. I can do that ... ' And you can because you have free will and I'm not a policeman. ... But guess what? See - and this is the key - the Spirit inside of you will not be mocked.

"And many of us walk around thinking 'well, no one is going to know.' 'I'm going to fool The Teacher' or 'no one else knows'. Well, good luck! Because the Spirit in you is the Spirit that's in Me, the Spirit in everyone. The Spirit will not be mocked. God will not be mocked, OK. And you're held accountable internally, OK. ..."

"... And some of you even have it lined up that 'Hey! If the Teacher doesn't say anything, it must be OK or He doesn't know.' Well, that's not how Spirit works. Spirit works by you're in charge and if you'd like to have your illusion, if you need the lesson of being in Agreement and discovery why It's important and why that particular point of a Contract is important, you get to have it. Hey! What's a lifetime? You've had so many. You're in charge, you see.

"And the Agreement that we have is really crucial because It's the Agreement with the Spirit and we know that we have Lines of Energy; there're Spiritual Lines of Energy with the Agreement, OK. And you're not going to fool yourSelf, OK. And guess what? You will come back and take another body and another body and another body to fulfill the Agreements that you have, OK.

"See and your coming here is one big Agreement. Boy! Talk about an Agreement! You've agreed to come here, you've agreed to wear what you're wearing. ... Everybody on the planet is wearing the same thing; we're wearing a body, OK.

"And we're in Agreement to put that on, OK. If we decide not to, hey guess what? It gets aborted; we don't take it on. OK. But before we take on this body there's an Agreement, OK. And with that Agreement, with that initial Agreement, comes the Agreement to have our karma, OK. And we have our karma, OK. And it's got to be fulfilled, OK. And we know Spiritually that if you Walk the Path that I bring forward - the Soul Walks It - there are different ways of fulfilling it. [ed's note: Dr. Lane is referring to karma.] And Grace is Grace and we operate through Grace,

alright? But it's got to be fulfilled, OK.

"Also, and so many of you, we have a lot of Service Projects and it's really important that inwardly you line up with Them because (a) you get the benefits that way; that's what Service Projects are for, they're really kind of a 'Selfish' thing to do in the best sense of the word. It looks like you're helping others, yeah you are secondarily, but it's a real Opportunity to be inside yourSelf with Spirit and with God and to Lift and to Upvibrate. And by being in Agreement, guess what? You're on that Forcefield; you come and you participate.

"If you choose not to, well, then things get whacked out and your life is all over the place; at least, in terms of the Service Project and you miss the benefits, OK? But guess what? The Spirit in you knows what you've done and you're held accountable, you know. ... And if you weren't present for those Agreements then guess what? That's fine. But they're going to have to be fulfilled so you get to wear another body and another body and another body and another body and that's OK, alright?

"But and this is the big 'but': Why do that to yourSelf? Why not be present for yourSelf? And it was interesting, we did a Retreat and invariably somebody came late, you know and, of course, it was somebody's fault. And, you know, one of the participants - because not to interrupt the others who chose to be on time - she had to wait for awhile until there was a natural break in the flow and she could come in. And one of the participants - experienced it as 'real cruel'. As a 'real cruel' thing to do, see? Well, I can appreciate where the person was coming from, OK. I can appreciate the ignorance of that. I don't have a problem with that, OK. But let's turn it around. What about how cruel this person was to herSelf who came late? You don't show up. Didn't keep the Agreement. Didn't keep the Commitment. I can see it now as I'm talking. There's a Line of Energy; she has a Line of Energy, OK, to her Commitments. ... Because the Spirit has Integrity, see there's an Integrity with it, OK?"

"... Be in Agreement with the Agreement because you're responsible for It anyway. You're not going to get out of the Agreement, OK?"

"And even if a Soul chooses not to take on that Agreement - doesn't get the body this time - that doesn't void the Agreement. It just voids out the time in which It takes place for that particular Soul. So sooner or later it's going to be in that Forcefield known as human life to Learn and to Grow. OK. And in human life the Soul has lots of Agreements that It makes and they're all meant to be fulfilled. And we can go kicking and screaming or we can go leisurely, being led. I suggest the latter. And whether it's Service, whether it's a Contract, to always kind of be in agreement. Not always kind of, but to be in Agreement with That because that's key."

***“Be in
Agreement
with the
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*--From the Satsang "Various
And Sundry Topics"
(CD/MP3 #A88)*

Dear Cosmos Tree

Q. I'm in the middle of a horrible divorce and I want to find peace. How can I do that? As of now, I think the answer is to travel because that's helped me the most so far. - M.L.L.

Dear M.L.L. 1. Call in the Light Of The Most High inside yourSelf by saying, "Lord, God, Send me Your Light!"; 2. Co-Create with the Lord, God by asking the Lord, God for what you want by saying: "For the Highest Good, Lord, God, send me [fill in what you want - i.e., the money (be as specific as possible) to travel; to "recover from a divorce," etc.]; 2. Tell yourSelf "(your name) it's okay to let it go!"; 3. Ask the Lord, God to take anything [the negativity - i.e., worry, etc.] that separates you from the Spirit you *are*; 4. Tell yourSelf "(name) it's okay to let it go!"; do as often as necessary; 5. Ask the Lord, God for Clarity and Guidance like this: "Lord, God, for the Highest Good, please send me Clarity and Guidance on [fill in] and tell yourSelf: "(your name) It's okay to let it go!!"; 6. Stay Present! The Teachings teach us that "prosperity follows from Abundance," Which comes from placing your Focus at God; 7. Work with your basic selves (the part of you that brings forth your karmic patterns); right now, you're allowing your basics to "rule the roost" by going with the negativity/karma; instead, take charge! A good start is to say "I need your cooperation to stay Present. Thank you and keep doing the good work you're doing"; you can also tell them that Spirit is the source of your supply (not a "job" or anything else); 8. By waiting to do your Spiritual work you are working It backwards; The Teachings teach us to keep our Focus at God and from "There," everything is handled; to help you Focus/stay Present, see [To Reinforce Your Learning](#) below; Reinforcements are necessary to help you Focus - give Them to yourSelf. Peace is the Peace - and Joy - that is the Spirit you *are*/when you are lined up with That.

To Reinforce Your Learning: 1. Beginner: read the *Tools For Living Free*, "Spiritual Economics"; "The Power of Positive Self-Talk"; "Using The Tool Of Choice"; watch the Video/DVD "Abundance Consciousness"; 2. Intermediate: Everyday Evolution I Class; Meditation; [The Money Workbook](#) ; Open Hour and/or private Session with The Teacher; Retreat; All Classes in addition to EEI, beginning with Relationships; 3. Advanced: 1, 2 and, if you are not an Initiate of the Sound Current, request Initiation into the Path of Soul Transcendence.

Dr. Lane adds: Your question, while appreciated, provides you with a road map of how NOT to have peace.

Let's go through your question and see why? And then allow me to give you the Solution to a question that DOES contain the road map.

You state that you are in the middle of a "horrible" divorce and that you "want peace." What are the "horrors" of the divorce? Judgments on yourSelf? Feelings of failure? Thinking you "should" have made it work? Disappointing family and friends? All of these "horrors" originate with you and need to be released by doing the Two-part Release Technique described in #'s 3 and 4 above. "Wanting" to find peace locates it as something outside of yourSelf and reflects the belief that if you manipulate the environment properly - by changing and/or controlling location, people and/or situations - you will find what you want. Rather, the opposite is true. "Wanting" keeps you separate from your "goals." You need to Allow and Receive this Peace.

You ask how you "can" do that, referring to having Peace but you talk about the ability - "can" - to have it rather than the actual having it. This reflects more separation from what you claim to want. In addition, "thinking" that travel will work because it has in the past does not pertain to the present situation and "thinking" limits the solution to the restricted borders of the constricted mind.

M.L.L., from the above it is obvious that feelings and thoughts are not to be relied upon nor are your desires. As with all things the Solution is Spirit. Marriages end when they end, either because the karma present with the Soul has been completed or either Soul - the One with the karma or the One with the spouse bringing it to the other - delays the completion into the "future" by no longer choosing into "sharing karma," the choice made when you said "I do."

What is the "peace" that you seek? Is it not having certain thoughts and feelings and judgments? Your soon-to-be-ex-husband not acting as he does? None is "peace" - just as peace is not the absence of war.

"Peace" is when the above is as the below or "so above as below;" in other words, when the Consciousness that is Spiritual or "above" is the same as our everyday consciousness "below." This is another way of expressing the Christed Consciousness: your will and God's Will One and the Same.

This is True Peace Known Biblically as the Peace that "passeth all understanding."

While traveling, being with friends, etc., may provide a temporary solution, this is the permanent one. How does one give This Consciousness to oneSelf?

God, in His Kindness and His Mercy, has provided the Way. The Path of Soul Transcendence is such a Way and I greatly encourage you to Walk this Path and to receive your Divine Inheritance - the Christed Consciousness of the True Peace that you crave.

I Lovingly Suggest, M.L.L., that you see this divorce as a God-given Opportunity to enter into the Divine Marriage - the uniting of your Soul - the Bride - with God - the Groom.

In the Divine Marriage, M.L.L., there is *only* Love.

Please let me know how you are doing and how I may assist you more. Thank you for your question.

Try This ...

"And many of us walk around thinking 'well, no one is going to know.' I'm going to fool The Teacher' or 'no one else knows.' Well, good luck! Because the Spirit in you is the Spirit that's in Me, the Spirit in everyone. The Spirit will not be mocked. God will not be mocked. OK. And you're held accountable internally, OK."

Let something come up that you are currently doing in your life where you think 'no one will know' or that you are fooling someone/getting away with something. Then commit inside yourSelf to keep your agreement(s). Repeat as often as necessary. --first paragraph from the Satsang "Various And Sundry Topics" (CD/MP3 #A88)

Step-by-Step

Here's A Quick Reference List To Use For Daily Practice:

1. Call in the Light Of The Most High by saying, "Lord, God send me Your Light!"
2. Get quiet and say inside yourSelf, "Lord, God, for the Highest Good, please allow a situation to come forward in which I have not been In Agreement!"
3. Ask the Lord, God for Clarity and Guidance like this: "Lord, God, for the Highest Good, please send me any Clarity and Guidance I need to be In Agreement!"
4. Ask the Lord, God to take anything that stands between you and the Spirit you *are* like this: "Lord, God for the Highest Good please take anything that stands between me and the Spirit I *am*!"
5. Tell yourSelf "(your name) it's okay to let it go!"
6. Move forward from this Place of Being Present! Repeat the above as often as necessary!
7. Attend Meditations of the Light of the Most High; Classes and Workshops at the Home Center and/or at your nearest Regional Center.
8. Be in Agreement with your Life's Purpose by requesting Initiation into the Sound Current on the Path of Soul Transcendence by contacting your nearest Center.

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