

Tools For Living Free

NUMBER 109 IN THIS ONGOING EDUCATIONAL SERIES

“EXACTLY” WHAT’S THE POINT? - PART II

Excerpts from the Satsang “‘Exactly’ What’s The Point?” (Tape/CD A86)

“There’s a beautiful story told of a Master who had tremendous amounts of love for His Students, even though a lot of the Students probably may not have understood the expression of It or they probably would have said, ‘You know, He’s not a nice person’ or ‘His personality ...’ or however people judge things without having a clue as to the Master’s Beingness. And He had to do, I guess, the equivalent today of a mailing and there was postage involved, O.K. and He had instructed one of the Students - in those days it was based on distance, you know, whereas today you may go three hundred miles and be in a foreign country and go three thousand miles and be in the same country and it’s more expensive to do the short postage, just like an airplane flight - but in those days, it was just distance, O.K. - and so this particular letter was going by post and it was heavier than normal.

“And The Teacher had instructed the Student to put - let’s say - the equivalent of sixty cents. ‘And, as a matter of fact,’ He said, ‘the next time hey! we do the mailing make sure you use stamps worth sixty cents.’ And then just before that next mailing The Teacher said it again. And, let’s say, the standard in those days, the standard stamp was, let’s say, the equivalent of our first-class postage, let’s say it was thirty cents, O.K. And the Student said, ‘Yeah, I’ll go do it.’ And then lo and behold, what did the Student do? Puts on two of the equivalent of today’s first-class stamps. And, of course, The Teacher knew. Not that He necessarily knew that fact, O.K. But He knew that from the vibratory frequency and the lesson and the karmic field around it that that particular Student had not done what she was asked to do. And He was what probably people would call furious and angry, O.K. And that’s how it would look from the outside, O.K. But really, what there was on this, from this Beloved Master’s part was sheer Love and Devotion for this particular Student. Why? O.K. Not because she cheated Him or the organization out of the difference on the postage or whatever, but because He knew that she would do that on her Approach to God. That she would not do the Instruction. Rather than go to the post

office and get those stamps - I guess in those days the equivalent of a post office - and get those stamps totaling the proper amount she just slapped on the two that she had at home. Because it was easier, quote easier. She did it her way, O.K.

“And The Teacher just blasted her. But blasted her in the sense of like you blast a road through a mountain also. He was blasting through the karma and it was His Love and Caring of that Student that did that so that she would learn ‘hey! You need to do it *exactly*; you need to follow the Instruction for several reasons.

“It’s part of your Submission Process; It’s part of your Surrender; it’s part of your Letting Go. But mainly, guess what? If you ain’t training yourSelf now and ain’t being trained now guess what? God’s Door is open and you’re not going to follow the Instructions to go through that Door. You’re going to take the easy way, see. And in your ignorance and in your confusion, you think it’s the easy way and you just made it real hard for yourSelf. I guarantee that Soul has never forgotten that lesson. Was it about the stamps? No. What was it about? But it was about that learning to do it *exactly*. You know, we’re not talking about where to have lunch, you know, a recommendation. Give me a nice place to eat in the neighborhood, you know. We’re talking about the Soul walking the Path of returning Home to God, of knowing Itself as Spirit, of Devotion, of Surrender, of Letting Go.

“And that Soul will allow Itself to be pulled out into the world unless It’s trained fully to follow. And that Master knew that and so He came down on her real hard. Seemingly real hard although probably the Student would be the first one to tell you that it was just Love, and don’t be fooled by how it looked, but it was Love. She was Loved at that time and that Soul was there for that Love. And What the Master cared about was That Training, O.K.

“And there’s that old story told about the Initiate just before he dies. All his sons are there. And he was a wealthy, wealthy man. He was a merchant. And he has like five seconds to go before his Soul leaves the body and with all the strength he can muster, he opens his eyes and he counts one, two, three, four, five. And he realizes all his sons are there at his deathbed. And he goes,

“So a word to the wise: you really need to be exact and don’t just slough it off, you know. It’s kind of like if you were told, ‘Well, come here Sunday and watch a Video, watch a Tape’ and you say, ‘Oh, yeah, that’s great; I can do that.’ And you look at it as just another thing, ‘Well, will I go play softball that day? Will I go do this? Will I go do that? Will I go do anything?’ O.K. You haven’t been told to come Sunday just for the hell of it. You’ve been told for your Learning, for your Upgrowth and The Teacher has placed an Upvibratory Frequency there for you to work with your Soul and It’s a Lifting Pattern and It’s for you to participate in.”

--From the Satsang “‘Exactly’ What’s The Point?”(A86)

‘Oh my God who’s minding the store?’ See. And he’d gotten pulled out into the world of form. And he didn’t follow the Instructions. He had been told by His Master, ‘Stay inside with God. Chant the Sacred Names of God.’ He didn’t follow. He did it his way. Well that’s O.K. He earned at least one more trip around. You know, and he’ll come to the same ‘Place’ where his Master had pointed him to. He’ll do it his way but that’s the hard way, you see.

“And The Teacher wants to make it easy for you. But you have to do it *exactly* His Way, see. And I say that deliberately because we really think It’s His Way, The Teacher’s, that person’s way, O.K. That’s because we’re materialistic. And we think there’s the ego. We think there’s the body. But His Way is the Way of God because He doesn’t teach from the body or from the karmic fields. He teaches out of the Spirit or out of the Soul that He is and from That He gives. And He KNOWS. And that’s The Teacher – (It) is the Soul (Present with Him) and That’s Your Teacher. Your Teacher is the Soul.

“But there’s an *exact* way to work with and approach and know your Soul. And that’s what’s imparted to you. If you do it your way you keep missing, you keep missing, you keep missing, you know. And then there’s just another separation, another separation, another separation that’s been created. That’s called karma, see? But I don’t teach karma, I just teach Loving God. That’s all I know. Loving God, O.K. But there’s an *exact* way to Grow That, you know.”

“... And the only Protection is the Exactitude of The Teachings and a following of It because a mule laden down or laden down with stuff can’t get through those Gates. In other words, there’s no way you can enter with your stuff, with your karma. So, since you can’t enter with your karma, I don’t teach about karma. But you can enter with your Loving, you see.”

CASE STUDY

What struck me about the Talk “‘Exactly’ What’s The Point?” is that It’s about the Meaning and Purpose of life, which is to come to know mySelf as Spirit, as Soul. The question for me is am I willing to drop my stuff in order to do That? As an Initiate of the Light of the High I work with My Spiritual Teacher – my Beloved Spiritual Teacher – and am given Instructions by My Teacher so that I can come to know mySelf “easily” as Spirit as the Talk states, and That need to be followed *exactly*. Just read the above excerpts from the Talk – I’ve had many, many experiences with exact postage similar to the one described above. Yes – it’s not the postage. It’s the Forcefield set up for me as a Blessed Opportunity to choose to stay focused into Spirit, into mySelf, to maintain Proper ID as I do what I do in the world of form and to stop my stuff.

Have I, up until now, always done that? No! The first Tape that My Teacher gave me to listen to shortly after our first meeting was titled “What Are You Trying To Get Away With?”

But I do have a deeper understanding of Exactitude from reading this Talk and from the direct experience of It. For me, the Talk has to do with Integrity; that is, I am now working on the Newsletter, of which *Tools For Living Free* is a part, and a part of me knows that a sentence in It doesn’t sound exactly right but a part of me doesn’t want to go to the “trouble” of finding the required CD, of re-listening to It. I’m running “no time” and “it’s the work day, after all – what am I going to do about my clients?”

But because I know the Newsletter is a Service Project and that many, if not most, of the examples in the Talk are of Service brought forward for me/us to Lift and to Upvibrate – i.e., to Grow – I know Service is an Opportunity given to me by My/Our Teacher for me to Lift and to Grow. I know that I need to be in Integrity and that I need to check This out. I do the Self-Talk needed to do This and to do It well by directing my basic selves or the part of my consciousness that brings forward my karmic patterns into that re-listening action. The same thing happens again when I go to change the copyright line – I realized then that I had needed to change it in an earlier issue and I really don’t want to take “the time” (note that there is in reality no such thing as time and space) to do it now – but I do it because I know that I need to stay in Integrity and that Integrity is the Exactitude that I the Spirit I *am* knows and that Spirit will not be mocked – really there’s nothing to get away with. I’m responsible.

And deeper than that – I want to do the above because I now see that my will and God’s Will are One and the Same because I *am* Spirit; in reality, The Teacher is “inside,” is the Lord, God – the Outer Teacher is there because having The Master in physical form makes it a lot easier for me to relate to the Lord, God and, therefore, to Learn, Lift and Grow: another Precious Gift from the Lord, God – and from My Teacher. I realize that I really do want to do It and that I only need to update that part of me – the false self – that will do anything at all to stop this great Upliftment brought forth by My Spiritual Teacher.

The same is true for my Spiritual Work yesterday. As I was reading the Talk, I stopped and simply made Meditation, my Spiritual Practices, a priority and did additional Meditation as I had been Instructed previously and chose to do It right then and to surrender everything in the way – “time;” “it’s the middle of the work day!”

As always, it was a lot easier after the Meditation to stay Present – i.e., to be on Point and to be on Point regarding My Teacher’s Instructions.

Of course, to be on Point inside mySelf is the only Point. But the more on Point I am, the more on point I am “out there”; the choices I make are mature ones – the coffee My Teacher told me years ago to stop drinking, I stop drinking; the schedule I rarely if ever put together the night before I do the night before; vitamins I’m supposed to take, I take; the piece of paper I was going to just leave out on a table I now file away; the bills I was going to put off ‘til tomorrow, I pay now.

Exactitude equals staying Clear equals my only Job as an Initiate of the Light of the Most High. It’s about Loving mySelf enough to be Exact and about moving into greater Devotion as a result. It’s the Point and the Point of the Point. And I thank My Teacher for His “Blasts” these many years.

Step-by-Step

Here’s a quick reference list for daily practice.

1. Call in the Light of the Most High by saying, “Lord, God send me your Light!”
2. Inside yourSelf, allow a situation to come up that you chose to do the hard way – i.e., your way – instead of doing it *exactly as instructed!*
3. Say, “Lord, God please take anything that stands between me and doing my life – really God’s Life – *exactly as instructed!*”
4. Then tell yourSelf, “(your name) it’s okay to let it go and to live this Life that God has given me *in the Joy of being exactly on point!*”
5. Request information on, and attend, Meditations, Classes and Workshops, and Video Showings at the Cosmos Tree Home Center and/or Regional Centers!
6. To realize your Freedom, call any Regional Center and request the Gift of Initiation into the Sound Current on the Path of Soul Transcendence!

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