

Tools For Living Free

NUMBER 141 IN THIS EDUCATIONAL SERIES

The Divine Blueprint

Excerpts from the Satsang "Are You Pulling The Wool Over Your Eye?" (MP3 A76)

"... And I Teach as one of the Cornerstones of The Teachings: Service. And the reason I Teach Service is real simple. Service - and I mean Service done with a Loving Heart - not full of resentment, not full of begrudging It, but Service as an Opportunity, really to serve yourSelf by being with God while you're assisting others in Service you're at at-Tune-ment, you're at at-Tone-ment; in other words, you're at the very Frequency of God.

"And there is no karma in Service. And there is no karma when we're inside with Spirit, Loving God, sitting in Adoration of God. It's not the god of the church. It's not dogma, it's not anything like that but it's the *direct experience*.

"And God in His Kindness has provided us a Way and there's a Path Home to God called the Sound Current. It's always been here; It always will be here. It's known in different languages, It's known in different religions. But when Jesus the Christ said, 'I'm the Word made manifest,' the Word is the Sound Current and He was the Word; He was the Sound Current made manifest.

"But the Christ was all of mankind fulfilled, each individual fulfilled. He was the fulfillment of the Blueprint, of the Plan and that's What we *are*. We're in Manifestation here. What's in Manifestation? But, the Sound. We may not be aware of It, but that's What we *are*.

"And in the beginning (of this Satsang) we chanted an old, ancient name for God: Hu, H-U. 'Hu' is the First Manifestation in the Spiritual Worlds of the Lord, God Himself. The only Frequency beyond that is the Unmanifested One. And so many of us walk around, 'Well, it's only human,' or 'I'm only human.' Yeah, but guess what? HU-man tells us Who we *are*. We're Manifestations of God, we're Manifestations of the Sound Current; we're Manifestations of the Holy Spirit. And, you see, in reality, our bodies are here. We're in the physical. Most of us - 90-95% of us - lives in the Inner Worlds. The Soul lives in the Inner Worlds and we're asleep; we lie dormant or we're dead. And God in His Grace has a Way to awaken each Soul - through Initiation into the Sound Current. And we pull the wool over our Eye if we think that there's another way.

"We pull the wool over our Eye that you can fool God and fool the Spirit inside of you. You don't have to choose It now; that's fine. God loves you. His Love isn't going to stop. But, eventually every Soul will go Home. Because 'wide is the way but narrow is the gate that leads unto eternal life.' It's very narrow; it's very narrow because there's only one Way. And the camel laden down with stuff that couldn't go through, pass through that gate because it was too narrow - those are our worldly attachments.

"And we kid ourSelves and pull the wool over our Eye if we think we can progress Spiritually and keep our attachments. We're not able to because our

attachments are the very thing that will snap our Soul back into this world and into another body, and another body and another body and that's fine if you want to do it. But, eventually, you will have to master the Spirit inside of you. We're not here to master the physical; we're not here to be perfect emotionally; we're not here to be perfect mentally or any of that stuff. But we are here to perfect the Spirit that we *are* because that's where we're going to wind up. I've never ever seen a Soul in the body that was in the grave. Never seen one; ain't never happened. Soul leaves the body before the body drops. So, the body doesn't go on; the Soul goes on.

"And we pull the wool over our Eye if we think that we can focus and build things here and create attachments here and that we're going to take those attachments and those things of the world - the status, the power ... - we mistake ourSelves if we think we can take that before God, take any of that stuff into Heaven. We can't.

"And the Spiritual Heavens sit inside of us and we enter them in the Soul Body. But we can't go there in the Soul Body unless we've Woken up all the levels in the negative worlds. And that has to do with freeing and clearing our attachments. And so where we focus is where we wind up. We Focus into the Spirit we *are* and if we walk the Path *exactly* as we're Taught, that's where we end up. When the Eye is single - meaning the Spiritual Eye is single - then the body is a Light and all of the Soul Body is lit up. We have to be single-minded.

"And we pull the wool over our Eye if we think we can dissipate our energies or dissipate our focus. Now that doesn't mean you have to be in a monastery all day, 24 hours a day meditating; not at all. Doesn't mean you have to be a hermit, doesn't even mean you have to be a hermit crab. (Little joke there!) But, it does mean that, regardless of what your body is doing, inside yourSelf you need to be Present with the Spirit you *are*.

"And all this stuff we find, all our habits, all our habitual ways of being, all our miscabobulated thoughts and thinkings and manipulations are all the results of karmic patterns. And there's nothing in the Spiritual Law that says you have to keep them. And you pull the wool over your Eye if you think you're nothing without your patterns or your karma. But, the real truth is that you are everything without them. And those are the very things that stand in the way - your creations - away from the Spirit you *are*; (they) are the very things that stand in the way and separate you from the Spirit and make you seem isolated.

"See, you've kicked God out. God hasn't kicked us out of the Garden of Eden; we've kicked God out of the Garden of Eden. And we've done this by our creations away from Him. But God in His Mercy and His Kindness gives us a way Home.

"And you're pulling the wool over your Eye if you think you don't have to take It. You do. That's the Way. And whether you run the excuse, 'I'm not good

**"But
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inside of
you."**

-- From the Satsang "Are You Pulling The Wool Over Your Eye?" (MP3 A76)

enough now; I'm not perfect, I'm not worthy. I'm this, I'm that, etc., etc.' - so use all that stuff to go to God! All that stuff is forgiven. All that stuff doesn't have to stand in the way. There's nothing you can do to make God dislike you or to separate yourself from God. But what you can do is you can live as if you were separate from God. And that's the big illusion.

"And you're pulling the wool over your Eye if you separate yourself out from God because that's death. And just like the death of dropping the body - just like death doesn't exist - the death in you that way doesn't exist either. But it's the illusion that you'll live under until you say, 'Hey, wait a second now! I don't need to pull the wool over my Eye and if My Teacher gives me the Opportunity to identify myself properly as Spirit and to give up the things of the world - the status, the power, the driving, the having to have money, all that kind of stuff - as the source of my identity then guess what? I get to be Free.

"Then a weird thing happens: I have more of that anyway. I can only start to have money when I gave up my desire to have to have money. When I got Neutral and Free inside myself. There's something here This Teacher's trying to Teach me.

"And all of HU-manity lives under the pain of separation - this pain is an awful pain. And that's why people do what they do - drugs, drink, etc. And somewhere they're all trying to 'connect' somewhere with the Spirit but they don't know how to do it. But God in His Kindness - He's given us that Way. And you pull the wool over your Eye if you think you have to live in pain because you don't. And the pain we all labor under is the pain of the illusion of separation.

"And we pull the wool over our Eye if we think we don't have to Surrender, if we think we're not Powerful. We are Powerful, we're very powerful, and the Power is in Surrender to God and to the Spirit inside of us - that's where the Power is and That's our Magnificence.

"And that's what every Soul has to learn. And you ain't going to get out of the system until you've mastered that lesson - it's real simple. That's the final exam. And if you don't think so, well, you've just pulled the wool over your Eye once again."

Case Study

"Master[ing] the Spirit inside of me", as Dr. Lane states in the "Big Quote" on page one of this *Tools For Living Free*, involves exercising the Power of Choice and the Power of Surrender, two Key Teachings.

Up until now, I have allowed a particular MO to rule my life. This MO consists of choosing to do a project, often a Service Project, and then when that Project is underway, going against The Teachings by choosing into negativity (i.e., expectations, "shoulds", feelings, etc.) instead of staying Present.

In those MO moments, I "forget" that I had made the Choice to do the Project to begin with. And I "forget" that I am at Choice as to where I place my focus. As Dr. Lane states in the Talk "Are You Pulling The Wool Over Your Eye?" "where we focus is where we wind up." I am a Lover of God; and, as a byproduct, I go Home to Him. I Live the Divine Blueprint by being Present.

I chose differently the other day from this "forgetting". I had two Meetings. I chose to put the Meetings into the Light Of The Most High for The Highest Good, as I often do. And I chose to do Self-Talk by educating my basic selves, the parts of me that bring forward my karmic patterns, like this: "basics come present! I need your cooperation and energy to be Present! Thank you and keep up the good work being Present!" And I Chanted My Tones and kept Returning to that "Eye" - the Upper Part Of The Third Eye - again and again no matter what was going on "out there."

When negativity reared its head - mainly "storifying" about the situation or what others were doing - I immediately stopped and did the Two-part Release by asking the Lord, God, for the Highest Good, to "take this negativity from me!" or to "take anything that separates me from the Spirit I am!" And I told myself "it's Okay to let it go!" This negativity is, of course, the attachments that separate me from the Spirit I am. They are creations for which I am responsible if I choose to persist in them as I have sometimes done, up until now.

I also consciously chose to come from a Loving Heart; to be Neutral; to move into Acceptance; to have a good time at the Meeting(s). I did Self-Talk for all four choices, as needed.

Afterwards, I felt like I had had a great time; lo and behold the person with whom I had met for the better part of four hours enthusiastically wrote "great meeting" in an email.

My job again is to be Present/Clear inside myself; when needed, I do the Two-part Release to assist myself in This. Sometimes inside myself, I just said "Nope!" the very instant something came up and then did the Be Present Self-talk again. And I had a great time because I chose to do so inside myself. This is a first for me.

Another result is the Respect I felt for the others involved in these Meetings because I now had that Respect for myself, proof positive that Loving God is Loving myself.

I supported myself further by attending Meditations and the Sunday Program; taking the Everyday Evolution Class and the Beginners' Class; having regular Sessions with My Teacher; calling in for Open Hour; and spending a lot of time with Fellow Initiates sharing The Teachings.

Try This ...

"You're also pulling the wool over your Eye if you think that you won't be responsible for your debts. You are responsible for your debts. If you owe people money, pay them! Real simple. The story of Abraham Lincoln walking all that way to give back a penny is a real smart action that he took. If you think you don't have to pay your karmic debts, good luck to you! Everyone has to pay off karmic debts. They may be handled through Grace, but they'll be paid off. And we create. You need to understand how Powerful you are, and every thought and every feeling and every action that you have and that you persist in - you're responsible for it if it's an action or a thought or a feeling away from God." -- From the Satsang "Are You Pulling The Wool Over Your Eye?" (MP3 A76)

Step-by-Step

Here's A Quick Reference List To Use For Daily Practice:

1. Call in the Light Of The Most High by saying, "Lord, God, send me Your Light!"

2. Now, allow a situation to arise in which you, have up until, now created attachment(s)!

3. Ask the Lord, God to take these creations from you like this, "Lord, God, for the Highest Good, please take these attachments from me!"

4. Now, tell yourself "(your name) it's okay to let them go!"

5. Commit to being Present by placing your Focus at God!

6. Gain Spiritual Strength by attending Classes; Meditations; Meditations For Health And Well-Being; and by placing yourself in the Presence of The Teacher/ Dr. Lane often!

7. Request Initiation into the Sound Current on the Path Of Soul Transcendence by contacting the NYC Home Center or any Regional Center.

For further information or to request other titles in this series contact:

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