

Tools for Living Free

NUMBER 52 IN THIS ONGOING EDUCATIONAL SERIES

Exercising The Tool Of Responsibility

excerpts from the Satsang "Are You Pulling The Wool Over Your Eye?" (TAPE No. A76)

"...And I want to talk a little bit about the question: 'Are You Pulling The Wool Over Your Eye?' And notice it's not 'Are You Pulling The Wool Over Your Eyes?' I am really referring to the Eye: the Spiritual Eye or the Third Eye or what we work with as the Spiritual Eye: the Upper Part of the Third Eye where the Spiritual Centers are.

"And there's a story told of a great Master in olden times and He was asking His Students - and he had many, many Students and they were Students of the Sound Current - and He was asking his Students to contribute wool because He was collecting wool so that He could give this wool to the poor people of His village and of the surrounding villages. And wool in those days was very much like currency is today: you would trade for it, you would barter for it and you would be judged as to status, etc., according to the amount of wool that you had. And He had asked His students to give Him wool so that He could give it to others. And He was walking in the village one day and He ran into the wife of one of His Students, who was also a Student, and she told Him, 'Oh, my husband, he has no wool to part with. He can't give up his wool.' And the Teacher thanked her and just hurried along on His errands, etc. And the very next day He ran into her husband, who was also His Student, and he was wearing this wonderful woolen sweater and he promptly showed off the sweater to His Teacher and also informed Him that he was going to collect more wool so that he could add length to the sweater, have a longer sweater and, indeed, have some of the wool dyed different colors. And he promptly informed the Teacher that this would mean that he had more status; the more wool, the longer the sweater, the more colors he had in the sweater meant the more status he had. And the Teacher thanked him for the information and walked away and as He walked away - because He was a Teacher of the Sound Current or the Holy Spirit and the Spiritual Energy was always with Him and present - He simply asked in the way that He would: He asked the Lord, God to hasten the progress of His Students and for them to recognize the opportunity that they had in the lesson that He was giving them.

"Because what He was giving them was real simple. Being a Teacher He didn't need to get the wool from His Students; He could simply have gotten it from anyone and anywhere. But He asked His Students so that they may learn and, really, the

learning was very simple. And He knew He was in trouble with that particular husband and wife team when the wife had said, 'his wool,' (and that) he will not part with his wool. Because what the Student needed to learn was the false identification and if it was his or hers then he was separate from the Spirit. It is really all God's. And that was the learning that the Teacher wanted to impart: it's all God's wool and that if you surrender to that and come into the knowing of that you're supplied because Spirit takes care of Itself and always gives.

"And the Teacher also knew that mankind struggles with the identity: the false identity and the ego-identity of this person isolated in the universe and so when the spouse said, 'Oh, yeah, my husband won't part with his wool' (she was saying that) there was this separate being, this ego in the universe. So he was isolated from the Spirit he was and from all of creation and the Teacher was giving him an opportunity to come to know himself as Spirit and to come to know the supply and to identify himself properly. If he knew that he was Spirit, then guess what? He would have said, 'Teacher, take all my wool! I don't need the wool.'"

"And so the wise Teacher was also giving the student an opportunity to let go of the things of the world and the driveness for power and for status, etc. Because the Teacher being Spirit in Manifestation knows something that the Student needs to come into the learning of and that is that we are Spirit, that It is our proper identity and that It is Eternal and that we are Eternal. And all problems that humankind has come from the false identity with ourSelves in time and space. And so the Teacher in His Wisdom and His Grace was giving His students that opportunity. And today He probably would not use wool but He would probably use the current currency; he may use frequent flyer miles, he may use clothing or so to impart those lessons to the Student: that it's not ours, it's not yours, that you're not sitting over there and you're not sitting over there isolated, but that we are all One in the Oneness of the Holy Spirit, in the Oneness of the Sound Current - that's the reality. Anything else is illusionary."

"...And so often we like to pull the wool over our Eye and think we're separate and we also think we're not responsible for our creations..."

"See, we're responsible anyway whether we

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know it or not. Jesus, the Christ said, 'Ignorance of the law is no excuse.'"

"...I teach Grace. And many of you really pull the wool over your eyes when you think that Grace means you're not responsible, or, 'yeah, can't I get another chance or can we pretend it didn't happen?' Well, no, it did happen and you *are* responsible; you're karmically responsible and through Grace you'll get the opportunity to learn what you need to learn. Maybe other ways than through the physical, but you're responsible and many of you pull the wool over your Eye by thinking 'ah, Grace equals not responsible.'"

"And another way we like to pull the wool over our Eye is to think we're not powerful. 'Oh, it

doesn't matter' and that we don't affect other people. We've done this in some classes where we ask you to have a negative thought, etc., etc., and you get to see how it affects you but you also get to see, because we're all One, how it affects everyone else."

"And we pull the wool over our Eye if we think we don't have to surrender, if we think we're not powerful. We are powerful, we're very powerful, and the power is in surrender to God and to the Spirit inside of us - that's where the power is and that's our magnificence.

"And that's what every Soul has to learn. And you ain't gonna get out of the system until you've mastered that lesson - it's real simple. That's the final exam. And if you don't think so, well, you've just pulled the wool over your Eye once again."

Case Study

For a long time I had wanted to have a baby, a beautiful new home and all the money necessary to live the life I want. I prayed for it and waited patiently and waited impatiently. About six months ago, my husband and I moved into our beautiful home and now I am pregnant.

I have been filled with a tremendous amount of fear - either that all this will go away or that people or situations will come along to prevent me from enjoying that which I have been given. What I have realized is that, up until now, I have not been able to receive. I realized this by the way I kept looking at the negative side of everything and how I wasn't present with all that I currently have.

All the Blessings in my life are magnificent. I feel very Blessed. All my prayers have been answered and I am totally supplied and I don't know what to do with mySelf. Although outwardly my situation has changed, I find that I have the same patterns of longing, anxiousness, doubt - "never enough." These patterns and scripts are now attaching to this situation on which to feed. The only problem is the patterns seem out of place and have been having the effect of creating vast confusion and disarray in my inner environment.

As a Student of the Path of Soul Transcendence, I know there are a few things I need to do. The first is self-talk. When the worry and concern comes up I lovingly tell mySelf "I have

everything I need and want right now. I am supplied. I need your cooperation in feeling good by loving God." I then ask God to take the negativity by saying "Lord, God, for the Highest Good, please take my old patterns and scripts and fill that space with Your Love!" I then tell mySelf "it's okay to let it go." This brings me to a place inside mySelf of gratitude and appreciation - really awe for the Blessing that Spirit provides.

The Teachings of the Path of Soul Transcendence teach us that responsibility is the ability to respond to the Spirit we are. What this means is that we receive the gifts that Spirit brings - we receive the Peace, the Love, the outer blessings; really, we receive God, Himself. This is a profound lesson for me - that in order to Love God I have to allow Him to give to me. I have to know I'm good enough.

From doing this process I realized that any fear I had about others "preventing" me from having what I wanted was only a projection of my own feelings of not being able to give mySelf permission to have that with which I am Blessed and preventing mySelf from receiving them. Accepting all the Blessings that are here for me, I allow mySelf to live at each and every moment in the quiet devotion inside mySelf - really I am present in the Love and Appreciation of mySelf as Spirit and that's it! I take responsibility by receiving the Love that's present. Amazing!

total opposite way that we're taught; (it) doesn't manifest by having dominion over anyone, power over anyone or anything like that. But the *power is in surrender*; the power is in allowing."

- From the Satsang "Are You Pulling The Wool Over Your Eye?" (A76)

Step-by-Step

Here's a quick reference list for daily practice.

Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "Lord, God send me Your Light!"
2. Choose to surrender to the Spirit You Are by saying inside yourSelf "Lord, God, for the Highest Good, take my agenda and any negativity that I may be holding onto!"
3. Tell yourSelf "(your name), it's okay to let it go."
4. Give to the Spirit You Are by attending Meditation of the Light of the Most High at any Regional Center or by attending our Open Retreat.
5. Contact any Center and requesting Initiation into the Path of Soul Transcendence.

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Try This ...

"And, just in conclusion, I'm going to ask you to give it up each moment by dropping the things that separate you as they come up: an emotion; a thought; an action away from the Spirit you are; your agendas, etc.

The power of who we are - it manifests in the