

Tools for Living Free

NUMBER 49 IN THIS ONGOING EDUCATIONAL SERIES

How To Win The Game Of Life

excerpts from the Satsang "Success: What It Is, How To Measure It, How To Live It" (TAPE No. A50)

... "And how did they win the Game of Life? Real easily. They used it for its proper purpose. They used it to know themSelves as Spirit - to walk the Initiatory Path, to go Home to God, to love Him, to love Him *while they're in a body* - that's the miracle of miracles - to place their Consciousness in God; know themSelves as Soul, as Spirit; and allow God to give to them. So they had worldly success, too. But guess what? They dropped the body. It didn't matter - who cared how much money they had or how many people are at the funeral? Guess what? - it doesn't get you into the Gates of Heaven. Your own efforts do through Grace and God's Love does and how much you've incorporated that and how much you've allowed It - that is what gets you in.

These Souls that won at the Game of Life - they allowed themSelves to be given to. Their focus was in God and they allowed everything to be added to them and everything was added to them. It's like they got out of the way of the world and the things of the world just got added to them. Because that wasn't their focus. Its like they lived on the twelfth floor and everything below was added to them and they were smart because, rather than live on the third or fourth floor or fifth floor and grab everything and accumulate everything on those levels, they lived in the Spirit they were and they allowed everything else to be added to them - so they won. They won God. They won the True God. They gave themSelves God. Well, if you give yourSelf God what the hell are the things of the world?

See, they had it opposite from the

way the world works it - they valued the Spirit they were and are - and they knew it and they focused there and they did their Spiritual work, they followed the Spiritual Teachings, they followed the Spirit and Instructions *exactly* and that was their focus and they allowed God to just give to them the things of the world they needed. And, yeah, if it was important they had power and status or fame then that was added to them. If it wasn't important for them in this world they didn't need to have it. They won the Game of Life. Pretty smart!

But the fascinating thing was that almost no one knew what they were doing; the evaluation was on things of the world - how much status, fame, power, etc. You see little kids - do they have the right label on their clothes? Are they going to the right school? Are they doing this? Are they doing that? All about status and power and where they fit in. And they're wasting their time. There's only One Place to fit in and that's inside yourSelf in the Spirit you are because that's where you belong and that's your Home. This world ain't your Home. If this world were your Home - you'd end up here. I've never seen a Soul in the grave. But I've never ever seen a body survive more than forty-five minutes or so once the Soul is gone.

Isn't that interesting? We don't get to have what we think is important if we think the things of the world are important. But if we honor that Spirit we are and the Soul and we use this life to nurture It - you know, we nurture our kids. We think they are our kids; yeah right! Wait until they grow up and you try to have them, so to speak. You know, they're not your kids; they belong to God; they belong to themSelves. It's their journey,

"But it (success) happens if we, as a Soul, come to recognize the Gift of Life, ask for the process of what's called Initiation into God's Spirit, into the Sound Current and then focus on That. And then through Inner Attunement coming to know God directly *while you're in the body*. That's success; that's how you get to go Home; that's how you get to be with God *while you're in the body* and when the body is in the ground that's what you're going to do. That's what the Spirit does - we worship God in the Spirit."

*From the Satsang
"Success: What It Is, How To
Measure It, How To Live It"
(TAPE No. A50)*

it's their progression that you were fortunate enough or blessed enough to nurture and to take care of them for a while. But they're not your kids. But you know we nurture our kids; we nurture our business; we nurture our relationships; we nurture our addictions and our habits; we nurture our fears; we nurture our emotions. We nurture

all that stuff. But do we nurture the Spirit that we are?

See, because that's where success is. Success is meeting the Goal of Life. And the Goal of Life is to know God *while you're in the body* and to love Him and to complete your journey here as a Soul."

Case Study

I was reading the TALK "Success: What It is, How To Measure It, How To Live It" the other day and it struck me - what a relief this is! Success, True Success is being with God. Wow!

As a Student of the Path of Soul Transcendence I know that this is True. I have experienced the Reality of this many times, yet had forgotten as of late. I found mySelf all twisted up in trying to accomplish all sorts of things - trying to organize my time, save my energy, get "ahead", achieve great results. All the while I was running my agenda that, somehow, the results of everything I did and participated in were up to me; that I was somehow alone in the process and had to work really hard to achieve. This felt very empty and very harsh.

Reading this TALK the other day I, once again, moved into the Reality of Spirit which is that there is nothing in this world that I "have to do" - no goal or ideal to reach. The only thing for me, or anyone for that matter, to do is be with God. I experience such Peace with this. Not to say that

there aren't tasks in the world that need my attention - quite the contrary. However, my focus is different. It's not one of going out into the world to get - but one of resting in the Peace and in the Trust of mySelf as Spirit. Acting - but from the gentleness of the Spirit I am by calling on God - I do this by saying "Lord, God, for the Highest Good send me Your Light! I place each step I take into Your Hands for the Highest Good. Please bring forward all I need and have me receive it easily and effortlessly." I then rest in this sacred spot of knowing I am loved by God, that I am heard and supplied. The only way for me to receive God is to be present with mySelf.

With this awareness the time and energy I have are God's as are the results. What is "mine" is my conscious choice to focus in and be with God, the Spirit I am. From here, the Flow of Blessings is tremendous - this Flow is experienced by the rush of Peace passing through me. The Peace of God is the only place to be. Indeed, it is the only reason worth living.

Try This ...

"So why don't we just take a moment? What I'd like you to do is get nice and quiet. And we just call in the Light; so, "Lord, God send us Your Light!" And what I'd like you to do is, without doing anything - kind of a paradox - is just allow yourSelf to be moved from all the worldly, earthly worries you have and concerns, and all the seeking and all the striving and just allow yourSelf to be moved. You don't have to do anything even if you don't

know how to get there; you don't have to know how to get there. Just allow yourSelf to be moved into the Spirit you are, focused there. And when you have that stay in that 'spot'! Not that it's a physical location but stay in that 'spot'! And from that place you'll be able to work the world very successfully."

- From the TAPE "Success: What It Is, How To Measure It, How To Live It" (A50)

Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "Lord, God send me Your Light!"
2. Choose to surrender your compulsions and driveness by saying, "Lord, God, for the Highest Good take my agenda!"
3. Tell yourSelf "it's okay to let it go."
4. Choose to win the Game of Life by accepting all that God wants for you; namely, HimSelf - by contacting any Center and requesting Initiation into the Path of Soul Transcendence.

For further information or to request other titles in this series contact:

Cosmos Tree, Inc.
a nonprofit, educational
foundation
1461A First Ave. - # 182
New York, NY 10021
212-828-0464
email: spiritcentral@yahoo.com
website: www.cosmostree.org

Tools for Living Free is published by Soundly, Inc. Any distribution or reproduction of this publication without written permission is prohibited. Copyright 2004, Soundly, Inc., New York, NY