



SpiritCentral

Timely Knowledge for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies Mar/Apr 2012

SPRING SEMESTER

"Focusing Group"

**TAUGHT BY DR. LANE
STARTING WED. MARCH 8th**

"Everyday Evolution 1 (EE1)"

**TAUGHT BY DR. LANE
STARTING WED. MARCH 21st**

"The Money Workshop"

**TAUGHT BY DR. LANE
APRIL 13th - 15th**

See Events Page In This Issue of
SpiritCentral For More Details

Home Center - New York City

Mail:

Center for Religion and
Advanced Spiritual Studies
and
Cosmos Tree, Inc.
1461A First Ave. - #182
New York, NY 10075
212-828-0464

email: spiritcentral@yahoo.com

Web sites:

**www.spiritcentral.org
www.cosmostree.org**

Regional Centers

California

Los Angeles area
Rebecca Hammerstein
310-913-7212

Hawaii

Big Island
Dewi Lim
808-937-5958

New Jersey

South Jersey area
Valentina Isleib
917-841-8817

Tennessee

Johnson City area
Peggy Heatherly
423-975-6868

Wisconsin

Madison area
Alice Shuman-Johnson
608-838-7968

OUTSIDE THE U.S.

Mexico

Queretaro area
Barry Lippman
52-442-224-3042
From the U.S.:
347-448-2310

Holiday Satsang And Celebration

The Holiday Satsang and Celebration for Initiates began with a Joyful – and music-filled – Gathering at the Home Center that was followed by a Meditation Of The Light Of The Most High and the Sacred Holiday Satsang given by Our Beloved Teacher. The Satsang and Celebration was attended by many Initiates both in-person as well as by teleconference from around the country and outside of it.

After one particular song about Forgiveness and another titled "Soul Level Consciousness," both performed by Rev. Dewi Lim, Dr. Lane said "Forgiveness is crucial. It's nice to see The Teachings put into such nice words. And every Soul as part of God's Plan is going to reach Soul Level Consciousness one day regardless of what body that Soul is wearing and whatever religion or nonreligion It professes. ... But you've been Blessed to have that Opportunity now. That's what Santa is all about and making Santa happy is all about taking that Present and giving It to yourSelf ... " We were also beautifully and spontaneously serenaded by Andrew Isleib and Edward Faust.

Dr. Lane began His Holiday Satsang by saying that Our Teacher wanted to look at the story of Christmas in both a micro way and a macro way. "In a macro way, we have this story of this guy named Jesus. ... So here comes this person born ... in a manger. That's where the animals live. He's not born as already Christed. He's not born as an adult but He goes through human life. And he's born in a manger, OK, where the animal lives. So it's something instinctual. He goes from the instincts of unconsciousness or karma ... the census takers' data wasn't going to be used too kindly for Jewish people so the family fled ... Egypt is where - symbolically - prison is 'we're

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"Is Your 'Situation' Situational?: A Participatory Satsang"

Our Teacher, Dr. Roger B. Lane, began His February Satsang by saying, "I want to talk about 'Is The 'Situation' Situational?' And what do I mean by that? ... The situation is that we find ourSelves in this thing called human life and do we respond to it in terms of the situation or do we respond to it in another way? What does it mean to respond to something situationally?... Many times, what we do is we respond karmically. ... And we know that when we Walk the Path Of Soul Transcendence we're

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"Are You Strong Enough To Be 'Weak': A Participatory Satsang"

Dr. Lane began His January Satsang by defining the Talk's key terms. "We know from the way the Consciousness is set up that most things are inside out and backwards. In other words, the things that the world values are of little to no import to the Reality of the Soul ... The false self, the part of our Consciousness that is all involved with its karmic patterns, is chasing after ... money, fame, power, that sort of stuff. ... The value is in being 'strong' in the sense of ego strength. ... We take pride in asserting ourSelves with our mind and with our emotions against the Spirit. We know that This Path that I bring forth is a Surrender Path; you Surrender and you let go. ..."

"We have some mock-ups about Surrender. We think It means to be defeated, to be in a less preferred position, but, actually, Surrender - what are you Surrendering to? When you know that the Spirit is inside of you what are you surrendering to? The Spirit you *are*. ... But the ego loves to do relationships based on power

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Birthday Satsang

The Celebration of Our Teacher's Birthday began with a lively gathering at the Home Center on February 26 that was attended by many Initiates. The gathering was followed by Our Teacher's annual Sacred Birthday Satsang, Which was also attended by many Initiates via teleconference from around the country and in Mexico.

"Before I ask you a question I want to give you a framework of why we have this Celebration?" Dr. Lane said. "It's to remind us of the simple fact of God's Love for us and that He makes Himself available in the world of form as The Teacher so Souls can come to know Him, know themSelves as Spirit and go to Completion. It's a very Loving Gift ... It's about God's Love for us as Souls He created and that's What we're celebrating and That's the Gift of The Teacher and, through That, you take Initiation into the Sound Current ..."

Our Teacher continued with a Process: "Given That as a framework I want to ask yourSelf a simple question 'what Presents do you want to give yourSelf?'..." Answers included: "See the Face of God and really

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Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's The Sound Current: The Path of God-realization (what we affectionately call "The Blue Book".)

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

SpiritCentral

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editor

Melissa Sones

editorial staff

Don Baxter (Epage Editor)

Amy Blank (layout)

Rebecca Hammerstein

advisor

Dr. Roger B. Lane

SpiritCentral

1461A First Ave. - #182

New York, NY 10075

212-828-0464

e-mail:

spiritcentral@yahoo.com

websites:

www.cosmostree.org

www.spiritcentral.org

Events Calendar

OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Mar. 6, 13, 20, 27;

Apr. 3, 10, 17, 24-- 7:30-8pm EST

Wed. Mar. 7, 14, 21, 28; Apr. 4, 11, 18, 25-- 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area: Every Wed. 7pm. Call 310-913-7212 for location.

HAWAII

Big Island: Every Thurs. 7-8pm through March; Please call 808-937-5958 for location.

NEW JERSEY

South Jersey area: Every Wed. - 6pm (except 1st Wed. of month). Call 917-841-8817 for details or further information.

TENNESSEE

Johnson City area: Every 2nd and 4th Mon. 7pm. Call 423-975-6868 for details.

WISCONSIN

Madison area: Every 4th Sun. 5pm; Every 2nd Sun. 5pm Meditation for Health and Well-Being. Call 608-838-7968 for location.

OUTSIDE THE U.S.

MEXICO

Queretaro

Call 52-442-224-3042 or in the U.S. 347-448-2310 for details.

NEW YORK

New York City: Every Mon. 7:30 pm; Wed. (except 1st Wed. of the month) and Thurs. 6:10pm; Sun., Mar. 11: 10:30 am; Sun. Mar. 25 & Apr. 29 Special 2-hour Meditation; Meditation for Health and Well-Being East Side (Home Center): Tues. Mar. 20; Apr. 17 — 8:15 pm West Side (200 W. 90th St, #10A): Tues. Mar. 27; Apr. 24, — 8:15 pm

PLEASE CONTACT YOUR
NEAREST CENTER FOR MORE
INFORMATION ON SPECIFIC
EVENTS

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

NEW YORK

New York City:

Every Fri. 3pm.

Time Warner - Channel 57

RCN - Channel 84

(Starting March 22)

Every Thurs. at 6:30pm.

Brooklyn

Every Sat. — 4:30pm

Cablevision - Channel 68

Time Warner - Channel 35

RCN - Channel 83

Verizon 43

Video showing and discussion:

last Sun. of every month

1-2 pm at NYC Center (except

Apr. 24)

Join Us For An Hour Of Spiritual Instruction

*"That's A Wonder-full Idea!
What Are You Doing About It?:*

A Participatory Satsang"

March 7, 2012

6:50 pm EDT

*"Small-mindedness: It Boggles the Mind:
A Participatory Satsang"*

April 4, 2012

6:50 pm EDT

**Satsangs
by Dr. Roger B. Lane**

Available at All Centers

Join us For Our Sunday Program!

**Meditation followed by
a Tools For Living Free
Reading/Discussion
March 11th**

**And followed by a
DVD Showing/Discussion
March 25th & April 28th**

Listen to Our Monthly Podcasts!!!

www.cosmostree.org

www.spiritcentral.org

**Mar: "What Do You Think God
Wants From You?"
(TAPE/CD A17)**

**Apr: "Freedom Is Just Another
Word For God"
(TAPE/CD A23)**

Spring Semester

For More Information Call: Registrar, Rev. Amy Blank at 708.846.1031

"Focusing Group"

TAUGHT BY DR. LANE

**STARTING THURS. MARCH 8th
FOR TEN WEEKS**

From 12:30 pm - 1:50 pm EST

Initiate-only Group

Each member will bring to the group what s/he is focusing on in life/business/relationships, etc. and the group's members will assist the individual on this focus. The Teacher will serve to fine-tune and assure this focus for members during each meeting.

"Everyday Evolution 1 (EE1)"

TAUGHT BY DR. LANE

**STARTING WED. MARCH 21st
FOR TEN WEEKS**

From 7:45 pm - 9:15 pm

All Welcome

This Class teaches us what are Basic Selves are; how to work with them; how to harness their energy; how to change habitual patterns; and gives you the blueprint for living the life you want!

"The Money Workshop"

TAUGHT BY DR. LANE

APRIL 13th - 15th

Friday, Apr. 13, 6-10 pm

Saturday, Apr. 14, 10 am - 6 pm

Sunday Apr. 15, 10 am - 4 pm

(Teleconference not available)

All Welcome

*** Change Limiting Beliefs**

*** Let Go of Past Conditioning**

*** Learn to Trust Yourself and the Universe**

*** Discover True Abundance**

slaves unto the Pharaoh in Egyptland.' In other words, we're in karma.

"So the story of His Birth is about how you get from being born here, OK, which is obviously a karmic condition because you're ... at the effects of what you put in motion and the Lord, God in His Kindness and Compassion He's given you the Opportunity to come to know Him and to come to know yourSelf as Soul, as Spirit.

"How do you do that? ... Remember the Christ, Jesus had to go into His Christhood. We know that the Fifth Test that He took was to break the shackles that were upon Him and, as He was passing the Fifth Test of Christhood, He realized ... that 'hey! They weren't real! And it was fear, OK ... it was an illusion'. So go from being at the effect of our karma to being in the Soul Body and entering into Eternal Life. He conquered death. The Christ gave us a Demonstration of He conquered death. ..."

"We know that the Science (of Spirit) OK gives us exactly what is needed OK - how to go from karma to Eternal Life, OK, and that's the Blessing and the Gift of this life and that's the story of Christmas, OK, but it's not the story of Christmas OK because if you notice there ain't no story here without what? Without Easter. Without the Resurrection, OK. The 'guy' was born and so? Ah. But it's the story of becoming Christed. Christed means aligning your will and God's Will and what is God's Will but to Complete our karmic journeys here and how do you do That? ... It's to know Him and to know yourSelf as Soul, as Spirit through the Initiatory Process ... if you're born and you don't use the Opportunity there ain't no story but if you're using It in a Resurrection Process ... then you got the story. You got the story of a Soul moving towards Its Christhood ... but the Christmas story isn't complete without Easter. Otherwise you just have a birth ..."

"... When He left the body the Christed Consciousness was distributed to each Soul ... and we have This Responsibility and It gets fulfilled. ... but without Easter you just have another birth and you'll have another birth ... so there's the Blessing of this life to come into what is called Eternal Life ... There's a real Demonstration here of the Power of Choice even when We [ed.'s note: Dr. Lane is referring to us as Souls in the body] enter into the Soul Realm or Soul Level we can still choose back into karma ... so that's it in macrocosm.

"What does it mean in a micro way? It means *every* moment we need to do *exactly* what the Demonstration is and what is the Demonstration? Isn't the Demonstration from fear to Love? Isn't the Demonstration how to move from karma into Spirit ... into being a Lover of God? If you notice nothing deterred the Christ from being the Christ. Nothing, OK? So each of us we have that Opportunity at *every* moment - all that negativity comes up ... you drop it ... and you go into the Spirit that you *are*. OK.

"Now this is a Surrender Path if you notice. And the Christ, Jesus gives a beautiful Demonstration of Surrender from beginning to end - coming into the body - that was Surrender! Leaving the body! Whoa! That was Surrender! So you get this whole Demonstration of Surrender, OK, so guess what? That's what we need to do *each* moment. Surrender what? Surrender our agenda! ... hurt, fear, pain, etc. That's what we have to Surrender ..."

"Also if you notice something else ... it wasn't like 'Oh, here comes the baby Jesus,' OK, 'we're going to sprinkle some star dust on Him' ... He had to do it through His own efforts, His own Inner Focus, His own Attunement. His own efforts, OK. And it's very important that you all really *do* make effort ..."

"We can't be present if we have an attachment. If I'm running 'how things should go' I'm not present. ... If I know more than The Teacher I'm not present. If I know more than The Teacher I'm also in trouble because that may come about but it's going to come about not through Grace ... you have to go through the karma ... if you say you 'know' that's respected so let's give you the karmic learning ... you've removed yourSelf from the Field of Action (called Grace). ..."

"So in this Journey from Jesus the babe to Jesus the Christ, OK, there are some hints of how to live our everyday life. Surrender. Trust. Allowing. Letting go of your insistence. Watch out for the negativity; it can really trip you up. Understand that it's (the planet) all guided by fear, OK, and that you've got to do the work. You've got to do the work ..."

"And another thing He demonstrated is Love doesn't have to look a certain way. A lot of us think love has to be ... gaga goo goo ... many times it's not and as the Christ, Jesus Himself said 'I didn't come here to comfort people. I came here to make them uncomfortable.' ... and our instinct is to take the seemingly easy way out and stop the Spiritual Action because we're uncomfortable ... that's part of the trickery, too, of the inner worlds. It may be more uncomfortable in the long run. It increases the separation with the Spirit we *are*. ... We go for the easy way and it turns out to be hard ..."

"That's a lot of what the story of Christ is ... It's about practicing Eternal Vigilance. It's about Love for your fellow man. Obviously, you can't love your fellow man if you don't love yourSelf ... Love your neighbor as you love yourSelf ... If we Love God then we're Loving ourSelves. That's the Focus: It's about Surrender. ... It's about letting go and Trusting. It's about Allowing. It's about making the effort. It's about not letting anything stop you just being so focused. Single-minded. The Eye being single. And if you're new to Walking This Path - really, the first year and, to be honest, going well beyond it to the second, third, fourth year - is really devoted to strengthening yourSelf so that you're always doing your Spiritual Practice and going inside yourSelf no matter what's happening outside, developing the strength to not allow yourSelf to be pulled out because it's all about Overcoming the world, OK. And let me say a few words about that because I don't want you getting the wrong idea that that means 'oh my God! you got to give up the world. You can't enjoy it and you can't have fun'. Not at all. Just the opposite. OK.

"Overcoming the world means your attachments to it do not have a hold on you ... by doing your Simran and Dhyan *exactly* as Taught then guess what? That's what happens because That's the promise of This Path. You do Overcome the world. When you Overcome the world you can be freer and freer and freer of those pulls. Well, you won't be freer and freer of those pulls because you will be free but you can enjoy the world more and more; otherwise, the karma just gets in the way ..."

"So I hope this has given you some of the ways of taking it from a story to a Living Reality ... and I can only speak for this Santa ... this Santa [ed.'s note: Dr. Lane points to Himself] deeply appreciates all the Loving Service that has been given ... This Santa would Love people to understand that the Home Center is the Center for every Initiate no matter where that Initiate's body may be and that this Center is their Center. And It's all about taking Responsibility for It. Responsibility is the ability to respond to Spirit, OK, and so the Spiritual Blessing of participating in this Center, OK. It's not Dr. Lane's Center, OK. It's set up as a Blessing and as a Gift for the Initiates to have and to benefit from. OK. It's not a business, OK, other than It's God's Business ... Another thing this Santa would like is you really understanding what's meant by the Forcefield That's extended to you for each and every activity and that you take advantage of it ... so you really want to be in Alignment and in Attunement with Forcefields. ... another thing He'd ... Love to have is and I'm going to quote [Dr. Lane names a Student] again 'come ride with me on the SST.' Simran, Service, Tithing. OK. And there's a ... 100% correlation between when you're running your stuff and how much you're riding the SST. ... Another thing that I would just Love as a Gift is for you to use the Tools that you have ... *SpiritCentral* is a lovely, lovely Gift ... you can actually glean a lot of The Teachings so this Santa would Love to see you do that ..."

"So, in conclusion, if you want to make Santa happy, OK, live The Teachings and Love God because That's the only Gift that Santa gives you and That's the only thing He wants back! He's going to Love you anyway ..."

The Satsang was followed by Gift-Giving, including a Group Gift to the Center; this time funds to purchase new computer equipment - including a printer - an air purifier and some chairs. The Gathering continued with much lively conversation and enjoyment of a veritable feast of food and beverages.

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and control. ... We work everything out of fear until we don't. Out of the fear we're going to need to control and from the control comes the assertion. ..."

"What does this mean in our everydayness? Well, it means the difference between being contained within ourSelves, living in Joy, living Free versus going out into the world with our karma, with our history and with something to prove. ..."

"God put your buns here on this planet. There's nothing for you to prove. If you've merited an Opportunity to come on this planet, that's good enough. ... You've got zero to prove. However, we're so set up that we think we're not good enough; we're not Worthy; we're not important; God doesn't care; God doesn't love us; we're kicked out of the Garden of Eden and then what do we do with this? Well, OK, let me make a statement ... 'I'm going to be very successful.' What is 'success'? It's having a lot of money, a lot of power, people know me, etc, etc. ..."

"We think that if we Surrender and just let go and move into Trust, move into Allowing, move into cooperating with the Spirit we *are* we're going to lose. ... And I notice that a lot of Students - they'll argue from their lack, from their limitation, from their blindness instead of being willing to Learn, willing to approach the Spirit, willing to approach The Teacher and be receptive and be Lifted. Instead it's the assertion against Them, against The Teacher. And it's really against themSelves but they don't know that yet and then of course there's a real flustering when the teacher doesn't engage them because then what happens if you can't fight? OK. But that's just an external of what we do internally. ... We're arguing OK and, yeah, you'll have the Tool and you'll have The Teachings but OK what do you do with arguments? What do you do with doubt? What do you do with fear? OK. And so you know all about that but you throw it aside and you allow the ego to assert itself and you go with it; you run with it and you take it as validity. OK. And then you have to because you're your own teacher and, of course, if you become your own teacher, well, then you get to work it karmically and that's fine but it's going to be a lot harder if you work things karmically as opposed to Grace. ... The Teacher stands back and says, 'Hey! OK. You'll learn. You'll get your learning. But I have to respect you; you're my Student so you're the most respected thing around. So learn, but you'll learn it karmically.' ... Way to do it through Grace, of course, is you could have that experience through a dream, through an intuitive flash, through an experience ... However it is fulfilled because karma has to be fulfilled. But it needs to be fulfilled how? And it's up to you. That's the trick. It doesn't need to be fulfilled by Grace. And it doesn't need to be fulfilled karmically. It's according to your wishes; you're in charge. ... You're going to get your Learning but the Learning is going to be given to you according to how you choose. ..."

"What do we do internally? My body is going to go in the ground. My body doesn't know anything but the Spirit in me does. And It's the same Spirit in everyone but we can't see. So take the Opportunity to see. Have the Humility to know that you don't know. Have the Humility to know that 'Hey! There're a lot of tricks in there, in the Consciousness. It's a real house of mirrors.' You're going to get caught. You're stumbling around deaf, dumb and blind. And that's fine. But know that and have the Humility to know that and don't assert yourSelf. ..."

"What is the Truth? ... It all pales in comparison to Love of God. And that's What we do on this Path: we're Lovers of God. ... Follow the Christ: the Alignment of your will and God's Will. And if you Love God, you allow that Love to come forth. ... It's the Inner Journey and the Inner Love. ... I know eventually you're going to do It. ... But, eventually, you'll be 'weak' and you'll find out that that 'weakness' - that's the strength. Because we know that the Power is in Surrender."

"Because that's where God is. What are you Surrendering to? Not your emotions, not your fear, not your pain, but God inside yourSelf. And if you Surrender and don't run with your stuff then you're filled with Spirit. And Spirit moves you - that's where the Power is. ..."

"Don't expect reinforcement from the world. OK. If you're not engaging in struggle and you're not engaging with the world, you're free of the world. We talk about being 'dead' to the world. What does that mean? It means not having attachments that pull you back here. It doesn't mean you're physically dead; it means not having attachments. And if you're doing your Spiritual Practices perfectly, as instructed, you'll find yourSelf being more and more 'dead' to this world. The things of this world have no pull on you. And because they have no pull on you, you're freer to have them and be with them. ..."

"But the flexibility is in, 'OK! these are my thoughts, these are my feelings. I let them go. I Surrender and I'm back with the Spirit I *am*.' ... We have lots of Tools to teach you. You know you're the Spirit. You know that you've been Blessed to walk this Path. You know how Gifted that is. ... There's only One Way - and That sounds fascist - but That's the Way It is. And that's God's Way. The Christ, Jesus gave the Demonstration. ... Go inside in the Soul Body through the Process of Initiation. And that's how we overcome time and space. That's how we go into the Resurrected body - the Soul. And that's how we're Resurrected. ... And even to take Initiation is a Surrender Process. It's a tremendous Surrender Process, OK, because you're going to run hook, line and sinker into all those thoughts and feelings and everything you've constructed. ... We're all involved in a hallucination until we're not."

"And part of being truly Spiritually strong is to be 'weak' in terms of the world and not participate in mass hallucination. ... It's about the Soul's Lifting and Growing and Receiving the training that's needed for that particular Soul according to the karma that's upon It and with It. And that's crucial. That's what this earth is for. ... there's rhyme and there's reason here. And we miss the rhyme and we miss the reason if we constantly assert ourSelves and don't Surrender and don't let go. A lot of times the letting go has to do with being quiet and, even if you don't know what's going to take the place of all that stuff you run, to just be quiet and Allow. ..."

"I'm going to give you some houseplay. It's the opposite of homework but it's the same thing. Just once a day ask yourSelf, 'Was I strong enough to be "weak"?' And if the answer is 'no,' then have that be OK and then make a commitment to be strong enough to be 'weak' the next day and Surrender something you are using to assert yourSelf. And you may want to keep track of it in a notebook ..."

"And truly let go to be strong enough to be 'weak' in worldly terms but know that the Power and the Strength is in Surrender and is in Loving God.

"And it's really that simple. ..."

A Spirited question-and-answer session followed.

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really building Spiritual Strength. We're building the strength to overcome the world. And that means that the pulls or the karma have no hold on us because we're strong enough. ..."

"Also, the interesting thing is that situational things - they're not Eternal. They're not forever. So that means they don't last very long. And many of us we identify with our thoughts and our feelings as if they were Eternal, as if they were real, as if they were not fleeting or situational. Or we think things will never change. ... If you fall into that what you're saying is, 'Things will never change because I have, in my own consciousness, refused to allow the Spiritual Light so I'm just going to be with the magnetic light along the negative polarity.' Well, bingo! then that's what you get. You get 'things don't change.' And you assume that this state is going to last forever. So you're making your situation like a permanent state and forgetting that it's situational. It's just something you find yourSelf in. But you're also forgetting something else. That you're in your situation for a particular reason. ..."

"What's happening is that through God's Grace and the Agreement with the Master, you're here for one purpose only: to move through your karma as a byproduct of Loving God, Loving God, Loving God. So you're going to get your karma presented to you and so you're in these situations. And then you tend to identify with the situation forgetting that you're Spirit. But you need to remember, 'Hey! I'm Spirit. There's something for me to Learn here.' ... So we're here to Learn. We're here to have this great Opportunity to Love God and anything that stands between you and Spirit is released. ..."

"When we forget that we are Spirit and we take the 'situation' as reality we forget our Priority. OK. ... Well, that's the way of the world - pretend there's no such thing as karma then you go and create karma so you always want to ask yourSelf, 'Am I making this "situation" situational? In other words, am I really aware that this is not permanent, that this is something here for my learning? And that it's fleeting. And actually, from a macro point of view, your life here is situational. What's the "situation" you find yourSelf in? Hu-man form. ..."

"The Christ, Jesus was teaching Proper Identification. He was teaching about not to identify or over-identify with the situation. It's kind of like if you get a cold or you get a flu, you know it'll last three, four or five, seven days. ... You don't walk around going, 'I'm going to have the flu for the rest of my life.' ... So the very thing we need to be aware of situationally we're not. And that is that we are Powerful; we are Creative and we do create; and we can place our focus where we will. There's nothing here that says I 'have to limit my focus into the situation.' ... So the situation called Hu-man life: are you handling it with Proper Identification, with understanding that you're here to Learn to Love God and be with God? And that you're karmically responsible for what you create? ... The 'situation' is real clear. You're Spirit. You're Responsible. You're Creative. You're the Creator of your environment. You're not here lonely and adrift but you're here to have an experience as a Soul.

"And this Soul has been confused because It's identified with the things of the world throughout all Its embodiments. And so the pull is 'down and out'. And if you're fortunate and you've taken Initiation then you get the Remedy. And the Remedy, of course, is the antithesis of going 'down and out'. It's going 'in and up', as it were, inside yourSelf where the Spirit sits and 'up' into the Soul Body. Because that's where God is. It's in you. ..."

"Are you going to respond 'situationally' or are you going to respond Spiritually? The irony is that if you take a look at things situationally in there is Spirit. There's always that Opportunity to make the choice within. ... We try to do things situationally to change the situation. Well, good luck. How you going to change the situation? ... What about the situation inside yourSelf and your relationship to it? And using the karma you've been presented with to Lift and Grow and choose into Spirit? ... So the real question is, 'Am I strong enough to give up the pull into the world?' Whatever the pull may be. It may be anger. It may be fear. ..."

"But The Teachings teach us we're not our 'situations'. We're not our thoughts. We're not our feelings. It's very important for us to have Proper Identification. So, I just want to do a little Process, in conclusion. I want you take a situation that you find yourSelf in and that you find yourSelf really working situationally. Then I want you to bring The Light Of The Most High into it by calling in The Light Of The Most High and making the choice to allow The Light Of The Most High to Remedy that situation and your internal attitude toward it. ..."

Satsang Participants did this Process and then shared their experiences from the Process. One said, "It was very light and easy and it was taken care of. ... It's handled." Another shared, "It was 'just' a Healing and I even forgot what it was, the situation." And yet another said, 'Mine was just a sense of Freedom and Peacefulness and it's like the fear got lifted.' Dr. Lane added, "We know that Peacefulness comes about when 'the above is as the below' or that we're in Alignment, that our will is in Alignment with God's Will. And fear is something that we allow to separate ourSelves from God. Let me just ask you... As you live your life, what would you prefer? When somebody asks you, 'What's the "situation"?' will you respond, 'It's the "situation" I'm in' or will you respond, 'It's the Spirit that I am.'

"And I'd like to give you some HousePlay, at least, until the next Satsang and that is, once a day, do what we did here! See what 'situation' you're involved with and with which you are over-identifying yourSelf. And then call in The Light Of The Most High and allow The Light Of The Most High to do what The Light Of The Most High does so well, Which is to Love us, to Support us and, through God's Grace, carry us Home. ..."

A Spirited question-and-answer session followed.

know I am God"; "Presence with Knowing and Love"; "to be Present in and with God"; "Peace, Joy and the direct experience of the Truth"; "the Gift of Surrender." "That's One you have to keep on unwrapping and unwrapping and unwrapping," said Dr. Lane.

"You're talking about being Present with God ..." Dr. Lane explained. "Choosing into That and other than your karma. And knowing God *is* knowing the Truth and having that *direct experience* not about God ... but you're up and about with Him or the Spirit that you *are* and we know that That comes through the Gift of Initiation by being able to go into the Soul Body and experiencing God *directly* and there you have Peace. There's freedom. There's Joy ... and we come into the Oneness. ..."

"As Initiates you all practice Simran and Dhyana ... You need to make sure It's Simran and Dhyana *exactly* as you've been instructed ... not your version of It. ... It's part of also the Surrender Process. ... there's nothing to do. ... There's just being with God ... We're in the Soul Body and we're with God and That's 'where' the Peace is and that's where the Love is and we build our strength That Way ... All these Opportunities we get in the external life we live - They're all Surrender Points ... we have all these expectations of things and of people and we need to let them go. The attitude instead needs to be ... 'OK, you know, I'm hurt or this bothers me or I'm upset. I'm going to Surrender all that. ... Let me use some of the Tools and start to strengthen mySelf and exercise that choice into Spirit'. OK. Or it's a real simple question. The question is 'do I want to be free or do I want to be in bondage'? And who's the master here? You are. OK. Who's making the decision? You are. OK. All I can do is point you in the right direction and encourage you to make the better choice. Either way though you get your Learning. You'll get it karmically or you'll get it through Grace. OK. And maybe I'm just lazy I don't know but I'll take it through Grace. I don't want to go through stuff karmically. See, and that's really important, OK but it doesn't just happen.

"If you really really celebrate the Birthday then guess what you celebrate? That you *are* Spirit. That God's here for you. That you have this access. ... You can choose into Spirit and that you can even decide your approach to Spirit. Is it out of fear or is it out of Love? ... just inside yourSelf you know somewhere you have that Love for God and you just want to ... be 'in It and with It', as someone said ... you want to be in Love and ... and I encourage you to do That. If you're doing Service I encourage you to do Service from a Loving space.

"And so many of us run, you know, 'I'm very busy'. I think one of my favorites is 'I have so much on my plate' ... well, your plate's too small. Get a bigger plate so you can have more food ... that's a sign that you're not giving It to yourSelf, that you're looking at It from outside in 'how can I fit God in?' ..."

"The best Gift you can give yourSelf and, by extension, give Your Teacher is the Celebration of the Birthday of constantly giving Birth to the Christ within you, the Oneness, the Alignment with yourSelf, with Spirit and to make a commitment ... We don't really have the luxury of indulging ourSelves in all the negativity ... when you indulge you're really setting yourSelf up for misery. ... Each of you is the most important person on the planet. Why? ... because each of you is the *only* person on the planet who can direct him- or herSelf into the choices you want to make of opening up the Presents time after time after time ..."

"We have to learn to allow the Spirit we *are* be in charge ... it's death to the world in that you won't experience its pulls, its illusion ... you overcome them. The Process of Surrender: That's what it's about ... If you ask yourSelf an honest question 'What am I surrendering to?' ... 'oh! you mean I'm surrendering to mySelf?' Yeah, that's it. ... The Present is coming to know yourSelf as Spirit, as Soul. OK. ... as conscious selves we get the ability to direct that focus and go inside and be with God. Wow! ... and God makes sure that there's someone here who can direct you to Him, that there's at least one Soul that can do That ..."

"So it's really important when we celebrate and give ourSelves the Gift of Spirit that we *really* surrender. ... So you celebrate giving yourSelf to yourSelf ... as a Birthday Present give me the Present of Surrender! OK. To what? ... Surrender inside yourSelf to His Presence. That's all I ask. ... and also allowing yourSelf your Process. ... You want to do the inner work that gets you 'there' ... All of you are going to give me a Present that's going to last all year long and that Present is real simple! You're going to give me the Present of your giving yourSelf the Presents that you want for the whole year... That's the Commitment and That's the Joy so make me happy by making yourSelf Happy, by making yourSelf Joyful, making yourself at One, and making yourSelf strong and Powerful so that the Spirit within in you has Its container and can operate there fully and completely ...! So That's the Gift you can give me ... and if I can Lovingly Suggest also ... the exercise of your Spiritual Discernment and Spiritual Discrimination that knows the benefits of participating in a Forcefield that's been laid out for you, whether It's Service, whether It's coming to the Home Center and reaping Those Benefits and That Upliftment.

And we'll stop with that."

Our Teacher's Sacred Birthday Satsang was followed by the Washing of the Feet, Which Dr. Lane explained "has to do with At-One-Ment ... of our will and God's Will. ... All situations in our lives if we work them as Initiates - it's to be in the Love. Surrender to the Love within. ... It's the Gift of Hu-man life. ... " After the Washing of the Feet, one Participant shared that It "was a baptism ... just to love mySelf, to really love mySelf." "Self-Acceptance," explained Dr. Lane. "Love your neighbor as yourSelf. You can only Love your neighbor as you Love yourSelf." Another Initiate shared: "It opened up the Gratitude and Love for mySelf." Explained Our Teacher: "You are all Love so when you make choices other than Loving you're not yourSelf."

The Washing of the Feet was followed by a lively, spur-of-the-moment concert given by Rev. Dewi Lim, Andrew Isleib and Edward Faust. Following Edward Faust's song, Our Teacher said "We are already free. We're given the Opportunity to know ourSelves as Spirit, as Soul and 'we are here on assignment and that is to be in God Alignment'. ... As Initiates we learn to go 'in' and 'up' and it is a Gift from God."

After the concert, the festive gathering continued, including the presentation to Our Teacher of the annual Group Gift, this year donations to CRASS for the printing of new brochures and for the purchase of new chairs for the Home Center as well as personal Gifts from His Students. A fun, Uplifting time was had by All.