



SpiritCentral

Timely Knowledge for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies
July/August 2011

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COSMOS TREE

WEEKEND OF UPLIFTMENT AND GRACE!!

NOVEMBER 11, 2011 – NOVEMBER 14, 2011

In Los Angeles

CREATED AND FACILITATED BY OUR FOUNDER/DIRECTOR
DR. ROGER B. LANE

FEATURING

—A POSITIVE CREATION WORKSHOP!

—A TALK ON “WHAT IS HEALTH?”

—A SATSANG!

—A MEDITATION FOR HEALTH AND WELL-BEING!

—TWO MEDITATIONS OF THE LIGHT OF THE MOST HIGH!!

—INITIATIONS INTO THE SOUND CURRENT!!!

See Events page in this issue of SpiritCentral for more details!!

“Q: What’s Your ‘Problem’? A: Same As Yours - A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane, began His May Satsang by asking participants to get quiet and answer the question “What’s your problem?” To support us in our inner response Our Teacher asked this question successively with a different inflection and tone each time. Participants then shared their responses. One said, “What came to me is I’m not perfect. ...” Another said, “I have a problem with ‘the work’; I don’t have a job.” Yet another Student said, “I have a problem with ‘the work’, too; I do have a job.” The sharing continued with, “I think I have to live up to other people’s expectations ...” and another Student’s saying, “Not being present.” Our Teacher asked us to “...remember the title of this Talk. It’s called ‘Question: What’s Your “Problem” and the Answer is the Same As Yours.’ OK. So inherent in the question is that’s it’s universal. ...” Upon reflecting on the question further another Student answered, “...forgetting Who we really *are*, Which is Spirit and that we are loved more than we can imagine.”

Dr. Lane explained that, after looking up the etymology of the word “problem,” the meaning found was, “There’s the obvious part of an obstacle, etc., but it also comes from a word meaning ‘to throw forward’ ... And

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“The Supreme Importance Of A Simple Preposition - A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane, taught in the June Satsang that “We started off by doing a very short Meditation and it was a Meditation using ‘HU’ ... ‘HU’ is the first Manifestation of the Lord, God in the Inner Worlds, in the Spiritual Worlds. And it tells us What we *are*. It tells us that we’re Human; we’re God-men; we’re God in Manifestation. ... We’ve forgotten all this and we’re asleep and we take Initiation and we start waking up and we start focusing on knowing ourSelves as Spirit. But as a Soul we’ve been in many, many bodies; we’ve been confused. ... This going ‘down and out’, as it were: those are our attachments; those are our pulls into this world and that’s what keeps us coming here. That’s what keeps us reincarnating. ... God has given us a remedy for these pulls into the world and that remedy is Himself. ...”

“And we’re in this state of sleep or anesthesia and we go and we chase the things of the world, these bright lights. And what are these bright lights but fame, status, power? They keep attracting us ... And, of course, the way the Consciousness is set up that’s what the ego identifies with. ... So we have this thing called ‘death’ that we buy into and believe. OK. Alright. If you’re gonna ‘die’ - and that only comes with the death of the body - but that’s what we think we are. We think we’re this thing

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Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Jul. 5, 12, 19, 26; Aug. 2, 9, 16, 23, 30 — 7:30-8pm EST

Wed. Jul. 6, 13, 20, 27; Aug. 3, 10, 17, 24, 31 — 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area: Every Wed. 7pm

FLORIDA

Sarasota area: call 941-349-0432 or 941-284-2002 for details.

HAWAII

Big Island: Every Sun.; Please call 808-937-5958 for time & location.

NEW JERSEY

South Jersey area: Every Wed. - 6pm (except 1st Wed. of month)

TENNESSEE

Johnson City area: Every 2nd and 4th Mon. 7pm.

WISCONSIN

Madison area: Every 4th Sun. 5pm; Every 2nd Sun. 5pm Meditation for Health and Well-Being.

OUTSIDE THE U.S.

MEXICO

Queretaro
Call for details.

NEW YORK

New York City: Every Mon. 7:30 pm; Wed. (except 1st Wed. of the month) and Thurs.

6:10pm; Sun., Jul. 10 and Aug. 14: 10:30 am; Sun. Jul. 31, Aug.

28 Special 2-hour Meditation; Meditation for Health and Well-Being East Side (Home Center): Tues. Jul. 19, Aug. 16 — 8:15 pm

West Side (200 W. 90th St, #10A):

Tues. Jul. 26, Aug. 23 — 8:15 pm

Contact specific center for more information about these events

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

HAWAII

Big Island: First Sun. of every month 4:30-5:30 pm, including Discussion.

NEW YORK

New York City: Every Fri. 3pm. Time Warner - Channel 57 RCN - Channel 84

Brooklyn

Every Sat. — 4:30pm
Cablevision - Channel 68
Time Warner - Channel 35
RCN - Channel 83
Verizon 43

Video showing and discussion: last Sun. of every month 1-2pm at NYC Center (except Apr. 24)

Join Us For An Hour Of Spiritual Instruction

"The Problem Of 'Evil' In The World And Its Solution"

July 6, 2011

6:50 pm EDT

August Satsang

Aug 3, 2011 at 6:50 pm EDT

Satsangs by Dr. Roger B. Lane

Available at All Centers

SUMMER SEMESTER

"LIVING IN GRACE"

TAUGHT BY DR. LANE

STARTING WED. JULY 20

FOR FIVE WEEKS

From 7:45 pm - 9:15 pm

-Learn just That (!) - How to Live In God's Grace!!
What else is there???

For more info. please see Events Page with this issue of SpiritCentral

Listen to Our Monthly Podcasts!!!

www.cosmostree.org
www.spiritcentral.org

July "Trusting Yourself: A How-To Manual" (A33)

August "Why Is God Hidden?" (A48)

"Everything we do in the outside world, as it were, is all about, really, our relationship with God, with the Spirit we are. . . ."

--from the Satsang "Q: What's Your 'Problem'? A: The Same As Yours - A Participatory Satsang"

Continued from p. 1: "Q: What's Your 'Problem'?"

really what is our universal 'problem,' OK, but we're all here one way or the other dealing with ... the seeming 'problem' of God. ... To the lower self - the lower self lives up to the etymology of the word, the false self, - it's an 'obstacle'. It's an 'obstacle', OK. And the Spirit inside knows that the other side of it is true, the other etymology of it is true - 'the throwing forward'. We're moved. We're motivated, OK. And that everything can be an opportunity, even a simple thing like coming here, for example ... Or it can be, 'OK. I've got all this stuff, let me move beyond it.' ... So, so much of what we do in our life is going to be either a 'problem' in the obstacle sense or it's going to thrust us forward.

"And if you take a look at everybody's life they're all dealing with an essential relationship and that relationship is between that being and God ... We also have a Soul Body and that's how we come to know God and go before God and we see God ... And everything we do is about our relationship with God ... there's that opportunity there and it's all about moving into Love, Letting Go, Trusting. ... the ego works relationships in terms of either/or or power - it's all about power. So if you allow the other then it's less for you and that's how we kind of mock it up and it's all about learning to be there for the other person, support them, love them while honoring yourSelf also. So it's that balance. ... And we've got this power struggle going on ... And somewhere, though, in the back of your head is The Teaching that it's not about that. It's that you are made full by being empty, by Surrendering, and by being made full by the Spirit, OK. ... You need your ego to direct your focus into Spirit, into God ... so it's the proper use of the ego rather than letting it be abolished ... You learn to let go of resentment. You learn to forget. You learn to be present. Isn't that great Spiritual Training? ..."

Dr. Lane elaborated, "Every interaction we have is really an interaction with the Spirit we *are*. ... It's in everyone. It's in all of us and that's extremely valuable and important. So if I have to approach you knowing that you're Spirit then guess what? I've got an opportunity to relate to God. ... And I also hear so many judgments about this person, that person, this person and that's an ingenious way to separate ourSelves out. ... And we have all these incredible opportunities. We have these great, wonderful opportunities to keep lifting, to keep growing. ..."

Dr. Lane shared that the real 'problem' is "... acquiescing to God because we hear it as something taken away from us or surrender in a negative sense like we're defeated, we've acquiesced, we've lost our will ... There's a misunderstanding of who you are, yeah; it's the will of the false self but the Will of the Spirit you *are* is God's Will so that's the alignment: proper identification. ... Something in me told me to look up acquiescent ... it has to do with quiet. Being at quiet... I thought that's interesting because I know this really good rapper named 75 Cents, you know, and he's got this line going, 'Surrender what? Surrender my agenda!' And then goes on to talk about God Teaching him how to stop 'the inner riot!' And what is 'the inner riot' but our agenda: the hurt, the pain, the suffering, the emotions, the thoughts running, running, running round us that we keep feeding that, of course, is the karma that keeps us separated from that of the Spirit we *are*? So to acquiesce to God's Will means to be at quiet, at peace. ..."

Dr. Lane taught, "The Spiritual Training is to go 'in and up' as it were. ... There's always that Opportunity. Do we thrust out in the world with our ego, with our insistence, with our trying to dominate others, with our trying to be really powerful or do we Allow and live in Trust and hold the Light for someone? ... Lots of times you need to take an approach inside yourSelf that may be different from many of the others, without judgment, without anything, OK, but you need to have the strength and the guts to do that. ... Trust in that there's a Soul in each person and that through time, that Soul will get Its learning. ... We're manifestations of God in the body. ... We have two choices: obstacle or thrust forward. Remember one thing: there's the crucial thing we all seem to forget... the Way of Grace, that there is Grace but you have to direct yourSelf, you have to acquiesce. ..."

"The Path that I Teach is a Surrender Path so there's the antidote for everyone. ... God is not only in the situation when you have a 'problem' but He *is* the situation. But also God is in everything and the learning is in all things, in all situations, and we have a choice: move into Love, move into caring, move into Grace, move into consideration for each other and an identification of yourSelf ... as a bigger unit and that's part of seeing ourSelves all as One, One Spirit. If I do something to you, I do it to mySelf. If I do something to you, I do it to God. ..."

"What you need to do is move to the solution, move to the solution, move to the solution. ... And *each and every moment* we have an opportunity to acquiesce to God's Will. What is God's Will? Obviously that you be Home with Him; that means Present with Him in the Soul Body and we know how That's done; that's done through the Initiatory Process and then in the Soul Body on the Soul Realm in what's called Eternal Life. Being with God *while you're in the body*. Everything we do in the outside world, as it were, is all about, really, our relationship with God, with the Spirit we *are*. ..."

Our Teacher asked us to "really take a look at your life and see it from that Point of View and then live your life accordingly and acquiesce. Don't treat it all as an 'obstacle', but treat it as a 'movement forward'. ... Obstacles are never overcome ... Rather we're moved beyond it, we're propelled beyond it by God's Grace.

"See, and that's the greatness of our choices, too. We're met when we make that choice and Grace moves upon it and bingo! we're There. But we have to exercise that Power. ... Just decide to be in the Loving Consciousness with the Lord, God. And when you encounter people with 'problems', even your own, know that it's all about the relationship with God and help them work it from that perspective and help yourSelf work it from that perspective. ..."

A Spirited question-and-answer followed.

Continued from p. 1: "The Supreme Importance"

we're wearing; that's part of the confusion. We identify the housing with That Which it houses. ... If you're gonna 'die' then, Jesus, come on, 'you gotta grab for all the gusto you can'. And what's the 'gusto'? Well, fame; power; you want to leave a monument to yourSelf ... Spiritually it's just the opposite. You wanna do the opposite because if I go and look at the karmic records of a Soul that has completed Its journey, there's no record. It hasn't left a trace. ... There's no trace Spiritually because there's no karma. ..."

"But we agreed to have the particular karma assigned to us this lifetime with this body. ... We're here because we agreed to come here as a great Opportunity. The whole point of this life is to know ourSelves as Spirit and Love God. And there's a Way. It's been here forever. It's the Way of the Christ ... Your will and God's Will in alignment. It's not a Christian process. ... It's just the Way of the Christ. That Way is through a Resurrection Process of Knowing yourSelf as Soul and rising above time and space. But what's the crucifixion? Think about it. OK. It's the 'have to', the drivenness. If you have to do something - 'I have to be famous'; 'I have to be rich' - you're in trouble. OK. Then you're always being driven, you're always at the mercy. You know.

"And it's interesting to me in my own creative process - just as an artist with a small 'a' - and in this group that I work with, we have an unusually high percentage of talented Blessed people involved with creative processes, you know. And I'm sure that all of you know that once you divert yourSelf from listening to yourSelf, being on top of your own inner creative power, and get into, 'okay, I wonder, is this gonna sell?' 'I'm gonna make something to sell' ... Then you have left the center of your own creative power and you're at the mercy of this distortion ... If you feel 'I have to do it. I have to do it.' the 'have to' is the compulsion, the drivenness. That's what takes us out of being Present with Spirit. ... Very seldom do I ever hear, 'Hey, you know, I really, really enjoy this process. I'm gonna work my buns off and I'm gonna leave the results to God. Yeah, my preference is I show in these galleries ... my preference is people enjoy my work, but hey! I just love doing it.' There's that compulsion and drivenness and it has to do with a false identity - identifying with the ego, with the body, with your being in the world and you want to make yourSelf of the world as well.

"But we know we are being in the world but not *of* it. ... We're told What we're made of. We're made in God's Image. God's Image *is* the Spirit. ... But there's always this subtext of wanting to be important in the world, in the world. What is important is you want to be important *to* the planet, for the planet. ... Why are we important to this planet? ... Here's a Soul Lifting and Growing and not buying into, as it were, but focusing on Its own divinity and helping to bring in the Spiritual Light by being the Spiritual Light. Ahhh, that's What's important. That's how we help everyone. By being What and Who we *are*, Which is the Spirit. And I know it's the scariest thing in the world ..."

Dr. Lane continued: "We know that the Journey of the Soul is from fear of God to Love of God. ... (Some Students) will get to see that it's all fear-based and that they were simply afraid of knowing themSelves as Spirit and going to Completion. And in the Process they are another Soul buying into fear and so the planet becomes more laden down with fear. And they're not important *to* the planet. They're trying to be important *in* the planet ... but they're not being important *to* the planet. ... We need to make that shift inside ourSelves and that comes with Proper Identification, knowing that we're Spirit. ... Focus properly on yourSelf as Spirit, helping to bring in the Divine Frequencies. Benefit the planet that Way and the rest is taken care of. If you're to be famous, you will. If you are to be rich, you will. But it's your identification with that. ..."

"Success is Loving God, Being in Alignment with Him - That's Success. ... Everything else takes care of itself. I notice also if you're really going to do the Spiritual Work that you do, there needs to be discipline on a consistent basis. But not the whip-snapping 'I'll knock you into shape' discipline but the loving discipleship and the Self-direction. ... Many of you allow yourSelf to be pulled out, pulled out, pulled out into the striving and the seeking. Once you have that you have separation and you've set yourSelf up for failure. ..."

Our Teacher further explained: "We live in a world where everything is inside out or upside down, where the things of the Spirit are the least valued, where the things of the Spirit are totally marginalized. ... What we all need to do is have Proper Identification; allow ourSelves our Inner Growth; allow ourSelves to be the Spirit we *are*, to bring in those Divine Energies, to bring in those Divine Frequencies. ... We need to be real, real, real careful where we place our focus, what we open ourSelves to, etc. ... So you want to be careful where you're turning the radio dial, as it were, what you're picking up, how you're tuning the antenna, OK. And that's what's valuable; that kind of focus - that kind of Self-respect - that's what's important. Where you tuning it? What are you allowing yourSelf to hear? Your inner thoughts? And what are you permitting in your inner thoughts to constantly run you? You know. What's OK? What's not? You know. Because as long as you get all involved with all that stuff you never really listen and hear what there is inside, you never hear God within and then, of course, that's your training up until now; your training is in confusion so you don't want to know What's in there but That's where God is, It's in there. And That's where the importance *to* the world is, is in honoring That Which is within, the Spirit that we *are*. ..."

"There's a Way; the Sound Current provides and *is* that Way. And it's crucial that we all the time, all the time, have our Proper Identification. ... If you do use the Proper Preposition you'll feel healthier; you'll feel better; you'll enjoy the life that God's given you more; you'll be more Present with God and with yourSelf and you'll be fulfilling yourSelf much more. ..."

A Spirited question-and-answer followed.