



Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies Mar/Apr 2010

Home Center - New York City

Mail:

Center for Religion and
Advanced Spiritual Studies
or
Cosmos Tree, Inc.
1461A First Ave. - #182
New York, NY 10075
212-828-0464

email: spiritcentral@yahoo.com

Web sites:

www.spiritcentral.org
www.cosmostree.org

Regional Centers

California

Los Angeles area
Rebecca Underwood
310-913-7212

Connecticut

Litchfield area
Marilyn Fiala Grossman
203-981-1030

Hawaii

Hilo area
Dewi Lim
808-937-5958

Illinois

Glenview (Chicago) area
Karen Fiala
847-414-6462

New Jersey

Middletown area
Karen Baxter
201-456-3568

Tennessee

Johnson City area
Peggy Heatherly
423-975-6868

Wisconsin

Madison area
Alice Shuman-Johnson
608-838-7968

OUTSIDE THE U.S.

Mexico

Queretaro area
Barry Lippman
52-442-224-3042
From the U.S:347-448-2310

“Willfulness: Is Your Inheritance Better Than That From The Lord, God? - A Participatory Satsang”

At the outset of His January Satsang, Our Teacher led the participants through a process. Dr. Lane asked: “What do you want your Inheritance to be?” The responses included: “Pure joy;” “Love;” “God;” “Peace inside;” “To know (my)Self as Spirit;” “Kingdom of God;” “To know that I am worthy of being God.”

“You take a look at the responses and they ain’t exactly ‘poverty consciousness’ ...” observed Dr. Lane and, Our Teacher noted, “Peace comes when you are in alignment with the Spirit that you *are*.”

Dr. Lane reminded us that “The Teachings I bring forth are Ones of Grace. I don’t teach karma. Many of you think because I teach Grace - the Way of God - and not fear and karma that there’s not karma or even if there is, you’re not responsible. Many of what you do what I call the ‘forgiveness façade’: that you can rob, cheat, steal, hold grudges, hold anger against anyone and situations and then you’ll forgive yourSelf and, somehow, in the forgiveness you think you’re not responsible, that you haven’t created the karma. But you have. But the forgiveness allows Grace to move in but you’re still responsible.”

“What does this have to do with Inheritance?” asked Dr. Lane. “Any thought, any creation away from God/Spirit is a separation. We’re separating ourSelves away from the Spirit we *are* and that’s called karma. And, sometime or other we are going to be at the effect of karma. Just as you are at the effect of it you are going to be at the effect of what you do Spiritually. It’s gonna come from your effort and your focus and it comes from the little successes that you have: ‘I’m furious at this person’ and you drop the anger and you let it go. Or you have a whole agenda about the way this person should be acting or performing or treating you. And you drop it. Or ‘God or Spirit isn’t giving you what you think you need.’ Even though you put it in the Light for the Highest Good and you’re not getting it so obviously it’s not for the Highest Good. But you have this anger and this rage and you let it go. You let it go. And so you start to build your Spiritual Strength and you start to build your Inheritance.”

Our Teacher explained: “The Eastern religions came to the conclusion that you couldn’t have both. You couldn’t have ‘effort’ and you couldn’t have

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SPRING SEMESTER 2010 A Survey Of Religions East And West

Given by Dr. Roger B. Lane

**10 Weeks beginning Wed., April 7
from 7:45 pm to 9:15 pm**

-What is the Purpose of Religion?

-How Do Religions Answer “The Great Questions”?

-What Are The Major Streams Running Through All Religions?

**Please See Events Page in this issue
of SpiritCentral for more information.**

“Overshadowing: Do You Mind? - A Participatory Satsang”

In His February Satsang, Our Teacher shared something that Dr. Lane has observed among His Students. As Dr. Lane stated: “I noticed amongst the students there’s this reflux, as it were ... and there’s also this reflex that when there’s fear of the Lifting that’s taking place you immediately shoot out of That Focus. You take yourSelf away from That Focus. ... It’s a lovely way of just avoiding the whole Lifting Process. ... Invariably, as soon as that process begins, bingo! this Student will ask a series of questions. OK. And see the interesting thing is that you’re all so smart is that your questions seem very reasonable, very intelligent and very appropriate. OK. And most likely you don’t even know what you are doing. ...”

Dr. Lane referenced a line from the 23rd Psalm: “... *Yea, though I walk through the valley of the shadow of death*, OK,” and explained “We come into life, OK, and we all call it ‘life,’ OK, but have you ever asked yourSelf the question, ‘Why is this called “life” if we have to then enter into “Eternal Life”?’ ... Spiritually, this planet is known as ‘death.’ OK. So you come into ‘death’, as it were, so that by following The Teachings, of the Process of the Soul, and Knowing Itself as Itself, as Spirit, as the Lord, God and coming into the Unity of the Spirit and of the Lord, God - in that process of knowing yourSelf well, bingo! then you’re free. And it’s a process and it’s applied. OK. And the overshadowing, OK, has to do with overcoming the shadow. OK.”

Our Teacher continued: “And what casts a great shadow if we look at the simple fact that the Soul lives on many levels? ... The levels in the Soul, they’re

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Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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editor

Melissa Sones

editorial staff

Don Baxter (Epage Editor)

Barry Lippman

Rebecca Underwood

advisor

Dr. Roger B. Lane

SpiritCentral

1461A First Ave. - #182

New York, NY 10075

212-828-0464

e-mail:

spiritcentral@yahoo.com

websites:

www.cosmostree.org

www.spiritcentral.org

OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Mar. 2, 9, 16, 23, 30; Apr. 6, 13, 20, 27 -- 7:30-8pm EST

Wed. Mar. 3, 10, 17, 24, 31; Apr. 7, 14, 21, 28 -- 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided

CALIFORNIA

Los Angeles area Every Wed. 7pm

CONNECTICUT

Litchfield area Every Mon. 11am

HAWAII

Hilo area Every Mon. 6:10pm; Meditation for Health and Well-Being last Fri. of every month 7pm. Please call 808 937-5958 for location.

ILLINOIS

Glenview (Chicago) Area Call Center for details 847-414-6462

NEW JERSEY

Middletown area Call Center for details 201 456-3568

NEW YORK

New York City Every Mon. 7:30 pm; Wed. (except 1st Wed. of the month) and Thurs. 6:10pm; Sun., Mar. 14, Apr. 11 10:30 am; Sun. Mar. 28, Apr. 25 Special 2-hour Meditation 10:30am-12:30pm;

Meditation for Health and Well-Being- Tues. Mar. 16, Apr. 20 on the East Side & Mar. 23, Apr. 27 on the West Side (200 W. 90th St, #10A)

Meditation for Health and Well-Being- Tues. Mar. 16, Apr. 20 on the East Side & Mar. 23, Apr. 27 on the West Side (200 W. 90th St, #10A)

MEXICO

Queretaro Call for information.

TENNESSEE

Johnson City area Every 2nd & 4th Mon. at 7pm

WISCONSIN

Madison area Every 4th Sun. at 5pm; every 2nd Sun. at 5 pm Meditation for Health and Well-Being

Contact specific center for more information about these events

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield Call for details.

HAWAII

Hilo area First Sun. of every month from 4:30-5:30pm including Discussion.

NEW YORK

New York City Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84;

Last Sun. of every month from 1pm-2pm at NYC Center - Video Showing and Discussion

Brooklyn

Every Sun. 3:30pm Cablevision - Channel 69 Time Warner - Channel 56

Join Us For An Hour Of Spiritual Instruction

"Practicing The 3 'L's' When Working With Your Teacher: A Participatory Satsang"
March 3 at 6:45 pm EDT

April Satsang
April 7 at 6:45 pm EDT

Satsangs
by Dr. Roger B. Lane

Available At All Centers

Listen to Our Monthly Podcasts!!!

www.cosmostree.org
www.spiritcentral.org

Mar: "Confusion: How, Why, And The 'Solution'"
(TAPE/CD A73)

Apr: "What Is Your Next Step?"
(TAPE/CD A77)

SPECIAL EASTER SUNDAY MEDITATION OF THE LIGHT OF THE MOST HIGH

SUNDAY, APRIL 4
10:30 AM TO 12:30 PM

- Focus into the Spirit You Are – The Real Resurrection!!!!

with special opportunities to:

-Release negativity

-Send Healings and Blessings to others

-Ask for personal Guidance and Clarity in your life

January Satsang - "Willfulness" - cont.

'Grace.' So if you had Grace people wouldn't make any effort. So in a lot of the Eastern Religions you don't have God for that reason. They were worried that people wouldn't make any effort. That's duality. That's what happens when you get caught up in duality. It's one or the other. But in Unipolar existence, in the nature of Spirit, which is in the Oneness that we all live in, that doesn't exist. We don't have the either/or. So (if) I'm making my anger more important than God then, by Spiritual Law, I've made that anger god. So there can be no Grace.

"We need to surrender anything other than that which will give us the Inheritance we want because Spiritually that is going to be what we're receiving. Souls come around (reincarnate) until they complete their karmic journeys. Just as the Soul is going to wind up Home with the Lord, God It is going to reap the rewards of what It has done. Spirit is a great democracy. You only get in one way. That is by knowing yourSelf as Spirit/Soul and completing your karmic journeys and winding up in the Soul Realm or where Eternal Life is. And Eternal Life means that one is no longer subject to reincarnation, to life and death, to that whole cycle of embodiments. So that's pretty Glorious. That's a pretty Glorious Reality. You know that old Christmas song 'He Comes from the Glory, He comes from the Glorious Kingdom'? Yeah, the Christ did and does. But so do you. Sorry, folks, so do you. See the difference, though, is that That Being was Christed, which means that His Will

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and God's Will became One and the Same. He knew consciously and remembered that he was Soul, that he was Spirit, that he was God. Not permitted to forget.

"And we're wearing bodies because we have forgotten. God has given us the opportunity to come to know Him. God provided a Way - available to everybody - black, white, Asian, Moslem, Christian, Jewish, etc. It doesn't matter what your body is. That's not what you are. That's housing for the Spirit."

"So anybody who wants to grow an Inheritance and safeguard his Inheritance; what do you do?" queries Dr. Lane. Our Teacher stated: "I'll tell you what not to do: mindfulness and willfulness and you ... assert yourSelf against Spirit. ... Spirit gives you the opportunity to let go. ... By Spiritual Law we are responsible for all our creations. We are totally responsible. By Spiritual Law we are responsible for all our creations, every single one of them, down to the nth degree. We're responsible. We are totally responsible. What you think (about a situation) really isn't so. It's all our thoughts, all our attachments, all our fears, all our doubts. All of what we think is so. If you walk this Path and you really are honest about it you know that what you think really isn't so. And that what you thought was true, really isn't true and, on top of that, everything you've locked in as 'this is so, this is true' - it's just another creation that you are responsible for. All those creations have to be handled. So why create them in the first place when all you want to do is Love God? ... So be aware of the opportunities you have throughout the day to drop pain, drop anger."

"Along with Inheritance we need to have a Spiritual Perspective and not label things as 'good' or 'bad' even if we don't know what that means. We need to constantly work our lives to create (receiving) that Inheritance and enforce our actions to increase and grow. You get the fruits of your efforts multiplied by Grace. Forgiveness is the key but know you are still responsible. By forgiving yourSelf you open up a field of (Spiritual) Action and permit the Action of Grace."

In conclusion, Our Teacher emphasized: "You are powerful creators. So, you are going to inherit your creations. I Lovingly Suggest you create Love of God inside yourSelf. Let go of judgments, anger, hurt, animosity at *every moment*. Let go of how you think things should be. What we want to do is keep clear, keep free inside ourSelves, just to be in the Joy of Spirit so that we can inherit what was said: being with God in the Kingdom of God; Love; Loving; Peace. God's Will for us is Abundance. Abundance is our Consciousness at One with God. From That everything else flows."

"And yet the planet is geared the other way. It's taboo to know you are Spirit. The karmic forces don't want you to know That. It takes courage to break the planetary taboo. Once the Light of the Soul has tasted Itself It wants nothing else. All you have to do is allow That Focus in your everyday life."

A Spirited question-and-answer session followed.

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about density. In other words, how much does matter sit in there? OK. So we know that, obviously, the physical - it's matter, OK; and as we go up through the levels it's less and less until we enter into what's called the Soul Realm where the proportion of Spirit to density is in the majority for the first time. OK. And but what casts a giant shadow on the Light Of The Most High, as it were? ... The mind casts this enormous shadow. That's why it's wonderful at creating doubt and worry, etc. OK. And, of course, when things are in shadow you obviously don't see them clearly. ..."

"We also know that we live our life until we are awakened and have overcome this thing called the world. We live in a great hallucination. That we believe the objects in the mirror are real and we don't remember that we've created whatever we've placed in that mirror. ... So it's real and I don't even trace it back to mySelf. So that's a great hallucination. In other words, we're all partaking in the craziness caused by karma. OK. But who created the karma? We did, OK. ... Then what is sanity? Well, That Which does not separate you. Those Creations which you create which are One with the Lord, God or as a part of the Unity of Spirit. ..."

"Now comes this Frequency ..." explained Dr. Lane referencing the Lord's Prayer that states "*Hallowed be thy name.*" In other words, we set aside 'Thy Name' and we celebrate It. Well, we know what He's talking about. Setting aside the Name, chanting the Sacred Names of the Lord, God in the Initiatory Practice that the Christ, Jesus taught. ..." Our Teacher emphasized: "*Forgive us our trespasses as we forgive those who trespass against us, lead us not into temptation but deliver us from evil.*" What's evil?" asked Dr. Lane rhetorically. "Error in consciousness. ..." Dr. Lane explained.

"It all has to do with that alignment of your will and God's Will, One and the Same, and the mind fights That tooth and nail because it wants to be in control. OK. And Teachings bring forth what's called Eternal Vigilance; we always need to be vigilant and we always need to focus into the Spirit we *are*. ..."

"We have this propensity to always go towards our reincarnational pattern but that's the lower self ... But God gave us a conscious self, too, and this is where we come in and where we have to play traffic cop and direct our energy ... we love to be in control. ..." Our Teacher reminded us: "Don't you know that you're in control anyway? You're living proof of that. You've reincarnated because of what you've done, because of your creations. That's pretty powerful, isn't it? That's the ultimate control. ... But karma's wonderful because we don't even have that in our consciousness that we have that power so we pretend we don't have that power and then we have to seize all this illusionary power, OK?" And Dr. Lane reiterated: "But on the Path of Soul Transcendence that I teach the power is in the surrender. We surrender to the Spirit we *are*. We surrender to the Lord, God. ..."

"I mean, what would you rather go against - God or everything else?" posited Dr. Lane. "... when we go against anything and anybody we are going against God. We're going against the Spirit. ... Being angry at that person is really being angry at mySelf, OK, and being angry at mySelf is really being angry at that person and being angry at mySelf is really being angry at the Lord, God. ..."

"We suffer from blindness. And the blindness is we cannot see that we're One with the Lord, God. ... God is dependent upon us to know Himself ... the proper use of the mind ... is to bring forth and to be filled with the Spirit and to bring It forth into this world, the Mind of God or the Mind of Christ. OK. It's not the mind that humanity is so used to that creates all sorts of problems that don't really exist and then attempts to solve them. ... And to be in the Flow of Spirit and be in the Oneness of Spirit - there are no problems ..."

Our Teacher then led the participants through a process enabling each to experience the "overshadowing" of the mind by Spirit. And Dr. Lane noted: "... if you don't permit the overshadowing, you're gonna pay a very big price for that fear. ..." And Dr. Lane suggested: "It is the Way of the Christ to allow the overshadowing, your Consciousness and God's Consciousness become One and the Same. OK. And if you've been Blessed to receive Initiation you have had That Door opened to you and you have that Spiritual Practice that you need to do as the strengthener, OK? ... And it really is that simple. I didn't say it was easy; I said it was simple, OK, and you're charged with that responsibility to fulfill that. ..."

A Spirited question-and-answer session followed.