



SpiritCentral

Timely information for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies Mar./Apr. 2009

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Join Us For An Hour Of Spiritual Instruction

**"The Real Economic
Crisis: A Participatory
Satsang"**

Mar. 4 at 6:45 pm EDT

**"The Humility To Be A
Student:**

A Participatory Satsang"

Apr. 1 at 6:45 pm EDT

Satsangs

by **Dr. Roger B. Lane**

Available At All Centers

Listen to Our Monthly Podcasts!!!

www.cosmostree.org
www.spiritcentral.org

Mar.: "What Are You Reacting
To Today?" (A45)

Apr.: "God Is The Answer To
ALL Your Prayers" (A46)

Our Teacher's Birthday Celebration: Choosing to Give Birth To OurSelves

Our Teacher's Birthday Celebration began with Initiates who live in the greater New York area sharing in food and refreshments at the New York Home Center. Our Teacher then gave His Birthday Celebration Satsang, which was attended by many Initiates, both in person and by teleconference from around the country and Mexico. Dr Lane began by explaining just what Our Teacher's Birthday Celebration is about. "For those of you who have a Spiritual reference point, you know that the Teacher isn't Dr. Lane; you know that It's the Spiritual Form that's with Dr. Lane and It's the same Spirit that's in you. When we celebrate the Birthday, we're celebrating the opportunity and the recognition of God's Grace That's in the world because it is through God's Grace that we've been given the Keys to our Freedom, O.K., that we have been granted access to Spirit and have been given the Keys that unlock the prison of matter for the Soul. And we celebrate That and we celebrate That in the Form of the Teacher and that's great, great Joy."

"The birthing we do is *every moment*," Our Teacher continued, "and it's an awareness of 'we have the most powerful thing in all of creation.' As conscious human beings we have choice. We are free to make a choice. ... It's nothing other than about Loving God and, in the process, coming to know ourSelves as Spirit. ..."

"Birthing means we surrender our cleverness; we surrender our quote 'intelligence'; and the complexity of our thought and our arguments ..."

"... It's all about me and God and discovering that we're One and the Same. It's about making That great discovery. And we do it with these births. We do it by constantly electing. ... *each moment* we can elect our own president - president fear or President Love, see. ... If we go with President Love then guess what? We get to have real Freedom regardless of what others are doing, others are thinking, what seems to be going on in the world, etc. When we look at the world, we look at parts of the world and we go 'Oh, no! Not again!' because in these parts of the world you can see the karma being played out over and over again in weather patterns - the same thing caused by the same karma coming 'round and 'round and 'round ... but this applies to us individually and internally and we have that choice. We can stop it. No matter the history, no matter the power of the momentum - in other words, the force of the karma behind it - we can stop it. ..."

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"Fear Upon The Waters: Walking Across - A Participatory Satsang"

At the outset of His February Satsang, Our Teacher led the participants through the following process asking: "As we are Souls going through this journey called life ... we are here to know ourSelves as Soul and complete our karmic journey - (so) what is the fear of crossing the Waters of Life?"

Several participants then shared their experiences and feelings. These included:

"A fear of missing out on the fun of this life"; "that I would live life in fear and not take risks"; "unworthiness"; "being alone and not feeling I have someone to love and enjoy"; "that I will be punished for something that I did wrong and I'll have to make up for it somehow"; "I'll die before I'm ready"; "fear of annihilation"; "tremendous anxiety that I can't support mySelf; that I am a total failure; and I can't succeed in a human body"; "I'll get hurt"; "a fear of letting go of attachments"; "fear that I won't make it all the way".

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OUR SPRING SEMESTER

**The Money Workbook Class
Given by Dr. Roger B. Lane
10 Weeks beginning Wed., April 1
from 7:45 pm to 9:15 pm**

**- Learn what you want out of life and how to give it to yourself;
- Learn to recognize your conditioning and then decide whether or not you want to keep it around;
- Learn the crucial relationship between net worth and Self-worth**

Weight Loss Class

**8 Weeks beginning Mon., March 30
7:45pm to 9:15pm**

**- Let go of negativity/your attachments;
- Focus into the Spirit You Are;
- Trust, Allow, Receive;
- Love YourSelf;
- Stay Present**

See Events Page in this issue of SpiritCentral
for more details on both Classes

"Are You Keeping It REAL?: A Participatory Satsang"

At the outset of His January Satsang, Our Teacher led the participants through a process. Dr. Lane asked what "keeping it REAL" means to them. The responses, which some then shared with the group, included: "Alignment with God"; "Constantly choosing Spirit regardless of what I'm doing"; "Always being direct and telling the truth without any judgments"; and "Listening to my true self."

Our Teacher explained: "The nuts and bolts, the very basis of reality is God, OK? ... (But) The mind can't go to God. ... The mind lives in duality. ... The Spirit in us is in that Unipolar existence, OK? ... We know that the Jains ... cannot say 'there is god.' The best that they can do - because they're bound by the rules of philosophy - ... is 'there's probably a god' and ... because you can say that then you can say the opposite: 'There's probably no god.' ... (Since) you can't know God with the mind people say He doesn't exist. ..."

But "God is the basis of reality," notes Dr. Lane. "And God lives in us. ... We're more than our thoughts and we're more than our feelings. ... We're at the mercy of the karma we've created in past lives and we've come back around ... and we pick up the karma (assigned to the particular lifetime we are in.) And The Teachings that I bring forth deal with Grace. God's Grace is always with us and upon us if we so turn and open the door to receive. And the Knowing of God's means also knowing at all times 'Where' we came from ..."

Continued on next page

Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Mar. 3, 10, 17, 24, 31; Apr. 7, 14, 21, 28 -- 7:30-8pm EST
Wed. Mar. 4, 11, 18, 25; Apr. 1, 8,15, 22, 29 -- 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided

CALIFORNIA

Los Angeles area Every Wed. 7 pm

CONNECTICUT

Litchfield area Every Mon. 11am

ILLINOIS

Glenview/Chicago area Every Sun. at 5pm.

HAWAII

Hilo area Every Mon. 6:10pm; Meditation for Health and Well-Being last Fri. of every month 7pm. Please call (808) 937-5958 for location.

NEW JERSEY

Middletown area Call Center for details (201 456-3568)

NEW YORK

New York City Every Mon., Wed. (except first Wed. of the month) and Thurs. 6:10pm; Sun., Mar. 29, Apr. 26 Special 2-hour Meditation 10:30am-12:30pm.

Meditation for Health and Well-Being-Tues. Mar. 17, Apr. 21 on the East Side & Mar. 24, Apr. 28 on the West Side (200 W. 90th St, #10A)

MEXICO

Queretaro Call for information.

Contact specific center for more information about these events

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield Call for details.

HAWAII

Hilo area First Sun. of every month from 4:30-5:30pm including Discussion.

NEW YORK

New York City Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84;

Last Sun. of every month from 1pm-2pm at NYC Center - Video Showing and Discussion

Brooklyn

Every Sun. 3:30pm
Cablevision - Channel 69
Time Warner - Channel 56

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"We've come from God. ... God created us as Souls out of the Holy Spirit or out of the Sound Current, the same Essence that God is. OK. And then that Essence, That Consciousness (ed.'s note: In both terms, Dr. Lane is referring to the alignment of one's will with God's Will and That aspect of the Sound Current not the Sound Current Itself) was placed in us after the Christ, Jesus left the body. And keeping it REAL means we take on this responsibility that That which I do you too shall do only more so. So we are responsible for our own Christhood, as it were. ... God's Will is that we know ourSelves and are One and live in the Unipolar existence. ..."

"The simple Truth is That you're God and the Spirit supplies ...," stated Dr. Lane. "And if we know 'Where' we come from ... and that's 'where' we're going, OK, then this whole opportunity of being in the body ... has got to be one based on Love. And if it's based on Love so that we could come to know God and complete our karmic journeys and go back to God, if it's based on Love then how could God not be a God of love? And how could He not love me? ... The Christ in us responds to the Christ in someone else because It's the same Christ ... We're all from the same place and we're all of the same Essence. ..."

Our Teacher observed: "If you have proper identification ...; that is, that you're not your thoughts, you're not your feelings ... and you identify properly as Soul, as Spirit and That's your identification ... then you see that everything that comes to you is a real Blessing ... If you know that ... you live in the Unipolar existence; well, then ... you can't say 'well ... this shouldn't be happening.' No it should be happening and it's not good or bad; it just is and it's Spiritually Correct. ... we're here as a Blessing to come to know ourSelves as Spirit, as Soul and that there's Grace. ... And that Grace is evolved and involved with our evolution and with our knowing that we are Spirit. ..."

Dr. Lane reiterated: "God ... He's given us a way to know Him *directly* ... Spirit is always present but when we choose into ... negativity then that reigns. ... (That) becomes more important than God. ... 'Keeping it REAL' means being present, making choices, taking on the responsibility - we do have the responsibility - and knowing that we're Spirit, that Prosperity comes from That and Joy comes from That and Peace that everyone seeks ... It's within us and It's the alignment of our will with God's Will. That's how we have Peace. ..."

In conclusion, Our Teacher emphasized: "... You have sovereignty over ... what you're going to choose to keep around. You have sovereignty over your thoughts. ... What is illusionary about this world ... is the values that underlie it ... when we keep it REAL we know that there is only one value, OK, and that's the value that God places on the Soul. ..."

A question-and-answer session followed.

The Teacher's Birthday Celebration: Choosing to Give Birth to OurSelves

"... And we've got these moments. Where are we going to place our focus? Where are we going to place our emphasis? What are we going to do? How are we going to work this? Are we going to work things out of fear and then have to manipulate things to get results or ... just be present with God? Just receive? ..."

As Dr. Lane explained, "these moments" are opportunities given to us by the Lord, God to choose into Spirit and to strengthen ourSelves and strengthen ourSelves some more. "... It's all concocted so you can give birth to the Christ child ..."

"I lovingly suggest you celebrate My Birthday *every moment* and you'll celebrate yourSelf ...," Dr. Lane said, "by living in that Place of Joy inside of you, by being with Spirit ... that's how we live and that's how we birth ourSelves and that's how we celebrate the Presence of God. We practice the Presence of God on this planet *each and every moment* and it's as simple as that."

Dr. Lane's Talk was followed by the Washing of the Feet, which Our Teacher explained is an opportunity to "recommit to the Path;" "to ourSelves as Spirit;" and "to the Truth that in the people whose feet we are washing lives the Living God." After the Washing of the Feet, those present shared their experiences washing each other's feet. These included: "Love being of Service"; "Receiving;" "Inner Receptivity to God"; "We are Kings and Queens of Heaven;" "A true honor to do It." Dr. Lane encouraged those present to use this Tool "anytime."

At the conclusion of this wonderful Birthday Celebration, Dr. Lane opened the many Gifts that were given to Our Teacher by His Initiates, beginning with the Group Gift - a donation to CRASS to go towards travel to share the Teachings with the many Souls in the world.

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Our Teacher pointed out that all these responses have one common denominator. "They're based on ignorance and ignorance according to the Teachings ... (is) that we ignore that we're Spirit or we don't know the Truth about ourSelves. ..."

"The 'fear of missing enjoyments'", noted Dr. Lane, "is a common fear. That's part of the way it is for the consciousness, the lower consciousness that wants to grab onto things here and, of course, they're the bright lights, OK? And the paradoxical thing that happens is when you have attachments you really can't enjoy because you're not in Joy, OK? You're just afraid you're going to miss out on the best party, the latest craze, the latest phrase, whatever it is ... and that's the mind, OK, and we get pulled out into the world. ..."

Dr. Lane further observed: "'A fear of living this life in fear': that's a little movement away from this planet and being bound by this planet because we know this planet is a planet of fear, it's a fear-based planet. ... The unworthiness, OK. That comes with the territory, that comes with putting on a human body. We're here and the consciousness registers that as an individual experience separate from the Creator and so we're cut off from the Creator, etc. ... and we've forgotten that we're created in God's Image - which is that we're of the Holy Spirit or the Sound Current - so that we're *automatically* worthy and God lives in us. You see? ... The Teachings teach us that the reason for the unworthiness is fear, fear of God. So as long as I'm parading my unworthiness, then I'm masking the fear, see? ... when we're feeling unworthy and parade that and come from that then it's really egotistical and egoism and very inflated that we've put ourSelves above God because here's God living in us and we're unworthy so God screwed up; He's made a mistake and we know better, OK. So there's terrible arrogance with that although it seems to be nice humility and nice 'Christian humility', OK but there's arrogance there, OK."

"'The fear of being alone': well, it's total misidentification with yourSelf and not having a clue as to who you are," Our Teacher explained: "If you know you are Soul you are not alone. If you are here begging for love you have made yourSelf into a beggar and you are begging before God. ... If the Spirit is in you how can you be alone? ... Those are all tricks of the ego," states Dr. Lane, "and it's all from separation and trying to connect, OK? ..."

"Then there was 'die before you're ready'," Our Teacher continued: "First of all, the Soul doesn't die so I'm not quite sure what that means. If it's like you think you should be doing a lot of things and accomplishing all things before you leave the body that is the wish of the ego or the wishes of the ego, OK? It's all Spiritually Correct when your time is to leave. As a matter of fact you participate in that. It's not something that happens to you against the Soul's participation. ..."

"Somebody else shared about 'fear of annihilation' and that's a very common fear. That when we identify with Spirit and with Soul the lower self or the basic selves feel like they're going to be killed. ... 'Dead' means you're 'dead to this world', which means that your attachments to this world are no more so there's nothing pulling you back here and it's by these attachments that you spring back into another reincarnation and another reincarnation ... and we had the demonstration of 'death' by the Christ, Jesus. That was true dying. That He went into the Resurrected Body, OK, but that was a physicalization of the Event, of the Spiritual Process. We don't have to die physically to go into the Spiritual Body, into the Resurrected Body or the Soul and be established There and live in the Soul, see? ..."

"And then there was a comment of feeling that 'you can't succeed in the human body'. ... there's a real opportunity [t]here to take a real hard look at what the hell you mean by success. And you know something paradoxical is going to happen. The more you allow true success into your life - the Spiritual Success, the real Purpose of why you have human form - and love the Gift the easier the other stuff will come 'cause we know that 'first seek ye the Kingdom of Heaven and all things shall be added unto you.' So that means that focus on establishing yourSelf in the Soul Body, in knowing yourSelf as Spirit, complete your karmic journeys here and, as the attachments to those things of the world lift they'll be given to you, they'll be added unto you. ... What matters is how much you love God and the Spiritual Frequency you can hold, OK, and that's done by the work you've done while you're in the body in human form so what a Blessing it is to be in human form!..."

"... that you're 'here as punishment' and that's a common thought as it were around the planet ... but The Teachings I'm involved with we focus on Grace. ... so we have it set up ... that this is a punishment and the opposite is true ... the Teachings that I teach say something very different: that this is a Blessing and that there's Grace and this is the opportunity to move into loving God and knowing yourSelf as Spirit, as Soul and completing your journeys here so this is the Gift, not the punishment. ..."

In conclusion, Our Teacher counseled: "So how do we cross the water when there's fear? ... Well, it's a process of Allowing and Receiving. By allowing more of God's Love and Light to come to you and receiving It, actually taking It into you. Then you start having a foundation of trust and from that trust you start feeling safe and then you take more and more of that stuff in and then you open up to all the Love that is here and that you are. And That really, That's the Essence of Spirit That It's all Love. And this is a movement of Love and the Vibratory Frequency of God is one of Love. ... we can cross the Waters of Life and have the Journey from fear to Love, OK, and I lovingly suggest that you allow yourSelf that Journey then we get to have a free ride and it gets to be a beautiful walk across the bridge ... and come to know yourSelf as Soul ... and go to Completion here. ..."

A Spirited question-and-answer session followed.