



# Spirit Central

Timely information for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies May 2008

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## “Beyond The Mirror: The Reality Of HUmankind And The Power Of Choice: A Participatory Satsang”

Beginning His April Satsang, Our Teacher stated that He would continue and finish talking about the Cosmic Mirror (The subject of last month’s Satsang) where our thoughts and feelings are expressed to us as seeming reality and we live in this confusion.

Dr. Lane requested those present to focus on five thoughts that they have about God. Our Teacher then asked: “What do you think happened to those thoughts?” As Dr. Lane pointed out: “Those thoughts are projected out into the ‘mirror’.” And He further observed: “When we come from the false self and we project that kind of stuff we believe it. It gets projected into the ‘mirror’ and we live accordingly.” So, for example, as Dr. Lane explained, if you have the thought that you can’t please God - that He’s tough - that will be the experience you have.

Dr. Lane noted that “the karma kind of goes around the globe and there’s a planetary karma ... Most people experience God through reflection through the levels of karma; ... through thought, through the unconscious.” As Dr. Lane further explained: “Mankind is totally asleep, confused ... and it thinks the images in the mirror are real. ... So individually and collectively it works the same way. ... Something we think is real, it’s not even there. ... That which drives us if we’re being driven ... into the world is because of the weight of those images, the weight of the karma.”

“But”, as Our Teacher explained, “I don’t teach karma, I don’t teach ‘mirror’ ... I teach Grace. ... It’s the only way around the mirror, OK? There’s no way ... beyond the way of the mass hallucination and your own individual hallucination ... other than through Grace. And God’s Grace has to do with the Extension of Himself into the world. ... the Spirit of God comes out and ... travels through the Spiritual Worlds and then It arrives at what are called the manifested worlds ... and there It splits, OK? It splits along what’s called the Positive Polarity ... and ... the negative polarity ...”

Dr. Lane continued: “We know that, in reality, there’s no such thing as time and space. ... more than one thing can occupy what’s called ‘space.’ ... But once we enter into the manifested worlds ... I have to abide by the rule that only one thing can occupy that ‘space’. ... And if I’m choosing into fear; I’m choosing into hurt; I’m choosing into anger, etcetera, OK, so that area is governed by the rules of

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## Dr. Lane To Give Open Talk in L.A. - And Open Talks and a Workshop in Hawaii

Mark your calendars!! And then go to these Sacred Events which give each and every one of us many beautiful opportunities to lift and grow and to be in the physical Presence of The Teacher. What could be better?

Dr. Lane will be giving an Open Talk in Los Angeles on Saturday, Sept. 13th. On Saturday, Sept. 20th Our Teacher will be giving an Open Talk in Honolulu followed by an Open Talk in Hilo, Hawaii on the evening of Sept. 27th.

In addition to the above, Our Beloved Teacher is giving a Workshop titled “TAR: Trust, Allow, Receive” in Hilo on Sept. 27th. The cost for the Workshop is \$125 or \$150 at the door. For information and/or to sign up for the Hawaii Events, please call Rev. Dewi Lim at 808-937-5958; and for the Los Angeles Talk, please call Rebecca Underwood at 310-913-7212.

## Everyday Evolution II Workshop - Learning To Live in Positive Neutrality!!

The last weekend in March, Dr. Lane, Our Beloved Teacher, gave a Workshop on the crucial Teaching of Positive Neutrality. The Workshop, held at the New York Center, was attended by Initiates of the Light of the Most High from both the New York area and around the country and was created by Dr. Lane.

In this life-altering Workshop, those present learned a lot more about Living in Positive Neutrality. As Dr. Lane explained, Positive Neutrality is total and complete acceptance of our karma, including our circumstances and what people do; it is Giraffe Consciousness or the focus on the Godpoint within by dropping back inside ourSelves and keeping the focus on the Upper Part of the Third Eye; the Self-acceptance in accepting the Self or Spirit as our Reality. Positive Neutrality is judgment-free and victim-free, leaving the results to God. The later is the very Essence of Living in Neutrality and is, really, a Teaching in Itself - we don’t dismiss circumstances or act like we’re not supposed to have them; and we co-create with God by asking God, for the Highest Good, for what we want and/or for clarity and guidance and/or for the understanding and/or direct experience and we tell ourSelves to let it go; and whatever comes - we’re fine with it and we’re fine without it. We also keep our Consciousness at the Positive Polarity or directed into the Light of the Most High or the Sound Current.

This life-altering Workshop included a lot of Self-discovery by way of sharing; field work; dream-work; written work; homework; quiet time; and using the many Tools available to lift and grow. From this work, those present experienced many gains. For instance, we learned more about the Four Rules of Positive Self-Talk. As Dr. Lane explained, because basic selves or the part

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Join us for an hour of Spiritual Instruction!

## “The Only Question For Every Outer Or Inner Situation: A Participatory Satsang”

by Dr. Roger B. Lane

Wed, May 7, 2008  
at 6:45pm EDT

Available At All Centers and

Listen to this Month’s Podcast of Spiritual Instruction with

Dr. Roger B. Lane

“Speaking Your Mind: Mindless Chatter Or Are You Our Of Your Mind?”

# Events Calendar

## Fulfill Your Destiny:

### Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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## OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. May 6, 13, 20, 27  
-- 7:30-8pm EST

Wed. May 7, 14, 21, 28  
--4:30-5pm EST

Contact specific Center for location and more information about these events.

See front page for contact information.

## MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

### CONNECTICUT

**Litchfield area** Every Monday at 11am

### HAWAII

**Hilo area** Every Sunday 3pm;  
"Meditation for Health and Well-Being"  
last Friday of each month at 7pm.

### ILLINOIS

**Glenview/ Chicago area** Every Sunday at 5pm

### NEW JERSEY

**Middletown area** - "Meditation for Health and Well-Being" every 2nd and 4th Wednesdays - call Center for details.

### NEW YORK

**New York City** Every Mon., Wed. (except first Wed. of the month) and Thurs. 6:10pm; Special two-hour Med. last Sun. of the month at 10:30am; "Meditation for Health and Well-Being"- Tues., May 20 at 8:15pm at the NYC Center & May 27 at 8:15pm on the West Side (200 W. 90th St, #10A)

### MEXICO

**Queretaro** Call for information.

## VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing

or purchase at all Centers and for viewing on cable television stations listed below.

### CONNECTICUT

**Litchfield area** Call for details.

### HAWAII

#### Hilo area

First Sunday of every month from 4:30-5:30pm - including Discussion.

### NEW YORK

#### New York City

Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84; the last Sun. of every month 1-2pm at NYC Center including Discussion

#### Brooklyn

Every Sunday 3:30pm  
Cablevision - Channel 69  
Time Warner - Channel 56

## Satsang Summary continued...

duality. So, if I'm choosing to run any of that then Spirit cannot be in that same place. ... If, in my power as a human being and if I choose to exercise what God's given me - which is free will - I exercise choice, well, then guess what happens, OK? I allow the Spirit that was *always* present to occupy the space that had formerly been occupied by fear, hurt, pain, anger, etcetera. Now the Spirit can fill it, can fill that place OK? But guess what? without my exercising that choice It

## Everyday Evolution II Workshop continued...

of us that brings forward our reincarnational patterns lives outside of present time we must update our Selves on what's going on now. This allows the Spiritual Energy to Flow; it also allows us to stay in the Positive Polarity. Dr. Lane also reiterated that the mind/ego loves distractions so it is essential for us to give our basics loving direction; we also want to keep them encouraged.

We learned more about the crucial Teaching that the Power is in Surrender. In order to stay in Positive Neutrality (which is a Surrender Tool in Itself), we learned the importance of practicing lots of other Surrender Tools/aspects of The Teachings: acceptance; forgive and forget; Trust; we are Worthy; we are okay. "Everything is an opportunity to Surrender. ...," said Our Teacher. "The key is being with Surrender in our everydayness. ... Surrender so Grace Flows to you."

Dr. Lane also taught us more about the Teaching that we use everything in our lives to lift and grow into Spirit. "Meet things as opportunities and Bless them," Our Teacher emphasized. This writer had the *direct* experience of asking the Lord, God to move her into Positive Neutrality - really Spirit - and of having a seeming "problem" disappear. Indeed, as Dr. Lane has often said, there are no "problems" in Spirit. "Problems" are something the mind loves to create so that we can go "solve" them (and keep reincarnating). The only real Solutions are in Spirit (everything else is karma).

Before the Workshop ended, Dr. Lane encouraged us to continue to use the many Tools available to us, such as the educational publication *Tools for Living Free*; CDs; Tapes; *The Money Workbook*; podcasts; the Video Series "Understanding the Spirit You Are"; music by Fellow Initiates, etc. to stay in Positive Neutrality, which is being present with Spirit; and to work more closely with our Fellow Initiates to stay "on point." Our Teacher also gave each of us a Gift of a beautiful bookmark with the Four Rules of Self-Talk printed on it.

"God is busy feeding you," Dr. Lane said in conclusion. "If you're Neutral, you're open to the Spiritual Flow. Living in Positive Neutrality has to do with constantly being open and fed by God."

can't ... that's my 'god' and I get to have it ... and the Lord, God can't 'occupy' that place."

Our Teacher posits: "If that stuff were so real - my hurt and my pain and my doubt, etc. - well, then how come Spirit can occupy the same place where it had been? How come it's not everlasting? ... So I know that God's *always* Present and Real. But what about my thoughts and what about my feelings? How come ... they don't stick around? They must not be real. ..."

"We have the opportunity at *each moment* to drop whatever's in the 'mirror' ... and allow God ... to take its place. Now ... that's incredibly powerful." Therefore, Dr. Lane counsels: "I immediately choose God ... and I get to live above the 'mirror' ... or, at least, not trapped by the 'mirror'." And Dr. Lane points out: "The ultimate exercising of choice is choosing to have your life focused in and with and to God in the choice of taking Initiation into the Sound Current."

In conclusion, Our Teacher explains: "Now is the time where every Soul is responsible to live beyond the 'mirror'. ... The Christed Consciousness in you demands your will and God's Will is one and the same. ... God's Will is that you be with Him *while you're in the body*."

A Spirited question-and-answer session followed.