



Spirit Central

Timely information for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies March 2008

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Join us for an hour
of Spiritual Instruction!

**“Mirror, Mirror
On The Wall -
Did I Really Cre-
ate It All?: A
Participatory
Satsang”**

by Dr. Roger B. Lane

**Wed, Mar. 5, 2008
at 6:45pm EDT**

Available At All Centers

“Whom Should I Blame Today?: A Participatory Satsang”

Our Teacher began His February Satsang by asking those present to participate in the following experiential process:

“Get quiet”; go inside yourSelf and ask yourSelf:

- Whom are you blaming today?
- Why that person or persons?
- What do you need to do to have the whole situation be blameless?”

Several participants then shared experiences of how they blame others or even themselves for various situations in their lives.

Dr. Lane explained that “We are not here to be perfect physically; OK, we’re not here to be perfect emotionally ... We’re here to move into the perfection we are in Spirit. ... As long as you’re here learning and lifting you’re going to quote make mistakes but the only mistake is not learning from them ... But if you’re working with Spirit everything is self-correctional. ... If you’re really in touch with the Spirit you *are*, OK, then the Spirit inside of you ‘educates’ you, ‘learns’ you ... there’s no way you do make a mistake because you can’t get past it unless it’s been cleared either by Grace, or if you’re choosing to go through it karmically, you go through it in the physical.”

As Our Teacher noted: “We can’t blame anybody. They’re just actors in this little drama for our upliftment. ... Everything that happens is what’s called ‘karmically correct.’ It’s correct that it happened or it wouldn’t be happening. ... No one is to blame here. And no one is at fault. Least of all you.”

Dr. Lane also observed that “if you’re blaming anybody it is a way of being dishonest” because what we see is a reflection in a “cosmic mirror.” As Our Teacher stated further: “We have thoughts; we have emotions; ... we have the imagination. And what happens is that we’re constantly involved with that, with the karma on those levels. And somewhere in the Consciousness sits a big mirror ... and what’s in the mirror is the reflection of our thoughts, of our feelings, of everything we’ve created. ... While we’re ‘asleep’ (Spiritually) ... we can’t tell that what’s in the mirror isn’t real. ... We confuse reality with what’s in the mirror. So if things are happening in our life ... we’re projecting onto the situation or onto that person ...”

“So,” Our Teacher suggested, “the thing to do is treat everything like a growth situation, like a gift. OK? There’s a Gift there. That’s why it’s happening to you. OK?... There’s an opportunity to get clear ... When you are blaming someone you’re saying that the situation is wrong; ... God made a mistake; ... and the other thing is you’re blaming rather than growing (Spiritually). ... In the long run, it’s really prolonging your negativity and your sojourns here and your pain and your separation and your hurt, which is, of course, what that part of you wants.”

A Spirited question-and-answer session followed the Talk.

**Listen to this Month’s Podcast of Spiritual
Instruction with
Dr. Roger B. Lane**

**“When You Do The Math ‘What Does Loving
God = ?’:
A Participatory Satsang”**

Come to NYC Center!!!

for a

**Special Easter Sunday Meditation
March 23 from 10:30am - 12:30pm**

New Meditation Center Opening

In Litchfield County, Connecticut *Meditations of the Light of the Most High* will be held every Monday at 11am. As at all of Cosmos Tree’s Regional Centers, this is a tremendous opportunity to let go of stress, achieve Inner quiet and connect with the Spirit You Are.

For those in Litchfield County or in the surrounding areas call 203-981-1030 for location information.

NYC Workshop

Everyday Evolution II

Friday, March 28 - Sunday, March 30
given by Dr. Roger B. Lane

LEARN TO LIVE IN POSITIVE NEUTRALITY!!

- Fine Tune Your Self-Talk
- Move further into Surrender
- Live in the Oneness of the Spirit You Are
- Live in Neutrality

**Sign-up Today by calling
201-456-3568 or e-mailing
spiritcentral@yahoo.com!**

Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. March 4, 11, 18, 25
-- 7:30-8pm EST
Wed. March 5, 12, 19, 26
--4:30-5pm EST

Contact specific Center for location and more information about these events. See front page for contact information.

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CONNECTICUT

Litchfield area Every Monday at 11am

HAWAII

Hilo area Every Sunday 3pm;
"Meditation for Health and Well-Being" last Friday of each month at 7pm.

ILLINOIS

Glenview/ Chicago area Every Sunday at 5pm

NEW JERSEY

Middletown area - "Meditation for Health and Well-Being" every 2nd and 4th Wednesdays - call Center for details.

NEW YORK

New York City Every Mon., Wed. (except first Wed. of the month) and Thurs. 6:10pm; Special Easter Sunday Meditation Mar. 23 10:30am-12:30pm; NYC Center will be closed last Sun. of month for EEII Workshop.

"Meditation for Health and Well-Being"- Tues., Mar. 18 on the East Side & Mar. 25 on the West Side (200 W. 90th St, #10A)

MEXICO

Queretaro Call for information.

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield area Call for details.

HAWAII

Hilo area

First Sunday of every month from 4:30-5:30pm - including Discussion.

NEW YORK

New York City

Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84; the last Sun. of every month (except this month) 1-2pm at NYC Center including Discussion

Brooklyn

Every Sunday 3:30pm
Cablevision - Channel 69
Time Warner - Channel 56

“...the highlight of the liturgical year, the religious calendar is Easter. And that’s really important because what’s said is ‘yeah, there was the birth, but it has to do with, the focus is on the Resurrection.’ ... *the Resurrection as being able to go into this Soul Body and know God directly, be with God directly while you’re still in the body, while you’re still physically alive: that Gift of Grace.*”

- from the Satsang "Applying the Message Of The Season" by Dr. Roger B. Lane (TAPE/CD A42) and TFLF #89 - "Applying The Message Of The Easter Season"

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