



Spirit Central

Timely information for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies July 2008

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Join us for an hour
of Spiritual Instruction!

"The Predominant Thought On This Planet: A Participatory Satsang"

by Dr. Roger B. Lane

**Wed, July 2, 2008
at 6:45pm EST**

Available At All Centers
and

**Listen to this Month's
Podcast of Spiritual
Instruction with
Dr. Roger B. Lane**

***"What Are You Doing In
The Rest Of Your Life?:
A Participatory Satsang"***

“‘Death’ And Pride: A Participatory Satsang”

In His June Satsang, Our Teacher talked about “Death” and the ego or pride, the relation between the two, and why understanding the relationship is important.

Dr. Lane pointed out that the world’s belief in “Death” is a mass hallucination. “Everyone has bought into it,” Our Teacher observes. “This is because people are not identified with Spirit/Soul. ... They think that because the body ceases to exist that they cease to exist.” Dr. Lane noted: “This came about relatively recently. ... Karma and reincarnation were found in many religions but got taken out.”

As Our Teacher explained: “The consciousness is set up to have the false self and the ego; and the ego causes the separation, separation from God, from the Spirit, from ourSelves.” However, “... We are responsible to know ourSelves as Spirit, as Soul. But if I think I’m gonna die I don’t have to be responsible, see, so I can believe on somebody ... and I can really think that I’m just functioning here as a human being believing on my thoughts, on my feelings and when they come to an end in this body, well then, I’m just going to go Home to God. ... yeah,” says Dr. Lane, “... but guess what? You’re going Home to God on the level (vibratory frequency) you were at *while you’re in the body*. Okay. Then what happens? You just survive? No. You function as a Soul in the same realm that you were on while you were in the body in the inner worlds ...”

Our Teacher shared: “When I talk to people about reincarnation they all have the same response. They say ‘if there is karma and reincarnation then I am not so important.’ (What) they are saying is: ‘I’m driven by my thoughts and feelings. (And) if I’m driven by my thoughts and feelings then I can’t give

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Our Summer Semester Communication Class

5 Weeks - Wednesdays, 7:45-9:15pm EST
beginning July 16th

**Learn to Communicate directly,
properly, exactly and effectively.
Learn to create your life in a more
positive and direct manner.**

Please see Events Page for details

Dr. Lane Adds Talks on “Health” to Open Talks in L.A. and Hawaii

In addition to the Open Talks that Dr. Lane is giving in Los Angeles and in Hawaii - titled “Meditation: The Eternal And You” - Dr. Lane is giving a second Talk in both Los Angeles and Hilo, Hawaii on “Health: Its True Meaning And How To Be Healthy” followed by a Meditation For Health And Well-Being. The Los Angeles Talk on “Health” is taking place Friday, September 12th at 8 p.m. and in Hilo on Friday, September 26 at 7 p.m.

Dr. Lane’s Open Talk titled “Meditation: The Eternal And You” in Los Angeles is on Saturday, September 13th at 8 p.m. Our Teacher is giving this important Satsang in Honolulu on Saturday, September 20th and in Hilo, Hawaii on the evening of September 27th.

In addition to the above, Our Beloved Teacher is giving a Workshop titled “TAR: Trust, Allow, Receive” in Hilo on September 27th. The cost for the Workshop is \$125 or \$150 at the door. There is a suggested donation of \$10 for the Open Talks. For information and/or to sign up for the Hawaii Events, please call Rev. Dewi Lim at 808-937-5958; and for the Los Angeles Talk, please call Rebecca Underwood at 310-913-7212.

Retreat 2008: “Accepting The Truth”

Initiates of the Path of Soul Transcendence from around the country and as far away as Mexico and Venezuela came to New Jersey to take part in the annual Initiates’ Retreat created and given by Our Teacher, Dr. Roger B. Lane. This year’s Retreat was titled “Accepting The Truth.”

Dr. Lane began - and continued throughout the Retreat - to ask us about Accepting - what Accepting the Truth means; how we can best Accept It; what we can do to Accept the Truth. Some of those present described Accepting the Truth as meaning we’re One with God; Living in Integrity; God’s in all things; we’re Co-creators with God; we’re created in His Image or of the Holy Spirit or Sound Current; we are Worthy. As to what we can do to Accept the Truth, a number of those present said that the answer is simple: if we know that God is in us then we Accept our responsibility to know Him. Dr. Lane emphasized: “We are responsible to know Him.... Your job is to minister to the God within. All we have to do is stay inside ourSelves.”

Dr. Lane went on to explain more about the Truth of What we’re involved with - the levels on which God lives in the inner worlds and knowing that these levels are in us. Dr. Lane also helped us to see how important it is for us to be full participants inside ourSelves.

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Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. July 1, 8, 15, 22, 29

-- 7:30-8pm EST

Wed. July 2, 9, 16, 23, 30

--4:30-5pm EST

Contact specific Center for location and more information about these events.

See front page for contact information.

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area

Every Tues at 5:30pm

CONNECTICUT

Litchfield area

Every Monday at 11am

HAWAII

Hilo area Every Sunday 3pm

"Meditation for Health and Well-Being" last Friday of each month at 7pm.

ILLINOIS

Glenview/ Chicago area Every Sunday at 5pm

NEW JERSEY

Middletown area - Saturday, July 26th; "Meditation for Health and Well-Being" - Thursday, July 10th & Tuesday July 15th - call Center for details.

NEW YORK

New York City Every Mon., Wed. (except first Wed. of the month) and Thurs. 6:10pm; Special two-hour Med. last Sun. of the month at 10:30am; "Meditation for Health and Well-Being"- Tues., July 15 at 8:15pm at the NYC Center & July 22 at 8:15pm on the West Side (200 W. 90th St, #10A)

MEXICO

Queretaro Call for information.

VIDEOSHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield area Call for details.

HAWAII

Hilo area

First Sunday of every month from 4:30-5:30pm - including Discussion.

NEW YORK

New York City

Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84; the last Sun. of every month 1-2pm at NYC Center including Discussion

Brooklyn

Every Sunday 3:30pm
Cablevision - Channel 69
Time Warner - Channel 56

Satsang Summary continued...

that up."

Dr. Lane posits: "Isn't that what we are doing walking this Path? We are having the knowing that we are more than our feelings and thoughts. When we are 'dead' to this world we don't have attachments. We let go of ego and the bodily perceptions, ... go into the Soul Body, and start traveling in the inner worlds. ... You can't walk this Spiritual Path if you have pride. A lot of people have a lot of pride in their pain, suffering, emotions etc. It is the

pride of the ego, the false self. And if we let go of ego ... we know 'death' is simply the creation of a thought, a feeling, a belief, away from the Spirit you are."

"When we walk the Path of Soul Transcendence we are open to our own direct experiences. We have the humility to put belief aside because we know 'belief' is just based on collective thought. The pride of our insistence of our agenda of not surrendering our thoughts and feelings - that's 'death' ... Pride consists of mistaken identification. When we do the Spiritual Work we have to have the courage to say 'let me find out!' Through Initiation we have access to go into the Soul Body and have direct knowing of That Frequency Which Is God."

In conclusion, Our Teacher explained: "If we are prideful we get to 'die' and if we are humble we get to live It (the Frequency Which Is God) while we are in the body. The choice is yours."

Dr. Lane then led those present through a process allowing each to experience the difference. And Our Teacher declared: "As for me, I choose to be present with the Living God."

Retreat 2008 continued...

Our Teacher also emphasized the importance of paying attention to our basic selves - the part of us that brings forward our karmic patterns - or they will get our attention by being depressed or bored or by refusing to cooperate with anything we want to do. Our Teacher also helped us to see that we need to practice Eternal Vigilance; to make daily Meditation a priority; to Lovingly Surrender our agendas; to for-give ourSelves - which, as Our Beloved Teacher has often lovingly explained, means that we are "for giving" Spirit to ourSelves by practicing forgiveness; practicing positive Neutrality or non-attachment to results; and to communicate properly, effectively, directly and exactly. As Dr.Lane re-iterated: "Your protection is to be under the Umbrella of The Teachings."

Retreat 2008 also included a unique group exercise that generated a lot of learning re: how we live our lives and what, if anything, we may want to do to change those lives as well as plenty of enthusiasm and laughter.

We also had a very successful mini-fundraiser to benefit Our Teacher's upcoming trip to L.A. and Hawaii to give Talks on "Health: Its True Meaning And How To Be Healthy;" Satsangs and a Workshop and to bestow the precious Gift of Initiation. Saturday night included a rousing concert featuring original music by Rev. Dewi Lim, Rev. Karen Baxter, Edward Faust and Andrew Isleib. Fun was had by all.

Finally, our sincerest thanks and appreciation to those who prepared the meals with Love and Caring; to Don and Karen Baxter, who Lovingly donated the facilities for the Retreat; and to Our Beloved Teacher, who, as always, gave of Himself in Loving Service to us; and through this Spiritual Action, to all Souls as we're One and when one Soul upvibrates, It makes it that much easier for all Souls on this planet to do the same.