



Spirit Central

Timely information for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies August 2008

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from the US

“The Predominant Thought On This Planet: A Participatory Satsang”

At the outset of His July Satsang, Our Teacher noted that the predominant emotion on this planet is anger and that with every thought there is always a matching emotion. Dr. Lane observed: “It doesn’t matter what the premise or thought is ... It has a matching emotion. ... The thought is never really looked at. ... We have a lot of premises that have no ‘reality’ and then we have an emotion based on that.”

Our Teacher then posed the question: “What is the predominant thought on this planet?” And, Dr. Lane noted, it is hooked up with anger. After an opportunity to go inside several participants then shared the results. Their thoughts included: “Why am I working so hard?”; “We’ve been kicked out of the Garden”; “Love”; “Where is God?”; “Fear”; “Money, fame, power”; “A feeling of having been wronged and not being good enough.”

Dr. Lane explained that the predominant thought is that “God is not present with us and that the participants’ feelings were connected with this thought.” Our Teacher further observed: “In a lot of religions (mainly eastern) there is no God. In some western religions there is a God that created us and then does not participate in His Creation. And some in the prophetic tradition where God used to talk to the prophets but no longer does.” Our Teacher noted: “That with this thought we have a matching emotion – we are furious.”

“Because we feel that God is not present we feel unworthy and unimportant. The ego seizes on this and starts to show how important we are. We are always building something, making our mark, establishing some kind of legacy. ... (People) feel money

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Meditation Workshop Debuts in Chicago Fall 2008

Beginning the first Saturday in October for 10 weeks, Chicago area representative Karen Fiala will host a Meditation Workshop at exhale spa in that city. The Workshop includes a Meditation of the Light of the Most High, a Meditation For Health And Well-Being and a discussion. Participants may attend individual Workshops and/or the entire Series. The 10-week Workshop will skip Thanksgiving week and resume the week after that. The cost is \$30 for each Workshop and/or \$275 for the 10-week Series. For more information, contact Karen Fiala at 847-414-6462.

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Weight Loss Class Begins Fall 2008

Beginning this Fall, Cosmos Tree is offering a Weight Loss Class. This Class allows participants to set goals for their weight loss; to then put those “goals” into the Light of the Most High for the Highest Good and to let them go; and to do this knowing that the only weight we have to lose is the weight of our attachments or the negative patterns that we have created, often over lifetimes. Most importantly, this Class helps participants realize that the only Diet is God; and that all they need to do is stay on the Diet. And, yes, by turning everything over to God, participants realize their “goals” if it is for the Highest Good for them to do so. The Class will be 8 weeks from 7:45 pm - 9:15 pm beginning Monday October 13. To sign up or for more information, please contact Rev. Melissa Sones, the Class Facilitator, at 212 362-3689. The fee for the Class is \$240 for those enrolled in the Degree Program, \$245 for those not enrolled and \$62/63 by the first Class and \$31/31.50 each for Classes 2-7. This Class is limited to 12 participants. It is available by teleconference.

Dr. Lane gives Talks in L.A. and Hawaii in September

Dr. Lane is giving Talks in Los Angeles and in both Honolulu and Hilo, Hawaii titled “Meditation: The Eternal And You.” The Los Angeles Talk is on Saturday, September 13th; the Honolulu Talk is on Saturday, September 20th; and the Talk in Hilo takes place the evening of September 27th, all at 8 pm local time.

Dr. Lane is giving a second Talk in Hilo, Hawaii on “Health: Its True Meaning And How To Be Healthy” followed by a Meditation For Health And Well-Being. It takes place Friday, September 26 at 7 pm. There will be a Meditation For Health And Well-Being in Los Angeles on Friday, September 12th at 8 pm.

There is also a Meditation of the Light of the Most High in each city. In Los Angeles It is on September 14th; in Honolulu, It takes place on September 21st; and in Hilo It is on September 28th, all at 4 pm local time. In each city, there is also the Opportunity to receive the ultimate Blessing - Initiation into the Path of Soul Transcendence, which is the only Way to truly know yourSelf as Spirit. Knowing yourSelf as Spirit is the purpose of

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Join us for an hour of Spiritual Instruction!
“The Teachings: Are You Allowing Them? -

A Participatory Satsang”

by Dr. Roger B. Lane
Wed, August 6, 2008 at 6:45pm EST

Available At All Centers and

Listen to this Month’s Podcast of Spiritual Instruction with

Dr. Roger B. Lane

“What Are Your Values And How Valuable Are You?: A Participatory Satsang”

Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. August 5, 12, 19, 26

-- 7:30-8pm EST

Wed. August 6, 13, 20, 27

--4:30-5pm EST

Contact specific Center for location and more information about these events. See front page for contact information.

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area

Every Tues at 5:30pm

CONNECTICUT

Litchfield area

Every Monday at 11am

HAWAII

Hilo area

Every Sunday 3pm
"Meditation for Health and Well-Being" last Friday of each month at 7pm.

ILLINOIS

Glenview/ Chicago area Every Sunday at 5pm

NEW JERSEY

Middletown area - Tuesday, August 12 - call Center for details.

NEW YORK

New York City Every Mon., Wed. (except first Wed. of the month) and Thurs. 6:10pm; Special two-hour Med. last Sun. of the month at 10:30am; "Meditation for Health and Well-Being"- Tues., Aug. 19 at 8:15pm at the NYC Center & July 26 at 8:15pm on the West Side (200 W. 90th St, #10A)

MEXICO

Queretaro Call for information.

VIDEOSHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield area Call for details.

HAWAII

Hilo area

First Sunday of every month from 4:30-5:30pm - including Discussion.

NEW YORK

New York City

Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84; the last Sun. of every month 1-2pm at NYC Center including Discussion

Brooklyn

Every Sunday 3:30pm
Cablevision - Channel 69
Time Warner - Channel 56

Satsang Summary continued...

is going to protect them and the more loved they'll be. ... We have feelings of anger based on God's not being present. (But) ... We are caught in the cosmic mirror. ... We have created the illusion that God is not present. ... The interesting thing about projection is that you don't know that you've created it. In reality, we have kicked God out."

"God is present. He is totally present," asserts Dr. Lane. "Does that mean He is present in you and everything? Does it mean He animates human life? Yes," Our Teacher explains. "We are Spirit but we can't accept That. If I accept That I am responsible ... If we accept the Presence of God we have to accept Abundance and we have to move away from fear, lack, etc. ... If I hold anger then Love cannot be in the same place as anger."

Our Teacher cautions: "If you think that God is not here then you are not going to be responsible and you will create more separation. All your thoughts, feelings, etc. are your responsibility. The Soul is responsible for all Its creations. ... If you acknowledge the Presence of God you have a prescription for living. It's a way of being. God's in me. He's in you. We treat each other from the Godplace. We're One. We are not just connected; we're One. Our will and God's Will are one and the same and we can't be a victim. Things aren't good or bad. They are neutral. They are opportunities to lift."

Our Teacher explained that as we start to let go of our fear that God is not present we begin the Journey of being Present With God.

"It is through our efforts that we lift and grow and also work with and receive God's Grace. You can't allow the Movement of God upon you if you are holding onto fear, anger, etc. If we truly commit to being present with God we get stronger and stronger and are able to be in His Presence." Dr. Lane says: "I'll go with Grace - allowing God to move me. But I can't have Grace if I come from lack and fear, believing I am my physical body. God isn't going to make a liar out of me."

In conclusion, Our Teacher reminds us: "God in us wakes up through the Initiatory Process and preparation for that is letting go of everything that separates you from the Lord, God. And It starts with you. It ends with you. It's your responsibility."

SpiritCentral Goes Bimonthly

Beginning with the September/October issue, SpiritCentral is going bimonthly. From now on, SpiritCentral may include an extra page of news and Events; we are also emailing additional updates on our many Events.

L.A. and Hawaii Talk article continued...

human life. The Gift of Initiation is given through the Grace of Our Teacher, Dr. Lane.

In addition, Dr. Lane is giving a Workshop titled "TAR: Trust, Allow, Receive" in Hilo on September 27th. The cost for the Workshop is \$125 or \$150 at the door. There is a suggested donation of \$10 for the Open Talks. For information and/or to sign up for the Hawaii Events, please call Rev. Dewi Lim at 808-937-5958; and for the Los Angeles Talk, please call Rebecca Underwood at 310-913-7212.