

Tools For Living Free

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The Trauma Of God's Love

Excerpts from the Satsang "The Trauma Of God's Love" Given by Roger B. Lane, Ph.D. (MP3 A337)

"I want to talk a little bit tonight on The Trauma Of God's Love. And I've shared with you the story of many, many years ago I was walking down the street and I had this Realization of the incredible amount of Love That there is for us. That all there is is Love. And my response—'wow!' I was really, really angry and the anger lasted for many, many days—was 'how come nobody taught me That? How come nobody walks around with that Point Of View? How come It's not inculcated in us? How come we're not Living Accordingly? Why don't we know That?"

"And That was kind of the key for me to give up the anger. And the reason to give up the anger is real simple. I had an unreasonable expectation. And that expectation was very simple—that people *are* Souls and, therefore, 'should' Know This. So, I was 'shoulding' on everybody, completely neglecting the fact of why they're here in the body on this planet. If they Knew That they wouldn't be here because they would have Known themSelves as Soul, as Spirit and Know That hey! That That's all there is, is Love. God's Love.

"And when we come into That Knowing It can be very, very traumatic. But I'm not using that word as it's so commonly used. It's used either in terms of an injury—'Oh! the person has such a traumatic injury' like got his leg broken playing golf because his swing was so bad he hit the golf ball into his own leg and he broke his leg so badly he had a very traumatic injury. And I'm not using it in the psychological sense of a person suffering from trauma, which means that, really, they can't process what happened emotionally.

"But I'm using it in the original sense. It comes from the Greek. It means wound. But it also means something else. It also means piercing. That there's a piercing.

"And seeing That Love That God *is*, is a real Piercing Of The Veil. And It's a Real Piercing of the karmic fields. Just goes right through it, cuts right through. And, hey! That's all there is? You mean we've been living under an illusion? Yeah, sure have.

"And in doing some work with someone the other day and, basically, the person was talking about that she was, basically, left breathless working in the Fields of God. And what's the assault? Well, the assault is on her whole way of being—her ego. The whole karmic system. Because think about it! If something's being pierced then there's got to be a separation for something to come through.

"And the separation is between you and the Lord, God. You and the Spirit. And It comes Piercing through, Piercing through, Piercing through. And there are all kinds of ways to have That Experience. You could have a whole lot of mental thoughts, questions, cogitation. And, all of a sudden, the Light [Of The Most High] Comes In and you can't even remember any of the questions. You can't even probably remember your name. That this Light has just Come In and taken away all that false identification.

You've been Pierced. There's Trauma going on. But in the good sense.

"And yet, most of us, what do we do? By the way, I'm not here to mitigate people's experiences that can be quote negative. We Know That everything is karmically correct no matter how seemingly awful they may be. Just a run of the mill example is why did some people die on 9/11 and other people didn't? Why was a blind man able to climb down 101 stories with his dog perfectly unscathed, perfectly fine and others couldn't escape the building? How come some firemen perished and others didn't? How come firemen who were called in to attend couldn't be reached on the phone and never, never went down to 9/11? The luck of the draw? No, hardly. It was all karmically correct.

"And when we move into This Knowing we then need to move into Acceptance. Acceptance. And if we move into Acceptance and we Know that it's karmically correct, then can there be any trauma left?

"And in my own life I've had a few traumatic events occur. And I noticed that the part of me that was not in complete Acceptance really was kind of the emotional part. 'Yeah, but and they "shoulda" and, yeah, and how dare and blah, blah, blah, blah, blah. How could this have been done to me? Why would they do that? How can people be like that?' So, I wasn't in complete Acceptance.

"And, of course, the First Law of Spirit is Acceptance. And I Knew that I had to be Guided into Forgiveness. And the importance of Forgiveness can never be overstated. That I had to Forgive what was done. And I had to Forgive these people, etc. Doesn't mean I had to like it. Doesn't mean I had to agree with it. But, no, I had to Forgive them.

"And That is really what the word says. It's For Giving yourSelf the Spiritual Flow. And when I moved into Forgiveness I really was replenished and I really was Present and the component of That—forgetfulness—moved in. That I forgot about that.

"Because you can Forgive but you can not Forget—so you need to Forgive *and* Forget. And, of course, you can't do That when you're working in the emotional realm or in the psychological system. You may be able to find ways to bypass it, as it were—the trauma. But that's different from Letting It Go.

"And when we have a traumatic event what we want to do is move into Acceptance, move into Forgiveness no matter how difficult That may be. And I'll be the first one to tell you, hey! sometimes it's so freaking difficult. But what may help you realize that and what may help you to Let It Go easier is for you to Realize that Forgiveness is not about the situation or the person that you're Forgiving. It's about you and your being Clear and your Allowing the Spiritual Energy to Flow.

"I've told the story once, maybe twice, but I'll tell it again because it's very apropos. That my wife and I were—I've forgotten where—we were in some hotel and we were in the swimming pool and we heard a bunch of

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people talking about what the Nazis had done. And as they were leaving—they were speaking very loudly so even though we were sitting on the other side of the pool we could hear them—and as they were leaving the pool area, they said, ‘And I’ll never forgive them.’ And my thought was, ‘Oh, Jesus! they’ve done just the same thing that they’ve accused the Nazis of doing.’

“But they did it to themselves. They just killed themselves by keeping that going. That’s a hook into karma, into negativity, keeping the trauma going, having the power outside yourself. That keeps the reincarnational pattern going. And even though the event or the events are over you’re keeping them alive.

“But why not move into Acceptance? Just Accept it. You don’t have to like it or anything else. But there’s a reason for everything that happens. There’s a reason why there’re karmic agents appearing in the system in this world. And they help to move forth a lot of karma. That’s the setup. And that’s how it is. And you’re going to sit there and judge? Well, good luck!

“I don’t know why this comes in. We had a person come in before the Talk. And I’m not sure what she was thinking but she had to leave possibly before the Satsang could be over because she had to go catch a flight. And when she was informed that hey! that’s not possible because of how things are set up Spiritually, then she proceeded to lecture the host on how we needed to be inclusive.

“And I thought that was pretty interesting. Pretty

funny but also pretty interesting because why didn’t she include the Satsang in her schedule? Her plan was ‘Alright. Oh, if It’s not over, I’ll just walk out.’ But why not give yourself all of It? All of the Event?

“And she was setting up a traumatic event for her because she would have cut through the Forcefield and bingo! the Spirit *within* would have really, really, really have Known That. But there was the habit of what? Going outside yourself and blaming, blaming, blaming. Somehow it was the host’s fault that we have these Guidelines. For your Protection. It’s set up Spiritually for Your Growth. And we’re not going to Allow you to interfere with That. We’re not going to Allow you to do yourself a disservice and create karma.

“But it gets flip-flopped around as just the opposite. And we all kind of do a very similar thing. We all kind of do that. We all kind of go outside and we blame and we blame rather than Accept and rather than go into what’s the Learning? What’s the Learning here?

“And Spirit being Spirit, the Kindness and the Grace with God, That Soul with her got a Light Initiation anyway. Talk about being inclusive! You can act like that; you can think like that; you can dump your negativity on the host. And you’ll still get a Light Initiation. Pretty cool!

“But it’s all about Acceptance, isn’t it? It’s all about Acceptance. And then when we Accept we can Forgive.”

CASE STUDY

Early last month, I had a phone meeting with a potential client and, by the end of the call, she had decided to hire me as a consultant and I followed up by emailing her the usual contract to sign.

When I didn’t receive the signed contract back on time, I decided to give it a few more days. It was during that time that I received an email saying she had changed her mind about hiring me as a consultant.

As soon as I read the email, negativity came up; then I stopped and chose to Practice Forgiveness about her not keeping her word and to Practice Forgiveness again. And I forgot the whole shebang.

To Practice Forgiveness, I Called in the Light Of The Most High like this: “Lord, God, send me Your Light!” Then: “For the Highest Good, Lord, God, I Forgive [name of potential client] for not keeping her word about signing up with my company and I set her and myself free inside myself!” I continued: “And I Forgive myself for judging [name of potential client] for not keeping her word about signing up with my company and I set her and myself free inside myself!”

That’s because I was Listening to the Talk “The Trauma Of God’s Love” while working on a Transcript of It and I followed the Instruction in It to Practice Forgiveness and That was “It”—I was immediately set free inside myself!

My Teacher had also Instructed me regarding another situation to Practice Forgiveness so This Teaching was front and center, including the importance of Forgiving myself, too.

I also recall that early on, after Practicing Forgiveness twice, I began to wonder ‘why did the client’s change of mind happen?’ I Called in the Light (please see above) and I asked the Lord, God for the Highest Good to please send me Clarity and Guidance, “why did this happen? She seemed so enthusiastic! How come it didn’t work out?” and voila! the negativity started to come up again! And boy! did I get the Learning: as My Teacher has Taught me, if I choose to ask ‘why did this happen?’ well, then, I’m choosing to keep the drama around. Just let go!

I Practiced Forgiveness again.

It’s gone and That’s the Gift!

As Dr. Lane Teaches in the Talk, “... you need to Forgive *and* Forget.”

Thanks to My Teacher as well, I realized that after Practicing Forgiveness I was still holding onto doing the work and to the anger; in that phone meeting, I had gone into detail about the work itself and a part of me didn’t know that I was no longer doing it. I Called in the Light (see above for Instructions) and asked the Lord, God for the Highest Good, to please take any lines of energy I have to doing a more detailed description of the consulting work for [name of client] and I told myself “my name, it’s OK to let it go!”

I did This multiple times, each time after negativity came up.

As soon as I finished, some more anger came up and I Practiced Forgiveness again and again.

It was gone and That’s the Gift!

TRY THIS ...

“So what I’d like you to do is take a moment or two and just—we’ll Call in the Light [Of The Most High] and just let two or three traumatic events in your life come up and just Allow them to be washed away by God’s Love. And move into Acceptance, move into Forgiveness. [Pause]” – *From the Satsang “The Trauma Of God’s Love” Given by Roger B. Lane, Ph.D. (MP3 A337)*

STEP-BY-STEP

Here’s A Quick Reference For Daily Practice:

1. Call in the Light Of The Most High by saying, “For the Highest Good, Lord, God, send me Your Light!”
2. Now, ask the Lord, God for the Highest Good to bring forward a situation or a relationship where, up until now, you have allowed yourself to “get caught”.
3. Now, ask the Lord, God for the Highest Good to take any lack of Acceptance of this situation or relationship from you!
4. Tell yourself “(your name) it’s OK to Let it Go!” And Let it Go!
5. Now, ask the Lord, God for the Highest Good to move you into Acceptance.
6. Repeat the above as often as need be.
7. Gain Spiritual Strength by placing yourself in the Presence of The Teacher by attending Classes; Clinics; Meditation Of The Light Of The Most High; Meditation For Health And Well-Being and Satsang as Our Teacher is Present for nearly all these Events.
8. Fulfill your Purpose here by now requesting Initiation Into The Sound Current On The Path Of Soul Transcendence by either contacting the New York City Home Center at 212-828-0464; emailing info@spiritcentral.org or contacting any Regional Center.

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