



Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies **July/August/September 2026**

COVID-19 UPDATE

If you have taken public transportation within 72 hours or been on a plane or train within 5 days, a COVID test upon arrival is required to enter.

Masks are provided.

Home Center New York City

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cosmostree.org

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The Human Story

Dr. Lane's New Book!

Understand the Spiritual Evolution of Mankind!

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"How Much Does The 'Pearl Of Great Price' Cost?: A Participatory Satsang" (MP3 A344)

Dr. Lane began the April Satsang by saying "I want to Talk about The Pearl Of Great Price and start with a definition of It. It's an expression that ... has been used many, many, many years in terms of the Soul's Journey. ... It's something that costs a lot; you pay a big price for It.

Continued on page 3

"Competition: Needy? Needling? Necessary? - A Participatory Satsang" (MP3 A345)

Dr. Lane began by dedicating the May Satsang to His wife, Anna. "I want to dedicate This Satsang and, I don't know if I've ever done that before, but I want to dedicate It to Anna on her birthday with a lot of Appreciation and thanks and her Knowing that I couldn't do this without her and I wouldn't do it without her so Thanks, Anna."

Dr. Lane then began the May Satsang by saying, "I want to talk a little bit today about Competition. And, you know, I remember as a kid I was playing football. I was starting this game in the tenth grade and I was playing what's called nose tackle. It's right on the center opposite the offensive team's center. And the goal is ... for this particular assignment for this position, was to occupy as many of the offensive linemen as you could because the more you could occupy the less ... blockers ... would be available ... to protect the quarterback or help the runner get off a run or so.

"And I remember ... I was going against them and as I'm going against them I kind of instinctively reverted back into Myself and ... I had this realization I'm not going against them. I'm using whatever strength I have, whatever moves I have, etc., I'm using them to bring out the best in those and I was back centered in Myself and wow! That made quite a difference in how I played the game.

Continued on page 4

Weekend of Joy & Upliftment

September 17, 4 PM - Initiation Into The Sound Current On The Path Of Soul Transcendence

6:10 PM Meditation Of The Light Of The Most High

September 18, 10 AM - 5 PM - Selfless Service (Pack, Organize and Prepare to move to the new Home Center)

September 19, 2 PM - Seminary Graduation Day

Join for All or Some of These Special Events!

For details email admin@spiritcentral.org

Lifetime and Legacy Giving

We now have Lifetime and Legacy Giving in recognition of the importance and Joy of The Teachings and of CRASS.

If you wish to be of Service and partake of This Blessed and Joyful Opportunity please go to:

<http://www.spiritcentral.org/planned-giving.html>

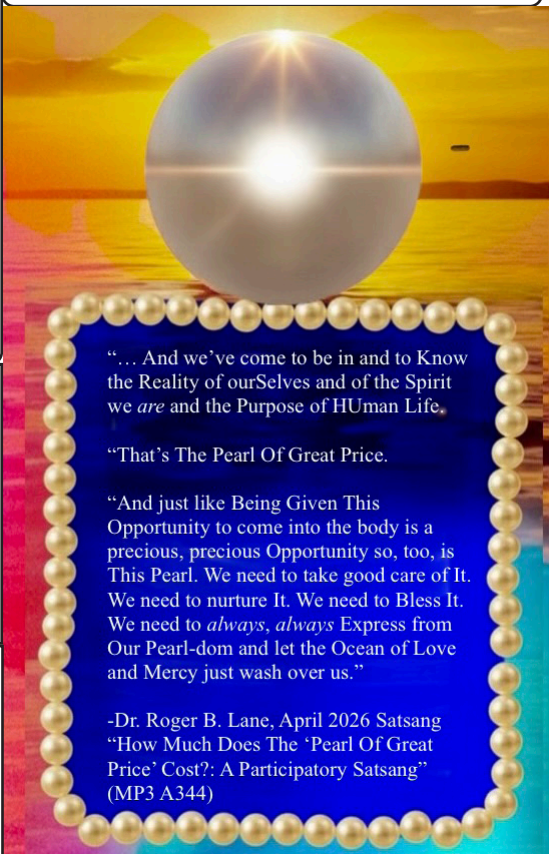
"What Are You Worrying About?: A Participatory Satsang" (A346)

Dr. Lane began the June Satsang by saying, "I want to talk a little bit about the Title of the Talk 'What Are You Worrying About?' It brings a smile to my face because right away I know I'm in trouble. And why am I in trouble? Well, for the grammarians amongst you I spoke very improperly. I actually ended a sentence with a preposition. So I'm violating something.

"We know from The Teachings Of The Path Of Soul Transcendence that worry is the handmaiden of doubt and what is doubt? But doubt, obviously, comes from the mind and what's it doing? Well, it's trying to be the guy in charge ... the part in your consciousness that's running the show ... So it's protecting itself against Spirit, against God, against The Master ... so doubt has to do with denying the Presence of God, of Spirit and we go into worry.

"So you may want to check yourSelves when you're into worry. Yeah, 'I'm afraid of this.' 'I'm afraid of that.' Well, yeah, so what? I'm afraid and ... We know when we give over our power to fear we're outside ourSelves and we've chosen into karma and we deny the reality of the situation. We can be afraid and we can be with the Spirit and as the Spirit we are.

Continued on page 5



"... And we've come to be in and to Know the Reality of ourSelves and of the Spirit we are and the Purpose of HUMAN Life,

"That's The Pearl Of Great Price.

"And just like Being Given This Opportunity to come into the body is a precious, precious Opportunity so, too, is This Pearl. We need to take good care of It. We need to nurture It. We need to Bless It. We need to *always, always* Express from Our Pearl-dom and let the Ocean of Love and Mercy just wash over us."

-Dr. Roger B. Lane, April 2026 Satsang
"How Much Does The 'Pearl Of Great Price' Cost?: A Participatory Satsang"
(MP3 A344)

Events Calendar

Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of
Dr. Lane's The Sound Current:
The Path of God-realization
(what we affectionately call
"The Blue Book")!

In this Booklet Dr. Lane explains the
Priceless Gift available to all. With
numerous historical references, this
little Book explains the Sound Current;
karma; the Law and the Way Home.

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NEW YORK

Meditation Of The Light Of The Most High

M 7:30pm; **W** (except 1st Wed. of the
month) & **Th** 6:10pm;
Sun 10:30am July 12; Aug. 9; Sept. 13
Sun 10:30am July 26; Aug. 30; Sept. 27
Special 2-hour Meditation

Morning Meditations: Initiates-only;
4-6am **M/T/W** Teleconference only.

Meditation For Health And Well-Being

East Side (Home Center):

Tues 8:45pm July 21; Aug. 18; Sept. 15

*Meditations are available via
teleconference

MEDITATIONS

Doors close five minutes prior to times
listed. Instruction provided.

NEW YORK

Brooklyn area: Please email

laramsaget@gmail.com for details.

PENNSYLVANIA

Philadelphia area: Every Thursday

6:30pm. Call 917-841-8817 for details.

TENNESSEE

Johnson City area: Every 2nd and 4th

Mon. 7pm. Call 423-975-6868 for details.

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OPEN HOURS

Opportunities to speak with Dr.
Lane and to experience personal
and Spiritual Growth and Lifting
into the "positive" energies. A
reservation is needed to call in.
Visit cosmostree.org, click on
Offerings then on Open Hour.
Reservations can be made up
to one week in advance.

Every Tuesday
7:30-8:30pm ET
Every Wednesday
4:30-5:30pm ET

Unless otherwise noted

VIDEO/DVD SHOWINGS

The 22-part Video/DVD Series
Understanding the Spirit You Are
is available for viewing and/or
purchase at all Centers and for
viewing on cable television stations
listed below:

NEW YORK

New York City:

Every Thurs. 6:30pm.

Spectrum - Channel 1997

RCN - Channel 84

Verizon (FIOS) - Channel 35

Brooklyn

Every Sat.- 4:30pm

Cablevision - Channel 68

Spectrum - Channel 35

RCN - Channel 83

Verizon - 43

WATCH ANYWHERE ON YOUR PHONE/TABLET/COMPUTER!

Every Thursday at 6:30 pm ET

Go to mnn.org, click "watch"; then
"watch live" and "Spirit/watch now"!

CENTER SHOWINGS/ DISCUSSIONS

Last Sun. of every month

1-2pm at NYC Center

Join Us For An Hour Of Spiritual Instruction!

**"Are You 'Just Getting Around
To It'? - Going In Circles?
Putting A Square Peg In A
Round Hole? Prioritizing
Yourself?: A Participatory
Satsang"**
(MP3 A347)
July 1, 2026
6:50pm ET

**"Have You Said 'Thank You'?:
A Participatory Satsang"**
(MP3 A348)
August 5, 2026
6:50pm ET

TBA
(MP3 A349)
September 2, 2026
6:50pm ET

Listen to Our Monthly Podcasts!!!

cosmostree.org
spiritcentral.org

**July 5: "Are You Lined Up Or
Are You Reading The Liner
Notes?: A Participatory
Satsang" (A183)**

**Aug. 5: "The Teacher's
Correction: 'Right' Vs.
'Wrong' Or Perfection? - A
Participatory Satsang" (A199)**

**Sept. 5: "The Guru And
The Beggar: A Participatory
Satsang" (A243)**

JOIN US FOR OUR SUNDAY EVENTS!

SUNDAY PROGRAM

July 12; August 9; September 13

Meditation Of The Light Of The Most High: 10:30 - 11:30am ET

Tools For Living Free Reading and Discussion: 12pm ET

July 12: **#178 Living The Guidelines - Part II**

Aug. 9: **#179 The Alpha And The Omega**

Sept. 13: **#180 "The Alpha And Omega Of Each Day": A How-To Manual**

July 26; August 30; September 27

Meditation Of The Light Of The Most High: 10:30am - 12:30pm ET

Video/DVD Showing and Discussion: 1pm ET

July 26: **V21 What Do We Do On The Path Of Soul Transcendence?**

Aug. 30: **V22 What Are You Doing For The Rest Of Your Life?: An Invitation**

Sept. 27: **V1 The Foundation For Understanding That You Are The Spirit**

THE TEACHINGS STUDY GROUP

July 12; August 9; September 13 | 3pm ET

Using articles featured in *SpiritCentral* of Satsangs Given by Dr. Lane

July 12: **"How Much Does The 'Pearl Of Great Price' Cost?:
A Participatory Satsang"**

Aug. 9: **"Competition: Needy? Needling? Necessary? - A Participatory
Satsang"**

Sept. 13: **"What Are You Worrying About?: A Participatory Satsang"**

Please read articles or watch Video/DVD prior to attending!

For details or to attend via teleconference

email info@cosmostree.org.

More details also on the Events page

included with this Issue of *SpiritCentral*.

Summer and Fall Semester

The "Bible" Of The Path Of Soul Transcendence (5 weeks)

Taught by Dr. Roger B. Lane

Wednesdays, August 19, 26, September 2, 9, 16 at 2:15 PM

Explore the Framework Of The Path Of Soul Transcendence.

Open to Initiates Only

.....

The Money Workbook Class (10 weeks)

Taught by Dr. Roger B. Lane

Wednesdays, September 30 - December 9 at 7:45 PM

(No Class Nov. 25. Class begins at 8:15 PM after Satsangs)

Discover True Abundance and More!

Open to All

Payment for "Bible" Class: \$62 and additional payments of \$31 for Meetings
2-4 or \$150 for series if paid in full when registered for Students enrolled in a
Degree Program of the Seminary or \$63/\$31.50/\$155 for all others.

For *The Money Workbook* Class: \$62 and additional payments of \$31 for
Meetings 2-10 or \$300 for series if paid in full when registered for Students
enrolled in a Degree Program of the Seminary or \$63/\$31.50/\$310 for
all others. All payments are nonrefundable and nontransferable. Please make
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For more information call Registrar, Amy Blank at 708-846-1031
or email info@spiritcentral.org.

"And it does seem that way, doesn't it? In terms of the world, in terms of what we strive for in this world, in terms of what we value in this world, etc.

"So I thought it'd be a nice idea to take a look at—and this is going to be a real Participatory Satsang—to really take a look at what we think we're paying for This. And also, eventually, we'll get to the other side of it in terms of The Pearl Of Great Price: Something that you're willing to pay a big, large amount for because It has value. It's Something honestly and truly worth It and then some and you can never pay enough for It.

"So let's start with a Process! I'll Call in the Light Of The Most High: 'Lord, God, send me Your Light! And we put this time together into Your Light for the Highest Good!' So ... within yourSelf just ask yourSelf 'what price are you paying for This? What is it costing you? What do you have to give up for This?' [Pause] 'What are you fighting to keep?' [Pause] I'll ask again. 'What are you fighting to keep?' [Pause] 'What are you fighting to keep?' [Pause] 'What are you fighting to keep?' [Pause] Alright. Now when you can bring your consciousness back here.

Our Teacher then invited us to share. The first Participant said, referring to "what do you have to give up" "... my negativity," followed by "what are you fighting to keep" "... a quote sense of security, not security but a sense of security." A second Participant shared: "lack, limitation and identifying with form" after which Our Teacher Responded, "so perceiving the world through, really, the ego by reflection and just buying into the values of the world ..." A Third shared: "giving up ... attachments and letting go of control" after which our Teacher asked, "and what are you fighting to keep?" The Participant responded, "keep control."

Our Teacher continued: "So you can see that The Pearl Of Great Price really has to do with It's a Great Price because what? Well, we're in the world and false ID demands that we be of the world so we keep the values going. We keep knowing by reflection. All things along the negative polarity like fear, hurt, pain, separation we love to have. Status, power, money, all that kind of stuff, we just love to have.

"It's kind of like the way a pearl is formed. It's usually like a little grain of sand that gets in there and it's an irritant and under pressure it grows and in the interaction with that biological entity produces this pearl. And don't we, coming from a lower self, love to swat away the irritant, what we perceive of as the irritant of Spirit, the Sound, the Soul Knowing Itself? It's going to get in the way of our life. It's going to get in the way of our agenda, etc. etc. And It's an irritant.

"But guess what eventually has to happen under what I call the pressure of the karma, the downward pull? Eventually there'll be enough of it, won't it? in terms of our incarnations that we produce The Pearl, The Pearl Of Great Price. We Come to Know ourSelves as Soul, as Spirit. We Enter into the Soul Realm, into the Place of What I'll call Eternal Rest. ... No longer subject to the pull of karma and reincarnation. And then we get the Opportunity to continue our Journey as a Consciousness through the Levels of Spirit and, yeah, the Dispensation now is that we can do it *while we're in the body* with the same Spiritual Teacher that we have.

"But if you take a look at this whole process, It's really a beautiful metaphor for the Spiritual Journey, isn't it? Because through our incarnations, our embodiments ... we get what? Eventually, we come to the point of Initiation (On The Path Of Soul Transcendence) and then going to our Completion as Soul, as Spirit. I think That's just fabulous. ... This 'little Thing' inside of us, this Soul, this Spirit That we regard ... as an irritation, something that gets in the way of our agenda ... and of our identity in this world, That grows, doesn't It? Becomes this Beautiful Thing of Great Value.

"And the value is ... what some of you were describing ... and, yeah, we have to let go of the negativity, obviously, because the

Spiritual Progression is all about that. That's not the focus, is it? That's not the focus.

"So we can focus on that thing growing in there that's an irritant ... or we can Focus on 'hey! within that, really, is The Pearl-dom, you know. It grows into What It *always* was and don't we as HUMAN beings "Grow" into That?' We grow into What we *always* were, Which was Soul, Which was Spirit. But not as bodies but in terms of the Consciousness that we have. ..."

"When we work things within our consciousness ... we all need to come from the simple truth of, yeah, I'm Soul, I'm Spirit and come from That and how It Manifests is how It will Manifest and it will be according to the level that you're working from and that's okay. ... So let me highly value the Spirit I *am*. Let me highly value Walking This Path because I know that, yeah, at the end of the road, so to speak ... in order for me to be Home I've got to give up all this negativity ... all this pain ... what the world sees me as ... let me stay at That. ... Let me stay at why I Value The Pearl. ..."

"Never mind ... all that I'll have to give up ... No. Let me gladly Surrender it and let me Value This Pearl. And What's The Pearl but the Soul That I *am*. Coming to Know mySelf; having those experiences; enJoying That; Knowing That; Learning That; having ... *direct* experiences with Soul, with Spirit, with the Lord, God as He manifests on the levels that I'm working at. Let me Joyfully inside mySelf do Simran and Dhyan *exactly* as Taught and let me follow The Teacher through the lower worlds. Let me be Committed to That.

"And then when I'm Home let me be Committed to ... taking on the Responsibility of—instead of following The Teacher—The Teacher stands by in Love and Support and as I work the lower levels, as it were, while simultaneously ... Traveling through the Unipolar Existence through those Twenty-Seven Levels with My Teacher, let me take on That Responsibility! Let me Value That and let me Value the Purpose of HUMAN Life!

"You know it's so easy ... to lose our focus ... You need to stay with the Inner Focus ..."

"And, really, this whole Pearl Of Great Price, It really boils down to one thing: To Knowing that we're Worthy. We *are* Worthy and That's What we *are*. We're Soul. We're Spirit. And all that other stuff is just false ID and nonsense ... We're created out of the Same Material as God. We're created out of the Sound Current. ... It's the Divine Oscillation. ... That's What we *are*. ..."

"And as Souls we Swim in the Ocean of Love and Mercy, don't we? ... And human beings are kind of funny. ... We work things backwards, don't we? So it's like 'no, let me hold onto the negativity! Let me hurt mySelf! Let me continue to feel pain! ... Let me continue to sabotage mySelf! Let me continue to practice false ID' rather than be in the Glory of Swimming in God's Ocean of Love and Mercy!

"But when we Know and we Understand the Value of This Whole Experience, It's The Pearl Of Great Price not because of all the stuff we had to give up but because of What we *are* and we Value that all the stuff that we gave up wasn't real and that we Allowed it to stand in the way of our Knowing ourSelf. It was all illusion. And we've come to be in and to Know the Reality of ourSelves and of the Spirit we *are* and the Purpose of HUMAN Life.

"That's The Pearl Of Great Price.

"And just like Being Given This Opportunity to come into the body is a precious, precious Opportunity so, too, is This Pearl. We need to take good care of It. We need to nurture It. We need to Bless It. We need to *always, always* Express from Our Pearl-dom and let the Ocean of Love and Mercy just wash over us.

"Real simple!

"We'll stop with That."

Dr. Lane then Led us in an Enlightening Question-and-Answer Session during Which we were Given more Upliftment and Learning.

"And I remember a couple of times deliberately reverting to the old way of 'OK. I'm going against them' and I really didn't have as much power as I did when I stayed within Myself. ... And then it was really even more fascinating when I started playing both offense and defense and instead of going against them on offense and stopping them, when I stayed within Myself then I had more power, more strength. You know, I might even have been a little bit quicker ... when I kept it within Myself and I was just using this team and this exercise to be better in this particular arena. ..."

"And I ... started to wonder is there a way we can do this without having a quote opponent? As we go about living life ... we always want to outshine ... Sports, obviously, is the perfect magnet for that. You know, it's this team versus the other team, versus your opponent, etc. ... What's the value behind being so supercompetitive? And then I realized it's all based on limitation, that there wasn't enough, etc., etc. so you had to go 'against' in order to get some ... you know, 'eat or be eaten', that kind of thing. ... There's plenty for everyone. There's enough. We're Supplied. And we're Spirit.

"I also remember during one play that I had the experience of, really, that the guy opposite, that he was really contained within My Soul ... It's That we were all One. So then how can I go against this person? It made no sense. And the only sense I can make of it was that this was a value that society really loved because it was blind, it didn't know The Truth.

"So when I had this experience of hey! how can I go against this guy and I had the experience while the play was on, It confirmed my dropping back into Myself and that whatever I did to this guy I did to Me. It made no sense. It wasn't a contest. It was a lose-lose situation.

"And I found so many of us in this thing called life—we're supercompetitive. We're always going against someone. If we feel someone's ahead of us, 'oh, my gosh! we got to do something to bring them down' or 'we got to get ahead of them'. ... It's never 'I'm doing the best I can'.

"That old analogy I use of a swim meet. ... we're going to beat the other swimmers instead of 'ah! hold on! let's use the other swimmers to bring out the best in me' and then, eventually, it's I don't even need the other swimmers to do that. I'm going to instinctively do my best. ..."

"Everybody's in this thing called life together and when we're Walking This Path Of Soul Transcendence so many of us have It mocked up incorrectly. '... Here's this goal called God' ... it's something out there and I'm going to do x, y, z to get there.

"In reality, it's just the opposite. You don't have to get anywhere. It's *already* in you. All you have to do is Allow. ... We just have to Allow.

"And we have to Allow ourSelves to be Who and What we always *are*, Which is The Sound, Which is Spirit, Which is Soul, Which is God.

"It's real simple and yet we're so trained, as it were, to power our way. And we know from The Teachings That the Power's in Surrender and many of us, in our ego-based ways of working things, equate Surrender with well, you lost the war. ... But Surrender is just the opposite. It's the Attunement. It's the At-One-ment. And What are you Surrendering to? Well, The Teachings Teach us that God lives in us as us. So we're Surrendering to God. Oh! Is That Where the Power is? Yeah.

"And so many of us want to quote make things happen and as soon as we do that we're outside ourSelves. Just like in that football game I realized that if I was going to go against the opponent ... I was outside Myself. I was giving up My Power.

"But many of us want to make things happen. So we have this goal. We place it outside ourSelves instead of Allowing ourSelves to be Moved to it by Spirit in the Fulfillment of ourSelves. ..."

"We want to conquer ... to master this subject but that's not the right way to Learn, is it?

"There's an interesting experiment done on kids' learning a foreign language. And they broke them into two groups. One group was taught traditionally: the rules, the grammar, the vocabulary, etc., etc. The second group was just exposed to hearing it, hearing it spoken. They had no quote formal lessons ... and guess who mastered the language? ... The latter group because by exposing them they were able to see patterns ... master phrases ... to understand grammar rules, etc., etc. ..."

"And isn't that what we need to do? We need to just Allow ourSelves to relax, expose ourSelves to the Spirit That we *are* and Allow ourSelves to be Upvibrated ... as opposed to ... I have to get from here to there so let me be focused on the destination.

"But that's not The Teachings, is it? The Teachings Teach us That since you have the Christed Consciousness in you you *already* have the Alpha and

the Omega. You're the Alpha and the Omega. So, if you're the Beginning and the End, you are the Destination, aren't you? You're the Destination. Where're you going? Where are you going?

"So our whole approach needs to be different. We Surrender to ourSelves. We Allow ourSelves—like the layers of an onion—to be peeled off. The karma that sits upon us, we don't have to do anything about it, do we? All we need to do is Focus on the Spirit we *are*, go in the Soul Body, Ride the Sound Current. God in His Grace does the Work, Takes the karma.

"We need to stay *within*, be mindful of 'hey! am I in Attunement with the Spirit I *am* or am I choosing into muddy waters ... of karma?' And we're always at Choice. ..."

"Many of us walk around needy. We have to fill this. We have to fill this. We have to fill this. But we're not needy. How can we be needy when God Lives in us as us. And we have all that we need for the moment that we're at. We have everything we need right now. ..."

"So at *each moment* we're Full and we're Supplied. And if you live with That what are you competing for? What's the prize, huh? What's the prize?

"You know, it reminded me of my best friend and me. We decided as a goof it might be fun to go to our twenty-fifth high school reunion so we went ... and what was everybody talking about? Basically, learning how to live this life, you know. So everybody's walking around kind of scratching their head. What the hell was I competing for? ... What was I trying to get? What was the prize? ... It's the old Peggy Lee song, 'Is That All There is? Is That All There Is?' Yeah, wasn't much to it. And everybody was sort of in the same predicament. We really didn't learn what we needed to learn. You know, we got into the best schools ... whatever ... but we didn't learn what we really needed to. We never really learned to Let Go. We never learned to Trust. We never learned anything but an exaggerated picture of this competitive society. Didn't work. At least the good thing was we all knew it didn't work.

"So when we work things Spiritually, the Nature is to be in Attunement, in Alignment, in Oneness. When we find ourSelves in our thoughts and our emotions, going against someone or a situation we need to immediately retreat from, let go of that, move inside ourSelves and even send the person that we were busily engaged with or the situation, send them The Light [Of The Most High]. Thank them. Because if you're paying attention, they're showing you something. ... Bless that person or that situation. They're showing you something. It's there for your Upliftment. It's being brought to you so you can Lift and Grow.

"You don't have to be perfect in this world. Matter of fact, there's no perfection in this world. ... How can there be perfection on the levels where there's karma? Doesn't make any sense.

"But what you want to do is go for excellence. And excellence means, yeah, you're going to make mistakes; you're going to screw up; you're going to misjudge things. That's not the point. The point is that you're Allowing The Light in you to go forth. You're Allowing yourSelf to go to Fulfillment and fulfill that particular level. And we're all Localized Expressions of God. So if someone's expressing a certain way and you don't like it it's not for you to judge, is it?

"And we know we're all One, don't we? So if you're going to go against quote the other you're going against yourSelf. Why do that to yourSelf? ... separation we know causes pain, causes real pain.

"So we need to move *inside* ourSelves and outside ourSelves obviously, too, as a society to one of cooperation. And, you know, it's something I call the civil war: basic selves versus the Spirit that you *are*. Kind of competes against each other. The mind loves to attempt to reestablish its hegemony, loves to be in charge ... but all those battles are for naught ... because all that stuff's already been taken care of through the Christed Consciousness.

"So if we go into Proper ID, guess what? I'm Spirit. I'm Soul. I'm the Fulfillment of the Divine Blueprint. We go into the Christed Consciousness That we're all One in Spirit, there's no one or nothing to compete against, is there? ... the setup is for us to Lift and Grow. We need to stay *within* ourSelves. That's Where the Power is. The Power's in Surrender to the Spirit we *are*. And we need to be in Alignment with That.

"So pay attention to thoughts and feelings that go against anything or anyone. There's a big difference, 'oh! that's wrong' ... 'that guy's wrong' ... 'they're wrong' ... and standing up *within* your own Integrity, *within* your own correctness of the situation. ..."

"And if we do That, boy! we'll have so much more energy ... and use it Lovingly and Caringly and Neutrally to be here on this planet as a Living God.

"Real simple."

"And we'll stop with That."

"But it's all up to you. See, this is where you're so important that this doesn't happen without you and it has to do with your Choice. What are you choosing into? ... the fear, the karma, the panic or are you Choosing into Knowing That God is Present and also Knowing something That's obviously very obvious but it's not if you choose into karma and That is you're not your situation. ..."

"And the world will say it's something you're going through. But I prefer to look at it ... Spiritually. It's moving through you. It's going through you. It's coming up to be Cleared and you are to get your Learning from That. You are to get your Learning from That.

"So It really is a Sacred Blessed Event, isn't It? An Opportunity for you to Let Go, for you to be free of your attachments, to be free of your insistences. And to be Present.

"You're not going to control the situation because, obviously, the situation was brought to you. If you're not an Initiated Soul, it's part of your karma and if you are, it's brought to you by The Master for Your Growth and Upliftment. ... You don't have to like it ... but you need to be Neutral about it and love yourself while you're going through it or as it's going through you.

"Yeah, but I can't wait 'til it's over' ... So? You need to Know also that it's being worked for your Highest Good and karma's over when it's over. Otherwise, you're attaching to it and you're identified with the situation rather than the Spirit you are. ..."

"If you find yourself constantly worrying or upset or fearful then that's a sure sign that you're practicing improper identification. You're identified with the situation. You're identified with who you are in the body. 'Yeah, but I'm so worried about money! I'm going to lose my job!' ... Well, thank God! Maybe that's a good thing. Maybe I can give up my attachment to the job, give up my attachment to thinking the job is the source of my supply and that I need the job. Let me go back into my power, see the skills and abilities that I have and what I can bring that company or whatever it is that needs me! Or I have the abilities to do it on my own. I don't need the company. So It's That Opportunity.

"But if you choose into fear and you're choosing into negativity and you're choosing into karma ... you're choosing to block the Flow of Spirit. ..."

"And if you take the story of Passover ... there's ... an Inner Meaning to it and that has to do with being slaves in Egypt unto the Pharaoh. Egyptland is the planet, is fate karma and we can enslave ourselves here and there is a Way To Be Free. We need to go through the desert, as it were ... which, of course, is the karma. ... we need to allow the defeat—through Grace—of karma, of our attachments and then we come to the Promised Land ... the Spirit *inside* of us, the Soul, and we receive the Ten Commandments, as it were. We receive the Law ... the Guidelines for the Spiritual Process.

"But what happens many times is—just like in the Passover story and the story of Moses receiving the Ten Commandments—what happens? They got impatient, didn't they? And they give their jewelry—actually it's mostly men—they give their jewelry over and it's made into the golden calf. And we're told 'hey! thou shall have no other gods before me'. That's the First Commandment, Which has to do with idolatry. And, of course, the golden calf is an idol and they worship a false idol and that's what we do in our consciousness when we place fear, hurt, doubt and make that more important than God, than Spirit. ..."

"So we need to keep our consciousness at God, always Returning, Returning, Returning, Returning. We have the Resurrection Process, don't we, of Easter, Demonstrated by Easter, that we're crucified by our ego, as it were, all the things with which we're identified: oh, the situation, the job, the status, how much money I have, etc., etc., etc. ..."

"I never saw anybody Established in Eternal Life based on any of their ego concerns, based on how much money they have ... their status ... their power in the world ..."

"And we know that the Journey Of A Soul is from fear of God to Love of God but we also need to Practice Proper ID and we need to Practice Proper Location. ... It's all about Location, Location, Location and we need to locate God *within*. ... within ourselves completely.

"But it's not some guy with a white beard or anything sitting there passing judgments. It's the Divine Oscillation. It's the Frequency. It's the Monad That's *within* us. We *are* That. 'In the Beginning was the word, the word was with God'. The Word is the Sound Current or the Holy Spirit. We're made of That and That's *within* us.

"So think about it. You're sitting in fear ... in lack ... many times the indulgence is so much I'm amazed that you allow yourself to persevere in that. But if God's *inside* of you then What are you Surrendering to but yourself, the Spirit that you *are*?

"But we as a consciousness we're so trained in looking outside ourselves ... get the answer; solve it; we're going to solve this. And the only reason we need to quote solve it is we'll feel better ... because we think, 'Well, that's it! I solved it!' But that's not the Nature of Reality. There's nothing to be solved. ... So you're always out there trying to solve something or trying to make something happen or trying to rein someone in ..."

"And one of the hardest things for Me to see because of all the pain that it creates is people who Co-Create with God, with Spirit and then run their own agenda and refuse to Trust and don't recognize that the basic self—it's just basically 'I want what I want when I want it' ... acts like a baby. But a baby hasn't yet developed or expressed from a conscious self to moderate that, to play the traffic cop. But we as adults ... that's our responsibility. ... So many people I'm working with, 'I'm afraid!' 'I'm afraid!' ... and so what? ... You're afraid *and* dot, dot, dot, dot, dot, dot. Focus is to Know yourself as Soul, as Spirit.

"The purpose of all this negativity is as a springboard so that you can take the negativity and make a Conscious Choice to go to Spirit *inside* of us.

"God gave us something very, very, very special when He created us. He gave us Choice. He gave us volition. We have Free Choice. ... if we don't like the situation we're in, etc., what you really need to do is Practice the First Law of Spirit, Which is Acceptance. You need to Accept it. You need to be Neutral towards it and then, if you want to do something about it outwardly, you need to be Neutral towards what's happening and towards what you want. Put it into the Light [Of The Most High] for the Highest Good, Co-Create with God and let God decide what's for the Highest Good. It's not your decision. ..."

"And just like at the beginning of the Satsang I violated a basic rule of grammar, we're violating ourselves when we insist on what it is we want; when we don't Let Go; when we're not Trusting, etc. Yeah, does It take practice? I'll be the first one to tell you, 'yes, It does.' Does It take Commitment? Yes, It does. But we also know—as was mentioned in a recent Satsang—that we need to Participate in Life Neutrally and from a Caring place and from a Sharing place. ..."

"When we get into worry and we get into doubt, we forget that Spirit's operating and then we've precluded ourselves from Grace. You know, The Path that I Bring Forward: It's a Path of Grace. It's a Path of Grace. ..."

"And one other thing that I'm moved to say: many of us we want to get the answers inside ... if it's what we want to hear. But a lot of us want to get the answers outside ... and then if we get the answer we like we make a translation. 'Oh! this is good!' ... But that's not the Training. The Training ... on Walking This Path is all about going *inside*, Knowing That, regardless of the situation, you're okay because Spirit *is* there. God is *entirely* Present.

"So if That Divine Oscillation is just Oscillating and Vibrating there and It's running The Show, if I were worrying I would worry about what am I worrying about? And I would use that to Lift into Trust, Knowing and enJoying The Magic Show because it all is a Magic Show.

"But if you're a slobbering mess into your fear and into your negativity and into your insistence you're going to miss out on The Show.

"The Real Secret of This Show—I'm not sure I should reveal it now but I will—is That The Show is put on for you individually.

"And we'll stop with That."

Dr. Lane then Led us in an Enlightening Question-and-Answer Session during Which we received even more Growth and Upliftment.