



Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies **July/August/September 2025**

COVID-19 UPDATE The Home Center is OPEN!

Proof of vaccination within two years or proof of a negative COVID test within 24 hours or, if have taken public transportation within 72 hours, a COVID test upon arrival is required to enter. Masks required and provided.

Home Center New York City

Mail:

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Advanced Spiritual Studies

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Web sites:

spiritcentral.org
cosmostree.org

email: info@cosmostree.org

WATCH IT LIVE ON YOUR PHONE/TABLET/COMPUTER!

The Series Of Spiritual Learning
Understanding The Spirit You Are!

Given by Dr. Roger B. Lane
Every Thursday at 6:30 pm ET
Go to mnn.org, click "watch"
on navigation bar,
then "watch live" and then
"Spirit/watch now"!

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"What's The 'Big Deal'?: Spiel? Payoff? Next Step? – A Participatory Satsang"

(MP3 A332)

Dr. Lane began the April Satsang by saying, "I want to talk a little bit tonight about ... these 'big deals' we make inside of ourSelves and they tend to be emotionally charged. You know, when I would be driving with my wife ... anybody who would sort of like cut me off ... I'd really lean on the horn or say a few choice words ... and then my much better half would say, 'why are you giving them your good energy?' Whoa! ... Words of wisdom. That was a good question.

"So I began to be aware of when I was doing that and to really stop that pattern. ... basically, I don't have that response anymore.

Continued on page 3

"More On Application: A Participatory Satsang"

(MP3 A333)

Dr. Lane began the May Satsang by saying, "... What I want to do is I want to just amplify a little bit more about Application from the previous Talk. And, obviously, I'll include some of that because some of you were not here then.

"I remember we were in the ninth grade and we were reading The Autobiography of Lincoln Steffens. And the first sentence was 'I am a remarkable child.' And the teacher went around asking us, 'what did you think of that?' And we all said, 'boy! what a conceited son of a gun. How could he start a book, his own autobiography, by saying how great he was?' And we all were in agreement. ... And then he introduced this lovely concept of the writer as someone who plays with words. And what the writer had simply done was state the obvious. He was 'a remarkable child' meaning that this child had been remarked upon, which, of course, the writer just did. He said he was 'remarkable' ..."

"I still remember it. ... And I always kind of take that incident to the next step inside Myself by asking Myself 'yeah, but what did I do with that Learning? How did I Apply that simple Learning?' And I realized that on some level, conscious or not, I had used what I had Learned either *Directly* by playing with words in writing or by just enjoying playing with words in conversation, etc. etc. ..."

"The other thing that struck me is ... I Learned, also, that hey! we need to give up what we think is so. We have to have the Humility to know that what we hold to be true might not be

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"Are You Being A Spiritual Warrior?: A Worrier? A Farrier? A Nothing-Doer? – A Participatory Satsang"

(MP3 A334)

Dr. Lane began the June Satsang by saying, "I want to talk a little bit about being a Spiritual Warrior and What That means and how to be a Spiritual Warrior.

"And we have the image: a warrior is full of courage, full of strength, unafraid. And all of those qualities do apply; however, they are used very, very differently. ..."

"A Spiritual Warrior doesn't engage in war against the enemy. And why is that? Well, for the simple reason that this world or people or situations are not their enemies; rather they're just the opposite. They're Blessings. They're

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"And there's a Way to Know God *directly*. That God Extends Himself through Himself, through all the Realms in the Inner Worlds in our consciousness and makes Himself available. And through the Process of Initiation Into the Holy Spirit or The Sound Current we can come to Know ourSelves as Soul, as Spirit. So think of this, God Loves us so much that He's Given us a Way to Return to Him. ..."

- Dr. Roger B Lane, May 2025 Satsang "More On Application: A Participatory Satsang" (MP3 A333)

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By Dr. Roger B. Lane

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Events Calendar

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NEW YORK

Meditation Of The Light Of The Most High

M 7:30 pm; **W** (except 1st Wed. of the
month) & **Th** 6:10 pm;

Sun 10:30am July 13; Aug. 10; Sept. 14

Sun 10:30am July 27; Aug. 31; Sept. 28

Special 2-hour Meditation

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Tues 8:45pm July 15; Aug. 19; Sept. 16

*Meditations are available via
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MEDITATIONS

Doors close five minutes prior to times
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pm; Meditation Of The Light Of The Most
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OPEN HOURS

Opportunities to speak with Dr.
Lane and to experience personal and
Spiritual Growth and Lifting into the
"positive" energies. A reservation is
needed to call in.

Visit cosmostree.org, click on
Offerings then on Open Hour.
Reservations can be made up to one
week in advance.

Every Tuesday

7:30-8:30 pm ET

Every Wednesday

4:30-5:30 pm ET

Unless otherwise noted

VIDEO/DVD SHOWINGS

The 22-part VIDEO Series

"Understanding the Spirit You Are"

*is available for viewing or purchase
at all Centers and for viewing on
cable television stations listed below:*

NEW YORK

New York City

Every Thurs. 6:30 pm ET

Spectrum - Channel 1997

RCN - Channel 84

Verizon (FIOS) - Channel 35

Brooklyn

Every Sat. - 4:30 pm

Cablevision - Channel 68

Spectrum - Channel 35

RCN - Channel 83

Verizon - 43

To watch online go to
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click "watch" on navigation bar,
then "watch live" and then
"Spirit/watch now"!

SHOWINGS & DISCUSSIONS

Last Sun. of every month

1-2 pm at NYC Center

Join Us For An Hour Of Spiritual Instruction!

**"What Have You Left
Hanging?: Your Hang-Ups?
Your Laundry? Yourself? -
A Participatory Satsang"**

(MP3 A335)

July 2, 2025

6:50 pm ET

**"The Paradox Of The Finish
Line: A Participatory Satsang"**

(MP3 A336)

August 6, 2025

6:50 pm ET

TBA

(MP3 A337)

September 3, 2025

6:50 pm ET

**Satsangs
by Dr. Roger B. Lane**

Available at All Centers

Listen to Our Monthly Podcasts!!!

cosmostree.org
spiritcentral.org

**July 5: "What Does The
'Future' Hold?: A Participatory
Satsang"**
(MP3 A179)

**Aug. 5: "Are You Living In 3-D?:
A Participatory Satsang"**
(MP3 A170)

**Sept. 5: "Why Am I Soooo
Alone, God? Oh, That's Why?:
A Participatory Satsang"**
(MP3 A194)

JOIN US FOR OUR SUNDAY EVENTS!

SUNDAY PROGRAM

July 13; Aug. 10; Sept. 14

Meditation Of The Light Of The Most High: 10:30 - 11:30 am ET

Tools For Living Free Reading and Discussion: 12 pm ET

July 13: **#116 There's No Freedom Without God**

Aug. 10: **#117 Coming To Know Your Self As Spirit**

Sept. 14: **#119 Being In Agreement With The Agreement**

July 27; Aug. 31; Sept. 28

Meditation Of The Light Of The Most High: 10:30 am - 12:30 pm ET

Video/DVD Showing and Discussion: 1 pm ET

July 27: **V9 How To Sacrifice "The Sacrifice"**

Aug. 31: **V10 The Ego's Revenge: False Pride**

Sept. 28: **V11 The Only Real Question**

THE TEACHINGS STUDY GROUP

July 13; Aug. 10; Sept. 14 | 3 pm ET

Using articles featured in *SpiritCentral* of Satsangs Given by Dr. Lane

July 13: **"What's The 'Big Deal'? Spiel? Payoff? Next Step? -
A Participatory Satsang"**

Aug. 10: **"More On Application: A Participatory Satsang"**

Sept. 14: **"Are You Being A Spiritual Warrior?: A Worrier? A Farrier?
A Nothing-Doer? - A Participatory Satsang"**

Please read articles or watch Video/DVD prior to attending!

For details or to attend via teleconference email info@cosmostree.org.

More details on the Events page included in this Issue of *SpiritCentral*.

Summer and Fall Semesters 2025

Living in Grace

**5 Meetings, Wednesdays, July 16 - August 20
(No Meeting July 30)**

Everyday Evolution 1

10 weeks, Wednesdays, September 17 - November 19

**All Clinic Meetings and Classes are 7:45-9:15pm
(except 1st Wednesday of the month when Class begins 8:15pm)**

Given by Dr. Roger B. Lane

For details email info@cosmostree.org.

More details also on the Events page
included with this Issue of *SpiritCentral*.

"And so it isn't what the response is, per se, it's the amount of charge that you have emotionally with it or the quality of drivenness. 'Oh, yes! I have to be a big-time x, y and z.' 'Oh, yeah, this has to happen.' 'Oh, yes, I have to make a lot of money.' ... And you're driven. And all that means is that the karma's upon you. ..."

"And we need to recognize that. We need to recognize when we feel driven rather than Neutral about something ... that drivenness is a sign that the karma's upon us and we're pushed 'down' and 'out', as it were, into the world and from that point of view we're just going to do an endless cycle of creating karma and we're going to be at the effect of it ... of what we put in motion.

"So we're really victimizing ourselves and we forget that we are the creator, that we created all that.

"And when we sit in What the world calls Meditation ... —we call It Simran and Dhyān—when we sit in Simran and Dhyān on This Path [Of Soul Transcendence] we do the opposite. Rather than go 'down' and 'out' we go 'in' and 'up' into the Soul Body and into the Spirit that we *are*.

"And when I say 'up' I'm not talking directionally. I'm talking Vibrationally. We Upvibrate to the Spirit we *are* and we Receive from There.

"But even if we're not an Initiate ... we can still inside ourselves ... choose other than to be driven, other than to go with all that ... emotionally charged stuff ... even if we don't know what's going to take its place.

"So, for example, when my wife said 'why are you giving them your good energy?', well, every time that ... would come up for Me I would actually ask myself that question and I chose other than that.

"So we have choice even if we don't know what's going to take its place. We have choice.

"But we don't focus on karma. We Focus on Knowing yourself as Soul, as Spirit. And isn't That the Next Step?

"And many of us have made 'big deals' out of what we want to do in this life ... achieve ... accomplish. ... And we define ourselves by that. ..."

"When we make 'big deals' out of something and we've identified with it, we lose either way. If it's fulfilled then who are we and if it's not ... we end up angry, hurt, frustrated, etc. So you can see the importance of Neutrality, of being Neutral and of having preferences. 'Yeah, this has to happen and then I'll be an okay person' instead of 'yeah, that's my preference ... I'm still okay. God still lives in me as me. I'm still Loved. I'm still cared about,' etc.

"And many of us—when I sort of looked at the bottom line of a lot of this—has a lot to do with Allowing. 'OK. I'm not going to curse out, I'm not going to honk at drivers who come too close to my car. I'll give all that up.' But what takes it place? Well, I need to Allow. I need to Trust. I need to Allow. ... I'll put it into the Light [Of The Most High], Allow the Spirit to come in and to Work. Many of us don't Trust and we don't Allow and so we hang on to all these negative patterns and all this karma... that don't serve us. ..."

"What's the payoff? What are you looking to get out of it?... 'Oh, this person did me dirt.' ... There's a payoff in that. There's a payoff in being a victim, pretending we're a victim. As long as we feel anger or the hurt ... we're not going to move into the Solution.

"The Solution, the Solutio is always God, Spirit That you *are*. It's *within* you. ..."

"We're HUMans. HU—That's the First Manifestation of God. So we're outcroppings of the Inner Worlds. We're Manifestations of the Lord, God and we carry That and we have that Responsibility.

..."

"We need to take a look inside ourselves. 'OK, why am I making a "big deal"? How can I let it go?' And we have Tools for that. You have Release Processes, Self-Talk ... so many Things. And you Allow your consciousness to be moved to God, to Spirit. ..."

"A lot of us tend to be either fickle or, in the sense of 'yeah, it's OK to do this this time ... I can act that way and not be accountable,' ... we like to play amnesia. We like to play ignorance. But that doesn't work and we're still Accountable and we're still Responsible. ..."

"Because of how the consciousness works ... unless we have the courage ... to live out the Truth of Our Being, to live *actively* as an Initiate, we're going to tend to operate very materialistically so what we see is what we get and we're going to base things on appearances. ... and we're going to respond that way so we respond out of hurt, fear, pain, etc.

"And ... *and* if we're true to the Spirit we *are* and Living In Integrity, well, then we Live As Spirit. And we Manifest the Infinite in the finite and That's our Point of View and from That Point of View we can handle anything. We have exactly what we need. We are Sourced. We are Supplied.

"So 'what's the "big deal"?"

"If we're paying attention to what we're making a 'big deal' we have our Next Step. It may be to Learn how to handle our emotions; our hurt; our anger. It may be to be Present; it may be to Learn how to listen to people when they speak to you; it may be to drop your agenda and do things Neutrally; it may be to give up your striving; it may be to move into Trust; it may be to Allow; it may be you need to Receive.

"We all need to be Open to the Next Step. ..."

"And even the 'big deals' and the things we're making, those are all Given to us by God ... as an Opportunity to Learn ... people who have done me what I think is dirt ... there was something in it for Me ..."

"So everything is grist for the mill ... to Lift, to Grow ... 'this is my Next Step'.

"So I'd like for you just to get quiet. I'm going to Call In The Light [Of The Most High] and I'm going to ask a question a couple of times. Just let what comes come! 'Lord, God, send us Your Light and we put this time together into Your Light for the Highest Good.' [Pause] I'm just going to ask you a question. Whatever comes, comes. There's no right; there's no wrong. What are you making a 'big deal' out of? [Pause] What are you making a 'big deal' out of? [Pause] What are you making a 'big deal' out of? [Pause] Now, for all of them, give yourself the Solution. Allow the Spirit you *are* to Bring Forth the Solution for you for the Highest Good. [Pause] Now, when you can, bring your consciousness back here.

"We'll stop with that."

Dr. Lane Led us in an Enlightening Question-and-Answer Session during Which Our Teacher further Educated us: "The antidote to all this—the victimhood—is we're Responsible ... We can't choose into the Spirit we *are* if we're insisting on blaming ... and being a victim of circumstance ... we're creators ... why not create positively?

"Real simple!"

true and we need to just take in the Learning.

"And it's without judgment. I couldn't have judged me or anybody else in that class for not seeing what the writer was doing. ..."

"So the Learning was very, very Neutral and the Application of It was very, very Neutral. ... It was all part of My Process and I had to be Neutral. So the Application is One of Neutrality; One of non-judgmental. ..."

"What's important ... was hey! Learn something! We Learned something and I went and I Applied it. Pretty neat! ..."

"What we need to do when we Walk a Spiritual Path or in life in general is be Neutral, lay off the judgments. ... And so many of us we go, 'Oh, I should have known this' ... But why should you have? ... Those are the Opportunities to Lift and Grow.

"And Our Focus on This Path [Of Soul Transcendence] That I'm Blessed to Bring Forth ... It's simply Love. Loving God. And we need to Love ourSelves as we're Loved by God ... And we're Loved Unconditionally. Unconditionally.

"You all know the story about the Good Samaritan but there's a real context for It. ... the main temple was in Jerusalem and other people in the Jewish religion—they set up temples in other areas and they were regarded as less than. The Christ, Jesus said 'uh-uh'. The Jerusalem temple stood at the apex and He was saying 'not at all. We're all Equal'.

"And that external reality is a reflection of what He Knew to be True inside ourSelves, that we're Equal. ..."

"What does This mean 'to be Equal'? ... But It's inside that we're Equal in that we all *are* Souls. 'In the beginning was the Word and the Word was with God'. The Word is just another name for The Sound Current or the Holy Spirit.

"So when The Christ, Jesus said ... 'I am the Word made manifest', He's talking about that He *is* the Holy Spirit. He *is* The Sound Current. ..."

"Nothing to do with religion. He didn't come here to find a religion. He came here to Bring in the next stage in consciousness and the Consciousness is What? It's now the Christed Consciousness, Which means that your will and God's Will are One and The Same. ..."

"Before The Christ came Souls were, at best, going to go into what's called 'limbo-land'. And then when The Christed Consciousness comes and then is Given to all Souls then Souls had the Opportunity to Enter into the Inner Worlds at What's called the Soul Realm or Eternal Life. ..."

"And there's a Way to Know God *Directly*. That God Extends Himself through Himself, through all the Realms in the Inner Worlds in our consciousness and makes Himself available. And through the Process Of Initiation Into the Holy Spirit or The Sound Current we can come to Know ourSelves as Soul, as Spirit. So think of this: God Loves us so much that He's Given us a Way to Return to Him. ..."

"God's Love is so Grand and so Magnificent and so Unconditioned that He still provides a Way Back ... and It's through the Holy Spirit, through The Sound Current. ..."

"And, yet, here we are with our insinuations, judging ourSelves as not good enough, not worthy, etc. When we take a closer look at it what do we see? Well, we see it's all about fear, isn't it? I'm afraid that I *am* Spirit. I'm afraid that I *am* Responsible. Because, you know, as was told, you're Responsible whether or not you know the law. Ignorance of the law is no excuse. ... So you can ignore it to your heart's content but we're still Responsible.

"So we *are* Responsible for Our Learning and we need to Apply it. ... It's about the Commitment That each Soul really is charged with of Upliftment and Returning on Home ..."

"So we need to Apply things Neutrally and we need to be Loving towards ourSelves, give ourSelves time to Learn, give

ourSelves time to Understand. ... 'I'm just real careful not to mock it up as "Oh, I got it". ... I got the Understanding based on where I'm at now. ... And I eagerly await My increase in Understanding so I can incorporate more of That and more and more and more. ..."

"You have to *Lovingly* give yourSelf the time and the Opportunity. ..."

"Every thought, every feeling that we have ... is going to get lodged somewhere. ... we become karmically responsible for that. Those are our creations. ... And they go with us as a Soul from body to body to body. ..."

"We need to be really disciplined. ... Not disciplined with a whip. ... It's *Loving* Discipline. And Discipline means being a Disciple of The Christ.

"Remember The Christ, Jesus said He didn't come here to make you feel comfortable. ... What He cared about was your Growth and Upliftment.

"And, eventually, moving into an Understanding that 'hey! It's all Love. That's all there is. That's the Only Reality there is.' ..."

"The best we can do for anyone and for creation is to go ahead with our Spiritual Progression. That's the best we can do for anybody. Period. ..."

"And we need also be in Alignment with our values. What do we value? ..."

"And so when we Apply ... doesn't necessarily mean we have to Apply It out here, things in the world, but internally to our Understanding, to our Growth, to our creation of Inner Peace. And we need to do That consistently, *Lovingly* and in a very caring and nurturing way.

"Because that's Our Responsibility and we need to Apply God's Love for us ... into how we treat ourSelves. We need to treat ourSelves accordingly.

"And there's one other element to this ... we really need to be conscious. We can't just do things habitually. We can't just do it half asleep ... We need to Apply things *consciously*.

"Of course, if we're doing things habitually then we're just choosing into negativity ... into karma. ... Even if we don't know what's going to take its place we need to choose other than anything along the negativity polarity. ... We need to have the courage even if we don't know what's going to take its place to drop all that stuff and just be with whatever takes its place.

"We need to do this very *consciously* and very deliberately.

"And we know that The Journey of a Soul is from fear of God to Love of God and ... we just need to always be moving into (and *being*) the Love, the Love, the Love, the non-judgmental, the Neutral, Giraffe Consciousness, the part of our consciousness that only eats of the Spiritual Reality, etc.

"And we need to know one other thing. ... We love to play this game of Spirit versus matter. But the Real Truth is that God is right here. Spirit is right here. God lives in us as us. And that Applications of Our Spiritual Knowing ... They're very, very practical. ... And the Learning that we have is very practical and meant for our Upliftment. It's not some esoteric thing. ..."

"We ... need to know that It's very practical, very Real and so is Loving.

"And we'll stop with That."

Dr. Lane Led us in an Enlightening Question-and-Answer Session following the Satsang where we received even more Learning, Growth and Upliftment about Our Living in Oneness. As Our Teacher Teaches, "We are of the Same Material as the Lord, God. We are One Spirit. ... (When) you go against yourSelf you go against everyone. ..."

Opportunities to have karma fulfilled. So we're not going against anything or anyone.

"And if we take a look at how we work things Spiritually we see that we don't even have to do anything about what's negative or about our karma. ... All we have to do is Focus on the Spirit That we *are*, the Light Of The Most High. ..."

"The Soul *is* the Soul. It's of The Sound Current or the Holy Spirit, the Same Material as God, the Great Oversoul. And we're to Know ourSelves as That because we *are* That and we're here because we've forgotten. And God's Given us this Wonder-ful Opportunity to come to Know ourSelves, to Re-member, to become again a Member of the Body of Christ.

"Of course, The Christ is the Christed Consciousness. It's not a religious thing ... The Christed Consciousness is in all of us. The Christed Consciousness, real simple, is your will and God's Will are One and The Same.

"God's Will is that we Know ourSelves as Soul, as Spirit and be exactly as God is, Who Lives in us as us. It's Real Simple. ..."

"We're a Warrior in the sense we use our Strength to go into the Spirit That we *are*. Not to defeat the enemy but to completely bypass the enemy. ... the enemy consists of all our creations away from God and they exist in the lower worlds. But you can't take all those creations—thoughts and feelings, etc.—back Home to God. They don't go with us and they're not real. ..."

"So many of us we walk around in worry. ... The Teachings Teach us that worry is the handmaiden of doubt so we're doubting the existence of Spirit, of God in the situation or in this relationship, etc. ..."

"What we're saying is 'I'm so special that I'm the only one that God's not here for. That's how special I am.' ... Well, everybody is special. God's here for *everyone*. ..."

"God in His Kindness and in His Mercy He's Given us a Way to Know Him. He's Given us a Way to be with Him, to be with the Spirit we *are* and That's the Initiatory Approach. We're Taught how to go into the Soul Body. When we're in the Soul Body we're with God. ..."

"When we drop the body What happens? We go to the place where we were Vibrating when we were in the body. We're at the same Frequency.

"And The Teachings Teach us that Eternal Life is the Place in the Inner Worlds Where we have Upvibrated to and have the Spiritual Strength as the result of being a Spiritual Warrior that all the negativity and all the karma, etc., it has no pull on us and so we're no longer subject to karma and reincarnation.

"It's Real Simple. And there's a Way to do That. And we need to watch our attachments. 'Oh, I hate this world' ... bingo! You'll get to have as many times here as needed until you can make peace with being in this world.

"And so many of us what we do is we spend so much time trying to be comfortable, whether it's physically comfortable; whether it's emotionally comfortable ... We just want to be comfortable.

"But The Christ, Jesus said, 'I didn't come here for you to be comfortable.' And Lifting and Growing isn't about being comfortable. ..."

"We spend so much time kind of being like a farrier, one who fits and repairs the hooves of horses, fits their shoes, etc., etc. By the way, nothing against farriers. I actually have great admiration for them. I've seen videos of their work and what they do. And I've seen consults with veterinarians, consulting them when a horse is really injured, etc., has some leg problems or so, so I really appreciate their expertise and there's nothing against farriers. But we tend to act like, 'OK, how can I make mySelf comfortable? What do I need to wear, as it were?' And we just don't want to be uncomfortable. ... Being uncomfortable is not an obstacle. ..."

"So many of us, we give into ... 'let me have all this right before I can go on and do my Spiritual Work.' Why can't you be uncomfortable? Why do you always have to, as it were, bother the

farrier and have to have comfortable shoes put on all the time, all the time, all the time? What's wrong with being uncomfortable?

"And if we change the equation of 'being uncomfortable is something negative or something bad' and we translate it as 'that's OK. It just is and I'm OK with it' our response will be very, very different. ..."

"That's one of the things a Spiritual Warrior does. They watch their translation and they translate things as Spirit intends, Which is that every situation, every relationship, etc., is an Opportunity for you to Lift and Grow because That's why you're here. That's why you've taken on a body.

"And another thing that a Spiritual Warrior does is absolutely nothing. ... We do nothing. ... it doesn't mean we're a couch potato. ... that's not what's meant. What's meant is we do our Spiritual Work in Love and Appreciation and we Know that everything in our life is being taken care of. We're Supplied, we're Given to.

"You know, it's kind of like the Bible says, 'If God can take care of the animals and give them their needs, surely He's going to take care of us'. ... Why would you be forsaken by God, by Spirit?

"And we know from The Teachings that ... the mind loves to maintain its hegemony. It loves to be in control so it doesn't want to acknowledge Spirit or God. It tosses it out of the equation so it can be the big shot.

"But we know that mankind stands at the Apex of Creation. We're at the Apex of Creation. Not as ego, not as mind but as Spirit, as Soul because It's One and The Same as the Lord, God. And a Warrior Knows That and Lives accordingly.

"So a Warrior fights no battle. It never commits a sin. And we know that there's no such thing as sin, that the only sin is not Knowing Who you *are*. And a Spiritual Warrior uses Its physical strength to Victory. Physical strength is the strength of being in the body. Being Given a physical existence and the Victory isn't over anything or anyone. It's the Victory into Eternal Life, into conquering the world or conquering death.

"But It's not done by tanks or drones or bombs or any of that nonsense. It's done by Loving. It's done by Loving and following the Spiritual Path *exactly* as laid out by The Master On The Sound Current Path. And It's done in Love and Adoration.

"And the Spiritual Warrior has a shield and that shield is The Master's Grace. And It has the weapons at Its disposal. And what are the weapons? But it's the weapon of Free Choice, always exercising Free Choice into the Spirit That It *is*. Pretty, pretty, pretty Powerful. ..."

"And all we have to do is ... —and forgive me for taking the Name in vain—but have to stay in Our Lane. It's very important that we stay in Our Lane. And What is Our Lane? Well, It's That Lane, It's That Path of Surrender, Complete Surrender. Everything is an Opportunity to Surrender. And This Path is a Path of Surrender but It's not surrender in the sense of being defeated or giving up, 'I give up'; 'I surrender' or losing, being defeated. It's rather letting go into the Spirit you *are* and It's letting go into Your Own Power and Your Own Strength. ..."

"Being a Spiritual Warrior is ... letting go. It's Surrender. It's Loving and That's our Strength and That's our Inheritance because our Divine Inheritance is just that we have God's Mercy; we have His Kindness; we're Given This Great Opportunity this embodiment to Know ourSelves as Soul, as Spirit ... And we can go to Completion here and we can even go beyond now because of the Dispensation.

"And a Spiritual Warrior keeps the Victory always in mind and the only thing the Spiritual Warrior conquers is him- or herself, the lower self, the lower consciousness and It doesn't even have to conquer it by entering into it or doing anything about it.

"It conquers Itself by Knowing Itself.

"Real simple!

"That's What a Spiritual Warrior does.

"We'll stop with that."