

Cosmos Tree, Inc. • A non-profit, tax-exempt educational foundation • "Where Potential Becomes Actuality"
 The Center For Religion And Advanced Spiritual Studies • Know yourSelf as Spirit through Initiation into the Sound Current
 177 E. 87th St. (Lexington - Third Aves) - Suite #204 N.Y. N.Y. 10128

Open Talk

Wednesday, January 3, 2024 at 6:50pm (Doors close at 6:45pm)
"Peace On Earth!?!: Where? How? When? - A Participatory Satsang" (MP3 A317)
 Wednesday, February 7, 2024 at 6:50pm
"History: Continuation? Graduation? Fascination? - A Participatory Satsang" (MP3 A318)
 Wednesday, March 6, 2024 at 6:50pm
 TBA (MP3 A319)
 Available by teleconference from all Centers. Presented by Founder/Director Roger B. Lane, Ph.D. Arrive between 20 and 5 minutes before as doors close promptly. Learn how to live in the Fulfillment of the True Self! Have fun! Learn about the SPIRIT YOU ARE! Email info@cosmostree.org for details.
 SPECIAL NOTE: If you miss this TALK you may purchase the MP3 by going to our Web site.

Meditation Dates & Time

Meditation Of The Soul
 Every Wednesday & Thursday at 6:10pm (except first Wednesday of the month).
 Every Monday at 7:30pm & Second Sunday of Every Month at 10:30am.
 One-hour Meditation with Instruction for Beginners. Give yourSelf this great Opportunity to get quiet; to be with the Spirit within; to de-stress; to release negativity; and to send Blessings to others! Come join us and leave the cares and the concerns of the world behind!!
Special Two-Hour Meditation of the Soul
 Last Sunday of every month 10:30am-12:30pm (Doors close at 10:25am) Give yourSelf this great extended Opportunity, a great big Gift to yourSelf!

MEDITATION FOR HEALTH AND WELL-BEING

Tuesdays January 16; February 20; March 19 8:45pm
 As part of a program of Special Meditations, this is a wonderful Opportunity for the Spirit that we really *are* to receive the Priceless Gift of the Healing Light of the Most High. Call for details. Available by Teleconference!

2024 WINTER SEMESTER

FEAR, HURT, PAIN & OTHER ATTACHMENTS

Given by Dr. Roger B. Lane

5 weeks | Wednesdays, February 21 - March 20, 2024

7:45-9:15pm (except 1st Wednesday of the month when Class begins 8:15pm)

- Let go of old stories and scripts
- Identify the role of negativity in your life
- Move into a more authentic expression of yourSelf
- Live more fully in Love

Open to All. Payment: \$62 and additional payments of \$31 for classes 2-5 or \$150 for series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$155 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS.

Coming This Spring! Everyday Evolution II

Taught by Dr. Roger B. Lane 10 weeks, Wednesdays, April 10 - June 26, 2024 (No Class 4/24 or 5/29)

Our Sunday Programs

The Second Sunday of Every Month 10:30am-1pm
 (Doors close five minutes before start of Meditation & Reading/Discussion)
 10:30am-11:30am: **Meditation**. 12-1pm: **Tools For Living Free Reading and Discussion** (available via teleconference).
 Please READ the TFLF prior to attending. All TFLF Titles can be found on our Web site at cosmostree.org>Resources>Tools For Living Free. Come to Meditation, Tools For Living Free Reading/Discussion or both!

TFLF Titles: Jan. 14: #73 **What Does God Want From You?**

Feb. 11: #74 **You Are Worthy**

Mar. 10: #76 **What Are You Waiting For?**

The Second Sunday of Every Month 3pm-4pm Jan. 14; Feb. 11; Mar. 10
 Discussion and Study of a Recent Teaching Of The Path Of Soul Transcendence using articles featured in *SpiritCentral* of Satsangs given by Dr. Lane. Please READ the Article prior to attending. All *SpiritCentral* Newsletter articles can be found on our Web site at cosmostree.org>Newsletter (available via teleconference). If you are not a Student at the Center and have not attended previously please contact Rev. Amy Blank at info@cosmostree.org or at 708-846-1031 for instructions on how to participate.

The Last Sunday of Every Month 10:30am-2pm
 (Doors close five minutes before start of Meditation & Video)
 10:30am-12:30pm: **Meditation**. 1-2pm: **Video/DVD Showing and Discussion**. "Understanding The Spirit You Are" (available via teleconference). Come to Meditation, Video/DVD Showing and Discussion or both!

Video Titles: Jan. 28: **V13 What Is Self-Worth?**

Feb. 25: **V14 What Is The Path Of Soul Transcendence?**

Mar. 31: **V15 What Is Meditation On The Path Of Soul Transcendence?**

TV and Online Video Series

"Understanding The Spirit You Are": Watch every Thursday 6:30pm on cable TV (see channels below) or online at MNN.org by scrolling down to "Spirit Channel" and clicking on "Watch Now". A 22-Part TV Series of Spiritual Learning by Dr. Roger B. Lane. Topics include "Forgiveness"; "Abundance Consciousness"; "The Power Of Choice"; "Living The Truth". Time Warner Channel 1997 / RCN Channel 84 / Verizon (FiOS) Channel 35.

Call us for information: 212-828-0464 Email us at info@cosmostree.org Visit our Web sites: cosmostree.org & spiritcentral.org

FACEBOOK: Cosmos Tree, Inc. INSTAGRAM: @cosmostreecentral

Please refrain from wearing any perfumes, hair sprays, fresh nail polish or remover, colognes, aftershaves or other chemicals to the Event.
 Please refrain from alcohol and drugs -other than your prescription medication- 24 hours before the Event.