

# Tools For Living Free

NUMBER 173 IN THIS EDUCATIONAL SERIES

## The Real Economic Crisis – Part II: Inner Resources

Excerpts from the Satsang “The Real Economic Crisis: A Participatory Satsang” Given by Dr. Roger B. Lane, Ph.D. (MP3 A139)

“... as people we have great Inner Resources. We’re the most powerful things in creation; if not the human body, the Spirit, the Soul is. And ‘Man shall have dominion over all things.’

“And we know that the Commander over all of God’s Angels is the Christ. That all the Angels of the Lord, God Himself have a Commander-in-Chief and That Commander-in-Chief is the Christ. And that Christ, fortunately or unfortunately, is available to Hindus, Muslims, Jews, Jains, Parsis and anybody else because It’s That Consciousness.

“So the Christed Consciousness in you can command the Lord’s Angels. You have dominion over all things. You have dominion over and with all of beings and all of creation. Not to control and dominate but in a process of cooperation.

“So these are our Inner Resources. So if I can command God’s Angels, you mean I can’t do a simple thing like build a business? Or express mySelf this way? Or get re-training this way? Or use this Opportunity on a personal level to say ‘well, to hell with the rat race! I’m going to express mySelf differently.’ And I don’t have the ability to say ‘hey! you know what? Maybe it’s not about the wallet and maybe this life is more precious than how well my stocks are doing or not doing or any of that stuff.’ Or maybe I want to check my own levels of greed. Whether it’s greed for money; greed for food; greed for thought; greed for experiences; greed for sex; greed for whatever it is.

“And then I want to see where it comes from. [ed.’s note: Dr. Lane is referring to our being Responsible for our creations] Where does the greed come from? It’s not because I’m a bad person. I couldn’t be a bad person because God’s in me. God’s in me. So I must be okay for God. So I’m not a bad person.

“But I do know that hey! God’s given us a powerful, powerful, powerful “weapon”, as it were, and that’s the “weapon” of Choice. ‘Oh, so you mean maybe I’m choosing into things that don’t serve me and don’t lift?’ Yeah. ‘Oh, you mean worry, fear, panic and pain don’t do it?’ If it did do it, you’d be far ahead of where you’re at now. That doesn’t work.

“What works is Loving Cooperation with the Spirit you *are* with others. With Acknowledging your Power. And this may be a little hard to take but what the heck! I’ll say it and I know it’s a dangerous thing to say because it kind of gets confused with—if you’re taking it on an ego basis—but if you see yourSelf as the Source, then guess what? There’s nothing to grab onto out there. There’s nothing out there.

“So if you’re the Source—or put it another way—if you’re Spirit and God lives in you as you doesn’t it only make sense that God Supplies Himself? So what’s the worry? What’s the fear? But we’ve forgotten we’re Spirit. We’re wearing this [ed.’s note: Dr. Lane is pointing to His body]. Everybody’s wearing the same outfit. Everybody is wearing the exact same thing. We’re all wearing the human body. Because we’ve forgotten Who we *are*. We don’t remember.

“And God in His Kindness and in His Mercy, He gives us the Opportunity called HU-man life. To come to Remember. And this thing—HU-man life—it’s really interesting. There’re very many Souls fighting in the Inner Worlds to get This Opportunity to come on to this planet for one reason and one reason only. Because as a Soul there’s a Knowing that this is the only place in the System where the Soul can go to Its Completion as Soul [ed.’s note: Dr. Lane is referring here to Soul as Individualized]. Where It can complete Its karmic journey. So, this is a rare Opportunity.

“And the Economic Crisis is about, how are you using this scarce resource of this life? Because, let’s face it! You don’t know when you’re going to get another Opportunity. You have no clue when you’ll be given human form again. And isn’t it interesting how so many formal religions that had taught all about karma and reincarnation, that as soon as a clergy became established, they took it out of the teachings. Because they knew that, ‘wait a second now! Souls won’t acquiesce to something outside if They know that They’re karmically Responsible’. If they’re karmically Responsible and it’s about karma and reincarnation, well then, guess what? They’re not going to buy this stuff with a middleman. They’re not going to buy this stuff with the clergy. And so it got taken out of the

religions, the major religions in the world.

“There were some residual practices. Until the third or the fourth century, the Christians practiced it; the Gnostics practiced it and then the church moved against it and then bingo! They were fed to the lions.

“And it [Dr. Lane is referring to karma and reincarnation—Responsibility—being taken out of the major religions] was all about the Economic Crisis. How are you going to use this rare resource, this thing called HU-man life! And is it out there in the world? Or is it *inside* of you?

“And we’re so trained to go outside or as someone wrote very beautifully, ‘we are externally referenced people’. Well, we need to reference internally. We’re *internally* referenced.

“And I defy anybody here—I don’t care what kind of a body you have; I don’t care how often you work out; I don’t care how young you are or how healthy you are or any of that stuff—to remain in your body once the Soul inside of you takes Its leave beyond, oh, let’s say, an hour after the Soul has left. I defy anybody to stay alive.

“So we’re hooked-up *within*. We’re hooked-up *inside*. Physically, we need the air we breathe. We have to take it in. And then through an exchange that happens we exhale, etc., and then we take in the next breath. How many of you are in a crisis about that? How many of you are in deep fear and panic about, will your next breath be there? Well, if God can Supply your next breath, what the hell are the things of the world?

“And for those of you who have chosen Actively to come to Know God in this lifetime and to Focus on Knowing yourSelf as Spirit and to complete your karmic journeys: if God can give you the Keys to Himself or if you’ve been Given the Keys, if God Gives you the Keys to free you from the prison of matter then why wouldn’t He give you the things of this world? It doesn’t make any sense.

“So the Economic Crisis is a Wonder-ful Opportunity to get your priorities straight; to be there for yourSelf; to realize just how strong and Powerful you are; to realize how Loved you are; how cared about you are.

“See, it’s really interesting if you take a look at how this whole thing has been approached. It’s like here’s this problem, we’ve got this problem. And we’re going to go and we’re going to ‘solve’ it.

“And I’m not naïve. And I know that the business of America is business. I know that’s America’s business. I’m not denying that. But it’s like, we’ll ‘solve this problem’, we’ll get this glitch out of the way that’s causing all these problems and we’ll go back to business as usual.

“But we as Souls and as people, we can’t afford to do that. That’s not taking stock of ourSelves. If our stocks go up to the highest they’ve ever been and if we haven’t taken stock of ourSelves, well, then this whole thing has been worthless because you haven’t seen your Worth. It’s about seeing our Worth as Spirit, as Soul.

“‘Going about and doing something the way I usually do it, well, this (the Economic Crisis) is just something that’s gotten in the way.

“‘But the way I’ve been doing it usually—well, that’s what’s caused this thing. Why do I want to go back to doing things the way I’ve been doing them if the way I’ve been doing them has caused this? It doesn’t make any sense.’

“‘So I’m going to pretend that problem’s fixed and it wasn’t my doing.’ Well, but it *is* our doing. It *is* our doing. As they say, we create, promote or allow. And it wasn’t one of these things that was not foreseen. Not one of them.

“And we know that in the Democratization Of Consciousness the key element is Individual Responsibility In And Of A Group Setting.

“Now (Hurricane) Katrina was a wonderful example of how you can’t depend on any system out there, any government out there. You have to take Individual Responsibility. You have to take Individual Responsibility. And I’m not talking about how the problem was attacked or something or the stimulus package and how good it is or how poor it is or any of that stuff. But what’s being stimulated here, you know? Short-term jobs and building bridges and roads; that doesn’t really help much. Did we even study what we were doing? No. ‘Did it get to be an exercise in partisanship?’ ‘Yeah.’ ‘Was there a lot of pork thrown in?’ That means gifts to your constituents. ‘Yeah.’

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– From the Satsang “The Real Economic Crisis: A Participatory Satsang” given by Dr. Roger B. Lane (MP3 A139)

I think it's great that Hawaii has a beautiful observatory and it's such a magnificent place. You can study the sky and the stars etc. And I think it's just wonderful that it's there. I don't quite get how advertising how wonderful stargazing is in Hawaii to the tune of two million dollars is very stimulating. I just don't get that. Alright. I don't get how giving 1.7 million to somebody else or something else for a silly study of something is stimulating. I don't get that, alright? But I understand the game, that, hey! it's politics: 'I'll take care of you and I'll take care of the people in your state so when I really want some bills passed you'll vote for the bills to pass.' I get the game.

"But we as people, as Souls, we cannot afford to do that. We can't afford to play a game. We can't afford to go within our own consciousness, 'hey! you know, I'm going to allow this negativity,

that negativity, this negativity and then I'll be okay for Spirit or then I'll be lined up.' Well, I've been hearing that from you for years. What about the Inner Resource? What about using this crisis to acknowledge your inner strength and you create, Co-Creat with God or with the Spirit. You Co-Creat with God.

"God doesn't write for the *New York Times*. He doesn't even write for the *LA Times*. There are not going to be headlines saying, 'hey! get your act together now'. But this is a clarion call.

"This is a real wake-up call. We need to wake-up. We need to be Present. We need to Acknowledge Our Power and we need to have Proper Identification that we *are* Spirit, that we're here for That.

"That we *are* Powerful and the things of the world—they take care of themselves."

## CASE STUDY

As I write this Case Study, headlines on- and offline are announcing "layoffs"; the bigger the numbers the better (10,000! Half the workforce!) so this is the perfect time for anyone buying into this "outer stuff" to stop what they're doing and listen to the Talk Given by My Spiritual Teacher, Dr. Roger B. Lane, Titled "The Real Economic Crisis: A Participatory Satsang" (MP3 A139 on cosmootree.org), which for this Case Study I was Blessed to read a full Transcript.

As an Initiate Of The Sound Current On The Path Of Soul Transcendence, I've Learned that everyday is the perfect day to Apply this Tool and to Understand that the only "crisis" is the choice inside ourSelves into fear/negativity. And that we are Powerful and Responsible for where we place our focus.

As Dr. Lane has often explained, recalling the "terrible recession ... economic depression, etc." of 1988, Our Teacher had noticed plenty of fancy cars on the streets and realized that people were, in fact, making money. As My Teacher Teaches, they weren't buying into "what's being said about the marketplace", into the fear/negativity.

What struck me in the Talk "The Real Economic Crisis" is This from My Teacher: "... People get laid off from jobs and they get all distressed and they get all upset. Where are they? Where are they? Where's their creativity? Their ability to just go within and be resourceful with themSelves and start building what they want in their life and start giving it to themSelves and start creating, whether it's a business, whether it's relationships etc., etc., and start creating the life they want."

As I read This, I recalled that back in the '80s when I was working as a writer for magazines, I was "folded seven times". By that I mean that over that decade and, perhaps, before and after it, too, I had worked for seven different publications that went out of business or were bought by another publication that didn't need a second staff doing basically the same things—so off I went.

I never thought about the so-called "layoffs". I just opened the yellow pages and called every publishing company in the country that to me made any sense to call. Sometimes I pitched story ideas; others, how I could best contribute to their organizations. Over time, I became a genius at "pitching"; I learned perseverance; I met the best editors in the business, which was my intention from the start because I knew that training with the best is the best way to become the best at what I do so I made sure I knew who they were, called them up and kept going until I had face-to-face "pitching appointments" with all of them. I simply shared my enthusiasm, so much so that I once described what I did as "the enthusiasm chain."

The money just came. I don't recall ever thinking about it.

And whatever help I needed just came, too. Shortly after that full-time layoff, the then former editor-in-chief of that magazine called me seemingly "out of the blue". "What are you doing?" she asked. "Nothing", I said (or something similar to that). "The sympathy vote lasts six months!" she told me, alluding to the period of time those potential employers out there—in my case publishing companies of various kinds—would welcome my outreach with open arms when they're still feeling sorry for me.

Thanks to that call, I got going right away, fashioning those highly creative pitches and reaching out to editors I had only dreamed of working for. And then persevering until I did just that.

Through all those "folds"—Opportunities, as This Talk Teaches—I learned very, very much; most of all, that I can turn a skill—in this case, writing—into a business, which I've done off and on since then.

As My Teacher said to me years ago, "you have a charmed life." The "Charmed Life" is Living in Grace. As an Initiate, I live in Grace, thanks to the Love of My Teacher. Much is mitigated; much is cleared; it's all brought forward *just for me* to assist me in Coming to Know mySelf as Spirit, as Soul, to Properly Identify as That. As Dr. Lane states in the Talk, "So the economic crisis is about Proper Identification. I'm going to Identify mySelf as Spirit. I understand That's My Priority. ..."

Nothing to earn or "accomplish". I'm—we're all—Inherently Worthy, as My Teacher Teaches.

The above example took place before I became an Initiate Of The Sound Current On The Path Of Soul Transcendence. While it does show the importance of focusing into the positive, now that I'm an Initiate I work things very differently as discussed in this Important Talk: I work them from "inside out", as My Teacher Teaches. As Dr. Lane also Teaches, I Identify Properly as Spirit (versus with the "situation"). I Know I have the Power and that everything is an Opportunity and is Brought Forward for my Growth and Upliftment. When fear comes up—it often did when making those enthusiasm calls, especially to well-known people—I now use the Two-Part Release by Calling in the Light Of The Most High like this: "Lord, God, send me Your Light!" I ask the Lord, God to place the situation into the Light for the Highest Good! I Co-Creat what I prefer by Calling in the Light Of The Most High as explained above and asking for what I prefer for the Highest Good. Important for me is to really Let Go, Let God instead of "rushing" and doing it "my way". I leave the results to God!

I also ask for Clarity and Guidance by Calling in the Light and asking for help, whatever that may be. I let go this time, too.

I put everything into the Light for the Highest Good; That's the Protection! And I'm Neutral: if it happens, fine; if not, that's fine, too.

The persistent fear that I had making those calls, the constant identification with the "situation", the "driveness"—they're attachments. As I've been Taught, attachments are the karma that separates me from the Spirit *I am*; and it's my creating these attachments that is the cause of my reincarnating lifetime after lifetime. I've Learned and continue to Learn that I'm the one in charge here: I choose *moment-to-moment* to Walk the Path as Instructed, Which includes Being Present and Practicing That—and I live Free. What a Miracle!

I Know as an Initiate Of The Light Of The Most High On The Path Of Soul Transcendence that every situation is brought forward by the Lord, God/The Teacher for my Growth and Upliftment. It's a Precious Gift. As Dr. Lane Teaches, I use each situation to springboard into Spirit—to be Present. I keep Returning and Returning and Returning to The Upper Part Of The Third Eye.

As Brought Forward in This Talk That's the Opportunity: to use everything to Lift and Grow, as Dr. Lane Teaches. Through Initiation, I receive the Sacred Gift of *Direct Access* to Spirit. The Opportunity for me—and for all Souls who Choose Initiation on This Path—is the Opportunity to use the Free Will the Lord, God has Blessed us with to Choose to use what comes up for us—the "Economic Crisis"/negativity—to springboard into Proper Identification as Spirit by being with and as the Lord, God.

This is how we Grow in Love for the Lord, God, Which is Our Purpose here. We Fulfill That through the Sacred Process of Initiation. For more information, visit [spiritcentral.org](http://spiritcentral.org) and/or email [info@spiritcentral.org](mailto:info@spiritcentral.org).

## STEP-BY-STEP

### Here's A Quick Reference For Daily Practice:

1. Call in the Light Of The Most High by saying, "For the Highest Good, Lord, God, send me Your Light!"
2. Now ask the Lord, God to take any worry and upset from you now.
3. Now tell yourSelf, ("your name) it's OK to let it go!"
4. Now Allow yourSelf to be moved into Knowing you are Worthy of the Spirit you *are* and that the Wealth is Inside.
5. Fulfill your Purpose here now by requesting Initiation Into The Sound Current On The Path Of Soul Transcendence by either contacting the New York City Home Center at 212-828- 0464; emailing [info@spiritcentral.org](mailto:info@spiritcentral.org) or contacting any Regional Center.
6. Gain Spiritual Strength by placing yourSelf in the Presence of The Teacher by attending Classes; Clinics; Meditation Of The Light Of The Most High; Meditation For Health And Well-Being and Satsang as Our Teacher is Present for nearly all these Events.

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## TRY THIS ...

"And I'm just going to Call in the Light [Of The Most High] for a minute and we're going to do a little Process. So 'Lord, God, send us Your Light! We put this time together into Your Light for the Highest Good'. Now just get quiet inside yourSelf and I'm going to ask you one or two questions. Whatever comes for you is whatever comes. 'How are you going to personally use this quote 'economic crisis'? And 'what are you willing to do to define yourSelf anew'? And, lastly, 'how will you live your life differently?'" —From The Satsang "The Real Economic Crisis; A Participatory Satsang" (MP3 A139)