

Cosmos Tree, Inc. • A non-profit, tax-exempt educational foundation • "Where Potential Becomes Actuality"
The Center For Religion And Advanced Spiritual Studies • Know yourSelf as Spirit through Initiation into the Sound Current
177 E. 87th St. (Lexington - Third Aves) - Suite #204 N.Y. N.Y. 10128

Open Talk

Wednesday, April 6, 2022 at 6:50pm (Doors close at 6:45pm)
"A Few More Words About 'The Teachings In A Word': A Participatory Satsang" (MP3 A296)

Wednesday, May 4, 2022 at 6:50pm
"What Is 'Hesychasm'? A Chasm? A Spasm? A Permanent Focus?" (MP3 A297)

Wednesday, June 1, 2022 at 6:50pm
TBA (MP3 A298)

Available by teleconference from all Centers. Presented by Founder/Director Roger B. Lane, Ph.D. Arrive between 20 and 5 minutes before as doors close promptly. Learn how to live in the Fulfillment of the True Self! Have fun! Learn about the SPIRIT YOU ARE! Email info@cosmostree.org for details.

SPECIAL NOTE: If you miss this TALK you may purchase the MP3 by going to our Web site.

Meditation Dates & Time

Meditation Of The Soul

Every Wednesday & Thursday at 6:10pm (except first Wednesday of the month).

Every Monday at 7:30pm & Second Sunday of Every Month at 10:30am.

One-hour Meditation with Instruction for Beginners. Give yourSelf this great Opportunity to get quiet; to be with the Spirit within; to de-stress; to release negativity; and to send Blessings to others! Come join us and leave the cares and the concerns of the world behind!!

Special Two-Hour Meditation of the Soul

Last Sunday of every month 10:30am-12:30pm (Doors close at 10:25am) Give yourSelf this great extended Opportunity, a great big Gift to yourSelf!

MEDITATION FOR HEALTH AND WELL-BEING

Tuesdays April 19; May 17; June 21 8:45pm

As part of a program of Special Meditations, this is a wonderful Opportunity for the Spirit that we really are to receive the Priceless Gift of the Healing Light of the Most High. Call for details. Available by Teleconference!

SPRING SEMESTER

Relationships Class - Taught by Dr. Roger B. Lane
5 weeks, Wednesdays, April 27 - May 25 | 7:45-9:15pm
(except first Wednesday of the month when Class begins at 8:15 pm)

Learn how to have the ones you want - in all areas of your life! This Class teaches Students the Essence of all Their relationships and how to harness Their Power and Inner Strength. Ultimately, the only relationship you have is with yourSelf -the Spirit You Are.

Open to all. Payment: \$62 and additional payments of \$31 for classes 2 - 4 or \$150 for series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$155 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

Forcefield Clinic - Taught by Dr. Roger B. Lane
4 weeks, Wednesdays, June 8 - 29 | 7:45-9:15pm

A Practicum Answering: What Is A Forcefield?

What Is The Forcefield with Which we Work? Why Is It

Important? How are we in Alignment?

What Is At-Onement with This Forcefield?

Initiate-Only. Payment: \$62 and additional payments of \$31 for Meetings 2 & 3 or \$120 for series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$125 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

Our Sunday Programs

The Second Sunday of Every Month 10:30am-1pm

(Doors close five minutes before start of Meditation & Reading/Discussion)

10:30am-11:30am: **Meditation**. 12-1pm: **Tools For Living Free Reading and Discussion** (available via teleconference).

Please READ the TFLF prior to attending. All TFLF Titles can be found on our Web site at cosmostree.org>Resources>Tools For Living Free. Come to Meditation, Tools For Living Free Reading/Discussion or both!

TFLF Titles: April 10: **#35 Sacrificing "The Sacrifice"**

May 8: **#36 Dealing With "Death"**

June 12: **#37 Direct Knowing Through Tisra Til**

The Second Sunday of Every Month 3pm-4pm April 10; May 8; June 12

Discussion and Study of a Recent Teaching Of The Path Of Soul Transcendence using articles featured in *SpiritCentral* of Satsangs given by Dr. Lane. Please READ the Article prior to attending. All *SpiritCentral* Newsletter articles can be found on our Web site at cosmostree.org>Newsletter (available via teleconference). If you are not a Student at the Center and have not attended previously please contact Rev. Amy Blank at info@cosmostree.org or at 708-846-1031 for instructions on how to participate.

The Last Sunday of Every Month 10:30am-2pm

(Doors close five minutes before start of Meditation & Video)

10:30am-12:30pm: **Meditation**. 1-2pm: **Video/DVD Showing and Discussion**. "Understanding The Spirit You Are" (available via teleconference). Come to Meditation, Video/DVD Showing and Discussion or both!

Video Titles: April 24: **V14 What Is The Path Of Soul Transcendence?**

May 29: **V15 What Is Meditation On The Path Of Soul Transcendence?**

June 26: **V16 What Is The Theology Of The Path Of Soul Transcendence?**

TV and Online Video Series

"Understanding The Spirit You Are": Watch every Thursday 6:30pm on cable TV (see channels below) or online at MNN.org by scrolling down to "3 Spirit Channel" and clicking on "Watch Now". A 22-Part TV Series of Spiritual Learning by Dr. Roger B. Lane. Topics include "Forgiveness"; "Abundance Consciousness"; "The Power Of Choice"; "Living The Truth".

Time Warner Channel 1997 / RCN Channel 84 / Verizon (FiOS) Channel 35.

SpiritCentral.tv: Available on-demand at cosmostree.org/resources/spiritcentral; every Tuesday 6pm on cable TV (see channels above) or online at MNN.org at "3 Spirit Channel". Dr. Lane speaks on such topics as "The Christed Consciousness"; "From Fear To Love - The Journey Of A Soul"; "N.I.N.T.E.N.D.O. Actions"; & "Joy - What? How? Why?".

Call us for information: 212-828-0464 Email us at info@cosmostree.org TWITTER: @CosmosTreeInc FACEBOOK: Cosmos Tree, Inc.

Visit our Web sites: cosmostree.org & spiritcentral.org

Please refrain from wearing any perfumes, hair sprays, fresh nail polish or remover, colognes, aftershaves or other chemicals to the Event.
Please refrain from alcohol and drugs -other than your prescription medication- 24 hours before the Event.