



# SpiritCentral

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies **October/November/December 2019**

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## **“When Is ‘Enough’ Enough?: A Participatory Satsang”**

Dr. Lane began Our Teacher’s July 2019 Satsang by saying, “I want to talk a little bit tonight on ‘When “Enough” Is Enough’. And How many of you have had inner turmoil going on and you just said, ‘Enough! I can’t take this anymore. Enough of this!’? ... How do you stop? Because what I’ve noticed is - and the reason I’m giving this Satsang is - many people proclaim ‘I’ve had enough. This is it! It’s over.’ And yet they persist in exactly the same thing.

“You ever notice when you’re talking and you sort of slide into an argument with someone and inside you go ‘that’s enough of this!’ and yet you’ll persist in the argument. You’ll persist in

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## **SPECIAL THANKSGIVING Meditation Of Gratitude**

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**Email [info@cosmostree.org](mailto:info@cosmostree.org) for details**

## **ATTEND A MEDITATION VIA TELECONFERENCE!**

**L.A. Meditation Of The Light Of  
The Most High**

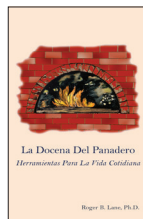
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**Email: [losangelesmeditation@gmail.com](mailto:losangelesmeditation@gmail.com)  
or call 310-913-7212 for details!**

## **This Holiday Season A Great Gift For YourSelves, Family And Friends!**

### **A Baker’s Dozen: Tools For Daily Living**



**Dr. Lane’s Latest Book!**  
**Learn To Live Your Life From A Spiritual Perspective!**  
**In English and Now Spanish!**  
**Both On Amazon in Paperback!**  
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**English E-Book On Amazon | Spanish E-Book Coming Soon!**

**GO THERE!**

## **“Are You Hot And Bothered? Good. Now Go To The ‘Clear, Cold North Country’: A Participatory Satsang”**

Dr. Lane began Our Teacher’s August Satsang by saying, “God’s Present. He’s in this world and we know ... for many ... millennia ... God was perceived as removed from His creation. He created the world and removed Himself. Then you have in terms of the Evolution of Consciousness - by the way, we were warned about this - we’re told - it’s right there in the Old Testament – we get a warning. We’re told, ‘Mamacita! Watch out! Watch out! Because there’s this new Frequency coming in. Frequency of the Light Of The Most High!’ Melhezedeek, the High Priest of Salem ... tells us ‘hey! Watch out! Watch out!’

“Then, in a more mundane expression of this, you have John the Baptist Who said ‘hey! I baptize by water ... but guess what? There’s going to be someone baptizing by fire’. And, of course, He meant the Spiritual Fire, the Purification.

“So you have this person known as the Christ, Jesus ... Who says, ‘You see Me, you see

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## **“The Forbidden Truth You Already Possess: Guilty? Possessed? On Point? - A Participatory Satsang”**

“I want to talk a little bit about Something within Our Consciousness That is really prohibitive for us to have ... It. We do possess It and yet It’s something that comes with a great taboo. I’ve alluded to it. I’ve addressed it a little bit, little pieces along the way, but I really wanted to devote a Satsang - Which is Spiritual Instruction - to It.

“You have a choice and the choice is you can regard this as a nice intellectual lecture, you know, like you’re at some college or university and, yeah, it’s a topic or if you’re real smart you’ll see It for what It is, Which is a description of a Living Reality and Something That is *within* the Consciousness and exists in Spirit that we as Souls, as Spirit that we must deal with and that is presented to us and is something that we need to – well, I was going to say conquer and vanquish but that is the ego’s way - but that we need to achieve sovereignty over or have sovereignty over. ...”

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## Events Calendar

### Fulfill Your Destiny:

#### Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

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#### NEW YORK

#### *Meditation Of The Light Of The Most High*

**M** 7:30pm; **W** (except 1st Wed. of the month) & **Th** 6:10pm;

**Sun** 10:30am Oct. 13; Nov. 10; Dec. 8

**Sun** 10:30am Oct. 27; Nov. 24;

Dec. 29: Special 2-hour Meditation

#### *Meditation For Health And Well-Being*

East Side (Home Center):

**Tues** 8:15pm Oct. 15; Nov. 19; Dec. 17

#### MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

#### CALIFORNIA

**Los Angeles area:** Every Wednesday 7pm. Also available via teleconference! Please call 310-913-7212 for details.

#### TENNESSEE

**Johnson City area:** Every 2<sup>nd</sup> and 4<sup>th</sup> Mon. 7pm.

Call 423-975-6868 for details.

#### OUTSIDE THE U.S.

#### MEXICO

**Queretaro area:** Please call 347-448-2310 for details.

#### OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number.

Every Tuesday -- 7:30-8pm EST

Every Wednesday -- 4:30-5pm EST

Unless otherwise noted

#### VIDEO/DVD SHOWINGS

*The 22-part VIDEO Series*

*"Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:*

#### NEW YORK

**New York City:**

Every Thurs. 6:30pm.

Spectrum - Channel 1997

RCN - Channel 84

Verizon (FIOS) - Channel 35

#### **Brooklyn**

Every Sat.- 4:30pm

Cablevision - Channel 68

Spectrum - Channel 35

RCN - Channel 83

Verizon - 43

For those outside New York

City, please go to mnn.org at

6:30pm Eastern, Thursdays,

Scroll down to "Spirit Channel"

Click on "Watch Now"

#### SHOWINGS & DISCUSSIONS

Last Sun. of every month

1-2pm at NYC Center

### Join Us For An Hour Of Spiritual Instruction!

**"What Time Is It?: A Participatory Satsang"**  
October 2, 2019  
6:50pm EST

**TBA**  
November 6, 2019  
6:50pm EST

**TBA**  
December 4, 2019  
6:50pm EST

**Satsangs by Dr. Roger B. Lane**

Available at All Centers

### Listen to Our Monthly Podcasts!!!

cosmostree.org  
spiritcentral.org

**Oct. 5:**  
**"Trusting God Is Trusting Yourself" (MP3 A021)**

**Nov. 5:**  
**"How To Do With Nothing Due" (MP3 A043)**

**Dec. 5:**  
**"Holy Days: The Meaning Of Holidays" (MP3 A007)**

**Gift-wrapping!** We are Gift-wrapping this Holiday Season at Barnes & Noble in New York City on the Upper West Side (82<sup>nd</sup> St. and Broadway) on Saturday, December 21. This is an Opportunity to give to yourSelf by being of Loving Service. Email [info@cosmostree.org](mailto:info@cosmostree.org) for shift availability and to sign-up or do so directly at the Home Center. There are a limited numbers of Gift-wrapping slots available so do give this to yourSelf NOW!

### FALL SEMESTER

## THE MONEY WORKBOOK CLASS

beginning Wednesday, October 9 for ten weeks

from 7:45 - 9:15 PM EST;

first Wed. in November and December Class starts at 8:15 PM

**Taught by Roger B. Lane, Ph.D., Founder & Director and Author of *The Money Workbook***

- **CREATE THE LIFE YOU WANT**
- **LEARN HOW TO GIVE TO YOURSELF**
- **LEARN HOW TO RECEIVE**
- **LIVE IN ACCEPTANCE & GRATITUDE**
- **DISCOVER TRUE ABUNDANCE**

Payment: \$62 and additional payments of \$31 for classes 2-9 or \$300 for series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$310 for all others. There is an additional discounted materials fee of \$16.95 plus \$3 shipping fee, if necessary, (those taking the Class via teleconference please purchase at [spiritcentral.org](http://spiritcentral.org) or [cosmostree.org](http://cosmostree.org) and those Participating at the Home Center please purchase There) as all Participants receive a \$5 credit toward another Class. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS, 229 East 85 St. #1347 New York, NY 10028. For more information call Registrar, Amy Blank at 708-846-1031 or email [info@spiritcentral.org](mailto:info@spiritcentral.org).

### JOIN US FOR OUR SUNDAY EVENTS!

#### SUNDAY PROGRAM

Oct. 13; Nov. 10; Dec. 8

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST

*Tools For Living Free* Reading and Discussion: 12pm EST

Oct. 13: #154 Are You Fearing And Tearing Or Caring And Sharing?

Nov. 10: #158 What Is Loving?

Dec. 8: #86 Are You Open Or 'Whatever'?

Oct. 27; Nov. 24; Dec. 29

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST

Video/DVD Showing and Discussion: 1pm EST

Oct. 27 #V6 Commitment: The Gift Of Giving YourSelf To YourSelf

Nov. 24: #V7 Living The Truth

Dec. 29: #V8 "The False Self vs. True Self" Game

#### THE TEACHINGS STUDY GROUP

Oct. 13; Nov. 10; Dec. 8 | 3pm EST

Using articles featured in SpiritCentral of Satsangs Given by Dr. Lane

Oct. 13: "When Is 'Enough' Enough?: A Participatory Satsang"

Nov. 10: "Are You Hot And Bothered? Good. Now Go To The 'Clear, Cold North Country': A Participatory Satsang"

Dec. 8: "The Forbidden Truth You Already Possess: Guilty? Possessed? On Point? - A Participatory Satsang"

Please read articles or watch Video/DVD prior to attending!

For details or to attend via teleconference email [info@cosmostree.org](mailto:info@cosmostree.org). More details also on the Events page included with this Issue of *SpiritCentral*.

making someone wrong or whatever the turmoil is. And inside of us we have a lot of fear; we have a lot of doubt. We are what's called 'confused'..."

"'Confusion', according to the Teachings that I Bring Forth, means that there're two natures going on: human and Divine. Human and Divine. And in our life as a Soul and in Our History as Soul what we've done is we've come around and around and around again identifying with our thoughts and identifying with our feelings and taking them as real. And we've made them into gods. ... We've worshipped our thoughts. We've worshipped our feelings.

"And we know that in the Consciousness there's something called the cosmic mirror. There's a mirror. And every thought you have and every feeling goes into that mirror. And you take a look at that mirror in your life as a Soul - and it could be lifetimes later - and you'll see what's in the mirror. So if you think, for example, 'oh, God's a real impossible Guy to please' it registers in the mirror as 'God is impossible to please.' OK. Because you no longer remember that you created this when you look in the mirror you think what's in the mirror is real so you take this as real and you forget that it's a thought and you forget that you created it. ..."

"What does this all have to do with 'When Is "Enough" Enough'? Well, it has plenty to do with it because if you're getting into a habit of walking down that road of negativity that is so-o-o appealing and so-o-o attractive and such an easy shot - or seemingly an easy shot because in the long run it's so much harder - but if you're going down that road it's a perfect realization and a perfect mirror that hey! you're walking down the wrong road. You're practicing false identity. Your True Identify is That you're Soul, That you're Spirit, that God lives *within* you as you. ... We *are* Divine. We *are* God in Manifestation but we've forgotten. ..."

"We're in the body because of the separation we've created, because of the karma we've created. And karma comes from improper identification. ... The 'proper identification' with your thoughts and feelings - that's not Proper ID. That's 'confusion'.

"And, it's interesting, we know that in the karmic field you can't see clearly. ... There's a built-in distortion. ... And most of us - for a Soul that's not Initiated - that's how we relate to God. We relate by reflection, by our thoughts: what we think about God, etc. But what we think about God isn't God. ..."

"Let's take a look at: you're angry at Susie Q because she's acting a certain way and you get angry at her because you think she quote 'should be acting a certain way'. ... Which means we've given over our power to something or someone outside ourSelves. So then you're going to be trying to spend your energy and your time all involved with Susie Q trying to change her so you can feel better. That's 'confusion'. That's worshipping an idol. That's making her more important than the Spirit you *are*.

"When we go "'Enough" Is Enough' we can't do that stuff anymore if we are sincere. ... "'Enough" Is Enough'. ... if you make a wholehearted effort to stand behind that statement you'll find what happens is you start going into a Surrender Pattern. So that's when "'Enough" Is Enough'; it is when you Surrender. Every time refuse to participate! ..."

"As long as you have that anger ... you're not getting at the real issue. You're focused on the anger. ... So we also need to know 'hey! we may not be able to get at what's really happening. And I can keep my anger. I can keep my fear. I can keep my hurt. But maybe there is something why all this stuff happened to me.' So many of us blame things on our family ... Spiritually you agreed as a Soul to have the family you had. Why? There had to be something in it for you. There had to be a karmic learning. You had to have a lesson.

"Let's say, for example, you come into a family and they're really good at making you feel terrible about yourSelf! And then you walk

around furious at them. ... you walked into this life with those feelings and they were there as a Strengtheners so that you could start to know that hey! you're Okay and you're Loved Unconditionally. ..."

"And we can keep running all that negativity we have until we say 'hey! "'Enough" Is Enough" and Surrender. And once we Surrender we'll start getting the Learnings. We'll start getting the good stuff out of it. ..."

"And the proof of the pudding is when you've had enough of your negativity, of your hurt, of your anger, of your fear, of your doubt, of your worry, of your concern - whatever it is - are you willing to ... not have it in your life anymore? ..."

"And I don't Teach karma and I don't Teach living in fear of what you created etc., etc., but my gosh! you know, what goes around comes around. ... So why create all of that negativity? Doesn't make any sense, does it?

"And you can see it, you know, in this quote 'presidential stuff' [ed.'s note: Dr. Lane is referring to the presidential candidates' campaigning and debates that have taken place]. ... Name calling; you know, anger; put-downs ... and they're all creating karma. ... The sad thing is, you never hear of any great policy stuff. You just hear put-downs. ... You're giving your attention and focus to the very thing or the very person you don't value. ... That's when "'Enough" Is Enough'.

"And blindness about this is no excuse. ... Just because you don't know you're creating attachments or karma. ... Ignorance of the law is no excuse. ..."

"And God in His Kindness and His Mercy - He's given us the Sound Current. He's given us a Way to return Home. ... And to be Released from the confusion of 'human versus Divine'. And using the Gift of Hu-man life to Know and reCognize - re-Cognize, Know again - your Divinity. That you *are* Spirit, That you *are* Soul.

"So when you've had enough of all that stuff ... Surrender it! You've had enough of feeling unworthy; not loved; not good enough. Surrender it! Let it go! When you've had enough of being dishonest let it go! When you've had enough of a pattern of being late and keeping people waiting let it go! When you've had enough of not telling the truth, telling lies to protect yourSelf let it go! And, really, when you ask yourSelf what are you protecting by going down this road of negativity again and again and again: you're just protecting yourSelf from God's Love, from the re-Cognition That you *are* Spirit, That you *are* Soul. ... It's a real protection racket. ..."

"But inside ourSelves what do we have to do? We need to Surrender and Surrender, Surrender, Surrender. It's like the sign says up there [Dr. Lane is pointing to a sign that is on a shelf at the Home Center]: That's where the Power is. The 'Power Is In Surrender!' And, of course, human beings in our own inimitable way we work it backwards. We think the power is in our going and forging ahead ... and we're driven by the anger ... but, really, the Motivation needs to be Spirit. You need to be Motivated, Moved by Spirit. And that means Proper Attunement and At-one-ment. And anything that is in the way, just Surrender! Surrender! Surrender! "'Enough" Is Enough. "'Enough" Is Enough. "'Enough" Is Enough. "'Enough" Is Enough."

"But you need to stand behind it. Can't say "'Enough" Is Enough but I'm going to continue! You got to be Honest. ... when we go down the road of negativity we stop What God wants to give us. And What God wants to give us is really Himself or, actually, the Remembrance of Him because we started as Souls and That's Who we were and we were with Him. That's Who we *are*. ... And He wants us to Remember, Become again a Member of the Body Of God.

"It's really that simple. ..."

Dr. Lane Generously answered questions following the Satsang.



**Continued from page 1 - "Are You Hot And Bothered? Good. Now Go To The 'Clear, Cold North Country': A Participatory Satsang"**

God. I'm the Word made Manifest. I'm the Holy Spirit, I'm the Sound Current made Manifest'.

"When we chanted HU - H-U - HU is the First Manifestation of the Lord, God. So we're God in Manifestation. But, of course, we've forgotten That. And so God gives us this life to help us Remember and there's a Way to Remember This through the Initiatory Process.

"So here we are and we have this person holding this Consciousness Who says 'well, wait a second now! You've got it all wrong! And you've got all these laws that you have to fulfill in order to have even a shot at heaven. But I'm here to tell you that it's all been made simple for you. There're just two. Fulfill the karmic law!

"What's the karmic law? Love God with all your Heart and all Your Soul and all Your Might and Love your neighbor as yourSelf. And I'm the Word made Manifest so God is here'.

"Now That marks a new evolution in Consciousness that God is here. ... our relationship with God evolves.

"And instead of being people wandering in the desert metaphorically, which, of course, is karma, to get to the Promised Land, we get the Demonstration of hey! silly! all you gotta do is Surrender and let go, move into the Resurrection Process! ...

"It means letting go of the ego. ... being bound in time and space you're crucified. You're crucified in time and space. Let go of that identity and see your identity properly as the Spirit you *are*, come to Know That, fulfill That and guess what? You come into the Resurrected Body or the Soul Body and you're with God.

"Now in reality ... We're already Resurrected but we've created karma. We've created separation ... from our own Self. We're the ones that did it. ... And we've forgotten Who we *are*. And how do we create this karma? Easily and simply by choosing away from the Spirit we *are* so any anger, any hurt, any frustration, it's OK to have ... But it's what we persevere in, what we insist on. ..."

"I was watching the second round of [presidential] debates. And [one of the candidates] ... the first words out of his mouth were labelling the president as ... 'sexist', 'racist' and 'homophobic'. ... We're Responsible creators. ... So guess what? Part of his consciousness is going to be involved with ... is he really 'sexist'? Is he really 'homophobic'? ... So you got lines of energy going out there. And if you can't stand the person why do you want your energy to go out to that person? So you've created karma, lines of energy outside yourSelf. Why would you want to do that? ..."

"But the mind loves to label. That's how we know things. We know hot in contradistinction to cold. We know high in contradistinction to low. Etc. And we're always labelling and categorizing. ..."

"We need to know that when we get ... all 'Hot And Bothered' and start to label ... what I call 'should-ing' on people. You know, they 'should' be ... acting that way. [Student] 'should' be making me a pie, etc. etc. Then guess what? I've separated mySelf from the Spirit I *am*. And I've created karma.

"So I don't Teach karma so I'd like to bring in a way of moving beyond that. Of course, Practice Proper Identification! We don't even enter into that stuff. ...

"We know from the Initiatory Path That's how you Remember Who you *are*. ... So it all has to do with our Re-Cognizing - Knowing again - that we *are* Soul, that we *are* Spirit and That's Who we *are*. ..."

"This whole process of Becoming One with God, with the Spirit we *are* is the Christed Consciousness. When our will is in Alignment with God's Will. ..."

"And so we are prone to persevere in negativity ... And the 'Hot And Bothered' can take a lot of forms. You can be 'Hot And Bothered' by jealousy. ... It's a judgement. ... They have it; you don't have it. And it's based on thinking that you can't have it so it's based on lack and limitation, which is karma. ... What matters is I stay clear; I stay clear; I stay clear. ..."

"So what I'd like to do now is move into doing a Process where you

can really access the Spirit, go There and have all the stuff that's 'Hot And Bothering' you inside of yourSelf - just go there and let it dissolve! And if the Soul Present with you hasn't been Initiated you can do the Two-Part Release Technique, Which I will get to later. But what I would like you to do even if you haven't been Initiated is see what happens with trying to access 'The Clear, Cold North Country.'

"And we call It 'The Clear, Cold North Country' because It is cold - not in the sense of temperature - but you ever notice when things are pristine and clear and clean? 'Cold'; there's expansiveness and endless. Another name for it is really the 'worlds without end'. But These are the Levels of Soul from the Soul Realm and above Where there's no density. It's 'The Cold, Clear North Country'. North because It signifies Consciousness.

"So let's call in the Light [Of The Most High] ... so 'Lord, God, send us Your Light! And we put this time together into Your Light for the Highest Good.' Now inside yourSelf just let something over which you are clearly 'Hot And Bothered' by come up! [Pause] Now what I'd like you to do is allow yourSelf to be taken to 'The Clear, Cold North Country'. [Pause] And now let another thing that has you all 'Hot And Bothered' ... come up! [Pause] Now go to 'The Clear, Cold North Country.' [Pause] Once more allow something inside yourSelf that has you all 'Hot And Bothered' and allow yourSelf to go to 'The Clear, Cold North Country'! [Pause] ..."

"Just let that negativity come up! We'll do the Two-Part Release Technique. So call in the Light: Lord, God send us Your Light! And put that negativity into This Light for the Highest Good. Now, within yourSelf say, '(your name)' and tell yourSelf to let it go! [Pause] Now do It again: let something else come forth. [Pause] Give it to God! Tell yourSelf '(your name)' to let it go! [Pause]

"When you can bring your consciousness back here and ... tell us your experience when you went into 'The Clear, Cold North Country'! ..."

Participants shared: "Total Acceptance"; "those things didn't have anything to do with me"; "it just vanished; a second later I couldn't even remember what it was."

In response to the Sharing, Dr. Lane further Taught us: "It takes a lot of strength and Courage to walk away from negativity. ... It's not a defeat. As the sign says [Dr. Lane points to a sign on a shelf at the Home Center]: 'The Power Is In Surrender'. What are we Surrendering to but to the Spirit we *are*. ... Nothing more Powerful than That! ..."

"So we do have choice all the time. ... We don't have to deal with the negativity. By focusing away it dies of its own accord. Of course, if you're Walking This Path as a Soul it's already handled. All you have to do is stay on the Path by working and living the Spiritual Instruction. That's your Protection! And It's your way around or through or under it, whatever. Because we know one thing: that the victory has already been won.

"I'll put it in perspective and then we'll stop. We have in Zoroastrianism we have quote 'good and evil', which is really the negative and positive forces. In the religion there's already the assurance that 'good' has won. We just have to choose into it.

"Then along comes the Christ who has what? Won the Victory for mankind. He fulfilled the karmic law, pulled mankind through it and that was it. And, of course - and I'm sure you know it's a major coincidence - that a previous embodiment of the Christ, Jesus was Zoroaster. So you have the foreshadowing of what He's going to do. He tells us what He's going to do in (the person of) Zoroaster then He comes around as the Christ, Jesus.

"And to Me the most marvelous thing is when He says, 'you know, I sort of ain't finished with what I'm doing. I'm going to return'.

"Ain't the return going to be something!"

"We'll stop with that."

Dr Lane Lovingly answered a question asked following the Satsang.

"What I'm talking about is this great taboo about Knowing Who and What we *are*. ... But I want to carry This in terms of Frequency and The Teachings That I Bring Forth, Which is that we're not really permitted - in general - to Know the Truth about us and the Truth is real simple and That is that we *are* Spirit, that we *are* Soul, that we *are* God.

"And there is something in Spirit that's been called 'the loyal forces of the opposition', negative forces - as it were ... they're designed to hold you to the negative polarity. They're designed to ensure that you keep coming and coming and coming and coming in your reincarnational patterns. ..."

"Obviously, if you live in the dual worlds there are these two polarities: negative and positive. That's what gives manifested life. We have these polarities.

"The negative forces - their job is to hold you there, to hold you to the negative pole. But if you notice something that was said - The Sound Current - guess what? It can extend down the negative polarity. It can go down the negative pole. The magnetic pole cannot go down the Spiritual Pole or the Positive Pole. But God can operate along the negative pathways so this is a part of God's System, as it were. The negative 'forces of the opposition' - they are here to hold you there.

"Your job - you get Supported in, Strengthened in and Equipped through Initiation Into The Sound Current or Into The Holy Spirit - is for you to guess what? Focus into the Positive Polarity because through Initiation you're given access into the Positive Polarity, into Spirit. You have *direct access* to God.

"Uninitiated Souls - They only know through reflection. The karmic fields. And karma obviously distorts things. And I'll use the example I always use. Throw a pebble in a clear brook, in a clear stream, in a clear lake then dive to where you think the pebble is. You won't be at the pebble. If you're lucky, you'll be close and maybe you can kind of reach out or take a stroke or two underwater and you'll get there and retrieve it. But you won't be there. You won't be direct because the water reflects the light. Light is reflected and we know things through reflection. Take Initiation Into The Sound Current the Soul Knows things *directly* ... 'The loyal forces of the opposition' - they exist as That Strengtheners to help you choose other than into the negative polarity.

"Most Souls don't want to possess this dreadful, horrible secret True Knowledge of themselves because what does it do? It 'gives' them Power they've *always* had. They've empowered themselves; They're Spirit. They're God. ... 'There's no separation between me and God?' No. 'There's no separation between me and the next person?' No! It's in the Oneness of the Holy Spirit, the Oneness of the Sound Current. That's 'Where' the Souls are. We're *all* One. 'Oh, yeah, yeah, yeah, I heard that in church once. You know, Jesus the Christ - believe on Him and we'll be in the Oneness.' No. Doesn't work that way. It's not a belief. You don't have to believe in anything.

"But That's the Reality, That we're *all* One. ... if we're One ... and ... I'm jealous of someone you mean I'm going against the Spirit that's in me, too? Yep. You mean that's karma? ... You mean I'm Responsible? Yeah, sorry to tell you, you're Responsible. ..."

"To be Present is to be 'hey, I *am* Worthy of Spirit. I *am* Worthy of God. In fact, I *am* That.' We know that eventually the Soul comes to a 'Place' Where the Lover and the Beloved and the Love between Them are One and the Same. ..."

"Somehow, if we have this Knowledge that we *are* Spirit, we *are* God, we feel guilty. We feel like we quote 'shouldn't' have This.

"Guilty, of course, means we've done something wrong and when we feel guilty we don't really take ownership of That. ... We don't really, really give ourselves That.

"Just think if you spent even three hours consciously ... Knowing That. You decide what emotions you're going to hold; what thoughts you're going to hold; that you're in charge and that they don't just come upon you; and stay there. That would make you incredibly powerful, wouldn't it? You'd be cleaning up your environment very quickly and things would be very different.

"And you may start to notice 'I'm acting and behaving and living differently from how other people are.' Yeah, that's right.

You are. ..."

"In the Beginning was the Word and the Word was with God.' In the Beginning was the Sound Current. That's tells us Who we *are* ... We're created in His Image ... We're Soul. God's the Great Oversoul. ... As a Soul, we're just like Him. ... that's right. ..."

"When you hit upon It ... there's nothing in this world that supports That ... But if you're a Soul That's Initiated ... and have owned up to the Truth of Who you *are* then you take your Rightful Place alongside and with God ... God gave us Free Will. ... So we have Choice. ... And we're always at Choice ..."

"And it's really important even in the *moment-to-moment* exercising of this choice that we be On Point. Not out of fear ... It's a Loving Path. ... The planet is fear-based. It's all based on fear, lack and limitation instead of the Abundance of being with Spirit. ..."

"There's also a Trust ... And most of us don't Trust Our Knowing. We Know and we don't Trust because It's different from perhaps the common perception ... But what are you doing comparing your Knowing with the knowing of someone who's involved in the karmic fields? ..."

"And we need to have the strength to Trust our Knowing and to Trust ourselves and in the little everyday things ... going with this thought, that thought, choosing to give it up even if we don't know what's going to take its place ... we need to give it up. We need to be On Point. ..."

"And being On Point means owning up to 'yeah, I do Know this Truth. I do Know we're *all* in the Oneness. ... we're *all* sitting together ... in the Sound Current as Souls. It's just one big, big, big Ocean Of Love And Mercy ... That's "Where" we are. ... despite the physical illusion. I need to go with the Truth That this table, it looks physical. It looks solid but really there's more empty space than anything and the atoms are just swirling around, swirling around, swirling around and yet by convention it agrees to look physical but it's not.'

"So we need to have the strength of our Knowing ... and of going with our ... Values. And 'loyal forces of the opposition' - they'll be there every step of the way, every step of the way throwing you a curve ... all over the place ..."

"If we deny we *are* Spirit ... this world will give you plenty of support and those opposition forces: boy! they'll help you. They'll help but then eventually the Spirit in you won't be mocked ... And as Soul and as Spirit, yeah, we *are* Loved. And we're Loved Unconditionally. ..."

"This is all about also Proper Identification. ... Identifying ourselves as Soul, as Spirit and then to have the Courage to be On Point and to Know It's not something extraneous to us. ..."

"We're not guilty. ... We're actually fulfilling the Spirit That we *are* and Our Spiritual Responsibility, Which is to Know ourselves as Soul, as Spirit. Because What Completes the karmic journey is the ability to be Present with God *while we're in the body*. ..."

"You ain't supposed to Know you can be with God *while you're in the body*. ... The difference between fate and destiny is fate is ... that you're just bound by karmic choices but through Initiation and, by the way, mankind's Destiny - all of mankind's Destiny - is we're all going Home to God sooner or later ..."

"And That's the Destiny for every Soul sooner or later. Your destiny this lifetime if you choose is to be in the body and be with God at the same time (ed.'s note: Dr. Lane is talking about What is available through Initiation Into The Sound Current), Living in that Oneness and going to Completion. What an incredible Gift!

"God's Love: He's with us all the time. ... The issue is are we with Him in Our Consciousness?

"And in order to do That we have to move into the Resurrection Process. Most of us are living in the crucifixion. We identify with time and space, our thoughts and worries and concerns and we're crucified. We need to move into the Resurrection, into the Soul Body and be with God. That's the Forbidden Secret. That the taboo. ..."

"Just between you and me that taboo is illusionary.

"And we'll stop with that."

Dr. Lane Lovingly answered questions following the Satsang.