

Cosmos Tree, Inc. • A non-profit, tax-exempt educational foundation • "Where Potential Becomes Actuality"
 The Center For Religion And Advanced Spiritual Studies • Know yourSelf as Spirit through Initiation into the Sound Current
 177 E. 87th St. (Lexington - Third Aves) - Suite #204 N.Y. N.Y. 10128

Open Talk

Wednesday, April 3, 2019 at 6:50pm (Doors close at 6:45pm)
"The Feast: A Restaurant, Its Employee, A Child And A Door - A Participatory Satsang"
 Wednesday, May 1, 2019 at 6:50pm
"Are You 'In Depend 'N' See'?: A Participatory Satsang"
 Wednesday, June 5, 2019 at 6:50pm

TBA

Available by teleconference from all Centers. Presented by Founder/Director Roger B. Lane, Ph.D. Arrive between 20 and 5 minutes before as doors close promptly. Learn how to live in the Fulfillment of the True Self! Have fun! Learn about the SPIRIT YOU ARE! Email info@cosmostree.org for details.

Meditation Dates & Times

Meditation Of The Soul

Every Wednesday & Thursday at 6:10pm (except first Wednesday of the month).
 Every Monday at 7:30pm & Second Sunday of Every Month at 10:30am.

One-hour Meditation with Instruction for Beginners. Give yourSelf this great Opportunity to get quiet; to be with the Spirit within; to de-stress; to release negativity; and to send Blessings to others! Come join us and leave the cares and the concerns of the world behind!!

Special Two-Hour Meditation of the Soul

Last Sunday of every month 10:30am-12:30pm (Doors close at 10:25am) Give yourSelf this great extended Opportunity, a great big Gift to yourSelf!

MEDITATION FOR HEALTH AND WELL-BEING

Tuesdays April 16 — May 21 — June 18 8:15pm

As part of a program of Special Meditations, this is a wonderful Opportunity for the Spirit that we really are to receive the Priceless Gift of the Healing Light of the Most High. Call for details. For those attending, please feel free to arrive as early as 7:45pm & PLEASE no later than 8:10pm, when doors close promptly.

Spring Semester

Everyday Evolution 1

10 weeks Wednesdays, April 10 - June 19, 2019 7:45-9:15pm

(except 1st Wednesday of the month when Class begins 8:15pm)

Given by Dr. Roger B. Lane

Learn to let go of the negative and focus on the Positive; Change habitual patterns that no longer serve you; Recognize and eliminate beliefs, patterns and attitudes that you have allowed to limit you; and more!

Open to all but may be some prerequisites.

Payment: \$62 and additional payments of \$31 for Classes 2 - 9 or \$310 for Series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$315 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

Our Sunday Programs

The Second Sunday of Every Month 10:30am-1pm

(Doors close five minutes before start of Meditation & Reading/Discussion)

10:30am-11:30am: **Meditation**. 12-1pm: **Tools For Living Free Reading and Discussion** (available via teleconference).

Please READ the *TFLF* prior to attending. All *TFLF* Titles can be found on our Web site at cosmostree.org>Resources>Tools For Living Free.

Come to Meditation, *Tools For Living Free* Reading/Discussion or both!

TFLF Titles: **All three Tools are from the Talk "The Truth, Five Saboteurs, The Con Man And You: A Participatory Satsang"**

April 14th: **#155: Part I - Doubt And Its Antidote**

May 12th: **#156: Part II - Saboteurs Two, Three, Four and Five**

June 9th: **#157: Part III - The Con Man And You**

The Second Sunday of Every Month 3pm-4pm April 14th; May 12th; & June 9th

Discussion and Study of a Recent Teaching Of The Path Of Soul Transcendence using articles featured in *SpiritCentral* of Satsangs given by Dr. Lane. Please READ the Article prior to attending. All *SpiritCentral* Newsletter articles can be found on our Web site at cosmostree.org>Newsletter (available via teleconference). If you are not a Student at the Center and have not attended previously please contact Rev. Amy Blank at info@cosmostree.org or at 708-846-1031 for instructions on how to participate.

The Last Sunday of Every Month 10:30am-2pm May 26th & June 30th

(Doors close five minutes before start of Meditation & Video)

10:30am-12:30pm: **Meditation**. 1-2pm: **Video/DVD Showing and Discussion**. "Understanding The Spirit You Are"(available via teleconference).

Come to Meditation, Video/DVD Showing and Discussion or both!

Video Titles: May 26th: **#V1 The Foundation For Understanding That You Are The Spirit**

June 30th: **#V2 Forgiveness**

** No April Video/DVD Showing and Discussion. The Center is closed April 28th.

TV and Online Video Series

"Understanding The Spirit You Are": Watch every Thursday 6:30pm on cable TV (see channels below) or online at MNN.org by scrolling down to "3 Spirit Channel" and clicking on "Watch Now". A 22-Part TV Series of Spiritual Learning by Dr. Roger B. Lane. Topics include "Forgiveness"; "Abundance Consciousness"; "The Power Of Choice"; "Living The Truth". Time Warner Channel 1997 / RCN Channel 84 / Verizon (FiOS) Channel 35.

SpiritCentral.tv: Available on-demand at cosmostree.org/resources/spiritcentral; every Tuesday 6pm on cable TV (see channels above) or online at MNN.org at "3 Spirit Channel". Dr. Lane speaks on such topics as "The Christed Consciousness"; "From Fear To Love - The Journey Of A Soul"; "N.I.N.T.E.N.D.O. Actions"; & "Joy - What? How? Why?"

Master's Degree Programs

The Seminary of the Center for Religion and Advanced Spiritual Studies offers 3 Master's Degree Programs to help individuals Learn to live Spiritually in the world. Students Learn to live The Teachings Of The Path Of Soul Transcendence; to Know themSelves as the Spirit they are; to live in Grace; and to harness their Inner Power as Soul. The Programs are Master of Arts in Spiritual Studies for non-Initiates; Master of Science in the Science of Spirit open to those who have begun their second year as Students of the Path Of Soul Transcendence; and a Master of Divinity for those who have received Ordination from the Seminary or wish to receive Ordination.

Call us for information: 212-828-0464 Email us at info@cosmostree.org TWITTER: @CosmosTreeInc. FACEBOOK: Cosmos Tree, Inc.
 Visit our Web sites: cosmostree.org & spiritcentral.org

*Please refrain from wearing any perfumes, hair sprays, fresh nail polish or remover, colognes, aftershave or other chemicals to the Event.
 Please refrain from alcohol and drugs - other than your prescription medication - 24 hours before the Event.*