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Cosmos Tree, Inc.
1461A First Ave. - Ste. 182
New York, NY 10075
212-828-0464

Web sites:
spiritcentral.org
cosmostree.org
email: info@cosmostree.org

Regional Centers

California

Los Angeles area
Rebecca Hammerstein
310-913-7212
losangeles@cosmostree.org

Tennessee

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Peggy Heatherly
423-975-6868
johnsoncity@cosmostree.org

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Queretaro area
Barry Lippman
52-442-224-3042
From the U.S.:
347-448-2310
mexico@cosmostree.org

“God’s Grace & Protection: The Story Of The Guru, The Store’s Cashier & Its Customer - A Participatory Satsang”

Dr. Lane began the May Satsang by saying, “I want to talk a little bit tonight about the Guru - and when I say Guru It’s really a term for a Sound Current Master - the Store’s Cashier and his Customer. I’m going to put it in modern terms ... There was a Sound Current Master Who was doing some repair work in what would pass for a vehicle at that time so it would be a car and badly cut His finger to the bone. And He was on His way to a store He frequented quite often. And there was one person there who had an expertise in certain products ... and he always was being besieged by customers, etc., etc.

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Cosmos Tree And CRASS In Los Angeles: Open Talk, Meditations And Initiation

From May 11th through the 16th, Dr. Lane visited the Los Angeles area for a Special Series of Events titled “Cosmos Tree and CRASS In Los Angeles.”

The Series of Events – Sacred Opportunities for Souls in the LA area as well as Those choosing to attend from around the country to be in the physical Presence of Dr. Lane - began with an important Satsang given by Dr. Lane on the evening of May 11th titled “The Sound Current: Real Identity Politics”.

Dr. Lane began the Satsang, Which was also attended by many via teleconference, by saying “I want to talk a little bit about Who we *are* and What our Focus here is on this planet. What we’re doing

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Baby Blessings On The Souls Present with Sienna Nicolette Siegman And Nuala Gonzalez Hatcher

On Thursday May 17, 2018, surrounded by Initiates Of The Light Of The Most High, Our Teacher held Baby Blessings on the Souls Present with Sienna Nicolette Siegman and Nuala Gonzalez Hatcher. Sienna is the daughter of two Loving Initiates, the Rev. Rebecca Hammerstein, who is a Devoted Minister Of The Light And Sound Of The Lord, God and of Adam Siegman. Sienna was born on December 8, 2017. Nuala is the daughter of much BeLoved Initiate Brittany Hatcher and of Blake Hatcher. Nuala was born on July 16, 2017.

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“Ignorance’s Cost: A Participatory Satsang”

“...The Christ, Jesus said, ‘Ignorance of the law is no excuse’. What is He talking about? The law, of course, is the karmic law. The law of karma. And just because you’re ignorant of it in the sense of you don’t know or you do know but you’re ignoring it, it’s not an excuse.

“A modern day version of that is the parking ticket for the snow emergency that was declared without my knowing it, OK. No excuse that I didn’t know it. Had to pay the ticket. No excuse that there was no way for me to know it if I don’t listen to the radio or however it was announced. Had to pay the ticket. Ignorance of the law is no excuse. ...”

“So what does ignorance cost? The cost is the denial of Responsibility. And we know The

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Original Poetry

This year at RETREAT, Rev. Amy Blank shared some of her poetry inspired by The Teachings and her experience as an Initiate Of The Sound Current On The Path Of Soul Transcendence. Two of these beautiful poems are reprinted in this issue of *SpiritCentral*, on page 8, for the enJoyment of Its readers.

Go There to Read

A DIVINE WALK

&

RELEASE IT

Continued on page 8

Initiates’ RETREAT 2018: Integrity

During the weekend of May 18th to May 20th, Our Teacher brought forward a beautiful weekend RETREAT for Initiates Of The Sound Current On The Path Of Soul Transcendence. The RETREAT was attended by Initiates from around the country and from Mexico. The RETREAT – entitled “Integrity” – helped Those present to strengthen Themselves as the Spirit they *are*; Learn Integrity and Choose to live as Devotees of the Lord, God *each and every moment*, thanks to the Love and the Grace of Our Beloved Teacher.

Dr. Lane began RETREAT by calling in the Light Of The Most High. Through group work; Meditation; quiet time; “activities” and exercises; dream work; generous sharing of discoveries, insights and gains; Homework; and Tools, including many *Tools For Living Free*, we Learned more about The Teachings Of The Path Of Soul Transcendence, including the Key Teachings of Integrity, Surrender, Responsibility,

Continued on page 7

Events Calendar

Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

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editor

Melissa Sones

editorial staff

Amy Blank (layout, Epage)

advisor

Dr. Roger B. Lane

SpiritCentral

1461A First Ave. - Ste. 182

New York, NY 10075

212-828-0464

email:

info@cosmostree.org

Web sites:

cosmostree.org

spiritcentral.org

OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. July 3, 10, 17, 24, 31;

Aug. 7, 14, 21, 28-- 7:30-8pm EST

Weds. July 4, 11, 18, 25;

Aug. 1, 8, 15, 22, 29 -- 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area: Every Wednesday 7pm. Also available via teleconference! Please call 310-913-7212 for details.

TENNESSEE

Johnson City area: Every 2nd and 4th Mon. 7pm.
Call 423-975-6868 for details.

OUTSIDE THE U.S.

MEXICO

Queretaro area: Please call 347-448-2310 for details.

NEW YORK

Meditation Of The Light Of The Most High

M 7:30pm; **W** (except 1st Wed. of the month) & **Th** 6:10pm;

Sun 10:30am July 8 & August 12

Sun 10:30am July 29 & August 26:

Special 2-hour Meditation

Meditation For Health And Well-Being

East Side (Home Center):

Tues 8:15pm July 17 & August 21

VIDEO/DVD SHOWINGS

The 22-part VIDEO Series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:

NEW YORK

New York City:

Every Thurs. 6:30pm.

Time Warner - Channel 1997

RCN - Channel 84

Verizon (FiOs) - Channel 35

Brooklyn

Every Sat. — 4:30pm

Cablevision - Channel 68

Time Warner - Channel 35

RCN - Channel 83

Verizon - 43

For those outside New York

City, please go to mnn.org at

6:30pm Eastern,

Thursdays,

Scroll down to "Spirit Channel"

Click on "Watch Now"

SHOWINGS & DISCUSSIONS

Last Sun. of every month

1-2pm at NYC Center

Join Us For An Hour Of Spiritual Instruction!

**"The Humility Of Acceptance:
A Participatory Satsang"**

July 4, 2018

6:50pm EST

TBA

August 1, 2018

6:50pm EST

**Satsangs
by Dr. Roger B. Lane**

Available at All Centers

Listen to Our Monthly Podcasts!!!

cosmostree.org

spiritcentral.org

**July 5: "See The Lord, God In
All Things:
A Participatory Satsang"**

(MP3 A148)

**August 5: "Overshadowing:
Do You Mind? -
A Participatory Satsang"**

(MP3 A150)

**Read The Blog On
cosmostree.org
GO THERE!**

Cosmos Tree & CRASS in Latin America October/November 2018!

**Come Join Us!
Lift, Grow, En-Joy & Be In The Presence
Of Our Teacher!**

**Created And Facilitated by
Founder/Director Dr. Roger B. Lane**

Queretaro, Mexico - October 26 & 27

San Miguel, Mexico - October 27 & 28

Lima, Peru - November 3 & 4

Santiago, Chile - November 9 & 10

Buenos Aires, Argentina - November 16 & 17

To register or for more details visit
cosmostree.org>Special Events or email info@cosmostree.org.

SUMMER SEMESTER

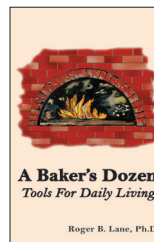
Clinic TBA

**3 weeks, Wednesdays, Aug. 22 - Sept. 5
7:45-9:15pm (except Sept. 5, 8:15-9:45pm)**

Led by Dr. Roger B. Lane

Payment: \$90 for Students enrolled in Degree Program of Seminary or \$92 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS, 1461A First Ave. - Ste. #182, New York, NY 10075. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

A Baker's Dozen: Tools For Daily Living



Dr. Lane's New Book!

A Day-To-Day Guide To Living Your Life

From A Spiritual Perspective!

Available On Amazon In Paperback & E-Book!

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"And the day that the Guru cut his finger practically to the bone ... this employee was working the cash register. And so the Guru asked him, 'do you have a bandage or something?' because the Guru Knew enough to apply gauze and other things as a tourniquet but He couldn't stop the bleeding ... so this person ... climbed on up and got the gauze and a bandage, etc.

"And as this was taking place around the cash register there was a customer waiting to have her purchases rung up and she said, 'you know, I'm a nurse' and so the Guru showed her the cut. And He said, 'do I need to do x, y and z?' and she said ... 'if you're a masochist' ... So He said, 'OK, what would you suggest I do?' And she said, 'do x, y and z!' He said, 'will I need a couple of stitches? It's pretty deep?' She took a closer look and said 'no, it will probably close up overnight.'

"What happened was it didn't close up overnight, which the Guru Knew would be the case. The Guru did what He had been told to do, made sure there was no infection. ... But it took weeks for that wound to close, and then it took even more time for the skin to properly grow over that, once it had closed.

"As this was happening the Guru instantaneously Knew what was happening ... this was a message ... He was walking around with a very heavy heart because of ... Students who were abusive towards the Light [Of The Most High] ... willing to enter into karma, willing to take - in a sense - the easy way, which would be the hard way ..."

"The Guru also had been involved with going into a town to give a Talk. And transportation at that time was basically a very slow-moving train. Trains were in their infancy at the time and so Students would be coming from four, five, six days journey out on the train and He would be giving Satsang, would be, oh, probably the equivalent of eight, ten miles outside of town. And, as a courtesy and because He was much Revered, rickshaw drivers, pedal bike drivers, etc., all agreed to make it easy for His Students, for people coming to see Him; they would just wait at the train station and deliver these people to the site, make it very easy because this was a very busy town. It's very difficult to get anywhere without a rickshaw or pedicab and they are very hard to find. It's very difficult transportation.

"And This Teacher had even had a discussion with one of the Students. And the Student said, 'no, ... you can't get anywhere in that town ... it's so difficult ...' The Student insisted on her point of view ... despite the Guru's telling her how easy it would be ..."

"It was that sort of thing weighing on the Guru because being a Sound Current Master many Blessings are around ... simply by Surrendering and bringing yourSelf to be in the Presence [of The Teacher]. ..."

"And the Guru Knew what the message was ... They have so much fear ... that they are protecting themSelves from so much and yet just like He was taken care of ... The one who was there was a nurse who knew her stuff. ..."

"Just like the nurse said it would heal overnight but it took weeks that was how the Students were caught. They were taking the short view ... They were identified with their ego, with their immediate needs ... If they had taken the longer view, 'hey! I'm Spirit and What a Blessing it is to be in the Presence of The Teacher and be Uplifted and Upvibrated!' They would have given ThemSelves the Gift. You don't know what The Teacher has prepared for you. You don't know the Blessing. You don't know what you are Receiving. They would have done That. Sometimes the very act of Surrendering is, set up so you can Surrender your stuff, open your consciousness and Allow God's Gift to come in and get past the restricted, constricted, small-mindedness of false identification, that fear of opening up to God and Surrendering. The Guru Knew the message was 'hey! the Students are safe'; that they have to Learn they were safe. There is nothing to protect. If They get injured they are taken care of. There's an immediate Band-Aid called God. ..."

"If you take the long view - Proper Identification - 'I'm Soul, I'm Spirit ... my Focus is on the Prize. The Prize is the Pearl Of Great Price, the Soul.' And doesn't being in the Teacher's Presence help in opening up That Gift? ..."

"It's very much like ... If you're playing baseball and you're an Initiate ... the proper reference is OK what was your Progression? How did you Fulfill yourSelf? How was the movement in your Consciousness Fulfilled through the game of baseball? ... Did you Learn to be Present and enJoy the game and just be with the Spirit you *are* while you play

baseball? ... and That becomes the long view?

"But the hurt comes when you take the short view ... you strike out and you think ... God doesn't love you or this deal doesn't work out ... but if you're an Initiate ... there's a whole different reference point. ..."

"... Spirit never harms you. All the hurt is your taking the short view and being small-minded. ..."

"This is crucial! When you Surrender then you're Allowing the Blessing of Spirit. You go and work things inside instead of ... outside ... This is going to take five days, etc., etc. ... if you work it ... from inside out ... the rest is taken care of. You Co-Create, etc., etc. You also have a lot of Tools. ..."

"But look at what happened with that cut! The skin made all that effort to close up. It's a very deep cut to the bone. All that stuff filled in. All the tissue regenerated, everything brought back into function. It made the effort, OK. The Student is required to make the effort by using the Tools, by not Allowing yourSelf to sit in the fear ... but always being in touch with 'hey! I'm Spirit!' ... That's my reference! ..."

"That's the long view. That's the long-term Healing ... And we Know Healing has to do with Wholeness, has to do with Oneness ... you're in Integrity. ... you're in Integrity.

"It's the individual Initiate's Responsibility to come in to That Healing, to come into the Proper Identification ... what you do to yourSelf, the hurt, is when you stop the Flow. ... And willfulness blocks it every time.

"What you need is the Alignment of your will and God's Will ... They [the cashier and the nurse] didn't just happen to be there. It's all Divinely Orchestrated. So, too, is your movement in Spirit with Proper Identification Divinely Orchestrated ... you just need to Allow That! ..."

"See, and the Guru Knew something very interesting. He Knew That the Students Who were on the train for four or five or six days just to hear Him give Satsang, They were filled with Joy ..."

"The Guru Knew also Those who do Service from a Loving Heart - It's not some ominous chore, some horrible thing they are asked to do, some difficult thing, you know. Reminds me of once having a conversation with someone about their Spiritual Practice, he said, yeah, he could have been further along with That. And I said, 'well, yeah, it's difficult.' See, and the interesting thing is, yeah, It may be difficult but you set it up that way and once you do It It probably won't be difficult. But even assuming It's difficult I Knew that same person - who has a lot of difficulties in life and that person didn't shirk away or shy away from them just because they were difficult - but Spiritually, 'oh, yeah, let me shy away from it because it is difficult!'"

"But you need to value also What you *are*. You need to really value It. That's What's really important. It is difficult yet It's the Price, the Pearl Of Great Price. And what's it going to cost you? It will cost you all your negativity and all your incarnational patterns. And what are you going to gain? You're Home. Real simple! ..."

"But you got to take the long view. You need to really understand how things work, be willing to overlook quote the results in this world ... if anyone knows legitimately anything in this world to hold on to let me know ... There's nothing here to hold on to and yet the false self grabs, grabs, ... attaches and attaches ..."

"But we have Free Choice so you need to know Walking this Path is a Protected Action. The hurt comes from turning off the spigot ... of the Flow of Spirit towards you. ..."

"And there's always a way to stop that bleeding, as it were. Simply turn to God! Turn to God. But you need to take the Proper View of yourSelf as Spirit, as God and of your own Magnificence ..."

"So just like the Guru in that story Who instantly realized that whole thing was Orchestrated so He could pass it along to His Students, I, too, want to pass it along to you that you're safe, you're protected, you're Loved ... you need to practice Proper Identification. And it's all Divinely Orchestrated. But you need to give It to yourSelf. You need to live in Your Integrity and follow through in Your Integrity. And that Healing has to do with Wholeness and Oneness and being at God and with God.

"And it's really as simple as that. ..."

Dr. Lane Generously answered questions following the Talk, Giving us an Opportunity for even more Growth and Upliftment!

Teachings Teach us that Responsibility is just what the word says: the ability to respond to the Spirit we *are*. So we deny That. We deny That.

"Let me give you a couple of examples! Let's just say I'm in a relationship with someone and that person asked me to do x, y and z. And rather than my doing it, whether or not I want to, rather than my doing it out of Love or Caring or the fact that we're in it together, I immediately start running, 'well, why should I? I do so much more than the other person'. And I choose into this struggle ... And I keep the struggle going, OK. What have I done but I've ignored the Spirit That I *am* and I've ignored the Spirit That's in the other person and I've chosen into karma. I've chosen into the struggle.

"Let me give you another example! 'Oh, I'd like to Tithe, OK, but over the past ten years I have Tithed 53 cents and, in return, I've gotten back 49 cents. So, what is this? I don't get anything from Spirit? Well, Tithing doesn't work. See, that's my conclusion!' Now what have I done but I've taken an instrument of Grace - Tithing according to this Path - and I try to force It into a karmic tool. Give money to get money. An eye for an eye, a tooth for a tooth. Give money to get money. It's just an exchange. ... And I don't understand the real Purpose of Tithing. ... It doesn't work how you're using It. What we do so often we choose into karma and rather than work it in the Way of Grace.

"Another example is I was working on this project. And I was working with this guy called Peter Schwartz. Peter Schwartz, wonderful guy... number-two ranked guy in this whole field. Peter Schwartz had this idiosyncrasy ... he would keep calling me anytime night or day, emailing me, texting me ... and it never ended and I never ever said to Peter Schwartz, 'hey, look! I love working with you but if we're going to work together we need to work this way'. So that's it. I'm not doing this work anymore. I'm not working with Peter Schwartz anymore. That's it, folks!

"And what have I done? So you don't work with Peter Schwartz anymore. You don't do this work. But what does that do for you? Nothing because you haven't Learned the lesson. The lesson might very well be like in this case you need to set limits. ... Go with the Spirit you *are*! And you have Tools to let go of the fear that comes up. You let it go and you share with Peter, 'hey! this is how we need to work together'. And you take Blameless Responsibility. ... But guess what? You're going to keep doing it and doing it and doing it until you Learn. ..."

"So that's really important and what's the cost of ignoring but you're not coming from the Spirit you *are*. And what happens when you don't do That? You live in karma; you live in pain; you live in hurt; you live in separation. ... you feel all angry. ... And you needed to set limits but you didn't ..."

"We love to blame the situation. We love to blame the person and be outside our Integrity. And the moment we're outside our Integrity we're in hurt, pain, separation. The Teachings Teach us that we're all One. Same Spirit in me, Same Spirit in you ... It's in all of us. That's crucial. ..."

"You see - and the nice thing about ignoring that you're Spirit if you're an Initiate - you'll get it presented to you right away. ... And you'll get Opportunity after Opportunity after Opportunity after Opportunity but it's painful to live in other than that Response. You've given your power over.

"If I'm annoyed at you and I haven't done the inner work I've given my power over to you. That's idolatry. ... So I need to walk back that projection. ... Take it back to mySelf. ... Just like in the case of being angry at Peter Schwartz and saying, 'oh, the hell with all this work! I'm not going to do it', etc., etc., because I didn't walk it back to me and say, 'wait a second! Let me take Blameless Responsibility. I just needed to set limits with this guy and tell him how we could best work together. I didn't do that because I was afraid to do that and I let my fear run the show'. ... See that's what is crucial - taking it back to yourSelf and being Responsible, Blameless Responsibility. ..."

"We tend to really, really overcomplicate things. Things are not that complicated. The mind loves to come up with problems. ... Look what the mind did with Peter Schwartz! Created this problem that it then had to solve ... by chucking away working with Peter Schwartz or not doing the work and the solution is irrelevant because the problem didn't have to exist because the Spirit was ignored, gave into fear, etc. OK. So it's vital and it's important that *each and every moment* - even if we don't know what's going to happen - we choose other than into negativity, to just have the foresight and the strength and the Inner Peace and the Inner Wisdom to go with That and hold with That ... and hold with the unknown ..."

"But if you're really Honest, there's nothing unknown or unknowing if you're Focused on the Spirit you *are*, on God ... And if you do things from That Place you'll be united with the simple Truth that we *are* One. Same Spirit in me as in you. Not going to do anything to hurt you, not going to do anything to hurt me. ... I'm not going to worship false idols or any of that stuff. That's what's crucial.

"And if you ignore your Knowing, you're Responsible. You're held accountable. Spirit will not be mocked and you're mocking Spirit, the Spirit you *are*. ..."

"Some of us: we back into this because the pain of not being the Spirit we *are*. ... it's too much and so we're forced back. Others have a different kind of wisdom and they take the Learning before it gets to be too much ... What's important is to Respect, Honor and Trust that Knowing, being Responsible to the Spirit you *are* and as the Spirit you *are*. OK. And as a Soul Progresses, etc., That's what It has to do. It can't enter Eternal Life unless It's Mastered That. ..."

"What I want to do in conclusion is very quickly we'll call in the Light so 'Lord, God, send us Your Light! We put this time together into Your Light for the Highest Good.' I want you to let a situation arise either with a person or an outer situation or even in terms of relating to yourSelf where you're completely ignoring yourSelf as Spirit. [Pause] OK. And now I want you just to Allow yourSelf to Know yourSelf as Soul, as Spirit and see what happens in that situation. [Pause] OK. Now pick another one! Pick another situation in which you're ignoring yourSelf as Soul, as Spirit. [Pause] Now, Allow your Knowing of yourSelf as Soul, as Spirit to come forth and see what happens with that situation. [Pause] OK. And I'll leave it to you to make the Choice of what you'd like to live with: the cost of ignorance or the Joy of Knowledge.

"We'll stop with that."

Dr. Lane Generously answered the question following the Satsang, giving those Present even more Opportunities for Growth and Upliftment.

Join Us!

Meditation For Health And Well-Being

At The Home Center

Tuesday 8:15pm

July 17 & August 21

Continued from page 1 - Cosmos Tree And CRASS In Los Angeles: Open Talk, Meditations And Initiation

here and why it's so quote difficult to find That, to Know That and Where in all this God is.

"If you look around it's obvious that politics are ... identity politics. It's 'gender'. It's 'race'. It's 'nationality', etc. And that is what people tend to identify as or they're a doctor, lawyer, Indian chief or they are male or female ..."

"And that's what we identify with and we crystallize around that and we have so much animosity towards quote others. But it doesn't just happen that there are 'others'. It has to do with that that's a reflection of our 'otherness', that we feel other than the Spirit that we *are*."

"And That's s What we *are*. We *are* Spirit. ... And if you think about What Health really is, Health has to do with Oneness ... and being One with the Spirit you *are* ... but we've forgotten ... we've forgotten Who we *are* through our choices into our confusion ..."

"And what is our confusion? Our identification with our thoughts and our feelings or with things that come with this physical body. But we're not our bodies and we're not our thoughts and feelings."

"That's pretty serious stuff because then guess what? You're kind of saying that everything is an illusion, isn't it? ... If we're not our thoughts and our feelings and if they just kind of float by and flee by then What *are* we?"

"We're told What we *are*. 'In the beginning was the Word and the Word was with God.' ... the Word is another name for the Sound Current or the Holy Spirit. ... It's not that we look like God or God looks like us ... But it means that we're created of the same Material ... and What is God but the Great Spirit, the Great OverSoul, the Sound Current ... And that Essence is with us ... so That's What we *are*."

"But how do we come to Know This? ... you can't see Him with your physical eyes ... but you can see and be with God *while you're in the body*. And there is a Way to do That ..."

"And God in His Kindness and His Mercy - He's given us a Way. It's called the Sound Current or the Holy Spirit and we know that the Christed Consciousness is a Consciousness of your will and God's Will in Alignment."

"... there is a Way to come into the Christed Consciousness and be Christed. And what does It mean to be Christed? But It means that you and God are in that Oneness. There's always That Oneness going on but you have that conscious awareness. There's no forgetting ... you remember Who you *are* and What you *are* ..."

"You tell me you're 'Asian'. That's meaningless to me. I don't know what that means other than you come from Asia but what does that mean? You can be Indian. You can be Chinese. You can be Israeli. You can be Saudi Arabian. You could be Turkish. You could be Shri Lankan. It tells me nothing that you're Asian. What does it tell me if you tell me you're a vegetarian? It doesn't tell me what kind of a person you are, doesn't tell me why you're doing that, doesn't tell me anything."

"Rebecca [ed's note: Dr. Lane is referring to the LA Regional Center leader] gave a beautiful introduction about me but you don't even know a lot about me. You don't know if I eat chocolate ice cream or vanilla ice cream; if I can even eat ice cream. You don't know what kind of a basketball player I am. You don't know how many movies I've been in. You don't know how many TV shows I've starred in. You know nothing of that. So all this doesn't nail it, does it? Your being a Republican tells me nothing. Being a Democrat tells me nothing. ... It doesn't tell me anything. They're just labels and we love to label things because we think by giving it a name we have understanding of it. ..."

"And we've broken up things and labelled things in such a way that we have forgotten that this is something called life, we're all in this together, that within each of us is the Spirit or the Soul. It's the same Spirit in me as in you, same Spirit in someone who's from Asia, who's from Africa, who's from South America. ..."

"It's the same Spirit. And in that Oneness is really how we live and we've forgotten That."

"And we're busy with the products of the mind. The mind loves to discriminate, discern, etc., categorize because that's how it knows things. ... so we're always in duality ... but there's another way of Understanding and that is through *direct experience*, through Knowing *directly*."

"We can sit here 'til the cows come home and talk about God. But all that is is talk about God. It's not God. Or we can take the Opportunity to be involved with the Resurrection Process, Which is going into the Soul Body and being with God and Know God *directly*. *Directly*. ..."

"And so part of the game is to get away from the materialistic framework ... governed by the senses ... understanding things through the five senses we have distortion so we can't really know ourSelves

completely and fully ... and clearly."

"And also what happens in Consciousness ... there's a cosmic mirror. ... and like anything you see in the mirror you think it's real. ... Everything we create is lodged, goes into the mirror and what happens as part of our being asleep or ... in the karmic field is we think what's in the mirror is real and, on top of it, we've forgotten that we've created it."

"So, for example, if I have a thought ... Then I see it in the mirror ... And then I've forgotten that it's just my thought that's gotten projected so I mistake this for objective reality. What's in the mirror gets confused for objective reality but it's not real and that's basically the story of mankind: we've created all this stuff that we think is real and we've forgotten that we're the creators, we're Responsible and it's all an illusion, whatever we've created. ..."

"You're here not by accident. ... you're here as an Opportunity ... and What's the Opportunity but to come to Know yourSelf as Soul, as Spirit. ... So we need to take Responsibility for That Which we *are*. Which is Spirit, Which is Soul. ... the Purpose of Hu-man life is for you to come into that Knowing ... your Proper Identity. ..."

"But remember the body is the temple for the Spirit that you *are*! It's the housing but rather than confuse the housing with God use the housing to come into the Knowing of yourSelf as Soul, as Spirit! There is a Way called the Sound Current, an Initiatory Approach that sparks the Soul Awake ... to come to Know Itself ... and to be able to be with God *while It's in the body*. ..."

"If you Walk the Path and come into the Christed Consciousness and Complete your karmic journeys you're Free from the bondage of life and death, from karma and reincarnation ... and you enter into Eternal Life Where you no longer have to come into a human body. So this is a Great Opportunity to ... vibrate at That Frequency, to be with God. What do we have to lose but our hurt, our pain, our illusion of separation, etc.? ..."

"When we Learn to live in the Spirit That we *are* then we have Peace. We have Harmony. And we have good or God Will. So It's really about coming to Know ourSelves as Soul, as Spirit. ... There's a Way! Initiation Into The Sound Current or Into The Holy Spirit. Learning to go into the Soul Body because what the Soul has done, in conclusion, is you're here on this planet - which is the most negatively charged place, and the karma's upon you and you're driven, you're driven 'out' and 'down' into this world in your consciousness - and the Training is just the opposite. It's to go 'in' in the Soul Body and 'up' ... Vibrationally to the Spirit you *are*. And that's the Journey and that's the Purpose of Hu-man life. ..."

"But What's important also ... is that It's fun. It's Joyous. It's Enlightening. It's educational and It's Fundamental to our Beingness."

"In this world, we tend to marginalize the Spirit we *are*. We tend to marginalize God and yet It's at the very Center of our Being. ... And yet our consciousness pushes It aside ... And yet God in His Kindness and Mercy gives us That Opportunity to have It be Central to us."

"And the simple truth is if you have kids you want to see them home. ... Well, God wants His kids to be with Him - it's real simple - and to return Home and There 's a Way to do That."

"And we'll stop with that."

Dr. Lane Generously gave those present as well as the many who attended via teleconference even more Growth and Upliftment by adding a question-and-answer section.

The Satsang on May 11th was followed on May 12th by Meditation Of The Light Of The Most High at 10:30 am and 3 pm and by Initiation Into The Sound Current On the Path of Soul Transcendence at 1 pm.

Cosmos Tree and CRASS in LA also included a Meditation Of The Light Of The Most High with Our Teacher at the LA area Regional Center on Wednesday May 16th at 7 pm. Being in the Presence of Our Teacher is always a Blessed Opportunity to receive many Blessings. Hooray to those who chose to attend!

Our Teacher also presented a special Optional Section of RETREAT on May 17th, the day before the Initiates' RETREAT formally began on May 18th. The Optional Section also took place at the LA area Cosmos Tree/CRASS Regional Center.

For more information on Meditation and/or other Cosmos Tree and/or CRASS Events in the LA area, please contact the Regional Center at losangeles@cosmostree.org.

For more on RETREAT 2018, please read the RETREAT article in this issue of *SpiritCentral*.

Continued from page 1 -Baby Blessings On The Souls Present with Sienna Nicolette Siegman And Nuala Gonzalez Hatcher

At a previous Baby Blessing, Dr. Lane explained that “a Baby Blessing is a Light Initiation. And the reason we do That is to give the Soul Present with the baby a ‘leg up’. And when It does what It does, It has the Soul make contact with the Light Of The Most High; and, as a result, Its karmic path is altered and accelerated and That’s the Blessing. Also what happens is ... I’ll take as much karma off of that Soul as permitted. And I’ll give a little information. Usually the Soul will Allow the Blessing to come forth ...”

Dr. Lane also explained that a Baby Blessing gives the Soul a “jump start” so that “it will be able to hold strong” along the negative polarity and to assist It in Its Spiritual Progression. Below the Soul Level, as the Holy Spirit or the Sound Current enters manifested life or duality, It splits along the negative and Positive polarities. Along the negative polarity It is the Light; along the Positive Polarity It is the Sound. A Baby Blessing is a Light Initiation. A Sound Current Initiation or Initiation Into The Path Of Soul Transcendence requires volition, which a baby has not yet acquired.

Moreover, as Dr. Lane has also explained, “Grace extends through the family of an Initiate and extends through the Souls of the families for generation and generation.”

Dr. Lane asked that the mother and father of Nuala come forward and hold the baby by the feet and the head and neck, respectively; after which Our Teacher asked that the Godmother, Rev. Rebecca Hammerstein, and the Godfather, Adam Siegman, come forward and gently place their hands underneath the child.

Our Teacher began by calling in the Light Of The Most High: “Lord, God, send us Your Light! We put this time together into Your Light for the Highest Good! And we Bring Forth the Blessing of Light to your (Spiritual) Heart ... ‘She is a Child of Promise, a Light Being. Gifted artistically, creatively. You need to nurture that! Also brings forward a formidable IQ. She’s very sociable; needs to be around people. She has a gift for music. And her intellectual side needs to be nurtured.”

Throughout the Blessing, Our Teacher gave Nuala the Opportunity to let go of karma, which she did.

Our Teacher then spoke to Nuala’s Godparents, charging them as follows: “[you are] responsible to be there for the child, to help Focus the child into the Light that she is and, in the unlikely event that the parents are not there for the child, to make sure the parents’ wishes are respected and to also be their proxy.”

Our Teacher then placed a “special Blessing of health and strength with the Soul Present with Vincenzo Pulizzano Hatcher”, Nuala’s 4-year-old brother, who was not present. “This Blessing is placed with the Soul Present with him and with his parents. This concludes the Baby Blessing.”

Nuala was given a beautiful Baby Blessing Certificate, Which Our Teacher read out loud.

Dr. Lane then asked the mother and father of Sienna to come forward and hold the baby by the feet and the head and neck, respectively; after which Our Teacher asked that the Godmother, Gina Colelli, a Devoted Initiate Of The Light Of The Most High, and the Godfather, Rev. Barry Lippman, a Devoted Minister Of The Light And Sound Of The Lord, God, to come forward and gently place their hands underneath the child. Our Teacher then asked Sienna’s five-year-old brother Beau to come forth and assist in the holding of the baby by adding his “strength”.

After calling in the Light Of The Most High, Our Teacher continued: “And we Bring Forth the Blessing of Light to your (Spiritual) Heart ... ‘She is a Child of Promise, of great strength and determination, great amount of willfulness that will need to

be channeled properly. Gifted student. Unusually bright. She may need special schooling to bring out her gifts. She will lean towards math and science. She has leadership qualities that need to get handled.”

Our Teacher gave Sienna several Opportunities to let go of karma, which she did.

Our Teacher then instructed the Godparents: “You are to provide a Focus into the Light Of The Most High for this child and to be there in the unlikely event the child’s parents are not to make sure their wishes are respected; and sometimes, when kids grow up they don’t want to have anything to do with their parents, you are to be there in Loving Support. That’s what you are charged with.”

Sienna was also presented with a beautiful Baby Blessing Certificate, Which Our Teacher read out loud. Both Nuala’s and Sienna’s Certificates “Honor and Confirm that a Blessing has been placed with the Soul Present” with each of them by the Reverend Roger B. Lane, Whose signature is on each Certificate. The Certificates are stamped with the seal of the Center For Religion And Advanced Spiritual Studies.

Finally, Our Teacher Lovingly charged Sienna’s brother Beau, who was born on December 20, 2012 and received a Baby Blessing on August 4, 2013, as follows: “you are charged with being a good brother and loving your sister and making sure she’s OK! That’s an important job in your life!”

JOIN US FOR OUR SUNDAY EVENTS!

SUNDAY PROGRAM

July 8 & August 12

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST

Tools For Living Free Reading and Discussion: 12pm EST

July 8: #129 Now Is The Time For the Real Education

August 12: #130 How About Now?

July 29 & August 26

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST

Video/DVD Showing and Discussion: 1pm EST

July 29: #V15 What Is Meditation On The Path Of Soul Transcendence?

August 26: #V16 What Is The Theology Of The Path Of Soul Transcendence?

THE TEACHINGS STUDY GROUP

July 8 & August 12

3pm EST

Using articles featured in *SpiritCentral* of Satsangs Given by Dr. Lane

July 8: “God’s Grace & Protection: The Story Of The Guru, The Store’s Cashier & Its Customer - A Participatory Satsang”

August 12: “Ignorance’s Cost: A Participatory Satsang”

Please read articles and/or watch Video/DVD prior to attending!

For details or to attend via teleconference email info@cosmostree.org.

More details also on the Events page included with this Issue of *SpiritCentral*.

TAR (Trust, Allow, Receive), Worthiness, Eternal Vigilance, Forgiveness and Neutrality and the importance of Integrity in actively applying The Teachings.

Our Teacher emphasized early on and throughout RETREAT that living The Teachings requires “constant Surrender. That’s where the Power Is. The Power isn’t in your doing it yourSelf.”

Dr. Lane also emphasized at the start and throughout RETREAT the importance of being a “traffic cop” and that, up until now, many of us have allowed ourSelves to engage in a civil war between the false self and the True Self. “You need to monitor and direct yourSelf. ... You don’t need to engage with it. Your job is to be engaged with God.”

Our Teacher also emphasized the importance of going inside often and asking ourSelves five key questions as needed, which are: 1) What is the Teaching?; 2) Am I in Alignment? 3) Am I in Agreement? 4) Where is my Focus?; 5) Am I Living the Teaching?

Throughout RETREAT we shared Generously regarding the work we did on Integrity with Our Teacher responding Generously to increase our Learning, Growth and Upliftment. Our Teacher spoke of the Important Instructions Initiates are given at the Time of Initiation and that we agreed to follow: “This is Integrity. You need to stay in Integrity. A lot of people focus on exceptions. If you’re trying to find excuses it’s going to bite you.” Our Teacher gave the example of Our Teacher’s receiving a ticket for parking on a snow emergency route and Our Teacher’s choosing to pay the ticket instead of going with the excuse that Our Teacher hadn’t seen the sign nor heard that a snow emergency had been declared.

As Our Teacher does at RETREAT, Our Teacher asked us to name the Levels that the Soul lives on. “When you take Initiation you’re given the Sacred Names of God as He manifests on those Levels. What are the Levels?” As one Participant responded, They are the astral, causal, mental, etheric and Soul Realm. “They are very important for you to know,” Our Teacher emphasized. “Depending on the Soul, some Souls have more karma in the mental, some more in the causal, some etheric, etc. Why do you think this whole thing got created?” [ed.’s note: by ‘whole thing’ Dr. Lane is referring to our being here in the body lifetime after lifetime as a result of the karma we have created.]

“It takes great Courage to see the Face of God. We’re scared and the mind wants hegemony, wants to be in control and the Surrender Process is a real letting go and Trusting, Allowing and Receiving. And God is so Wonder-ful and Kind to us we have the Great Void aka ‘death’ and This is in the etheric and you get to travel through here as often as you need to until we can travel through here without any attachments, without any attachments and you can go Home to God [ed.’s note: Dr. Lane is referring to being Established in Eternal Life or in the Soul Realm.] ... If you identify here as Soul, as Spirit what’s the problem? ... You need to have big Minded-ness – you need to have Proper Identification. It all Flows from There!”

Our Teacher also Taught us many times that Eternal Vigilance is Key to Living in Integrity: “as simple as this may sound, I’m willing to do the work even when I feel I don’t want to.” And regarding the crucial Teaching of Worthiness: “As the Spirit you *are*, you’re Inherently Worthy ... God Loves you and you got to be OK. ‘In the beginning was the Word and the Word was with God.’ You must be Worthy. You were with God. ...” And regarding “how you Walk through your life and what you allow to pull you out of your Center”, Dr. Lane Instructed: “What was your attitude? Did you blame yourSelf? Did you beat yourSelf up or did you take the Learning and move on?”

On Forgiveness, Our Teacher Taught us: “Forgive yourSelf! ... This is not a Path where you get beaten up for not doing something. ... It’s a Path of Love and Mercy and Kindness. ... We’re ... Ripped into shape with Kindness so give yourSelf a Learning curve. There are Guidelines. There are the Teachings. If you had Mastered Them you wouldn’t be here so be Kind to yourSelf!”

Throughout RETREAT we did many exercises to help us deepen our Understanding of Integrity, after which we shared our inner experiences, which included: “sets me free and allows me to live in Joy”; “Re-membrance is being in ... Integrity”; “requires me to come from my Inner Knowing and be fully Awake.”; and “safety.”

We then came up with a group definition of Integrity based on all the Inner Work we had done. The definition is: “Integrity is my being at One with the Lord, God and living in Loving Surrender to the Spirit I *am*. Living from the Inner Knowing that I *am* Spirit. Living the Teachings - including the Guidelines - *exactly* as Taught!”

As we neared RETREAT’s end, Our Teacher re-emphasized why we are here on the planet. “This whole ... life is a Divine Walk. You need to use

it that way. The difference is what they say about enlightenment. What you do before enlightenment - you go to the well and draw the water. And what you do after enlightenment - you go to the well and draw the water except there is a difference and that difference is Consciousness and Remembering.

“I remember having a conversation with a child just 13, very super intelligent but sensitive person, and he asked a good question. He said, ‘why do we have to come here? You know, we’re with Spirit. We’re with God.’ We come here because of the Training that we are getting of exercising your choice, your volition, to choose into Spirit or choose into karma. You have to do it consciously, consciously. ... That’s why you’re here.”

RETREAT included a Music and Readings Concert with musical performances by Alice Shuman-Johnson, Elisa Hunter and Rev. Valentina Isleib and Readings of poems by Revs. Amy Blank and of a mini-Satsang by Peggy Heatherly as well as a Silent Auction. These events helped provide funding for the many Scholarships that the Center For Religion And Advanced Spiritual Studies makes available to Initiates, including those attending this year’s RETREAT.

On the Thursday before RETREAT, Our Teacher set up a special one-day Optional Section of RETREAT, Which many Initiates chose to attend. The Optional Section took place at the Los Angeles area Regional Center.

The Optional Section began with Meditation; followed by an explanation by Our Teacher of just how Powerful we *are*, using an example of a Participant in this Section breaking the Forcefield that had been Lovingly set up for this Section by interrupting what was going on. Through the Grace of Our Teacher the Forcefield was reconstituted. Our Teacher used this situation to Teach us that a Forcefield is an Energy Field that is the Extension of the Lord, God onto the planet. “God. The Forcefield. The Sound Current. There’s no difference ... We’re all in the Oneness of the Holy Spirit. There’s no separation at all. ... If you allow yourSelf to be open and vulnerable Spirit moves you ...”

We studied Tools, including *Tools For Living Free*, after which our Teacher Taught us more about Integrity and our Responsibility to keep agreements. “We’re Responsible anyway so why not be Present for the agreements? ... All have to be Fulfilled.” And regarding the importance of applying the Teachings: “They are your life and to be applied *moment-to-moment*. Application needs to happen!”

Dr. Lane further explained the difference between allowing the mind with a lower case “m” to rule the roost and when we are Allowing Spirit/The Mind of God. Our Teacher explained: “Boredom is what the mind does. ... Just be entirely Present and you will find it [ed.’s note: Dr. Lane is referring to an area of our lives to which we applied the Teachings] more en-Joyable and less of a task!”

And in response to questions, Our Teacher further explained the importance of being Neutral. “All you have to do is Naturally be inside yourSelf ... Naturally is Chant My Tones. All I have to do is be the Spirit I *am*. ... Why is this important? It’s the whole thing!”

Through group work and individual project we practiced Application of the Teachings in the lives the Lord, God has given us. This work was followed by sharing that included the importance of doing Self-Talk; of letting ourSelves know we’re OK; of living in Gratitude and of Knowing we’re Spirit. Participants also Lovingly shared: “being Honest with yourSelf”; “love others as you truly know you are Loved”; and “Application. Integration. Discipline.” Dr. Lane greatly enhanced Our Learning by sharing: “What you want to do is be in God’s Agenda. Simran and Dhyana *exactly* as Taught. Ask the Lord, God to bring forward Solutions you need!”

As we neared the end of the Optional Section, Our Teacher emphasized what is meant by “Agreement”. “The Agreement is to Walk this Path *exactly* as spelled out ... That’s the Agreement but It’s not with me or Cosmos Tree or CRASS. It’s with the Spirit you *are*. That’s the Agreement and the whole Purpose of That is to Love God. That’s the Agreement!”

Finally, there are once again no words to describe the Loving and Caring and Compassion of Our Teacher in preparing and bringing forward this RETREAT as well as the special Optional Section of RETREAT while also bringing forward Talks and Classes as well as our regularly scheduled Meditation during this same time period. On behalf of all of Your Initiates, we thank YOU.

A DIVINE WALK

Gray sky, sharp rain, blustery wind
I made my way down the path.
Across rolling hills and rushing creek,
I may have thought, "I'd like to go back!"
But on I went though my legs became heavy
And the umbrella I held seemed a bit shaky.
The Path was clear, simple and straight,
A Divine Walk for me to create.
As I looked across the wet, sparkling meadow
An urge to run came over me.
What fun to stray from the Path –
And run like a child through the downy green!
I chose to stay where I was walking
And a strange thing happened to see –
The downy meadow tuned in high-definition
With thorns, thistles, and sticky bird droppings.
Bramble bushes twisted to the left,
Tall spikey weeds choked to the right.
Perhaps a tour off the Path would be not so fun
If I'd be covered in briars, leaves, and mud.
A romp through a pasture is only a game
Until you've found you've lost your way.
So onward I went in wind and rain
Down the Path keeping my Focus the Same.
Snow-white blossoms fell from the trees
The clouds parted and Home I came to be.

RELEASE IT

Sometimes I feel angry.
Sometimes I get mad.
Hello, frustration.
Hello, sad.
I tear my hair
And stomp my feet.
I clench my fists
And pout in my seat.
Then I remember the words
My Teacher has said,
And I do the work
So I no longer see red.
I put it all into the Light
Of The Most High.
I give it to God
And I say good-bye.
Good-bye to the angry,
So long to the mad,
Good-bye, frustration,
I let go of the sad.
Sometimes I may have to
Do it again.
Angry and sad can be stubborn
My friend.
But if you keep it up,
And you don't compromise,
The Light within
Will really shine.