

Tools For Living Free

NUMBER 151 IN THIS EDUCATIONAL SERIES

God's Will: Will You Or Won't You?

Excerpts from the Satsang "God's Will: Will You Or Won't You?" Given by Dr. Roger B. Lane (MP3 A31)

"I want to speak today about 'God's Will: Will You or Won't You?' It's real simple and I wanted to start by just having you get nice and quiet. And what I want you to do is visualize yourSelf. Just like you put on the clothing you're wearing now your Soul has put on the body that you're wearing now. All of you are wearing bodies or you wouldn't be here. Because that's the ticket to this realm: it's a body.

"Now, what I also want you to do is, at most, hopefully within a few days of this open Satsang, you will take off your clothes and change them. And similarly, I'd like you - not in a few days - but I'd like you to see yourSelf - the Soul that you *are* - just getting out of the clothing you are wearing. And that clothing is your body.

"Now, you're not dead - you've gotten out of your body - but you're not dead. And I want you to just ask yourSelf a simple question: 'Are you the clothing that you wear? Are you the body? Or are you the Soul that is using the clothing, using the body, for Its Purposes?' And, if you're a Soul using the body for Its Purpose, What is Its Purpose? What is Its Purpose here? Why is It putting on this body? What's It doing in a body? OK. And when you can, you can bring your consciousness back here.

"And some of you may have been uncomfortable; you may have thought 'My God! If I take off my clothing, my body, you know, hey, I may be dead' or you may have thought you're the body and not your Soul. Or there may be a lot of confusion.

"And this really brings us to God's Will. And I'll state it real simply as it was shared with me by the Spirit of the Lord, God. And God's Will is that you Know Him. End of sentence. End of Purpose. That's why you put on the body: to Know Him. And how do you Know Him? *Directly* and Approaching Him in Love and Light and there is a Path mapped out by the Lord, God that is His Way for Souls to Know Him *directly* and Remember Who and What It is.

'In the Beginning was the Word, and the Word was with God' - the Soul is the Sound Current, is the Holy Spirit, the Same as you were created in God's Image - That's What you *are*, That's What God *is*, One and the Same. No great mystery. And, yet, we make a great mystery out of It.

"There isn't any mystery about It. It's straightforward and It's real simple. And this isn't so because I say so. It's so because it's within the 'Spiritual Genetics' of mankind, so to speak. It's in us. It's programmed *within*. This is our birth right, our Inheritance to Know God, and we Know God *directly*. And part of this Divine Blueprint by the Great Architect is that every Soul is going to Know Him and go Home to God and complete Its incarnations here and finish up. That's the Plan. Will you or won't you? In a way, that's a rhetorical question, because, yeah, you will, eventually. Every Soul will do this; so, yeah, you will.

"But will you or won't you has to do with your decision: Are you going to do It? When are you going to do It? Are you going to do It *now*? Are you going to do It forty lifetimes from now or four-thousand lifetimes from now? It's your choice. See, and I always love the excuses that a person gives: I'm too busy; it's against my religion; my boyfriend or girlfriend or husband or wife won't like it; it will get in the way of my lifestyle; what will my friends say? And we go on and on and on and on. That's fine; that's part of the game. But that's the 'won't you' part, the

part that says 'no, I won't' you see, 'I won't Know mySelf as Soul, I won't Know mySelf as Spirit' but guess What? You're going to do It anyway so why not do It *now*?

"And God in His Brilliance, He has created something really neat - He's created this life to give us an Opportunity to Know Him. And that has to do with how things are set up Spiritually. It's set up Spiritually in that this life is a great Gift and here in this life we can Know God *directly*. More so than any other place in all of creation below the realms subject to these reincarnational patterns, subject to karma.

"We have karma, you die; guess what? You're just going to go to that same frequency you're on when you're in the body. Are you going to progress? Not very much if you do at all. Then you come back and you incarnate again and again and again and again. But when you're in the body - that's where you have the Opportunity to go all the way through all the grades, as it were.

"And, you know, it's said life on this earth is a classroom, you get to progress through all the grades here. And you can go Home. That's a Great Opportunity; can't do It anywhere else. [ed.'s note: Dr. Lane is referring to the Realms below the Soul Realm.]

"So God gives us this Gift and He also gives us *each moment* to make these great decisions of Surrender; Letting Go; Allowing; Trusting. You know, - and God ain't no fool - so, let's just say, a situation comes up and like I'm feeling miserable. OK. I can Surrender that; I can Let it go; I can let the Tools go into usage. I'm going to let Them go into usage, I'm going to use Them. We have Tools of Upliftment. I know how to use It and I'll use Them. Or we can decide not to.

"Just like the other day I was having a conversation with a Student or someone who probably thinks she is a Student - I'm not sure what she's studying - and she actually said to me when I suggested, 'Well, you might want to use these Tools' she said, 'Well, I don't know if They work.' Well, after four or five or six years, if you don't know if They're working, what are you doing being a Student of This? And if you Know they're working, why don't you use Them? What's the game here? But *each moment* a Soul gets the Opportunity to Surrender Its stuff, Its karma and be with God; Its negativity; Its hurt; Its pain; and we get to drop it, we get to drop it, we get to drop it, we get to Surrender it - that's crucial - *each moment, each moment*. Or you can be having an actual experience - we did a Class in Which there was an actual experience going on of the Presence of God - and a Participant said, 'Let me see now! Oh, man! Am I going to be able to get home on time?' It cracks me up! It cracks me up!

"There's the Presence of God - being Present, letting go of all your negativity - and you're wondering if you're going to get home. Well, of course, you're not going to get Home. How do you get Home in this lifetime - and I mean go Home to God - other than being Present with God? So here you are wondering, 'am I going to get home?' and you can't be Present with God. Then you wonder, 'how come I'm not Present when the dollar bills drop into people's wallets? I don't know; God doesn't love me.'

"What's the game? And we get it wired up, wired up in so many crazy ways. And all we are asked to do is Align ourSelves with God's Will. It's really simple. God's

"And
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Know
Him.
End of
sentence."

-- From the Satsang
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Will is to Know Him, complete our karmic journeys here and go Home. Love Him - and we do This just by Loving Him; that's all, that's all. It isn't about the Christ, Jesus - worshipping Him or this or that or anything else like that but it is about going to the Christed Consciousness *within* us or the Consciousness that is One with God and coming from that 'Spot' at *each and every moment.*"

Dear Cosmos Tree

Q: I am a full-time mother of two young children, one who is three and has been under cancer treatment for the last year and one who is a six-month-old infant. Because I don't know when the cancer treatment will end and my infant will continue to grow and have many needs of her own, how can I find joy in each moment under a circumstance that requires so much of me rather than have a feeling of just trying to survive and keep my head above the water on a day-to-day basis? – B.H.

Dear B.H.: 1) Call in the Light Of The Most High by saying "For the Highest Good Lord, God, send me Your Light!"; 2) Ask the Lord, God for what you want: "For the Highest Good Lord, God my preference is [fill in what you want; for instance, to be in joy in each moment, etc. (versus "finding Joy") or what you prefer regarding your children or even how you "feel", etc.]; 3) Be Present by Focusing into Spirit and know that the Only Relationship is with yourSelf/the Spirit you *are!*; 4) Work with your basics, the part of you that brings forward your karmic patterns, by telling them to be present like this: "Basics, come present! I need your cooperation and energy to be Present now! Thank you and keep up the good work with this."; you can also direct yourSelf to be in Joy no matter what's going on with your children, etc. or to be in Joy and also be Kind to your children, etc. (up to you); 5) Use the Two-Part Release Technique as often as needed by calling in the Light Of The Most High as noted in #1 above; then ask the Lord, God to take any negativity from you and tell yourSelf: "(your name) it's OK to let it go!"; you can also ask the Lord, God to take the pattern (or set-up) of "trying to survive" or "keeping my head above water", etc.; 6) You can always ask the Lord, God for Clarity and Guidance by calling in the Light Of The Most High and asking the Lord, God, for "Clarity and Guidance on [fill in what you prefer to Receive Clarity and Guidance on]; 7) The Nature of the Soul is Joy! To Truly live in Joy you must take Initiation Into The Sound Current and Be Present by following the Instructions given at the Time Of Initiation *exactly* as Taught by Dr. Lane; Initiation gives you *direct access* to the Lord, God/yourSelf/The Spirit you *are*/The Spiritual Form of The Master/Teacher inside yourSelf! From There you live as the Joy you are! If you haven't requested this Most Precious Gift and the Purpose of our being here, please do so!

To Reinforce Your Learning: 1. Beginner: *Tools For Living Free* "Being Present", "Acceptance: All That You Are" and "Using The Tool Of Gratitude"; SpiritCentral.tv, Episode 2 on Joy (go to cosmostree.org under "Resources"); "The Twin Towers Of Acceptance And Gratitude" from the Series *Understanding The Spirit You Are*; Everyday Evolution I Class the next time it's offered; Being in the Presence of Dr. Lane by coming to the New York City Home Center; Intermediate: Meditation; Relationships Class; Meditation For Health And Well-Being; Advanced: 1, 2 and if you haven't already, request Initiation Into The Sound Current On The Path Of Soul Transcendence!

Dr. Lane adds: Dear B.H.: Thank you for Allowing Me to be of Service to you.

"So, 'God's Will: Will You or Won't You?'- that question has already been answered: 'yeah, you will.' But you're going to determine when. And time is all about reincarnation and wearing clothing after clothing after clothing called the body. You're Powerful Creators; you decide when. You create your embodiments, you create your karma. Eventually, you're going to have to give it up anyway. Why not give it up *now*?"

"And we'll stop with that."

Your question contains the answer. When you state "Because I do not know when the cancer treatment will end ..." you are saying that if you know you could find Joy when it has ended but you have not trained yourSelf to do so NOW.

Real Joy, dear B.H., is found *within* in the Soul as Joy is the True Nature of the Soul and is not dependent upon circumstance. The Teachings of the Path Of Soul Transcendence Teach us, upon Initiation Into The Sound Current on This Path, how to enter into the Soul Body and be with God *while in the body*. This is Where the Joy is and is available to you regardless of whether your body is taking care of your infant or your son or doing the multitude of tasks required of you during the day.

The Teachings of the Path that I am Blessed to bring forth Teach us to Know Joy rather than be in pursuit of happiness. While the latter is guaranteed by the Constitution of the United States, happiness is entirely dependent upon outer circumstances, events and people and is very conditional and fleeting. Our basic selves are always in pursuit of this happiness and, accordingly, drive us out into the world if we allow them.

The Training of the Soul – available through this Gift of Initiation Into The Sound Current On The Path Of Soul Transcendence – is to go "in" and "up". These are not directional but, rather, for the Soul to go in the Soul Body and be with God. When the Soul is entirely Present with God Joy reigns Abundantly.

From your question of how you can find Joy under a circumstance, it seems that you are trying to find some happiness in this situation and that you have given over your power to it so that it seems to be "above" you and you are "under" the circumstance.

Nothing could be further from the Truth! The Teachings Of The Path Of Soul Transcendence Teach us that we are more than our thoughts and feelings and circumstances. When you take Initiation Into The Sound Current On The Path Of Soul Transcendence you come to Know yourSelf as Soul, as Spirit and you are able to practice Proper Identity, that is; you come to Know that B.H. is the housing for the Soul Present with you and not the house.

With Proper Identification you realize and Know that the same is true for your son. As an entity known as your son his illness may seem more than he or you can handle; as a Soul it is not only handleable but karmically correct for Its Learning and Progression and that it is part of yours as well. Knowing this with Proper Identification, it becomes easier to Accept and not be a "burden" or "unfair."

Acceptance is the First Law of Spirit.

The editor of Dear Cosmos Tree has given you excellent Suggestions as well, to Which I would like to add that you give yourSelf "quiet time" just for yourSelf to relax in any way you wish, whether to take a walk or read or nap, for example.

I Lovingly Suggest that when you take Initiation Into The Sound Current On The Path Of Soul Transcendence you come to Understand how Blessed and fortunate you are to be involved in this "circumstance" and that the Growth and Progression Of The Soul - yours and Those Present with each member of your family – is the Purpose of Hu-man life.

Please Know I hold you and yours in My Heart, B.H.

Step-by-Step

Here's A Quick Reference For Daily Practice:

1. Call in the Light Of The Most High by saying, "For the Highest Good Lord, God, send me Your Light!"

2. Now, let an excuse arise that, up until now, you have used to choose away from living your Purpose here: to Know yourSelf as Spirit, as Soul. Just let that excuse come up - be it "too busy", "not enough time", another's opinion, etc. - just let it arise!

3. Now, inside yourSelf, ask the Lord, God to take this excuse and all others, all of which separate you from the Spirit you *are*, from you now!

4. Tell yourSelf, "(your name), it's OK to let it go!"

5. Anytime negativity/separation comes up, Love yourSelf enough to drop it by using the Two-Part Release Technique shown in 1-4 above.

6. Fulfill your Purpose here by requesting Initiation Into the Sound Current On The Path Of Soul Transcendence now by either contacting the New York City Home Center at 212-828-0464; emailing info@spiritcentral.org; or contacting any Regional Center!

7. Gain Spiritual Strength by attending Classes; Meditations; Meditations For Health And Well-Being; and by placing yourSelf in the Presence of The Teacher/Dr. Lane often!

For further information or to request other titles in this series contact:

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Try This ...

"I want to end with another Process. What I want you to do is, I want you to just see yourSelf at the end of your life – so-called life – where you've entered into so-called 'death'. And you've got this little gift - you're going to be able to see what is written on your tombstone. And what's on your tombstone will accurately reflect how you spent your life, what you did. What do you want that tombstone to say? And can you commit to Loving God, following His Direction and, in the process, completing your karmic load and living in Grace *while you're here*? That's all." – From the Satsang "God's Will: Will You Or Won't You?" Given by Dr. Roger B. Lane (MP3 A31)