



Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and Center For Religion And Advanced Spiritual Studies January/February 2018

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“The Guru And The Beggar: A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane, began the November Satsang by saying, “I want to talk a little bit tonight about the ‘Guru And The Beggar’. Let me define the terms! The Guru is not ... interchangeable with a ‘maven’ or someone who has expertise. ... I’m using Guru respectfully as interchangeable with a Sound Current Master. I’m going to tell this story and I’m going to tell it using American currency to make it easier and I’ll also present it as a current kind of event.

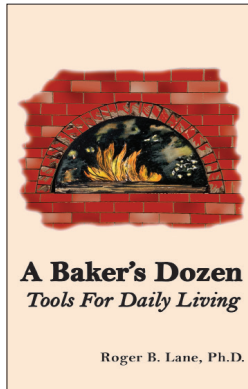
“There was a Guru - a Master Of The Sound Current - walking down the street and He had
Continued on page 3

“How Do I Stop My Friend From Creating More Karma?: A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane, began Our Teacher’s December Satsang (Spiritual Instruction) by stating the Title of the Talk and that “... this actually was taken from a really good question I was asked ... it was just a really good statement that needs to be addressed. The person didn’t use ‘friend’ but you can fill in ‘friend’, ‘parent’, ‘sibling’, ‘acquaintance’, ‘colleague’, ‘enemy’, whatever you’d like.

“And I’ll start by giving you the short answer and then I’ll give you the long,
Continued on page 4

A Baker’s Dozen: Tools For Daily Living



Dr. Lane’s New Book!

**A Day-To-Day Guide To Living Your Life
From A Spiritual Perspective!**

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Holiday Satsang & Celebration 2017

On Saturday, December 17th Initiates Of The Sound Current On The Path Of Soul Transcendence attended the annual Holiday Satsang and Celebration both in-person at the Cosmos Tree/CRASS Home Center in New York City and via teleconference from around the country and outside of it.

This Sacred Event brought forward by Our BeLoved Teacher, Dr. Roger B. Lane, for Our Growth And Upliftment began with the sharing of refreshments at the Home Center followed by a Meditation Of The Light Of The Most High, another Precious Gift to Lift given to us by Our BeLoved Teacher!

Dr. Lane then began the Holiday Satsang. “I’m going to talk a little bit about the meaning of Christmas but in terms of What the Christed

Consciousness really is. ... But before I do and to build up the suspense I’d like to do a little Process before. I will call in the Light [Of The Most High], ‘Lord, God, send us Your Light! And we put this time into Your Light for the Highest Good!’ Just inside yourSelf have a situation come up that you’re dealing with that just presents a lot of ‘agita’; it gives you a lot of grief, a lot of trouble ... [Pause] And now just Allow the Christed Consciousness to come into that! [Pause] Now just make a note inside yourSelf how that went! ... When you can you can return your consciousness back here.

“... Now I want to just say if you notice I didn’t say ask yourSelf what would Jesus do because that would be a denial of What He came to do. And, as a result of His being here, the

Continued on page 5

Events Calendar

Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book")!

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

SpiritCentral

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Jan. 2, 9, 16, 23, 30;
Feb. 6, 13, 20, 27 -- 7:30-8pm EST
Wed. Jan. 3, 10, 17, 24, 31;
Feb. 7, 14, 21, 28 -- 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area: Every Wednesday 7pm. Also available via teleconference! Please call 310-913-7212 for details.

TENNESSEE

Johnson City area: Every 2nd and 4th Mon. 7pm.
Call 423-975-6868 for details.

OUTSIDE THE U.S.

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Queretaro area: Please call 347-448-2310 for details.

NEW YORK

Meditation Of The Light Of The Most High

M 7:30pm; **W** (except 1st Wed. of the month) & **Th** 6:10pm;

Sun 10:30am Jan. 14 & Feb. 11

Sun 10:30am Jan. 28 & Feb. 25:

Special 2-hour Meditation

Meditation For Health And Well-Being

East Side (Home Center):

Tues 8:15pm Jan. 16 & Feb. 20

VIDEO/DVD SHOWINGS

The 22-part VIDEO Series

"*Understanding the Spirit You Are*" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:

NEW YORK

New York City:

Every Thurs. 6:30pm.

Time Warner - Channel 1997

RCN - Channel 84

Verizon (FiOs) - Channel 35

Brooklyn

Every Sat. — 4:30pm

Cablevision - Channel 68

Time Warner - Channel 35

RCN - Channel 83

Verizon - 43

For those outside New York

City, please go to mnn.org at

6:30pm Eastern,

Thursdays,

Scroll down to "Spirit Channel"

Click on "Watch Now"

SHOWINGS & DISCUSSIONS

Last Sun. of every month

1-2pm at NYC Center

Join Us For An Hour Of
Spiritual Instruction!

*"Ignorance As Wisdom:
The Master's Mastery -
A Participatory Satsang"*

January 3, 2018

6:50pm EST

TBA

February 7, 2018

6:50pm EST

**Satsangs
by Dr. Roger B. Lane**

Available at All Centers

Listen to Our Monthly
Podcasts!!!

**cosmostree.org
spiritcentral.org**

**Jan. 5: "Excuse Me! What
Did You Say Your Excuse
Was?"**

(MP3 A65)

**Feb. 5: "Are You Pulling The
Wool Over Your Eye?"**

(MP3 A76)

**Read The Blog On
cosmostree.org
GO THERE!**

WINTER SEMESTER

Tools For Living Free Class

10 weeks, Wednesdays, February 14 - April 25, 2017

7:45-9:15pm

(Except 1st Wednesday of the month when Class begins 8:15pm. No Class 3/28)

Taught by Dr. Roger B. Lane

The Student explores, in depth, the popular Educational series *Tools For Living Free* with topics such as "Spiritual Economics"; "Living a Blameless Existence"; "For-Giving Yourself"; and many more. This Class aids participants in investigating and applying these many Tools to their own lives and helps participants Learn to live free!

Payment: \$62 and additional payments of \$31 for Classes 2 - 9 or \$300 for Series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63/\$31.50/ \$310 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS, 1461A First Ave. - Ste. #182, New York, NY 10075. For more information call Registrar, Amy Blank at 708-846-1031 or email info@spiritcentral.org.

JOIN US FOR OUR SUNDAY EVENTS!

SUNDAY PROGRAM

JAN. 14 & FEB. 11

Meditation Of The Light Of The Most High: 10:30 - 11:30am EST

Tools For Living Free Reading and Discussion: 12pm EST

January 14: #110 How To Serve Yourself And Others

February 11: #111 Attuning To The Spiritual Forces That You Are

JAN. 28 & FEB. 25

Meditation Of The Light Of The Most High: 10:30am - 12:30pm EST

Video/DVD Showing and Discussion: 1pm EST

January 28: #V9 How To Sacrifice "The Sacrifice"

February 25: #V10 The Ego's Revenge: False Pride

THE TEACHINGS STUDY GROUP

JAN. 14 & FEB. 11

3pm EST

Using articles featured in *SpiritCentral* of Satsangs Given by Dr. Lane

Jan. 14: "The Guru And The Beggar: A Participatory Satsang"

Feb. 11: "How Do I Stop My Friend From Creating More Karma?:
A Participatory Satsang"

Please read articles and/or watch Video/DVD prior to attending!

For details or to attend via teleconference email info@cosmostree.org. More details also on the Events page included with this Issue of *SpiritCentral*.

adopted a policy of giving money to anyone who asked if for no reason other than they had asked. One day He came upon this person begging in the street ... He reached into His pocket and came out with a wad of bills. His habit was always to Give ... a dollar. Sometimes He'd give five. In this particular case ... The Guru pulled out a wad of bills... and the top bill was a five-dollar. And He noticed that there was a part of Him that wanted to give the dollar. And He said, 'No, I'm going to give whatever is on top to be given.' So He gave the beggar the five dollars. And the Guru Knew that it was all the same. That the dollar and the five dollar were all the same ..."

"He Knew that there was no difference and gladly gave the five dollars. The beggar thanked Him, noted that it was five dollars and was more effusive than usual. And that's the difference between a Guru and a beggar.

"Let me explain what I mean. The Guru - Master Of The Sound Current - was at God. His Consciousness was at God. The beggar was falsely identified with the being in time and space and was identified with the ego and from there there is always lack and limitation. Lack and limitation. ... The Guru ... gave to God in the form of a beggar. He would Bless the beggar because the beggar gave the Guru the Opportunity and the privilege to give to God. So the Guru practiced Proper Identification. Most of us, when we're not Living Royally as The Spirit We *Are*, we walk around separate from God, separate from Spirit and we buy into lack and limitation and effort, etc., etc.. So it seems so hard to get the dollar and even harder to get five dollars. ... We have to beg for it. When the Truth is just as the Guru happily gave the beggar five dollars, God Supplies and Gives us whatever we need. That's the Truth of Spirit. That's the Truth of Spirit. ..."

"We need to give up and let go of being a beggar. Begging for Love, begging for attention, begging for affection, begging for anything. And Know that we are Supplied and be at the Godpoint. This is 'Where' we are Loved and cared about... And the simple Truth that we *are* That Love and we *are* That Caring. So we *are* That Which we're begging for.

"What's the difference between the Guru and the beggar? ... They're both wearing a human body. What's the difference? But It's the Consciousness. It's the Focus. It's the effort that has been Placed. ..."

"The President (of this country) is a Soul on Its karmic path, getting Its karmic learning. OK. You don't know what that karmic learning is. Don't judge the President and don't judge anybody for where they're at or how they're expressing because they're getting their karmic learnings!

"Somebody asked me, 'Well, why do we have to put up with it?' Real simple. We've all agreed to. We've all agreed. By being on the karmic field, we've agreed to participate. OK. You're driving down the highway - I don't wish to take this name in vein - but let's say you're on the right lane and there's a car in the center lane that wants to squeeze into your lane. You have to adjust. You're in it together. You have to either allow them to change lanes or speed up so they can do it behind you or whatever. But You always have to accommodate and be aware of the other drivers on the highway. We're all in it together. So on the highway of life, we're all in it together so we need to accommodate others and how do we do that?

"You do what the Guru did. ... He met the beggar where he was at. We need to meet people where they're at. Not in a condescending way, not in a judgmental way or anything but we need to be at the level that they're at, 'bring' God to that level and then just express and Lift up that person from there. That's how you do It. ... It's not a 'better than'. It's not a 'poor unfortunate'. The Guru didn't go, 'Oh, poor unfortunate person who's a beggar' because He Knew that that was karmically correct. The expression of begging was karmically correct. He had no judgment on it. ... As soon as we've judged someone we've judged ourSelves because It is the same Spirit. ..."

"The Guru and the beggar are also telling us something else. They're also telling us how to live. ... So everybody gives us an Opportunity; doesn't matter what form it takes. Doesn't matter how it looks. We're busy many times anticipating and judging how things 'should' look, how things 'should' be. ... The Guru wasn't fooled

by the beggar and what the beggar looked like and the form that this interaction took. He even used the beggar to be with God. He Knew that was the role of that beggar in His life at that particular time. With that Recognition there was a Gratitude to God for always Supplying. Always Supplying the Opportunity to the Guru to be at God and with God. Kind of a Great System!

"But you need to be able to recognize It. ... I really would like to charge you with working it 'inside out and backwards'. See how Blessed you *are*! ... There's always Grace going on. ..."

"So what'd I'd like you to do now is - I'm going to call in the Light [Of The Most High] - and what I'd like you to do inside yourSelf is do an Honest Inventory. Remember, it's Blameless Responsibility! There's no judgment. ... Just do an honest quick inventory of places in your life in which you play the role of begging, of being a beggar, of which you practice false identity... 'So, Lord, God, send us Your Light! We put this time together into Your Light for the Highest Good!' Now inside yourSelf just do a quick inventory inside yourSelf of all the places in your life which you approach as a beggar.' [Pause] When you have those places, what I'd like you to do is, one by one, revisit them as the Guru ... As someone who is Loved and, not only Loved, but *is* That Love. One is Supplied and, not only Supplied, but *is* That Supply. Someone who is cared about and, not only cared about, but *is* That very Caring that you're seeking. ... [Pause] Now when you can bring your consciousness back here and I just quickly want to ask you, what, if any, is the difference. ..."

One Student shared, 'There was a lightness and a freedom and a lot more Peace. ...' Another said, 'As a beggar I had many thoughts, images of situations. As a Guru, I was in Flow and just Peace...' A third said, 'I felt a freedom... there was a switch inside mySelf and I got it. ... That Oneness, It is Giving to God, Giving to mySelf. There's no lack, no limitation. ... We're Supplied, it's here. ...' Another shared, '... It was Peace. ... It was Oneness.' Another person shared, 'I have images of being a beggar and the Guru seems to be more Free (sic) and less complicated... it feels like the right Path to be on.'

"Trust the Process! Through God's Grace and your own effort and by following the Spiritual Instruction you do attain Mastership. What are we Mastering? This is what I'd like to end up with. This is crucial. We're not mastering anything in the physical ... We're not mastering anything in the astral or the imagination. We're not mastering, being masters of emotions, having your emotions perfectly in balance, etc., etc. We're not mastering our thoughts. Perfect and wonderful and clear, beautiful thoughts. We're not even mastering the great unconscious... because we're not going to inherit that. ... What we are Mastering is Knowing ourSelves as Soul, as Spirit. We are Mastering on this Path that I bring forth the Awareness of yourSelf as Soul, as Spirit, being able to be in the body and yet have Awareness of the different levels that the Soul lives on. That's the Mastery! And, of course, All That *is* Love! So you're really Mastering Love. ..."

"That's the Freedom! That's the Mastery! Isn't it interesting that this Mastery - this incredible Power - is really achieved by doing the opposite? By Surrendering. By Letting Go Of Volition. ... By Surrendering your 'beggar-hood', as it were. What are you asked to give up? ... You're asked to give up all the pain, all the hurt, all the separation, all the lack, all the limitation, all the less preferred feelings and thoughts, etc. You're asked to give up everything that isn't you. ..."

"We *are* Soul, we *are* Spirit. We have that great Responsibility, that great pleasure and that great Love of being charged with coming to Know ourSelves as Soul, as Spirit. ..."

"God wants us Home with Him. God wants us to be with Him and to Know our True Inheritance, to Know our True Wealth. How could we possibly be beggars if God lives in us as us? ..."

"The Choice is yours. To live as the Spirit you *are*. Live as the Guru whose Consciousness is with God and at God and *is* God or as the beggar? And I Support you in the former. ..."

Our Teacher Generously and Lovingly answered the questions asked following the Satsang.

Continued from page 1 - "How Do I Stop My Friend From Creating More Karma?: A Participatory Satsang"

complicated one. The short answer is 'you don't.' ... And the long ... complicated one is ... 'you don't.' I'll repeat that: 'you don't.' And once again I'll repeat that: 'you don't.' OK.

"That whole thing is predicated on that person's creating karma ... and somehow you're going to stop that, that you have that power. As a Spiritual Teacher to my Students ... I don't attempt to stop anybody from creating karma. I ... point out that ... you have access to Spirit and ... Actions of Grace. You have Tools: Releasing, letting go, Co-Creation, etc. etc. You have so many Tools that assist you in coming back into Proper Identification as yourSelf as Soul, as Spirit. OK. And all I can do is point you and maybe give you a little kick into that Direction but I can't stop you from creating karma. If that's your choice, that's your choice. ..."

"Remember: the Messiah does it with you, not for you. What is 'poor ol' Dr. Lane' going to do? I can't do it for you. I'll do it with you. I can't make the choice for you. Once you enter into the choice into Spirit I'll more than assist you with That. So you always have Free Will ..."

"I had a recent discussion with an Initiate ... she said this Teaching of x,y,z 'doesn't motivate me.' ... think about this set-up! Here's this thing called The Teachings. It's external to you and ... It's supposed to motivate you ... and that illusion isn't going to work. What's going to work? Ahh! Surrender to The Teachings That is inside of you and use That for Proper Identification. And from the Place of Proper Identification ... you are going to Naturally Fulfill your Spiritual Progression. And there's no worry or concern about creating karma, etc.

"Fear of creating karma is karma. ... that fear is an attachment. ... you don't need it. Trust the System! It works perfectly. ... eventually each Soul will get It ..."

"If you're into trying to control someone's expression or someone's choice you're into karma. A far better way of handling it is putting it into the Light Of The Most High for the Highest Good that this Being comes to Know itself as Soul, as Spirit or send this Soul the Light Of The Most High and let the Light handle this Being ..."

"The Christ is in charge of all these Souls below the level of the Soul Realm. The Office Of The Christ is responsible for all those Souls. That Office does not stop any Soul from Its exercise of Free Will. Why do you? ..."

"Can you talk to your friends? Can you give them another possibility and put it into the Light Of The Most High for the Highest Good that they take it? Sure. But can you stop them if they choose to enter into karma? No ..."

"And know that the remedy for ignorance is education. Education. And also know that the whole system is stacked against these 'dead', ignorant people. ... They're going to lose their ignorance. ... being 'dead.' ... being 'asleep.' ... In time they'll come to Know themSelves as Soul, as Spirit. What you may want to do is somehow hook them up or help them make contact with some Sound Current Master. That will exercise ... their 'Progression Muscle', get It sped up a bit but they have a choice whether to make contact or not. Give them Something! Show a picture of The Teacher! Expose them to a Tool, a Teaching! Their karma is rearranged and things are sped up so why don't you do that instead of trying to stop their karmic creations? ..."

"What's wrong with someone's creating more karma?... A Soul creating more karma just means they have more lessons they have created. Is it going to be painful? Yeah, because separation from God hurts. Attachments hurt. The karma hurts. So we want to have Compassion for these Souls, We want to guide Them, help Them ... but it's up to Them to take the Food, the Nourishment, etc. ..."

"The Soul is going to come to Know Itself as Soul, as Spirit. What you want to do is assist the Soul, give Them the knowledge,

the information ... give Them the Opportunity as best you can. The rest is up to Them. ..."

"We don't personalize what someone does. ... 'I gave them your Book and they threw it across the room.' Well, yeah, they were scared out of their mind. Have some Compassion, consideration for them. ... you want to make the effort but you want to do it Neutrally. Nintendo. Without any attachments to results ..."

"... how you want to work it is it's not about creating karma or not creating karma ... my Focus is on your Knowing yourSelf as Spirit and Knowing how to Focus into the Spirit you *are* and going into the Soul Body and being with the Lord, God. That's the Focus. If That's the Focus creating karma just falls away. ..."

Dr. Lane gave the example of "somebody who pushes somebody in front of a subway train ... the reason not to do that evolves from ... 'I don't want to do it because I'm afraid I'll get caught' ... which is still karma. ... then it evolves to Knowing I'm Soul, I'm Spirit and that That Same Soul Essence ... is in the Soul of the next person and the next person ... we're created in God's Image ... Knowing That. I can't even begin to go against anybody, can't begin to go against Spirit.

"OK. That's the evolution that we need to make rather than waste our time trying to stop another Soul from ... creating karma. ... be Neutral whether they take the Opportunity or not ..."

"Let's say you have xyz habit if you focus on not doing this ... basics being basics they will fight you tooth and nail so you'll have this civil war going and most likely you'll sit in judgment upon yourSelf whether you succeeded or not based on criteria known only to yourSelf and known to be nonsensical. ... Rather than work it that way internally what you want to do is keep releasing it and letting that habitual response go or, if you're an Initiate Of The Light Of The Most High, do your Spiritual Practice and let the Upvibration happen ... the karma clears when it clears in perfect timing ..."

"You want to constantly ... let go, let go, let go. You don't have to stop anything ..."

Dr. Lane also told us to "watch how we mock things up! 'I need to go through this.' If you want to play God, play God but God may want to take you around it. ... through a dream or complete mitigation. You don't know ... The easy way is to Allow the Love and the Spirit that we *are* to be with us and in us and as us ... Allow it that way!"

Dr. Lane then led us in a Powerful Process. Our Teacher began by calling in the Light Of The Most High. "'Lord, God, send us Your Light! We put this time together into Your Light for the Highest Good.' 'And inside yourSelf let arise either a situation you are in or something a friend is in or a lover's going through or an uncle, an aunt, relative or colleague or anyone is going through that you want to stop and just let that go! [Pause] Now just ask the Light Of The Most High to move in that situation, to be in that situation and Allow it to transmute and see what happens! Allow it to be transmuted! [Pause] When you can bring your Consciousness back'."

Our Teacher ended with two rhetorical questions: "What was easier? Your trying to stop it or when the Light Of The Most High came into that situation? And the second thing is, what was more effective? Your trying to stop it or bringing the Light Of The Most High into that situation and Allowing it to be transmuted?"

"OK. We'll stop with that."

Our Teacher Lovingly and Generously answered the many questions that were asked of Our Teacher following the Satsang.

Christed Consciousness was set up in each Soul so that It's *within* us. If you notice Jesus was born in a manger. He was born in the barn with the animals, etc., etc., so He is definitely in this world. ... Christed Consciousness is in this world and It's in you.

First thing about Christmas is a location question. Where is It? Christed Consciousness is *within* you. We need to Accept That. ..."

"And, as such, we're Responsible. What are we Responsible for? Well, What is the Christed Consciousness? It's our will and God's Will in Alignment. So that everything we do and say needs to be in Agreement with That. 'Love your neighbor as yourSelf.' So that means you need to Love yourSelf as Soul, as Spirit and from that Place you deal with 'others'. With the Knowing that with each person there's a Soul *within* and that Soul is of the same Essence as God ... And you need to be in Alignment with That. Many of you treat each other as if That is not the case, as if you're not Responsible, as if the Christed Consciousness is not in the other person, etc., etc. ... Love yourSelf, Love your neighbor. ... You don't have to like each other but you need to Love each other. That's super important. ... Then That means you don't go against anyone. ..."

"Another aspect is Blameless Responsibility. You take Responsibility for your own Progression. So It's on us. It's on each of us, this Responsibility. And What is the Response but to be with the Spirit we *are* and as the Spirit we *are*. ... We've been given the Christed Consciousness. ... Part of this Blameless Responsibility is to live attachment-free. ... I Teach the Blessing and the Grace of Living attachment-free and being Free and ... taking advantage of the Opportunity of the release from the prison of matter. That's our Responsibility. ... It's an inner thing. Don't expect validation in the world! ..."

"So there's something about this Blameless Responsibility that also Teaches us about reference points. That we also need to have reference points inside ourSelves and not outside ourSelves. That's really important. So the fourth thing is that the Christed Consciousness is one of Purity. It's Pure. You can't bastardize It. You can't use It for your own purposes. ... It has to do with being a Lover of God. That's where the Focus is. ..."

"Isn't it funny that Christmas comes and what do people do but they get concerned about It. Do they have the right presents? Do they have the right gifts? Etc., etc. But what about if your real Gift were in your interactions with people and being the Christed Consciousness that you *are* and coming from that 'Place' and being in the Integrity of Spirit and from that Place people Lift, people Grow? Then we're told Peace on earth. ... What's Peace on earth? ... But Peace is when 'the above is as the below'. In other words, the Spiritual Progression. The karma, as it were, is cleared on the different realms and It [ed.'s note: Dr. Lane is referring to the Soul Realm on Which the Soul is Awake after the karma has been cleared on all the lower levels below because the Soul has followed the Spiritual Instructions in doing Its Spiritual Progression] matches That Which Is True Spiritually. So you have 'the above as the below'. That's Peace!

"Good will towards men is God's Will towards men; and what's His Will but the Christed Consciousness. So that each interaction really needs to be geared to helping Souls Lift and Grow. So that's Love. ... God's Will is, yeah, the Kindness, the Compassion that each Soul return Home. So it's good will, God Will, etc. The Christed Consciousness is the Alignment of our will and God's Will. They *are* One and the Same.

"Jesus the Christ, born in a manger, in the world and then He has to Fulfill Himself and then the Resurrection. What happens? What's the crucifixion? Another statement of the

Christed Consciousness. Crucifixion is being caught up in time and space and identifying with that. And we know that as a Soul the confusion is very simple: that we've identified with the world of form; we've been caught in time and space. So we get this Demonstration of that and What's the Resurrection? The ability to go in the Soul Body and be with God. The ability to go into the Soul Body and be with God.

"And we're Blessed and Fortunate if we practice the Christed Consciousness. We do That as Initiates. See, This is an enormous step for another reason also and that is because of the prevalent belief and it still is here. You talk to all the major religious leaders and they'll just spout the same thing and it goes all the way back: the physical resurrection of the dead, the physical resurrection of the dead. If you look at the end game for the religions, at least the western ones, you'll see that the end game has all to do with the physical resurrection of the dead.

"But the Christed Consciousness has to with the second birth or the rebirth into the Spirit you *are* and the ability to go into the Soul Body, etc. We know that if you Walk the Path That the Christ, Jesus Taught, *exactly* as Taught, and you enter into What's called Eternal Life, or the Soul Realm, Where you're free from karma and reincarnation ... then you can go as a Soul before God and be attachment-free. Because you can't be with God and have attachments. We have this incredible Demonstration of and the Reality of being able to be with God and being in the Soul Body. ..."

"Peace on earth begins with each individual and it's our Individual Responsibility to do That. And it has to do with being a Lover of God. ... Everything as an Opportunity to Lift and Grow, to be with God, to express the Christed Consciousness, to Let Go, to Surrender, to understand where the Power is and to practice and be a Lover of God. And we have That going on in *each moment*. ..."

"The Christed Consciousness is judgment-free. It's attachment-free. It's a Loving space but we're charged with the Responsibility of going to Completion. ... Allowing yourSelf to be Purified in this beautiful, alchemical Process called Transformation or your Spiritual Progression, etc. And it's all about, isn't it, this Frequency of Love. And we Know that Love stands for Letting go Of Volition Every time. ... Learning to go *inside* in the Soul Body and be with God and Allowing the Purifying Fires to work. In that Process all the karma and everything gets cleared. And all you have to do is Allow yourSelf to be moved because the Way was cleared, the Way was cleared. ..."

The Holiday Satsang was followed by the giving of the annual Group Gift, a Donation to CRASS from Our Teacher's Initiates. This year, the Donation goes towards Our Teacher's Travel Mission as well as much-needed scholarship and technology assistance. Gift-Giving was followed by performances of songs - brilliant all - by Alice Shuman-Johnson; Elisa Hunter; Ed Faust and Andrew Isleib.

Before saying good-bye to Those Initiates Who attended via teleconference, Our Teacher encouraged us to Live the Holy-Days as Instructed: "Carry into the Holiday Season your Understanding of the Christed Consciousness and Living It!"

The Celebration at the Home Center continued with the sharing of refreshments, including homemade desserts. Fun was had by all!