

Cosmos Tree, Inc. • A non-profit, tax-exempt educational foundation • "Where Potential Becomes Actuality"  
 The Center For Religion And Advanced Spiritual Studies • Know yourSelf as Spirit through Initiation into the Sound Current  
 177 E. 87th St. (Lexington - 3rd Aves) - Suite #204 N.Y. N.Y. 10128

## Open Talk

Wednesday, November 1, 2017 at 6:50pm (Doors close at 6:45pm)

**"The Guru And The Beggar: A Participatory Satsang"**

Wednesday, December 6, 2017 at 6:50pm

**"How Do I Stop My Friend From Creating More Karma?: A Participatory Satsang"**

Available by teleconference from all Centers. Presented by Founder/Director Roger B. Lane, Ph.D. Arrive between 20 and 5 minutes before as doors close promptly. Learn how to live in the fulfillment of the True Self! Have fun! Learn about the SPIRIT YOU ARE! Email [info@cosmostree.org](mailto:info@cosmostree.org) for details.

SPECIAL NOTE: If you miss this TALK you may purchase the MP3 by going to our Web site.

## Meditation Dates & Times

*Including*

*Special*

*Thanksgiving,  
Christmas Day &*

*New Year's Meditations!*

**Meditation Of The Soul**

Every Wednesday & Thursday at 6:10pm (except first Wednesday of the month).

Every Monday at 7:30pm & Second Sunday of Every Month at 10:30am.

One-hour Meditation with Instruction for Beginners. Give yourSelf this great Opportunity to get quiet; to be with the Spirit within; to de-stress; to release negativity; and to send Blessings to others! Come join us and leave the cares and the concerns of the world behind!!

**Special Thanksgiving Meditation! Thursday, November 23, 6:10pm**

**Special Christmas Day Meditation! Monday, December 25, 7:30pm**

**Special New Year's Day Meditation! Monday, January 1, 2018 7:30pm**

**Special Two-Hour Meditation of the Soul**

Last Sunday of every month 10:30am-12:30pm (Doors close at 10:25am) Give yourSelf this great extended Opportunity, a great big Gift to yourSelf!

**Special Two-Hour New Year's Eve Meditation! Sunday, December 31, 10:30am**

## MEDITATION FOR HEALTH AND WELL-BEING

**Tuesday, Nov. 21 & Dec. 19, 8:15pm**

As part of a program of Special Meditations, this is a wonderful Opportunity for the Spirit that we really are to receive the Priceless Gift of the Healing Light of the Most High. Call for details. For those attending, please feel free to arrive as early as 7:45pm & PLEASE no later than 8:10pm, when doors close promptly.

## Thanksgiving Day Meditation of Gratitude

**Special Thanksgiving Day Meditation of Gratitude**

Learn to Live in Gratitude! Noon, November 23, 2017 at Cosmos Tree, NYC - 177 East 87th St. - Ste. 204

Bring Friends, Family, Loved Ones, Enemies!!! Available by Teleconference!

## Winter Semester

**Tools For Living Free Class I 10 Wednesdays, February 14 - April 25, 2017 7:45-9:15pm**

(except 1st Wednesday of the month when Class begins 8:15pm. No Class 3/28)

**Given by Dr. Roger B. Lane**

The Student explores, in depth, the popular Educational series *Tools For Living Free* with topics such as "Spiritual Economics"; "Living a Blame-less Existence"; "For-Giving YourSelf"; and many more. This Class aids participants in investigating and applying these many Tools to their own lives and helps participants Learn to live free!

Payment: \$62 and additional payments of \$31 for Classes 2 - 9 or \$300 for Series if paid in full when registered for Students enrolled in a Degree Program of the Seminary or \$63 / \$31.50 / \$310 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS. For more information call Registrar, Amy Blank at 708-846-1031 or email [info@spiritcentral.org](mailto:info@spiritcentral.org).

## Our Sunday Programs

**The Second Sunday of Every Month 10:30am-1pm**

(Doors close five minutes before start of Meditation & Reading/Discussion)

10:30am-11:30am: **Meditation**. 12-1pm: **Tools For Living Free Reading and Discussion** (available via teleconference).

Please READ the TFLF prior to attending. All TFLF Titles can be found on our Web site at [cosmostree.org](http://cosmostree.org)>Resources>Tools For Living Free. Come to Meditation, Tools For Living Free Reading/Discussion or both!

TFLF Titles: November 12th: **#148 We Are One And We Are All In It Together**

December 10th: **#106 The Antidote To Animosity**

**The Second Sunday of Every Month 3pm-4pm** November 12th & December 10th

Discussion and Study of a Recent Teaching Of The Path Of Soul Transcendence using articles featured in *SpiritCentral* of

Satsangs given by Dr. Lane. Please READ the Article prior to attending. All *SpiritCentral* Newsletter articles can be found on our Web site at [cosmostree.org](http://cosmostree.org)>Newsletter (available via teleconference). If you are not a Student at the Center and have not attended previously please contact Rev. Amy Blank at [info@cosmostree.org](mailto:info@cosmostree.org) or at 708-846-1031 for instructions on how to participate.

**The Last Sunday of Every Month 10:30am-2pm** November 26th & December 31st

(Doors close five minutes before start of Meditation & Video)

10:30am-12:30pm: **Meditation**. 1-2pm: **Video/DVD Showing and Discussion**. "Understanding The Spirit You Are" (available via teleconference). Come to Meditation, Video/DVD Showing and Discussion or both!

Video Titles: November 26th: **#V7 Living The Truth**

December 31st: **#V8 "The False Self vs. True Self" Game**

## TV and Online Video Series

**"Understanding The Spirit You Are"**: Watch every Thursday 6:30pm on cable TV (see channels below) or online at MNN.ORG by scrolling down to "3 Spirit Channel" and clicking on "Watch Now". A 22-Part TV Series of Spiritual Learning by Dr. Roger B. Lane. Topics include "Forgiveness"; "Abundance Consciousness"; "The Power Of Choice"; "Living The Truth".

Time Warner Channel 1997 / RCN Channel 84 / Verizon (FiOS) Channel 35.

**SpiritCentral.tv**: Available on-demand at [cosmostree.org/resources/spiritcentral](http://cosmostree.org/resources/spiritcentral). Rev. Dewi Maile Lim interviews Dr. Lane on such topics as "The Christed Consciousness"; "From Fear To Love - The Journey Of A Soul"; "N.I.N.T.E.N.D.O. Actions"; & "Joy - What? How? Why?".

## Master's Degree Programs

The Seminary of the Center for Religion and Advanced Spiritual Studies offers 3 Master's Degree Programs to help individuals Learn to live Spiritually in the world. Students Learn to live The Teachings Of The Path Of Soul Transcendence; to Know themSelves as the Spirit they are; to live in Grace; and to harness their Inner Power as Soul. The Programs are Master of Arts in Spiritual Studies for non-Initiates; Master of Science in the Science of Spirit open to those who have begun their second year as Students of the Path Of Soul Transcendence; and a Master of Divinity for those who have received Ordination from the Seminary or wish to receive Ordination.

Call us for information: 212-828-0464 Email us at [info@cosmostree.org](mailto:info@cosmostree.org) TWITTER: @CosmosTreeInc. FACEBOOK: Cosmos Tree, Inc.  
 Visit our Web sites: [cosmostree.org](http://cosmostree.org) & [spiritcentral.org](http://spiritcentral.org)

Please refrain from wearing any perfumes, hair sprays, fresh nail polish or remover, colognes, aftershaves or other chemicals to the Event.  
 Please refrain from alcohol and drugs - other than your prescription medication - 24 hours before the Event.