

Tools For Living Free

NUMBER 97 IN THIS ONGOING EDUCATIONAL SERIES

THE INNER LIFE

Excerpts and "Try This" from the Satsang "Why Is God Hidden?" (TAPE/CD #A48)

"...God is hidden for a really simple reason: so that you could come to know Him. And God is hidden because of a need on your part to do it as a volitional process; in other words, of your own free will. You have to come to know God yourSelf.

"See, now it's real interesting to me when you take a look at the different religions, take a look at Judaism-can't conceive of God being in the world. So God stands removed from His Creation. Take a look at Christianity, and whoa! what do you have? You actually have God actively involved in the world. You take a look at some of the Eastern religions, and they kind of run the gambit of there's no God-some of them are nontheistic religions; there's no God at all-or, if there is, there's a God involved with a lot of heavy fate, heavy karma, etc. So if you take a look at religions, what you find is humankind's ideation or belief system about God. In other words, He's here, He's there, He's far away, He's close away and we have this push and pull.

"We have this real struggle, this incredible struggle going on. And why is the struggle in us? If you take a look at it-(if) you're kind of honest about it-you get to see we're at war with ourSelves. We kind of have a civil war going. The civil war is the pull of things in the world and to God. And we just repeat this over and over again and this all gets projected into the world as the East or West where the East is so involved with Spirit and puts down this world, and the West, which tends to be much more materialistic in the sense of 'the chair: this is the chair and it exists because you can see it.' So anything below or above and beyond the world of the senses doesn't exist, the nonmaterial tends to become immaterial; it tends to become irrelevant. And so what do we do? We tend to sort of go back and forth."

"But in our Inner Life our focus is on God and the parameter is real simple: it's '*am I using this situation to lift and grow?*' Am I using the feeling to lift and grow?..."

"And God is really an interesting kind of a Thing. He's interesting because we, in so many ways, are masters at distancing ourSelves from God. So God is hidden and yet, at the same time, we spend our whole lives-if you take a look at it-trying to get away from Him, trying to get away from that exploration of Who and What we are. We live in the Inner

Worlds; this is our body, but this is our outcropping into the physical world (Ed.'s note: Dr. Lane points to his body), but the Spirit we are is alive and lives in the Inner Worlds. And as we wake up on the different levels, we come to *know* ourSelves on those levels. And it becomes a self-revelatory event, knowing yourSelf is self-revelatory as you wake up. And we can wake up through the process of Initiation or the process of the Soul's being awakened and then coming to remember Itself as Spirit, as God. And the interesting thing about this is that when you come to know yourSelf you come to know yourSelf as God, you kind of walk around shaking your head, 'what was I doing all those years? What was I doing all those embodiments? What was I thinking?' But that was just it; you were thinking. We're busy thinking and thoughts are creations and they are part of what we do to separate ourSelves from God. But also it's part of our learning and part of our learning to be responsible. Because we're responsible for every thought we have, every feeling that we have."

"And part of why God is hidden has to do with helping us see our responsibility to be in alignment with the Spirit that we are. It's not like God says, 'Hey, I'm God; come find me!' No, a lot of times we have to back into it, or we have to activate it ourSelves. And we activate this knowing because somewhere in the depth of our own Beingness we have dim little reminders or hints of Who we are and Where we've come from. We've come from God, 'In the Beginning was the Word....,' the Word is the Sound Current or the Holy Spirit, 'and the Word was with God,' so in the Beginning we *are* the Sound Current and we *are* Spirit and we're with God and we're created in His Image. Which means that the Soul and God are One and the same."

"If you take a look at your life, you find that a lot of times you've lived your life by going outside, outside trying to accomplish, trying to achieve, etc. And there was something inside of you calling you within, 'hey! take a look within; maybe there's something more; maybe there's something beyond what I'm actively doing.' And maybe you've had feelings of being uncomfortable, maybe you've had feelings of not quite belonging on this planet, not being able to quite figure out why you feel like a stranger here. And we are strangers here because this isn't our

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*Excerpts from the Satsang
Why Is God Hidden?"
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home. Our Home is with God, in God. And *each moment we can be with God but it's a choice*. And all we have to do-you know, we get it real easy in a way- all we have to do is consciously decide to focus on the Spirit we are and then Grace comes in ...”

“And it's said that once the Soul has tasted the nectar, the Nam, the Holy Spirit - whatever you want to call It - that the only thing that has satisfaction to It is God. And so we have this thing called God; we can't see It with our eyes; we can't feel It; we can't hear It because He's hidden and yet when we go into the Soul Body, and through the process of Initiation (ed's note: into the Sound Current), we do hear God; we hear the Sound Current. We hear the Audible Life Stream. And we *do* see the Face of God. Because when you drop the body, your Soul is going to be with God on the level your Soul vibrates on when you were in 'life.' And it will be God manifesting on that plane.”

“In consciousness we're always playing; both halves are kind of playing. But that's where you come in because you're the one to decide where your focus is, where your choice is, and what you're going to respond to. And I'm just here to suggest that you respond to the clarion call of the Spirit inside, That Which You Are. Because you're not going to get away from It. No one can be irresponsible. As a Soul you're all called to That. Yeah, embodiment after embodiment after embodiment; yeah, you can play the game that you're not responsible. But also while you're here in this body we get to have more Joy and more Peace. And just like it was described, 'oh, when I gave that stuff up, it was more open-ended in there, Grace came upon', That's how It is when we get to be more expansive: we get to be expanded; we get to live in the Spirit and we get to be much bigger, as it were, than we think we are because we're much grander than we are because we're Spirit and God just waits in us to be discovered. And I'll stop with that.”

“Dear Cosmos Tree”

Q. I am an entrepreneur who seeks independent financing for projects. Except for one of my associates no one else on the team is an Initiate on the Path of Soul Transcendence and is not interested in that at this time. What is the best way for me to work with my associates and potential investors so we can reach our goals and keep our company financially healthy? – H.G.

Dear H.G. - 1. Begin by calling in the Light of the Most High like this: "Lord God, send me Your Light!"; 2. Ask God to take anything that stands between you and the Spirit you are like this: "Lord God, for the Highest Good, please take anything that stands between me and the Spirit I am!"; call in the Light Of The Most High before all business meetings/phone calls, etc.; 3. Know that the only relationship you have is with yourSelf; and the best Gift you can give anyone is to be yourSelf – i.e., be Present with Spirit/yourSelf; stay Present by practicing Giraffe Consciousness which is a special focusing technique you have been taught; 4. Use the Tool For Living Free "How To Run A Business (Your Life) Spiritually" as a reference on a daily basis; per this Tool – put your goals into the Light Of The Most High like this: "Lord, God for the Highest Good please [fill in what you want]"; 5. Know that there is no such thing as money – the Wealth is inside - so ask God to take all that "effort" you're putting out there to "keep" the company "healthy" and tell yourSelf to let it go; then work it inside out by asking God for what you want (whatever "healthy" is for you, ask for it); and let God "drive that car"/do it for you; that's the key to Health and to Abundance which are both defined as "keeping your Consciousness at God"; 6. As noted in 1, 2, 4 and 5 - Prayer is your Power Tool – use it moment to moment! Do this by asking God for Clarity and Guidance on the best way to work with your associates; to show you how to do that; to show you how to keep your company financially healthy; then do your part; 7. Share what you Know!! Give your potential investors a copy of the Tool For Living Free mentioned above; give the Meditation For Health And Well-Being as a Gift; invite them to Meditation at your nearest Center; and if it's clear to do so, do a Process whereby you put everything into the Light Of The Most High with your associates and all of you line up with your goal(s) together.

To Reinforce Your Learning: 1. Beginner: Read the *Tool For Living Free*, "How To Run Your Business (Your Life) Spiritually"; listen to the "The Meditation For Health And Well-Being" Tape/CD; 2. Intermediate: Do The Money Workbook; take The Money Workbook Class; 3. Advanced: Give yourSelf the greatest Gift there is by taking Initiation into the Path of Soul Transcendence - the ultimate way to know yourSelf – and follow through by following the Teachings exactly as taught.

Dr. Lane adds: Dear H.G. – Your question contains many points of misdirection; by directing these lines of energy properly you are able to "direct" this venture properly.

Whether no Soul is involved with your company or All are it is still your responsibility to come from Integrity. This means that such things as honest communications; paying wages/salaries, etc. to which you have agreed; delivering as promised when promised; entering business deals out of fulfillment rather than fear and respecting the project and giving more than you may have been paid for. I lovingly suggest you read such Tools For Living Free as "Spiritual Economics" and "How To Create Wisely" in addition to the One mentioned above. You may wish to have meetings at which you ensure that the other people involved come from Integrity as well and educate them when they do not and re-enforce when they do.

Another point of misdirection is that there is a goal outside yourSelf. As long as you set it up this way you will strive and seek – efforts of your ego, which only lead to further manipulation to get the "results" you seek. I lovingly suggest you co-create with God for the Highest Good that which you wish – do your part in the world from the Place of Integrity described above – and allow. There is no "achievement" or "accomplishment" – bitter bills for the ego to swallow. Instead, it is an easy road made of TAR – Trust, Allow and Receive.

Lastly, from your question it seems that you have even mocked up the Path of Soul Transcendence as outside of yourSelf and outside of others – like some strictures to which you and others adhere, in different states of reluctance. Locate the Path and Its Teachings properly and all else is in its proper place.

Please know that I wish you and those involved and this venture only the best and have placed it and everyone involved into the Light of the Most High for the Highest Good.

Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "For the Highest Good, Lord, God send me Your Light!"
2. Let a situation come up for you with which you find yourSelf struggling.
3. Give it to God by saying inside yourSelf, "Lord, God Bless this situation and take the struggle I'm creating!"
4. Tell yourSelf, "(name), it's okay to let it go!"
5. Bring your focus inward by praying, "Lord, God, show me how I can use this situation to lift and grow and Love You more!" and then allow the response to come forward in perfect timing and in a perfect way for you.
6. Give yourSelf a rich and vibrant Inner Life by contacting any Regional Center and requesting Initiation into the Path of Soul Transcendence.

For further information or to request other titles in this series contact:

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