

Tools For Living Free

NUMBER 80 IN THIS ONGOING EDUCATIONAL SERIES

The Spiritual Reality of Mankind - Part II

*excerpts from the Satsang, "The Spiritual Reality of Mankind - Part II:
The Six-Pointed North Star Of Human Destiny" (TAPE/CD A90)*

"I want to talk about 'The Six-Pointed Star of Human Destiny' and let me put it in perspective because we've been doing a lot of work about the 'Democratization of Consciousness' — that what's true for Human Destiny doesn't just apply to a few people. The God Consciousness is not just in one person but It's been distributed and It's in each Soul; OK? That's the Spiritual Reality we're dealing with. And when the magi came — they came with the North Star; OK? So that when the Christ was born He was introducing — and when I say the Christ I mean the Christ, Jesus because there's always been a Christ here; OK — He was introducing something for Human Destiny; OK? He was introducing the Christed Consciousness; alright? Or, the Consciousness that is At-One with God. It's At-One. And there's the birth of This into the Human Consciousness, alright? ..."

"...And that's the starting point for Human Destiny — the Six-Pointed Star; OK?...

"And the first point on the Six-Pointed Star of Human Destiny is: we're all going Home to God — that simple; OK? We're all going Home to God — every Soul will go Home to God. That's the Plan; OK? That's what the Divine Architect has built into the system; OK? We're all going Home to God. When? It's our choice as portrayed by our karma; OK?

"The second point is: in the process of this, we get a clearer understanding of the unseen forces that are known as karma and reincarnation; OK? ... And I start many times by giving you an explanation of commitments and the importance of commitments and how you create bondage by not keeping commitments, etc., etc. OK? And that's to help you start to understand that there are these things — they may not be seen, they may not be felt — but they do exist; OK? And the Soul starts to get an understanding of karma and reincarnation — which, of course, translates as, 'Oh my gosh, I'm responsible!' Yeah, each individual Soul is responsible for Its completion and for all that It has created. ..."

"And the third point on the star is that the highest form of education is the Self. And when I say the Self I mean the Soul or the Divine Self as opposed to when I said "self will" I just meant the mind — the ego — striking out against Spirit. OK, but here we're talking about the Self and That's the highest form of education. And some of you are engaging in that — and now we even have a formalized program — which, of course, some of you get your shackles up about. Even that. But that's where the Soul undergoes this training, you see? ..."

"And that brings us to the fourth point, and that is that the Highest Good of All *is* all; OK? So some of you put things in the Light and you'll say, 'Oh for the Highest Good Of All'; OK? And you need to know that it includes *all*; OK? That *is* all. But also this Highest Good of your Self-education — yeah, that's for everyone's good and It doesn't go against anyone, see? So if you're moving in the Highest Good and with the Highest Good, fulfilling your Destiny; OK? then you're in exact alignment with the Highest Good For All; OK? There's nothing contrary you're doing. See, and that's important."

"And the fifth point of Human, of the Star For Human Destiny is that The Sound Current — what's called The Sound Current or The Holy Spirit — It's recognized as The Ground of Being — that It's the very existence of Itself; OK? It's not some esoteric thing: it's not something that's studied by just a few but it becomes central. And, you know, you listen to some of the TAPES that have been made and that series is called "Understanding The Spirit You Are." But it's not understanding in the sense of mental understanding 'cause your mind can't go there. ..."

"So, when I talk about recognition as The Ground of Being it's recognizing — it's recognizing, it's coming to know again. That, 'Yeah, this is central, this is what *we really are* — this is what *we really are*.'"

"So, the recognition is key and leads us to the sixth point, and that is that the purpose of human life — which is to Go Home To God — is

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--From the Satsang "The Spiritual Reality of Mankind - Part II: The Six-Pointed North Star of Human Destiny" (TAPE/CD A90)

recognized and It's honored and because of this, then all of life is organized around this — all of life is organized accordingly; OK? So that means that the institutions in society shift; OK? You can tell there are a lot of people dissatisfied with organized religions. There are a lot of people dissatisfied with the standard medical way of doing things; OK? There are a lot of people dissatisfied with the usual intellectual education and approach; OK? And, eventually, all these institutions are going to be forced to change and accommodate this re-

cognition of the purpose of human life —which is to Go Home to God.

“And we know where God is; we know where the Spiritual Heavens are. ...And through God's Grace and through Initiation we have access to That; OK? And That predominance of focus happens; OK? Now what's the timeline for the six-pointed star? There isn't any; OK? It's now; OK? And if you really have resonated with what was said tonight you'll really start to understand the quote from the Bible; OK, that “the Kingdom of God is on earth” 'cause now, Spiritually, is the time for that Destiny to unfold.

Case Study

To really work this Case Study I decided to write a journal of my growth and choices in recent experiences. As I wrote about my learning I realized how the Six-Pointed Star of Human Destiny applied to everything. This learning came about with this Case Study plus using many other Tools and inwardly by working the processes and taking responsibility for where I chose to focus.

First, knowing I'm Worthy and God is inherent in everyone opens up a whole new being. No judgment or blame but total Acceptance of Loving mySelf. Listening to the TAPE “You Are Worthy” helped me make the shift and Surrender mySelf to God. This shift is crucial in Allowing God in my life and really knowing God's in All. This also directs me to the first point of Human Destiny, which, Dr.Lane said, is “we're all going Home to God.” This is the Plan so it made it easy to drop my agenda and have total focus on what God has planned for me. This choice Allowed so much more in my life - not so much materialistically, although whatever did come forward in that way I'm totally grateful for, but, more so, freedom on all levels-emotionally, physically, and spiritually. Knowing it's my choice in how this plays out in my life is key because this process directed me to the next point of Human Destiny.

The second point: gaining a clearer understanding of karma and reincarnation. Through this understanding I got the importance of Commitments and lining up with them. This showed me where I get caught, up until now, and the importance of the karmic experiences I needed to have to learn responsibility and have this understanding. Not “responsibility” in my way of control, judgment, and self-will because, as Dr. Lane said, it doesn't work going against Spirit but responsibility in growing in Love for God.

When I listened to this Talk, “The Spiritual Reality of Mankind -Part II: The Six-Pointed North Star of Human Destiny,” which states the third point of Human Destiny: that the “Highest form of education is the Self, the Soul” what struck me the most is: ... no university, class, program outside Self, nothing other than mySelf

and knowing this consciously. Whoa!! In the process of my learning, I was able to see what I was creating immediately and by being Present, I chose to take the learning and focus Self in the fourth point of the “Highest Good of All is all.” I know the strength and discipline it takes to be in total Love with mySelf and give mySelf the education of growing Spiritually and Trusting Spirit. This Trust serves mySelf and also the supporting of others in this focus.

I experienced the fifth point of the star of Human Destiny, which is the Sound Current and recognized It as the Ground of Being by living as an Initiate on the Path of Soul Transcendence, an Initiatory Path Dr. Lane brings forward. Through the *exact* practice taught at the time of Initiation called Simran and Dhyani I was able to have distance from my attachments in situations and have experiences Spiritually, knowing I'm not any of “my stuff” but that I'm Spirit. This focus into Spirit is what Dr. Lane calls Giraffe Consciousness.

After watching “Giraffe Consciousness” from the second Video Series of “Understanding The Spirit You Are,” I have a deeper understanding of nourishing mySelf with the Light of the Most High by staying focused and surrendering everything of the lower worlds. I do this through processes like Self-Talk; by calling in the Light of the Most High and asking God to take any separation from me and the Spirit I am and also telling mySelf to let it go. I am okay. I am worthy of God's Love. In addition, exercises from The Money Workbook, *Tools for Living Free* and doing Loving Service are some of the nurturing Tools I use to help reaffirm my Destiny.

This leads me to the sixth point and the purpose of human life; that all life is organized accordingly for the Soul's completion here and the going Home to God. So what's the sense of putting any energy into anything else but knowing God inwardly through God's Grace and through Initiation into the Sound Current on the Path of Soul Transcendence and knowing mySelf as Spirit now *while I'm in the body*.

I'm choosing to celebrate the birth of the One-ness of mySelf and God by growing in more Love for God by doing Service from this Knowing.

Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, “Lord, God, send me Your Light!”
2. Say inside yourSelf, “Lord, God, for the Highest Good please help me to be responsible by taking anything that stands between me and Spirit!”
3. Tell yourSelf, “(your name) it's okay to let it go!”
4. Continue to respond to Spirit by repeating the surrender process above as often as you need to!
5. To know yourSelf - the highest form of education - call any Regional Center and request the priceless Gift of Initiation into the Path of Soul Transcendence!

For further information or to request other titles in this series or to send a question to “Dear Cosmos Tree” contact:

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