

# Tools For Living Free

NUMBER 73 IN THIS ONGOING EDUCATIONAL SERIES

## WHAT DOES GOD WANT FROM YOU?

*excerpts from the Satsang, "What Do You Think God Wants From You?" (TAPE A17)*

"I'm going to talk about What Do You Think God Wants From You? And the answer is real simple and it's 'everything and nothing.'

"If I were to say, 'Give me all your debt!' all the debt that you had and you could live without being in debt, you'd give me your debt. Who wants debt? You never catch up, etc., etc.; it's like running on the treadmill. Yet, when God asks you to give the debt that you have, you say, 'Well, whoa, Nellie! I ain't doing that! I like my debt. I'm going to keep my debt. It's what makes me know I'm human.' And you don't give Him your debt. Of course, I'm speaking about the karmic debt. You don't give it to Him. You don't give to God.

"See, what He wants from you is your garbage, your junk, your crap, your nonsense, your enslavements. That's what He wants from you. Instead you tell Him, 'well, thank you very much, dear Lord, but I'm going to keep it; I'm going to do it myself. I don't want any of this lifting stuff.' What happens is we run this antagonism, and we're so afraid of letting go.

"We have it mocked up that God is against us and He's going to take from us, 'He's going to take our money; He's going to take our time; He's going to take our energy and leave us with nothing and leave us bereft.' It's just the opposite. All He wants is the attachment with that stuff. He doesn't care about your money. It's not going to do Him any good. He's got more than you'll ever have, which is as it should be because it's His anyway. I don't mean to anthropomorphize God, but He doesn't live needing because He's not separate from Himself. ...And what does He want from you but, in reality, He wants the opportunity to give to you. He wants the opportunity to give Himself to you, inside of you. You've had experiences now where you turn in there, He more than meets you and you source

yourSelf and you're filled with the Light, and you're filled and you're filled and you're rich and you're Abundant. What He wants from you is that you keep doing that and that you give up everything that separates you. He wants your karmic load. If you want to drop a load, 'drop that load!' It's the best deal going.

"What He wants from you is that Devotion and commitment to yourSelf and the honoring of yourSelf. And He wants Gnosis; Gnosis means knowing yourSelf, knowing yourSelf as the Spirit you are - that is what He demands. What does He want from you? Everything that stands in the way, He wants your Surrender. He wants your Surrender of everything that isn't that. That's what He wants."

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"We're asked to align our will with the Will of the Lord, God. We're asked that, which means we go down the track of the Spiritual Self. When we do that we discover 'Well, wait a second now! I thought my will was the track of karmic patterns' and then you discover 'Well, no, that's not really my will. My will is the same as yours, Lord, God.'

"So, there it is. God is wishing the best for us and we don't want that; we don't want to give it to Him. It is like 'who the hell is He to want the best for us?' 'I'm not going to give it to Him. He has His nerve; doesn't He know who I really am?' Yeah, He knows who you really are. That's why He wants the best for you, which is knowing who you really are. You don't know who you really are and what He wants from you is the false self."

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"And yet the very thing that He wants to take from us - the negativity, the debt, the hurt, the pain - we don't want to give Him; we hang on to it because that's what's going to protect us and we walk around and we're protected; we're protected; we're protected and we use all our crap to protect ourSelves. Except guess what? It doesn't work because all that junk and all that

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*--From the Satsang, "What Do You Think God Wants From You?" (TAPE A17)*

garbage that we carry along, protecting ourselves, makes the pain worse, makes the pain worse. And we're carrying the weight of our karma. As the weight increases the weight increases and as the separation increases the Consciousness really weeps inside Itself for Its original connection. It longs for Its original connection."

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"So that's what He wants from us - our unworthiness; our doubt; our fear; our karmic patterns. Have the wit, have the wit to give it to Him. And we do that *each and every moment* by surrendering everything that isn't of the Lord, God. And it's a fun

## Case Study

After reading the Talk "What Do You Think God Wants From You?" as well as the Tool For Living Free and starting to work on this Case Study, a lot of anger came up at having to do and redo this; turning it in late; but mainly anger that allowed me to hang out with my family patterns, which include anger. I realized that I was allowing it because as long as I was in negativity, I didn't have to be responsible - for delivering what I had promised I would deliver, in this case a clear, concise Case Study in a timely manner. Really, responsibility means coming from the Spirit I am (vs. from outside which feels like "work") by loving mySelf enough to give mySelf the Best, which is God, which is Spirit, which is what I've been taught responsibility is - responding to the Spirit I am. This is also Integrity.

I called in the Light of the Most High and asked the Lord, God, for the Highest Good to take the negativity and I told mySelf "it's okay to let it go." When it came up again, I repeated the process. I used "biofeedback" - for instance, I felt the anger go into my shoulder and down my arm - as a signal to release it again.

I saw how important it is to talk to my basic selves or the part of my Consciousness that

## Try This ...

"So that's what He wants from us - our unworthiness; our doubt; our fear; our karmic patterns. Have the wit, have the wit to give it to Him. And we do that *each and every moment* by surrendering everything that isn't of the Lord, God. And it's a fun process and it's an empowering process. It's a process of God's Kindness. It's all within us. All within us. Doesn't matter how rich or poor we are. Doesn't matter the work

process and it's an empowering process. It's a process of God's Kindness. It's all within us. All within us. Doesn't matter how rich or poor we are. Doesn't matter the work we have. Doesn't matter the sex we have. Doesn't matter the color we have. Doesn't matter any outer circumstance. Nothing matters and nothing can impact the Spirit that we are other than what you allow. If you're allowing something to impact - give it to God. Let Him take it from you! Give it to the Great Sanitation Man, the Great Garbage Man! Give Him your garbage. You'll be rewarded with riches inside yourSelf."

brings forward my karmic patterns and keeps me reincarnating by asking for their cooperation to stay focused on this Case Study and telling them that I appreciate their working with me on this. From time to time, I also told them stay present.

I practiced acceptance by making it okay to keep my promises to mySelf and others (vs. choosing into judging mySelf based on past history and/or going with anger). I changed my "inner Tape" of "can't do this" to "it's okay to deliver what we promise we'll deliver." And I could not have taken this step, which for me is a big one, without private sessions and other work with My Beloved Teacher; the Tools For Living Free Class; the Tool of the Fear, Hurt, Pain and Other Attachments Class Tapes; the Meditation for Health and Well-Being; exercising Choice and, really, God's Grace. I see now that Self-acceptance is acceptance of my True Self, of the Spirit I am. It is one and the same as Responsibility.

I also see that my focus was on the negativity; and I focused into the Spirit I am by dropping back deep down inside mySelf and being with God. Through this process, I experienced mySelf becoming more loving towards mySelf; I saw that a little bit of loving mySelf goes a long way; and I realized that the surrender that God wants from me is Loving Surrender to the Spirit I am. This is "all" God wants from me.

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## Step-by-Step

Here's a quick reference list for daily practice.

Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "Lord, God, send me Your Light!"
2. Say inside yourSelf, "Lord, God, for the Highest Good take the garbage - anything that separates me from the Spirit I am - from me!"
3. Tell yourSelf, "(your name) it's okay to let it go!"
4. Repeat this surrender process as often as you need to.
5. To know yourSelf as the Spirit you *are* - which is what God wants from you - call any Regional Center and request the priceless Gift of Initiation into the Path of Soul Transcendence!

For further information or to request other titles in this series contact:

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