

Tools For Living Free

NUMBER 63 IN THIS ONGOING EDUCATIONAL SERIES

The Democratization Of Spirit

excerpts from the Satsang "The 'Democratization' Of God's Consciousness And You" (Tape/CD No. A82)

"I want to talk a little bit tonight on the 'Democratization' Of Consciousness And You and what it means. And let me start by giving you a very brief outline of how Consciousness works, OK? And, in the old days, there was something perceived as God really, really removed from His Creation - and His Creation was basically a pretty hostile, terrible ... place. Eventually, what starts to happen is that through the use of rituals and talismans, sacred animals, etc., people get to control this 'badass God', this horrible God that they approached really out of fear and trepidation; that there was this God really far, far removed. ..."

"But something happened when the Officeholder known as The Christ, Jesus - He held the Spiritual Office of The Christ - something happened when He left the body as Jesus, OK? And what happened was the Consciousness that was in Jesus - the Christed Consciousness - was distributed. And It was distributed to *each and every single Soul*.

"Now, I wish I could say that this was earthshaking. It is earthshaking because it's not really, really known and yet it's right there. We're told, 'That which is in Me is in you, too. And that which I do you, too, shall do, only far greater.' So we're told that, OK? And what He's telling us about is 'Look, dodoheads! when I dropped the body as Jesus, that Consciousness that I represent - It's going to be in all of you.' But it's not like you divided it by 100 billion Souls and you get an infinitesimal amount, you know? It's like infinity divided by any number, no matter how great, is still infinity.

"So we're talking about the Christed Consciousness, Consciousness that is One with God. That's the Democratization and that's the good news. Every Soul has that, OK? Which means - and this is the bad news because if you take a look at human history and you take a look at (an) individual's history, also, everybody is running away from this - and the bad news is real simple. ... But the bad news is that we are responsible. That this Consciousness was given to each of us and we're responsible. And it also tells us where to look. ...

"And all we have to do is look at that simple truth - the Democracy of Spirit, OK? And every Soul has that Consciousness and with that Consciousness you're charged with that responsibility. And it

doesn't matter what kind of body that Soul is in. It's in a man's body; a woman's body; It's in a rich person's; a poor person's; if It's in a black person's; Pacific Islander; a red person; a white person - it doesn't matter. There's no affirmative action in Spirit, OK? There's nothing to adjust, there's no balancing going on, OK? Because we're each responsible, OK? ..."

"... And the Christed Consciousness was placed in us. Then that became the definition of who we are, see? But this Consciousness is asleep and It needs to wake up. And there's a prescribed way to have it woken up. And you have to take the essence of That Which It Is, which is the Sound Current or the Holy Spirit, and use that to wake It up because It's forgotten That Which It Is."

"See, and this is important, too. And this is as much of a key to the Democratization of Consciousness and what it means as responsibility - and that is that along with this responsibility comes Grace. OK. You didn't do anything, you know, to get a piece of the pie, as it were. You didn't do a thing. You were given it out of God's Love, out of His Grace, out of His Caring, out of His Fulfillment of Himself. He lives in you and He wants all aspects of Himself, all parts of Himself, to be Home with Him and He has to be fulfilled that way.

"And you were given that out of Grace. And you were given that opportunity out of Grace. OK. And like the word means, you can't earn it. You can't earn Grace. You can't earn the Christed Consciousness, as it were. But what you can do is be aware of It and nurture It and allow It because, really, even if you're working the exact instructions of how to walk the Path so that you can become Christed and go Home to God, OK - by the way you can go Home to God *while you're in the body* so it's not a question of 'do I have to physically drop my body?' in order to be Christed; you have to be in the body. 'You mean no one's going to do it for me?' No. 'You mean the Messiah doesn't get to do it for me?' Oh, no, not at all. ... He'll do it with you and He'll establish what's called a Messianic Forcefield, which makes it easy as a mass movement for Souls to go on Home.

"But you've got to nurture that seed. You've got to focus it. You've got to help direct it. And you've got to place yourSelf literally under That Which you

"But something happened when the Officeholder known as The Christ, Jesus - He held the Spiritual Office of The Christ - something happened when He left the body as Jesus, OK? And what happened was the Consciousness that was in Jesus - the Christed Consciousness - was distributed. And It was distributed to *each and every single Soul*."

--From the Satsang
"The 'Democratization' Of
God's Consciousness And
You" (Tape/CD No. A82)

thought you were or under the Spirit of God, you know. We have this Video Series, it's called, 'Understanding The Spirit You Are' and it's a play on words. It's both understanding in the usual sense that the word is meant but it also means to stand under - understand, stand under that which you are. And that becomes the foundation, you see. And from that you're raised on up, OK?

"But you're not raised on up by shouting 'hallelujah!' You're not raised on up by reading the right books. You're not raised on up by believing in anything or any of that, OK? But you are raised on up by - well, it's a two-fold process - by Initiation into the Sound Current and then by allowing that Frequency or the Frequency of God or God's Extension into the Soul that You Are to open you up and vibrate you and lift you and lift you and lift you and lift you. And you get to be in accord with the Divine Oscillation, with the Frequency of God. And, then, eventually, as you lift through the levels, you become One and the same and you vibrate with God, see? And that's the Destiny of Mankind. That's the great democracy, see?" ***

"But having said that, you also never know when you're going to receive the Gift of being given the opportunity to realize that Consciousness - to be

Case Study

The other day I was reading the Talk "The 'Democratization' of Consciousness" and I was struck by the notion of responsibility that Dr. Lane brought forth. I decided to read the *Tools For Living Free* "Living A Blame-less Existence". In the Case Study, the person was talking about giving over his/her power - i.e., sense of responsibility - and creating and using blame as an excuse not to be responsible for all that was "going wrong" in his/her life.

Reading this, I was struck by how I have been using blame lately as a mechanism to protect myself from judgements - mostly self-judgements - and feeling bad about myself. Reading this *Tool*, I could really see how I've been orchestrating practically everything lately to protect myself from feeling bad or sad, hurt or blamed - really unworthy. I have learned about habitual patterns of this sort from studying at the Cosmos Tree. For instance, the false self or the basic selves perpetuate habitual patterns because we are constantly involved with that from which we are protecting ourselves. Having forgotten what I had learned, I was engaged in "protecting" myself and, in effect, I had forgotten my True Identity as the Spirit I am.

When we forget the Spirit and protect ourselves - our false self - we are engaged in the ego which is in opposition to Spirit (editor's note: evidentially through following this Spiritual Dispensation as Sound Current Initiates, the ego - like the mind - serves Spirit). Anytime we oppose Spirit we are engaged in a lose-lose situation.

The remedy as spelled out in "Living A Blame-less Existence" is to take responsibility for the Spirit I am - the Spirit lives in me as me. Even as I am writing

Christed; to be in the Oneness; to know yourSelf as Spirit; to be Initiated into the Sound Current. You never know when you're going to receive that Gift. So you may want to take advantage of it, OK? And use every moment properly, OK? And watch what you do inside yourSelf that you don't set things up that are Spiritual as something, you know, above you or separate from you. The church, the synagogue, the mosque, the temple, whatever you want to call it - It's inside of you. It's in the Soul Body. It is the Soul Body, OK? And you're the clergy; you're the minister; you're the iman to that; you're the priest.

"And if you're an Initiate of the Sound Current this dispensation, you're a Priest of the Most High and you go and you place your focus there and you receive, see? And one of the nice things about the Christed Consciousness is it's so easy when you use *Lestoil*, you know? That you let God do all the work. God does the work. You just simply, each moment, *moment-by-moment*, have to reconfirm that you are Spirit, reconfirm that choice. Keep the handcuffs off you! Don't feed the fear! Don't feed it! That's not to say you won't have fear. Yeah, you're probably crazy not to, but you just choose to disidentify with it. You choose away from it. Start there. See what happens."

this I am beginning to feel guilty for using my time in this way. I am feeling as though I "should" be doing a number of more "responsible" things - like cleaning the house.

It occurs to me that the reason for my utilizing this protection racket to such an extent lately is that my notion of responsibility is completely askew. I had been operating out of a focus on fulfilling certain tasks to the expectations of others. I got so entangled in trying to prove "out there" that I was good enough that I ended up forgetting all about Me; that I am Spirit and I need to love and nurture That for myself regardless of what is going on around me.

Really, responsibility is doing what I am doing now - and that is taking responsibility for the Spirit I am and my Spiritual Progression as the Teachings of the Path of Soul Transcendence teach us. I do this by working with the Light of the Most High through doing focused "Meditations"; using the *Tools For Living Free*; listening to Satsang Tapes; taking Classes; going to the Cosmos Tree Home Center; calling in for Open Hours - in short, using *moment-to-moment* the Gift of this Life to take responsibility for the Spirit I am, as an inner choice. By making this inner choice there is no hurt from which to protect myself. There is only Love - and It's there for me when I choose to drop the negativity. I have realized that the steps are simple. Feeling bad? 1) I take responsibility by working with the Light of the Most High in the ways outlined above, which allows me to be with God; 2) Receive God's Love - by being entirely present.

Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "Lord, God send me your Light!"
2. Inside yourSelf say, "Lord, God, for the Highest Good, please take any struggle(s) and/or fear that I may have!"
3. Then tell yourSelf, "(your name) it's okay to let them go!"
4. Tell yourSelf "(your name) I'm fine and safe now. I have all I need right now."
5. Stay present with Spirit by doing Self-Talk and lovingly telling yourSelf to stay present and to always identify yourSelf properly as the Spirit you *really* are.
6. Fulfill the Christed Consciousness in you and learn to live in the Oneness by calling any Regional Center and requesting the Gift of Initiation into the Sound Current - the only way to take responsibility for the Spirit you *really* are and following the Teachings of the Path of Soul Transcendence.

For further information or to request other titles in this series contact:

Cosmos Tree, Inc.
a nonprofit, educational
foundation
1461A First Ave. - # 182
New York, NY 10021
212-828-0464
email: spiritcentral@yahoo.com
website: www.cosmostree.org

Tools for Living Free is published by Soundly, Inc. Any distribution or reproduction of this publication without written permission is prohibited. Copyright 2005, Soundly, Inc., New York, NY