

Tools for Living Free

NUMBER 40 IN THIS ONGOING EDUCATIONAL SERIES

How To Run A Business (Your Life) Spiritually

Excerpted from the Fall 1994 issue of The Tree - from Intensive Retreat by Dr. Roger Lane, May 1994

“Intention. When you make a determination to move in a positive direction then the Spirit moves upon it also. (If it’s a negative direction, the Spirit stands with you as ‘you’ move to it.) It can be your intention to move beyond a situation; e.g., being stuck in negativity; or your intention is to move into a situation such as greater abundance. With the Lord, God all things are possible. ‘That’s how you have to work your life, and that’s how you have to work your business.

Clear Communication. Be specific when you communicate, both within yourself and externally. Line the communication up first inside of yourself as best as you can by asking yourself: ‘Am I being specific? Is this what I really want? Is this the best thing for me to do now? Is this the best way to put this out?’ Then place it into the Light of the Most High and/or ask someone to handle it.

Work with your Inner Master. Once you have lined up a clear positive approach to the best of your ability then ask the Inner Master to provide clarity, insight, and guidance on how you can work it best. Approach your Inner Master as a part of your Consciousness that knows how you can work your life and/or business best and not as an outside expert that has all the answers. That’s why it’s called Inner Master.

Trust. Trust yourself, and trust that Spirit provides the necessary course corrections as you go along. It’s okay to make mistakes; that’s part of learning, too. You begin something without having all the information in your hands at the start. Just take the first step and the resources you need present themselves as you go along. (This is part of Spirit meeting you when you move in a positive direction. See Intention.)”

“It’s the Lord, God’s business (life). Allow yourself and your business to be animated by Him. If it’s the Lord, God’s business then it’s His pleasure to supply you. All you have to do is live your life, work your business with honesty and integrity and forthrightness, giving the clients what they come to you for and then some, and you’re supplied. So, you don’t have to do anything in order to get because you’re not coming from

that lack and limitation.

Focus on the P.P. (Positive Polarity). Have a framework of abundance. Let go of lack, limitation, worry, and concern. ‘The more you do business to make money come, the less it’s going to come.’ Know that you are supplied, and do your business as a service from that place.

Place it in the Light of the Most High (for the Highest Good) and follow through. When you place your life and your business (or actions or ideas) into the Light of the Most High you also need to follow through on any information you know or have received from your Inner Master. For example, if you know that someone is a potential client, after placing it into the Light of the Most High, call him or her. You may also need to actively wait on some things. Sometimes you may not get an immediate answer to your questions from the Inner Master. You may need to work it more, and then ask again in awhile (hours, days, weeks or months later). Or you may get a response that seems clear, and then the action that you’ve expected doesn’t happen. Spirit has its own timing. You need to surrender and trust that whatever happens, whenever it happens, is perfect for you. You may need to clarify the response by asking your Inner Master, ‘What did that mean?’

See all things anew. Let go of past history; you can only receive from Spirit if you are present. For example, let go of the idea that just because you couldn’t pay your bills on time for the last three years, that it will be that way for even the next three minutes. When you stay present, you line up with the flow from Spirit. If you are in worry, fear, doubt, you separate yourself from Spirit and cannot receive its flow. Spirit will not violate you.

Surrender your agenda to the Lord, God’s agenda. The mind tends to go out and look for evidence to back up its negative positions, which it then holds up to you as objective reality. (Note: the good news is that it will do this with positive ones, too, once trained.) Let go of your mental constructs and any outer reference points, especially conventional business world ‘wisdom’ that you have adopted in the past. Spirit uses your life situations, including your business, as teaching tools. You may wish to ask yourself. ‘What am I to

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learn from this (situation, incident, etc?)'

Task triage. Divide tasks into three categories:

- a) Those that are already handled by you or the Spirit. There is nothing else to do right now. It won't make a difference if the task isn't done.
- b) Those that will make a difference.
- c) Those that don't matter whether they are done or not. It won't help even if the task is done. Spend your time on b. Do the things you can do that will make a difference.

Use internal reference points. Everyone is different; go by your own inner reference points. What is right for others—a business technique, a medication dose, whole wheat bread — may not work best for you.

Honesty is the best policy. All you need to do is stay in your integrity, and the rest is handled. For example, you are an accountant and you overlook a deduction on someone's tax return. Your basic selves (the habitual part of your consciousness) could be fearful that if you tell the

client, you'll lose them and ruin your reputation. You would talk to your basics, tell them it's okay to let the fear go and let it go. Tell them you are fine no matter what the client does, that you are supplied by the Lord, God...which brings us to the next point.

Work with your basic selves (the part of your consciousness that's habitual). Keep reaffirming the positive. Tell your basics that Spirit is the source of your income, not your clients or your efforts. Work with them to keep them lined up with you, and tell them you appreciate their cooperation and learning."

"Maintaining your focus on the Lord, God makes all the rest easier.

Last, but not least, run your business and live your life as fun enterprises, not as chores or burdens. When you let the Lord, God run your life and your business, your work reflects it and so do the results."

Case Study

When I was asked to write a case study on "How to Run a Business (your life) Spiritually," I immediately thought about the audio TAPE, "Success: What It Is; How To Measure It; How to Live It." This came to me because, up until now, about 90% of my worry, fear and concern has been focused on my business; specifically, what form that enterprise will take - a job, a freelance situation, a book project, a combination thereof? On the TAPE, Our Teacher, Dr. Lane, says "We nurture our kids...we nurture our businesses... we nurture our emotions...but do we nurture the Spirit that we are?"

I came to the understanding of the interconnectedness of all "parts" of my life by taking Initiation into the Path of Soul Transcendence and using the many Tools available. Last week I chose to watch the video TAPE, "The False Self Vs. True Self Game" because, no matter how many times I watch it, it always helps me to know that I am more than my thoughts and feelings and that they are not real; the Basic Selves, which perpetuate our habits and conditioning, i.e., our karmic patterns, are merely "freaking out" because I am moving on in my life/business. I reassured them that we are fine and safe and okay. I also called in the Light of the Most High by saying, "Lord, God send my your Light!" and I asked God to take the fear that my business won't work out. Then I told mySelf to Let It Go. Last week, I gave mySelf reassurances.

The other Tool I used is simply to remind mySelf that I am Spirit and to stay centered and to practice "positive neutrality." There is no good or bad; no person or situation is better or worse than another; there are no judgments and everything is a gift to me for my upliftment and growth. From here, I objectively know there is no separation between my business, my life and my Spiritual Life. I also practice Meditation and do Service as set up by My Teacher because each provides a way for me to be present with God or the Spirit I am; moreover, what happens in Service instantly manifests in my business; i.e., the skills and learning involved are always the ones I need in my work; what happens in Meditation - the practice of placing my focus on the Spirit I am - does the same.

Being an Initiate of the Path of Soul Transcendence, I know that when I place my focus on the Spirit I am, I see clearly. I see solutions without complication. I see that my business, like everything else in my life, is here for my learning. It is here to help me to lift and grow into the knowing of mySelf as Spirit. It is here for me to know that I am inherently worthy and to know that there is nothing I can do earn it. If a client signs on, I am fine; if three drop out, as they did last week, I am fine, too. I have learned that these clients are not the source of my income; everything-yes, everything-is supplied through God's Grace.

Try This ...

"Get nice and quiet and uncross your arms and legs. We ask that whatever happens is for the Highest Good; 'Lord, God, send me Your Light!' Now... allow a situation that has frustrated you to come forward. Don't even think about it, just allow it to come forward. Now commit to being the Spirit that you are in the

situation...know that you are accountable for how you work that situation and if you're honest with yourSelf you'll have discovered that you're in charge of the situation, you have dominion over it, the situation doesn't have control over you."

- From the Satsang "Is Your A/C Always On?" (A39)

Step-by-Step

Here's a quick reference list for daily practice. Please refer to the articles for complete information.

1. Call in the Light of the Most High by saying, "Lord, God send me Your Light!"
2. Ask God for what you want by saying "Lord, God for the Highest Good send me _____."
3. Tell God what you're interested in, what you're moving upon, ask God to Bless it, and then move on it.
4. Accept accountability for the Spirit you are and ask for Initiation into the Path of Soul Transcendence by contacting any Regional Center.

For further information or to request other titles in this series contact:

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