

# Tools For Living Free

NUMBER 123 IN THIS EDUCATIONAL SERIES

## “GENIUS IS THE ABSENCE OF THINKING IN THE PRESENCE OF THOUGHT”

*Excerpts from the Satsang “Do You Really Know That You Are An Extraterrestrial?” (CD/MP3 A74);  
the Title is the work of the “Unknown Poet”, Permission Lovingly granted by Dr. Lane*

“There’s always operating - and this is key - there’s always operating God’s Grace. And God’s Grace is His love for us, and there’s a way Home and there’s a way through and there’s a way out, and there’s a way to know God *while you’re in the body*. And God’s given us free will. You know - and I run across this all the time and it is one of the most maddening things and at the same time it’s one of the most affirming things of the validity of The Teachings - and the thing I run across all the time is ‘Well, I’m strong-minded, you know; I’m strong-minded and I don’t need God’ or, you know - real scientist thing (Dr. Lane is being facetious here) - ‘in science there is no God.’ It’s like if you see how powerful the mind is you won’t go for this thing called God because that’s just a symbol of weak-mindedness. And just the other week somebody I knew was describing her mother’s dying etc., etc. and how the mother knew it was time and she knew when the time had changed for her ... and this person was describing it to me, and I said, ‘Well, your mother was a very God-loving person, and she just acquiesced to His Will.’ And the person just dismissed it and said, ‘Nah, she had a mind of her own.’ Well, A) that’s the illusion - we think we have a mind of our own, OK? But, in the Progression of a Soul, see - and this is what happened to the Christ and this is an illustration of what happens with every Soul - there’s an overshadowing; the mind, as it were, is overshadowed by Spirit, OK. And the mind - because of how things sit - it has no ability to rise above itself and it has no ability to know or see or perceive things clearly at all. And it can’t even animate itself. Because behind the mind is Spirit or God.

“And, see, we also know there’s a real paradox involved and that is when the mind is empty and it fills itself with the Spirit - that’s how it becomes powerful. It’s very much like the words of the Unknown Poet, ‘Genius is the absence of thinking in the presence of Thought.’ And, also, so many of us think the ‘Universal Mind’ - you know, like that’s ‘getting up there’. Well, yeah, the universal mind is A) it’s part of the universe as the word says. It’s very much part of the universe, OK, and so it’s fated. And the other thing is that it is not the clear shot of Spirit. It is still in what is called the negative worlds or the negative polarity. So, so much of what we aspire to you need to be careful and you need to watch it because it all boils down to forgetting that you *are* Spirit, that you are an *extraterrestrial*; that you are beyond your thoughts, that you are beyond your feelings; you’re not your body. You *are* Spirit. You *are* Soul. And isn’t that what the Christ is all about? The Christos, the Christ Consciousness, the Christed Consciousness - Whatever you want to call it - the Oneness of your Consciousness and God’s.

“And always remembering That. And on top of it, the Christ, Jesus did an ‘awful’ thing. He told us that. He said, ‘That which is in Me is in you, too, only more so.’ So, we’re charged with This Responsibility. And there we are, mankind being mankind, we

worship this Guy, and put him up on a pedestal. Even though He said, ‘Don’t worship me! Worship the One who sent me!’ We disobey what we’ve been taught, we make like He’s the answer, and you’re dummies. I’ve been to funeral services and that’s what I’ve been told: ‘I’m a dummy; I can’t know anything. But the Christ, Jesus - He knows! - so just believe in that Guy and that’s OK!’

“Well, I can’t do that because I love the Christ, Jesus so much, I want to listen to what the Guy said. And the Guy said, ‘Hey, wait a second now! That which is in Me is in you, too.’ See and also the Truth is that what happens spiritually after He died was that the Consciousness that was in Him was distributed and placed in each Soul. So we have That within us, we have That within us.

“So, we’re not bound by time and space. Of course, that’s the cross: time and space. See, and most of us get into the pain and the suffering of the world when we need to live in the Resurrected Body. What’s the Resurrected Body? Well, It’s Easter. What’s Easter? Well, the Glory of the Resurrection. Of being in the Soul Body, being with God. And there’s a way to do That. There is a way to do That. ... You know, and initially it may seem that being an *extraterrestrial* means, you know it’s so far and you’re literally are from an UFO from some strange planet. Well, watch the judgments!”

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“And there is a Way. That’s the Way that the Christ taught us. It’s not the way of Christianity; it’s not the way of Judaism; it’s not the way of Islam; it’s not the way of atheism; it’s not the way of Hinduism. But it is the way for every Arab, every Christian, every Jew, every Muslim, every Hindu, every atheist, every Soul. And whether that Soul is in a body that’s white or blue or green, Polynesian, Micronesian, black, yellow - it doesn’t much matter, That’s the universal and that universal is that we’re *extraterrestrials*, we’re beyond being subject and bound in time and space; we’re not on the cross. We’re in the Resurrection.

“And our job is to live like That. And that’s really the Message of the Christ. Anybody can be crucified. You come in time and space - that’s the crucifixion, OK? But it’s living in the Resurrected Body and there is a way. ...”

“OK, so take it from the chief Martian or extraterrestrial - well, Martians are still part of the system - but take it from the chief extraterrestrial, OK? That if you want to ride on an incredible UFO try the Sound Current. Ride the Sound Current, ride the Holy Spirit into the Heart of God! Because you came out into the outcroppings from God into this world and now you have to ride It back. Because that’s how you get back Home. And God in His Kindness and His Mercy - He set the Way for us to go Home.

“I’ll stop with that.”

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*--From the Satsang “Do You Really Know That You Are An Extraterrestrial?”  
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## Dear Cosmos Tree

**Q.** For several years, my life appears to have been at a standstill, and in some ways, I've been losing ground. I have the same issues that I had 30 years ago. I have a judgment that I've "missed the boat", and am on a treadmill where I'll never get off. I realize that as an Initiate I've had tremendous Grace extended to me, and that the only way "out" is to go "in" and to be with the Indwelling Presence of the Lord, God. In the past week I've been in the same situations, but they are "different" when I am living them in my Spiritual Consciousness. I guess what I'm asking for is encouragement. How can I continue doing the "same old thing" externally, with the same old issues in my life, yet live in the Joy of the Indwelling Presence of the Lord, God and identify myself as a Spiritual Being going to Completion, rather than as a personality hopelessly enduring this life? Thank you in advance for your guidance and encouragement.

**Dear :** 1. Call in the Light Of The Most High inside yourSelf by saying, "Lord, God, send me Your Light!"; 2. Co-create with the Lord, God by asking the Lord, God for what you want by saying: "For the Highest Good, Lord, God, send me [fill in what you want - i.e., something other than the "same old thing" and/or the help you need to be Present/Live in the Joy of the Spirit you are]; 2. Tell yourSelf "(your name) it's okay to let it go!"; 3. Ask the Lord, God to take anything [the negativity - i.e., fear/judgments, etc.] that separates you from the Spirit you are; 4. Tell yourSelf "(name) it's okay to let it go!"; do as often as necessary; 5. Ask the Lord, God for Clarity and Guidance like this: "Lord, God, for the Highest Good, please send me Clarity and Guidance on [fill in] and tell yourSelf: "(your name) It's okay to let it go!!" - you have the Power - the Power is the Power of Choice - to ask for the Guidance you want for the Highest Good by asking the Inner Master/the Lord, God for it and then being Open to receive the response in perfect timing!; 6. Stay Present! The Teachings teach us to keep our Focus at God and everything else is handled - take care of yourSelf by doing That; the Only Relationship is with yourSelf/Spirit; 7. Work with your basic selves (the part of you that brings forth your karmic patterns); right now, you're allowing your basics to "rule the roost" by going with the negativity/karma. Instead, take charge! A good start is to say "I need your cooperation to stay Present. Thank you and keep doing the good work you're doing!" Give yourSelf encouragement by using the Four Rules of Self-Talk/working with your basics - the last part of the above example is the encouragement! This writer has discovered that the only real Encouragement is Inner Encouragement; 8. Ask the Lord, God to balance/work "your life"- really God's Life! - it's all God anyway (none of us can "balance" anything so why take the "easy" way out?); 9. You likely know that there are no "problems" - i.e., "losing ground" or "issues" or "standstill" or "boat" to "miss" - in Spirit, Which is all there is; we Live in the Oneness and It's all Love, Which, as you likely know, stands for Letting Go Of Volition Every Time - let go of your ["negative"/karmic] agenda! It clearly hasn't worked up until now! Allow yourSelf to be in Alignment with God's Agenda/Will, the only One, anyway! Practice Proper Identification! (see 6. Above) Use Spiritual Reference Points (the only Reference Points)! Use the many Tools Our Teacher has made available to help you stay Present! And, as The Teachings Teach us, do your part, too! As this writer has learned, the latter is a tiny, tiny bit but it's key for Our Learning and Growth and Upliftment to use our challenges as Opportunities to Lift and to exercise the Great Gift of free will; finally, this writer Knows that you know what to do/The Truth - just Live It! - (see 6. above). As Our Teacher often says "It's as simple as that!"

**To Reinforce Your Learning:** 1. Beginner: read the *Tools For Living Free*, "How To Run a Business (Your Life) Spiritually"; "Being Present"; "Living a Blame-less Existence"; "Taking Responsibility: Tag You're It!"; "Living In Integrity"; "Living As An Initiate Of The Light Of The Most High"; the DVD from Series II of "*Understanding The Spirit You Are*" #V16 "What Is The Theology Of The Path Of Soul Transcendence"; 2. Intermediate: Everyday Evolution I and II Class; Meditation; The Money Workbook and The Money Workshop I and II; Open Hour and/or private Session with The Teacher; All Classes in addition to those above; 3. Advanced: 1, 2 - and for those who are not Initiates - request Initiation into the Path Of Soul Transcendence.

**Dr. Lane adds:** Dear Questioner - Your question highlights the simple fact of how, up until now, you have been living your life: choosing into the lie of being separate from God and powerless and having been kicked out of the Garden of Eden. As the opposite is the Truth, simply reverse what you have been doing: choose into being with the Lord, God and exercising your power to Surrender to the Truth!

Your Question portrays an identification with what you do in the world and an "inability" to accept or change it. If you do not like it change it by Co-creating with the Lord, God, as was suggested in the answer! The "issues" have lasted thirty years because, up until now, you have been feeding them with your identification with them. Why do you need to do "the same old thing"? Because you value the resentment and powerlessness? Being a "victim"?

What efforts have you made? What have you done to exercise the Power within? From your question it is readily apparent that you are still looking for "encouragement" from outside yourSelf although you have received much. As stated in the answer Co-create and be with the Lord, God and His Courage fills you as you Surrender to His Will Up until now, you have been exercising your will against that of the Lord, God's rather than having your will be One and the Same as God's Will. You have recognized This as the answer to your "problems" and I Lovingly Suggest you give This to yourSelf. You are worthy!

Dear Questioner, the ball - as always - is in your court. Proceed as per the Suggestions provided and Grace and Courage is easily and gladly given and you live in Joy; do it your way and misery follows as you have chosen into the illusion of separation from the Lord, God, where this illusory separation is very painful.

Dear Questioner, I Lovingly Suggest you choose the former. It takes great Courage to see the Face of God and I KNOW you possess this Courage. Simply exercise It!

I Lovingly encourage you to do so.

## Try This ...

"Let's conclude! I'd like you all to do a short Process. So take a moment - and if you could just uncross your arms and legs - and, 'Lord, God send us Your Light!' Allow a situation to come up inside of you that's really kind of hounded you; that you kind of feel bound by! And you're 'stuck' in it. Now, remember that you're an *extraterrestrial* - something beyond all that is here - and It is here for you and That's the Spirit that's inside of you. Ask the Spirit to come into that situation and just see what happens! OK." - *From the Satsang "Do You Really Know That You Are An Extraterrestrial?" (CD/MP3 A74)*

## Step-by-Step

### Here's A Quick Reference List To Use For Daily Practice:

1. Call in the Light Of The Most High by saying "Lord, God send me Your Light!"
2. Allow a negative pattern to come up for you where, up until now, allowed your mind to "rule the roost."
3. Then say inside yourSelf, "Lord, God please take this pattern from me!"
4. Tell yourSelf "it's okay to let it go!"
5. Come from your Integrity, which is from the Spirit you are! - by focusing into Spirit/ staying Present - and releasing negativity (it isn't real!) along the way as needed.

6. Visit any Center and give yourSelf Meditations; Classes; Workshops; listening to CDs of Talks and reading and working the Publications available including The Money Workbook.

7. Contact any Center and request Initiation into the Sound Current on the Path of Soul Transcendence and come to know yourSelf as Spirit or Soul - the Meaning and Purpose of Life.

For further information or to request other titles in this series contact:

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