

Tools For Living Free

NUMBER 117 IN THIS EDUCATIONAL SERIES

Coming To Know Yourself As Spirit

Excerpts from the Satsang "The 'Democratization' Of Consciousness And You - Part I" (Tape/CD/mp3 A82)

"You don't have to be perfect for Spirit. Spirit knows all about you, OK? But because Spirit's in you, guess what? You're already perfect. So if you want to pay attention to all these imperfections, and all the karma, shwama, dharma and nonsense that you have, you're welcome to do it. But once again, as we say, ignorance of the law is no excuse. (The) Focus is into Spirit, OK? Everyone is Responsible. No one's better; no one's worse, etc. Souls fulfill their destinies at different times, which is fine, too, because we know that Spiritually there's no such thing as time. So when we live in the Spirit, what difference does it make if it's this lifetime, 200 lifetimes from now, or whatever?"

"But having said that, you also never know when you're going to receive the Gift of being given the Opportunity to realize that Consciousness - to be Christed; to be in the Oneness; to know yourself as Spirit; to be Initiated into the Sound Current. You never know when you're going to receive that Gift. So you may want to take advantage of It, OK? And use every moment properly, OK? And watch what you do inside yourself that you don't set things up that are Spiritual as something, you know, above you or separate from you. The church, the synagogue, the mosque, the temple, whatever you want to call It - It's inside of you. It's in the Soul Body. It is the Soul Body, OK? And you're the clergy; you're the minister; you're the iman to That; you're the priest."

"And there's a reason the Path I teach is a Surrender Path, see? And, in reality, that's what each individual is doing, even a lot of so-called Students. They're focusing on blocking It, blocking It, blocking It: the surrendering to the Light, to the Christed Consciousness, OK? But, eventually, you're going to be overshadowed. That Consciousness is going to fulfill Itself. And that's Who you are and you get to discover, 'Hey! What am I fighting? I'm fighting myself.' When you're through fighting yourself, you'll allow God's Love to take over because that's what you've been doing all this time - fighting God's Love."

"And part of God's Love was He gave you the Gift of that Consciousness, of the God

Consciousness. It is said that a Sign of His Mercy - one of the Signs of God's Mercy - is that He takes you to meet a Soul that can Initiate you into the Sound Current. And that you can fulfill your Spiritual Destiny. Each One will fulfill it.

"And the two Keys to this Democratization are Responsibility and Grace. Nothing gets done without your choice. You must choose into It. No one's going to force you. *The New York Times* will not print a headline about It. And even after you decide to choose into It, they won't print an announcement that you did choose into It, OK?"

"But the Spirit inside of you knows and God will not be mocked. God will not be mocked and that God is in you, OK? So, really, ... no one is going to give you Eternal Life in the sense of doing It for you. It does exist. God in His Mercy and Kindness will have someone open the Door to Eternal Life for you. This is the Key. You've got to go through the Door. You've got to go through the Door. Christed Consciousness is not obtained by someone yanking you through the Door, someone pushing you through the Door or anything else like that. The Messiah opens the Door. That's His job. And because the Door's open, it's really easy to go through It but you've got to get yourself through It. And each Soul is responsible for That and that's how it works. And that's a great system."

"No Soul is better than another Soul. No Soul is other than what It is, which is Spirit. And every Soul must go through that Door, OK, because it is through that Door that It started Its existence as a Soul and to complete Itself It must go through that same Door except It goes the other way. OK. So we retrace ourselves from the Spirit and we come out here. We're the outcroppings. And that as a Soul we must retrace ourselves back, retrace ourselves back. And that simply means coming to know ourselves as Spirit and knowing our Oneness with God. You know, I can say, 'Hey! We're One with God. We're omnipotent, omniscient!' Everyone will know what that means. That's not it. We're talking about Knowing it as an experience, as a Consciousness and Knowing God, you see?"

"Because the other thing that each Soul has to do is It's going to live in the Oneness of

"You're not raised on up by believing in anything or But you are raised on up by - well, it's a two-fold process - by Initiation into the Sound Current and then by allowing that Frequency or the Frequency of God or God's Extension into the Soul that You Are to open you up and vibrate you and Lift you and Lift you and Lift you and Lift you."

--From the Satsang "The 'Democratization' Of Consciousness And You - Part I" (A82)

the Holy Spirit forever, in the Oneness with God forever. And It has to be able to withstand that Vibration, that Frequency, that magnitude of God's Love and Grace. They can only do That if It's done that. It can't do it because the body's

dropped and 'Oh! I'm with God.' It can only do that because It's actualized ItSelf as Spirit; the Soul has *actualized* Itself as Spirit, OK?

"And we'll stop with that."

Dear Cosmos Tree

Q. I have not been employed in a steady, full time job for several years. Even though I have applied for jobs that I am qualified for, I have not been chosen for the position. This has been very frustrating for me. I want to start earning an income that will allow me to pay off my debts, school loan, buy a car and have plenty of money for living expenses, food, fun and an abundant savings account. And, of course, tithing and continuing my spiritual studies.

The jobs that I do get are way below the pay level that I have earned in the past and barely tap into my skill set and potential. Why am I unable to create the financial situation that I desire? How can I change my financial status to one of prosperity? - L.L.

Dear L.L. 1. Call in the Light Of The Most High inside yourSelf by saying, "Lord, God, Send me Your Light!"; 2. Co-create with the Lord, God by asking the Lord, God for what you want by saying: "For the Highest Good, Lord, God, send me [fill in what you want]; 2. Tell yourSelf "(your name) it's okay to let it go!"; 3. Ask the Lord, God to take anything [the negativity - i.e., worry, etc.] that separates you from the Spirit you *are*; 4. Tell yourSelf "(name) it's okay to let it go!"; do as often as necessary; 5. Ask the Lord, God for Clarity and Guidance like this: "Lord, God, for the Highest Good, please send me Clarity and Guidance on [fill in] and tell yourSelf: "(your name) It's okay to let it go!!"; 6. Stay Present; prosperity follows from Abundance, Which comes from placing your Focus at God; 7. Work with your basic selves (the part of you that brings forth your karmic patterns); right now, you're allowing your basics to "rule the roost" by going with the negativity/karma; instead, take charge by giving them direction, keeping present, positive and giving yourSelf encouragement; a good start is to say "I need your cooperation to stay Present. Thank you and keep doing the good work you're doing"; you can also tell them that Spirit is the source of your supply (not the "job"); 8. By waiting until you have money to do your Spiritual work you are working It backwards; The Teachings teach us to keep our Focus at God and from There, everything is handled; to help you Focus/stay Present, see [To Reinforce Your Learning](#) below; Reinforcements are necessary to help you Focus - give Them to yourSelf.

To Reinforce Your Learning: 1. Beginner: read the *Tools For Living Free*, "Spiritual Economics"; "The Power of Positive Self-Talk"; "Using The Tool Of Choice"; watch the Video/DVD "Abundance Consciousness"; 2. Intermediate: Everyday Evolution I Class; Meditation; [The Money Workbook](#); Open Hour and/or private Session with The Teacher; Retreat; All Classes in addition to EEI, beginning with Relationships; 3. Advanced: 1, 2 and request Initiation into the Path of Soul Transcendence if you are not already an Initiate.

Dr. Lane adds: I am answering your second question as to answer the first one is to go against The Teachings Of The Path Of Soul Transcendence, Which are The Teachings that I am honored to bring forth. Your second question goes for the solution; the first one ensures that the negativity is kept around so that your mind can "answer" that question.

As has been stated above by the columnist, you have been working this backwards by waiting until you are "financially secure" to give yourSelf Spirit. This is a common ploy of the lower self: to create "distance" and separation from the Spirit you *are*.

The Teachings teach us that prosperity follows Abundance and that Abundance is placing your Consciousness with and in the Lord, God. Are you living as prescribed by The Teachings?

Are you valuing yourSelf as Spirit or are you valuing yourSelf only as an economic entity and thinking you are OK only when your wallet is thicker? Do you think that "security" is found in the world when it is only found in the Lord, God regardless of our outer circumstances?

I also Lovingly Suggest that you take your experiences looking for work as a mirror reflecting how you are holding yourSelf in terms of work. Do you believe fully in your abilities and the value they have? Do you have doubts about them and undervaluing them and/or about how you will be treated by the world?

Are you prepared, LL, to give up your "worldview" and to give up any financial/emotional dependence you have had? Is the work you wish to do in accordance with The Teachings Of The Path Of Soul Transcendence?

As has also previously been suggested, do the Two-part Release Technique, asking the Lord, God to take anything and everything that you have, up until now, allowed to imprison yourSelf and tell yourSelf to let it go!

Also, your "frustration" is, according to The Teachings Of The Path Of Soul Transcendence, ego-based: you are not getting what you want. Put the job search into the Light Of The Most High for the Highest Good and trust that what happens is, indeed, for the Highest Good. Let go of your agenda and surrender to God's Agenda for you!

LL, what you are talking about is more than just about finding work. It is about your True Work: Knowing yourSelf as Spirit and being free to Love the Lord, God.

I Lovingly Suggest that you have "an attitude of Gratitude" towards your job search and view it as a Golden Opportunity to strengthen yourSelf and to know yourSelf as the Spirit you *are*.

And to live accordingly.

Try This ...

"When you're through fighting yourSelf, you'll allow God's Love to take over because that's what you've been doing all this time - fighting God's Love." Start now by allowing a situation to arise in which you have been "fighting God's Love." Then ask the Lord, God to take it by saying, "Lord, God, for the Highest Good please take this separation from me!" Then tell yourSelf "(your name!) it's okay to let it go!! Practice Eternal Vigilance by repeating as often as necessary.

--Quotes from the Satsang "The 'Democratization' Of Consciousness And You - Part I"

Step-by-Step

Here's A Quick Reference List To Use For Daily Practice:

1. Call in The Light Of The Most High by saying, "Lord, God send me Your Light!"

2. "Keep the handcuffs off you! Don't feed the fear! ..." by saying inside yourSelf "Lord, God please take any fear that I have!" --Quotes from the Satsang "The 'Democratization' Of Consciousness And You - Part I"

3. Then tell yourSelf, "(your name), it's okay to let it go!"

4. Keep your focus on Spirit - the Only Focus - by Lovingly telling yourSelf to "stay Present". Do it as often as you need to.

5. Reconfirm *moment-to-moment* that you are Spirit by doing Loving Self-Talk by telling yourSelf as often as necessary "We're focusing into Spirit now!" And by telling yourSelf to let go of whatever you are allowing to separate you from being Present.

6. Attend Meditations, Classes, Workshops and Video/DVD Showings at Our Centers!

7. Call any Center and request the Priceless Gift of Initiations into the Sound Current on the Path Of Soul Transcendence.

For further information or to request other titles in this series contact:

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